

SCIENCE RESOURCES

BIOLOGY An Illustrated Guide to Science



SCIENCE VISUAL RESOURCES BIOLOGY

An Illustrated Guide to Science

The Diagram Group



Biology: An Illustrated Guide to Science

Copyright © 2006 The Diagram GroupAuthor:Gareth PriceEditorial:Jamie StokesConsultant:Helen FortinDesign:Anthony Atherton, Richard Hummerstone,
Tim Noel-Johnson, Lee Lawrence, Phil RichardsonIllustration:Peter Wilkinson

Picture research: Neil McKenna Indexer: Martin Hargreaves

All rights reserved. No part of this book may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage or retrieval systems, without permission in writing from the publisher. For information contact:

Chelsea House An imprint of Infobase Publishing 132 West 31st Street New York NY 10001

For Library of Congress Cataloging-in-Publication data, please contact the publisher.

ISBN-10: 0-8160-6162-9 ISBN-13: 978-0-8160-6162-4

Chelsea House books are available at special discounts when purchased in bulk quantities for businesses, associations, institutions, or sales promotions. Please call our Special Sales Department in New York at 212/967-8800 or 800/322-8755.

You can find Chelsea House on the World Wide Web at http://www.chelseahouse.com

Printed in China

CP Diagram 10 9 8 7 6 5 4 3 2

This book is printed on acid-free paper.

Introduction

Biology is one of eight volumes of **The Science Visual Resources Set**. It contains six principle sections, a comprehensive glossary, a web site guide, and an index.

Biology is a learning tool for students and teachers. Full-color diagrams, graphs, charts, and maps on every page illustrate the essential elements of the subject, while bulleted text provides key definitions and step-by-step explanations.

Unity looks at the basic chemistry of all biological systems such as carbohydrates, fats, and proteins and describes the essential instruments and techniques of biology. The section also illustrates the most vital life processes, from photosynthesis to respiration.

Continuity considers the ways in which biological systems reproduce. The section covers the basics of all forms of biological reproduction, from those of unicellular organisms to flowering plants and mammals. It also details the genetic mechanisms of inheritance.

Diversity provides an overview of the vast range of living organisms that inhabit Earth. It describes the major categories that biologists use to classify these organisms and provides examples of each.

Maintenance examines the ways in which various living organisms carry out everyday life processes such as breathing, eating, movement, and excretion.

Human biology takes a closer look at the essential biological structures and functions of the human body. It describes how the raw materials required are taken in, digested, and transported to where they are needed; how waste products are removed; and how the body is able to sense and interact with its environment.

Ecology provides a brief look at how living organisms influence and are influenced by the planet on which they live. It traces the broadest of all biological processes: the complex webs of survival that link the simplest bacteria to the most sophisticated carnivores. Finally, the section outlines the elemental relations by which chemical and geological processes form the conditions for life.

Contents

1 UNITY

- 8 Simple carbohydrates
- 9 Complex carbohydrates
- 10 Important polysaccharides
- 11 Amino acids
- 12 Protein structure
- 13 Classification of proteins
- 14 Enzymes: mechanism
- 15 Enzymes and coenzymes
- 16 Enzymes and inhibitors
- 17 Fatty acids and glycerol
- 18 Light microscope
- 19 Cells: light microscope
- 20 Electron microscope
- 21 Animal cell: electron microscope
- 22 Plant cell: electron microscope
- 23 Cell substructure
- 24 Plasma membrane: structure
- 25 Plasma membrane: osmosis
- 26 Plasma membrane: active transport
- 27 Plasma membrane: endocytosis
- 28 Plasma membrane: exocytosis

- 29 Lysosomes
- 30 Summary of photosynthesis
- 31 Chloroplast: structure
- 32 Chemistry of photosynthesis
- 33 Summary of aerobic respiration
- 34 Mitochondrion: structure
- 35 ATP structure
- 36 Electron transfer chain
- 37 Anaerobic respiration
- 38 Chromosome structure
- 39 Summary of protein synthesis
- 40 Base pairing
- 41 DNA structure
- 42 DNA replication
- 43 DNA transcription
- 44 Rough endoplasmic reticulum: structure
- 45 Transfer RNA
- 46 Messenger RNA translation
- 47 Gene control
- 48 Transformation
- 49 Genetic engineering

2 CONTINUITY

- 50 Mitosis in an animal cell
- 51 Asexual reproduction: fission
- 52 Asexual reproduction: vegetative propagation
- 53 Meiosis: first division
- 54 Meiosis: second division
- 55 Crossing over and genetic variation
- 56 Flower structure

- 57 Mature stamen
- 58 Pollen formation
- 59 Pollination
- 60 Plant fertilization
- 61 Seed development
- 62 Human reproductive system: male
- 63 Human reproductive system: female
- 64 Spermatogenesis: testis

- 65 Spermatogenesis: sperm
- 66 Oogenesis: meiotic division
- 67 Oogenesis: ovarian cycle
- 68 Sexual intercourse
- 69 Human fertilization
- 70 Contraception
- 71 Twins
- 72 Fetal development
- 73 Placenta
- 74 Birth
- 75 Variation
- 76 Monohybrid cross: peas
- 77 Dihybrid cross: guinea pigs
- 78 Codominance
- 79 Karyotype preparation
- 80 Human chromosomes
- 81 Human sex inheritance

3 DIVERSITY

- 93 Classification of living organisms
- 94 Kingdom Monera: Bacteria
- 95 Kingdom Protista: Amoeba
- 96 Kingdom Protista: Paramecium
- 97 Kingdom Protista: Spirogyra
- 98 Kingdom Fungi: *Rhizopus*
- 99 Kingdom Plantae: classification
- 100 Kingdom Plantae: Bryophyta
- 101 Kingdom Plantae: Pteridophyta
- 102 Kingdom Plantae: Gymnospermae
- 103 Kingdom Plantae: Angiospermae

- 82 Human sex linkage: hemophilia
- 83 Amniocentesis
- 84 Inheritance of blood groups
- 85 Chromosome mutation: types
- 86 Chromosome mutation: syndromes
- 87 Gene mutation: types
- 88 Gene mutation: sicklecell shape
- 89 Gene mutation: sicklecell anemia
- 90 Evidence for evolution: primitive and advanced
- 91 Evidence for evolution: adaptive radiation
- 92 Evidence for evolution: continental drift
- 104 Kingdom Plantae: Angiospermae: life cycle
- 105 Kingdom Animalia: classification
- 106 Kingdom Animalia: Porifera
- 107 Kingdom Animalia: Cnidaria
- 108 Kingdom Animalia: Platyhelminthes
- 109 Kingdom Animalia: Platyhelminthes: tapeworm
- 110 Kingdom Animalia: Platyhelminthes: liver fluke
- 111 Kingdom Animalia: Nematoda
- 112 Kingdom Animalia: Nematoda: life cycle
- 113 Kingdom Animalia: Annelida

- 114 Kingdom Animalia: Mollusca
- 115 Kingdom Animalia: Mollusca: Gastropoda
- 116 Kingdom Animalia: Insecta
- 117 Kingdom Animalia: Crustacea
- 118 Kingdom Animalia: Chilopoda and Diplopoda
- 119 Kingdom Animalia: Arachnida

- 120 Kingdom Animalia: Echinodermata
- 121 Kingdom Animalia: Chondrichthyes
- 122 Kingdom Animalia: Osteichthyes
- 123 Kingdom Animalia: Amphibia
- 124 Kingdom Animalia: Reptilia
- 125 Kingdom Animalia: Aves
- 126 Kingdom Animalia: Mammalia

4 MAINTENANCE

- 127 Nutrition: types
- 128 Nutrition: Protista
- 129 Nutrition: leaf structure
- 130 Nutrition: stomata
- 131 Transport: stem structure
- 132 Transport: woody stem
- 133 Transport: root structure
- 134 Transport: water and minerals in plants
- 135 Transport: food in plants
- 136 Transport: frog
- 137 Respiration: plants
- 138 Respiration: gas exchange across body surfaces
- 139 Respiration: respiratory surfaces in animals
- 140 Respiration: fish
- 141 Respiration: frog

5 HUMAN BIOLOGY

- 152 Nutrition: digestive system
- 153 Nutrition: teeth
- 154 Nutrition: liver, stomach, and pancreas

- 142 Coordination: nervous systems
- 143 Excretion and osmoregulation: Protista
- 144 Locomotion: earthworm
- 145 Locomotion: grasshopper
- 146 Reproduction: viruses
- 147 Reproduction: butterfly
- 148 Reproduction: frog
- 149 Growth and development: plants: monocotyledons
- 150 Growth and development: plants: dicotyledons
- 151 Growth and development: plants: tropisms
- 155 Nutrition: small intestine
- 156 Nutrition: digestion and absorption
- 157 Transport: circulatory system map

- 158 Transport: circulatory system scheme
- 159 Transport: heart structure
- 160 Transport: heartbeat
- 161 Transport: regulation of heartbeat
- 162 Transport: blood vessels
- 163 Transport: capillaries and tissues
- 164 Transport: lymphatic system
- 165 Transport: blood composition
- 166 Transport: blood types
- 167 Respiration: respiratory system
- 168 Respiration: lungs
- 169 Respiration: breathing
- 170 Excretion: excretory systems
- 171 Excretion: urinary system
- 172 Excretion: kidney structure
- 173 Excretion: kidney function
- 174 Excretion: skin structure

- 175 Coordination: nervous system
- 176 Coordination: nerve impulse
- 177 Coordination: synapse
- 178 Coordination: autonomic nervous system
- 179 Coordination: brain structure
- 180 Coordination: brain function
- 181 Coordination: taste
- 182 Coordination: smell
- 183 Coordination: ear structure
- 184 Coordination: hearing and balance
- 185 Coordination: eye structure
- 186 Coordination: light sensitivity
- 187 Coordination: endocrine system
- 188 Coordination: pituitary gland
- 189 Locomotion: skeleton
- 190 Locomotion: joints

6 ECOLOGY

- 191 Terrestrial biomes
- 192 Carbon cycle
- 193 Nitrogen cycle
- 194 Water cycle

APPENDIXES

198 Key words

- 205 Internet resources
- 207 Index

- 195 Energy flow
- 196 Pyramid of biomass
- 197 Food web



Key words

condensation
reaction
glycosidic bond
starch
sugar

Types of carbohydrate

- Carbohydrates are chemical compounds that contain carbon and the elements of water: hydrogen and oxygen. A few also contain nitrogen or sulfur.
- There are two main groups of carbohydrates: *sugars* and *starches*.
- Sugars are small, water soluble molecules that taste sweet. Starches are very large, insoluble molecules.
- Carbohydrates may be monosaccharides, disaccharides, or polysaccharides.

Monosaccharides

 Simple sugars all have the same general formula C_n(H₂O)_n. The simplest common sugar found in animals is glucose (C₆H₁₂O₆). Glucose has two molecular forms: a straight chain and a ring. About 98 percent of the sugar molecules in a solution are in ring form.

Disaccharides

- Disaccharides (see page 9) are sugars made by linking together two monosaccharide rings by a *condensation reaction*. An OH group from each monosaccharide unit reacts together to make water (H₂O) and form an oxygen bridge between the sugar rings.
- Maltose (C₁₂H₂₂O₁₁) is a disaccharide that is a product of starch digestion and is also found in some germinating seeds. It is formed by two glucose molecules joined together by a glycosidic (C-O-C) bond.
- OH groups at the end of a disaccharide molecule can link with more rings to make longer chains. However, most sugars have three rings or fewer.

Simple carbohydrates



Molecular structure of glucose



Complex carbohydrates



UNITY

9

Key words	
cellulose glycogen polysaccharide respiration starch	sugar

Polysaccharides

- Carbohydrates with large numbers of rings in their molecules are called *polysaccharides*.
- Polysaccharides are used in living things for energy storage and to build structures (see page 10).

Energy storage

- *Starches* are large polysaccharides formed (synthesized) by joining long chains of monosaccharide units (such as glucose) together. Since starches are insoluble, they form granules within a cell and do not upset the water balance of the cell in the way that the same amount of soluble *sugar* would.
- When energy is needed, a reaction, called hydrolysis breaks the starch down into its sugar molecules. These sugar molecules can then be used to provide energy by *respiration*.
- Animals use the polysaccharide *glycogen* as a carbohydrate energy storage molecule.

Building structures

- Cell walls in plants are made of a polysaccharide called *cellulose*. A cellulose molecule may contain thousands of monosaccharide units bonded together.
- The links between the monosaccharide units in cellulose are arranged to produce a flat molecule that is stronger than a steel fiber. These molecules run through the cell walls of plants like the steel rods in reinforced concrete.



Key words

cellulose	nolveaccharida
cenulose	porysaccriariae
exoskeleton	
glucose	
glycogen	
gut	

Polysaccharides in animals

- In animals *polysaccharides* are mainly used for energy storage. In humans up to 10 percent of the weight of the liver can be *glycogen*—an instant store of energy that is easier to mobilize than fat, which is used for long-term energy storage.
- A typical glycogen molecule may contain 300 to 400 *glucose* units in a branching molecule.
- Glycogen also occurs in yeasts and bacteria.
- Chitin is made of acetylglucosamine, glucose units with an amino group attached. It is common in shellfish (the edible crab can be 70 percent chitin) where it is an important part of the shell.
- Chitin is also found in the *exoskeleton* of insects.
- Chitin is a structural polysaccharide and is not used as an energy store.

Polysaccharides in plants

- Plants store starch as granules inside their cells. Roots such as potatoes and carrots are often rich in starch, which provides the energy needed for the next generation to develop before it can produce its own food by photosynthesis.
- *Cellulose* is a structural polysaccharide and gives the cell wall its strength. Animals cannot digest cellulose, and so it passes through the *gut* largely untouched as roughage.

Important polysaccharides



Amino acids



Key words amino acid peptide bond

11

UNITY

Chemical structure

polypeptide

- *Amino acid* molecules are made of four groups bonded with a single carbon atom. Three of these groups are non-variable.
- The amino group NH₂ is a basic group, which means it behaves as an alkali in solution.
- At the other end of the molecule is a carboxyl group (COOH), which acts as an organic acid.
- The third group is a hydrogen atom.
- The fourth group is variable. It is often shown in diagrams by the letter **R**. Different amino acids have different **R** groups.

Natural amino acids

- There are about 20 naturally occurring amino acids.
- The simplest amino acid is glycine. The **R** group here is a single hydrogen atom.
- More complicated amino acids, such as proline, have **R** groups containing many atoms, complex rings, and sometimes elements such as sulfur or phosphorus.

Joining amino acids

- Amino acids can join to make chains called *polypeptides* when the acid group from one amino acid reacts with the carboxyl group of another. The reaction releases water and produces a link called a *peptide bond*.
- More amino acids can be added at each end of the new molecule (see page 12).



Key words

amino acid
hemoglobin
insulin
peptide bona
protein

Small molecules

- All *proteins* are made of small *amino acid* molecules linked by *peptide bonds* in long chains resembling a string of beads.
- The number and order of amino acids in the chain decides how the protein will behave.
- Some proteins have more than one chain of amino acids and some have extra groups of atoms added. For example, *hemoglobin*, which transports oxygen from the lungs to cells throughout the body, is a protein with four amino acid chains wrapped around a central group containing iron.

Protein size

- *Insulin* (right) is a small protein molecule with only 51 amino acids on two chains tethered together by 3 disulfide bridges.
- Some of the large immunity proteins have thousands of amino acids and are bigger than some simple living organisms!

Twisting and turning

• The amino acid chain twists as it grows. The twisted chain then forms a spiral. The spiral shape is held together by links along its length.

Protein structure

Example of protein structure



Classification of proteins



UNITY

13

Key words

collagen enzyme hemoglobin hormone peptide bond

Types of protein

- There are two main groups of proteins: fibrous and globular.
- Both groups have the same basic structure—they are long chains of amino acids joined by *peptide bonds*.
- The difference between the two groups depends on the way the protein chains are arranged.

Fibrous proteins

- Fibrous proteins have chains twisted into spiral shapes held together by strong bonds to make the molecule look like a spring.
- Fibrous proteins can be divided into structural and contractile proteins. Structural proteins form the structure of an organism. For example, they can be found in skin and hair. *Collagen* fibers in the skin give it elasticity and keep it smooth. Contractile proteins such as myosin help muscles contract.

Globular proteins

- Globular proteins have chains that wind in and out of each other, twisting into complex shapes that look like a ball of wood. Their chains are held together with a mixture of strong and weak bonds.
- Globular proteins often have more than one chain and can contain extra non-protein groups. For example, *bemoglobin* contain iron ions.
- Globular proteins are often delicate and easily damaged by heat or chemicals. If their molecular shape is changed by heat they cannot work properly.
- There are various types of globular proteins. Some transport smaller molecules. Some act as *enzymes*, controlling the rate of chemical reactions. Some have a protective function. Still others are *hormones*, the chemical messengers of the body.



Key words

active site enzyme substrate

Enzymes and reactions

- *Enzymes* are proteins that control the rate of reactions in living things. Sugar reacts easily with oxygen to give carbon dioxide and water—but outside organisms it needs to be heated to well above 300°F (150°C) to start the reaction. Inside living organisms, enzymes make the same reaction work at temperatures as low as the freezing point.
- Each reaction has its own enzyme—if the enzyme is missing the reaction does not take place. An enzyme for one reaction will not work on another reaction.
- Most reactions in living things are broken down into many steps—and each step needs its own enzyme.
- There are two hypotheses of enzyme action: lock and key and induced fit.

Lock-and-key hypothesis

- In this hypothesis, when the chemicals involved in a reaction (the *substrates*) get near an enzyme molecule, they "fit" into a part of the molecule called the *active site*, like a key in a lock. The enzyme is shaped so that the important parts of each chemical are close enough to each other to react together.
- When the reaction has occurred, the new chemicals (the products) do not fit in the lock and are released. This leaves the enzyme free to catalyze another reaction.

Induced-fit hypothesis

• This hypothesis suggests that the substrate helps the enzyme to form the correct shape to receive it.

Enzymes: mechanism



Enzymes and coenzymes

The coenzyme mechanism Enzyme + coenzyme coenzyme enzyme active site Enzyme + coenzyme substrate + substrate molecules molecules Unchanged enzyme + coenzyme are used again. Enzymesubstrate complex product molecule Enzyme + coenzyme + product

UNITY

15

substrate

Coenzymes

- *Coenzymes* are usually small molecules that are needed in some *enzyme* reactions to help the reaction work properly.
- As with enzymes, many coenzymes only work with particular enzyme reactions. If the coenzyme is missing, the reaction will not work properly. The coenzyme from another reaction will not do the job.
- Vitamins and minerals are often involved in reactions as coenzymes.

The coenzyme mechanism

- Most enzymes will not react with any chemical other than their *substrate*. This is known as specificity—the enzyme is specific for a particular substrate.
- Some enzymes can only react in the presence of a coenzyme. The coenzyme binds to the enzyme and changes its shape. The *active site* is now ready to receive its normal substrate.
- The substrate bonds to the enzyme and reacts to produce the required product.

Reusing the coenzyme

- When the enzyme-catalyzed reaction has occurred, the product is released from the *enzyme-coenzyme complex*.
- The coenzyme is also released and becomes available for another reaction.
- Respiration in cells is a good example of a complex enzyme pathway that depends on a collection of coenzymes.



Key words

active site enzyme inhibitor substrate

Inhibitors

- *Inhibitors* reduce or destroy the activity of an *enzyme*—sometimes to dangerous levels.
- There are two types of inhibitors: competitive inhibitors and noncompetitive inhibitors.

Competitive inhibitors

- Competitive inhibitors bind with the *active site* of an enzyme. In effect, they "compete" with the normal *substrate* for this site and block it.
- Many competitive inhibitors are released from the active site so the enzyme can be regenerated. The higher the concentration of the "normal" substrate compared with the inhibitor, the less effect the inhibitor has.

Non-competitive inhibitors

- A non-competitive inhibitor does not bind to the active site. It binds with a different part of the enzyme molecule.
- This distorts the shape of the enzyme so it cannot function properly.
- Non-competitive inhibitors are not released from the enzyme molecule so the enzyme cannot be regenerated.
- Even a low concentration of a noncompetitive inhibitor can be very dangerous.
- Cyanide is a non-competitive inhibitor that completely blocks an essential enzyme in the respiration pathway. It is therefore a very powerful poison.

Enzymes and inhibitors



Fatty acids and glycerol



UNITY

17



Glycerol

• *Glycerol* is a small molecule with three OH groups emerging from a short carbon chain. It is important in the formation of lipids, substances insoluble in water that include fats and oils.

Fatty acids

- *Fatty acids* are long chains of carbon atoms (sometimes up to 30 or 40) with a COOH group at one end. The COOH group means that they behave as acids in solution.
- Fatty acids may be saturated (having only a single carbon-to-carbon bond [see stearic acid], or unsaturated (one or more double or triple carbon-to-carbon bonds [see oleic acid]). The number and location of double bonds varies.
 - Fatty acids are the building blocks of fat.
 - Fatty acids react with glycerol to bond their long chains to the OH group in glycerol. When three fatty acids join on all three of the OH groups in glycerol, a triglyceride (fat) is formed.
- Some triglycerides are simple and have only one type of fatty acid joined to the glycerol molecule. Other triglycerides are mixed: they have three different fatty acids joined onto one glycerol molecule.

Triglycerides

- The fat on meats such as bacon consists of a variety of mixed triglycerides.
- Different fats have different mixtures of these triglycerides.

Light microscope



stage

mirror

base

diaphram

light to produce the image. • To calculate the magnification of the microscope, you have to multiply the magnification of the objective lens by the magnification of the ocular lens.

helps to focus the beams of

Two focusing devices

- Lenses in microscopes are very delicate. To prevent them from being damaged by scratching them against the sample, the light microscope uses two-stage focusing.
- The coarse adjustment knob moves the low power objective lens through a large distance. When the area you wish to observe is in the center of the field of view and in sharp focus, you may click the high power objective lens into place. The image should already be nearly in focus. If any adjustment is needed, use only the fine adjustment knob.

A clear light

• The diaphragm regulates the amount of light reaching the object.



18

UNITY

Key words

ocular lens

itself.

Cells: light microscope





UNITY

19

Key	words	

cellulose pl. chloroplast r cytoplasm va nucleus photosynthesis

plasma membrane vacuole

Cell size

- Typical cells are anything between .005 and .025 mm (.0002 and .001 in). This is about ten times smaller than the diameter of a human hair.
- Light microscopes can only see relatively large structures in a cell because they can only magnify up to 1,000X.

Animal cells

- The cell contains a large *nucleus*, which helps to control the cell. The nucleus is separated from the *cytoplasm* by the nuclear envelope (membrane). Inside the nucleus, the nucleoplasm, the liquid matrix of the nucleus, surrounds the nucleolus, where proteins are synthesized.
- The area outside the nucleus but within the outer membrane is called the cytoplasm. It often contains a collection of smaller bodies such as food or secretory granules, and sometimes small *vacuoles* (small sacs enveloped in a membrane). These are often very difficult to see with a light microscope.

Plant cells

- Plant cells are surrounded by a thick cell wall made of *cellulose*.
- Immediately inside the cell wall is the *plasma membrane* of the plant cell. This is identical to the plasma membrane of animal cells.
- Plant cells have a large central vacuole that occupies much of the cell volume. It stores salts, water, water soluble pigments, and potentially toxic molecules in the form of crystals.
- The cytoplasm contains many of the inclusions (globules, granules, etc.) found in animal cells and a large vacuole. Sometimes large green disc-shaped bodies called *chloroplasts* are present: these carry out *photosynthesis*.

20

UNITY

Electron microscope

Electron microscope

Key words

specimen

Electrons not light

- An electron microscope (EM) uses electrons rather than beams of light. Magnetic and electric fields are used to focus the electrons instead of glass lenses.
- The use of electrons allows magnifications up to 10,000X and beyond.

Function

• Electron microscopes function just like light microscopes except that they use a beam of electrons instead of light to image the *specimen*. Through a series of magnetic lenses and apertures, the microscope focuses a beam of electrons on a specimen. The beam interacts with the sample, and the microscope records the results of the interaction as an image.

Types of information

• Electron microscopes can examine the tomography (surface features) of an object, the morphology (size and shape of the particles) of an object, the composition of the object, and the arrangement of the atoms in the object.

Disadvantages

• Specimens need very complicated preparation before they can be used in the EM. This treatment can sometimes produce artefacts, objects that have nothing to do with the sample.

> plate camera to vacuum pump





Animal cell: electron microscope



UNITY

21

Key words

centriole	mitochondrion
endopasmic	plasma
reticulum	membrane
Golgi body	ribosome
lysosome	

Smaller sizes

• The electron microscope can see much smaller objects than the light microscope is able to see.

Membrane structures

- The cell uses a double-layered membrane to build many structures: the *plasma membrane*, *Golgi body*, *lysosomes*, and the *endoplasmic reticulum*.
- The plasma membrane covers the whole of the outside of the cell.
- The endoplasmic reticulum is a meshwork of the same membrane that runs throughout the cell. It is used for intracellular transport. *Ribosomes*, usually found on the rough endoplasmic reticulum, synthesize protein.
- The Gogli body is involved with the creation of the endoplasmic reticulum and in the secretion of some substances from the cell. It is the packaging center of the cell.
- Lysosomes contain digestive enzymes.

Other structures

- The nucleus controls the cell. It is separated from the cytoplasm by the nuclear envelope. The nucleus contains the nucleolus, which contains the DNA templates for ribosomal RNA, and chromatin, the substances from which chromosomes are made. Openings in the cell's nuclear envelope, called nuclear pores, allow the exchange of materials between the nucleus and the cytoplasm.
- *Mitochondria* are the site of aerobic respiration, which gives the cell energy. The mitrochondrion is sometimes referred to as the "powerhouse" of the cell.
- Pinocytotic vesicles contain soluble molecules from outside the cell.
- *Centrioles*, found only in animal cells, help the cell to divide.



Key words	
chloroplast endoplasmic reticulum Golgi body granum	lysosome mitochondrion plasma membrane ribosome

Plant and animal cells

• Many of the structures found in animal cells are also present in plant cells. However, plant cells do not contain centrioles.

Membrane structures

- The plant cell uses a doublelayered membrane to build many structures: the *plasma membrane*, *Golgi body*, *lysosomes*, and *endoplasmic reticulum*. These membrane-based structures carry out exactly the same functions in plants and animals (see page 23).
- The plasma membrane in plants has the same double-layered structure as it has in animals but is further supported by a cell wall. The cell wall is a tough cellulose-rich structure that surrounds the plant cell. The plasma membrane is not attached to the cell wall, but when a plant cell is fully filled with water, the membrane is pressed tight against the cell wall.

Other structures

- Plant cells have a large central vacuole enclosed by the tonoplast.
- The nucleus controls the cell.
- *Mitochondria* are the site of aerobic respiration, which gives the cell energy by breaking down glucose.
- *Ribosomes*, usually found on the rough endoplasmic reticulum, make protein.

Chloroplasts

- *Chloroplasts* are only found in green plants. They are green-colored bodies that carry out photosynthesis to make sugar for the plant.
- The *grana* in the chloroplasts contain the photosynthetic pigments.

Plant cell: electron microscope



Cell substructure



UNITY

23

Key words	
chlorophyll	lysosome
chloroplast	mitochondrion
cytoplasm	organelle
endoplasmic	plasma
reticulum	membrane
Golgi body	ribosome

Plasma membrane

• All cells are surrounded by a *plasma* (cell) *membrane*, which separates and protects the cell and controls movement in and out of it. The plasma membrane is composed of unit membrane, a two-layered structure with proteins on the outer surfaces and hydrophobic (water insoluble) fat molecules on the inside.

Cytoplasm

• Inside the plasma membrane, *cytoplasm* takes up most of the cell volume. It maintains the shape and consistency of the cell and stores chemical substances needed for life. The cytoplasm is also the site of vital metabolic reactions such as protein synthesis.

Organelles

- Suspended in the cytoplasm are *organelles*, specialized structures that carry out particular functions.
- The nucleus contains the cell's genetic material.
- *Chloroplasts* are concerned with photosynthesis and contain *chlorophyll*.
- *Lysosomes* are membrane-bound vacuoles containing digestive enzymes.
- *Ribosomes* are involved in protein synthesis and are sometimes attached in groups to the *endoplasmic reticulum* (ER) to produce rough ER.
- Many plant cells also contain a large vacuole that stores waste.
- The endoplasmic reticulum is a network of unit membranes running throughout the cell.
- The *Golgi body* is an area of the ER particularly concerned with secretory functions.
- *Mitochondria* carry out respiration and are surrounded by a plasma membrane, as are chloroplasts.



Key words

lipid
plasma
membrane
protein

Protein-lipid mix

- All membranes in the cell are made of the same basic structure. This is called the unit membrane and consists of two main chemicals: *proteins* (glycoproteins, etc.) and *lipids* (glycolipids, etc.).
- Lipids are organic molecules that are insoluble in water.
- The main lipid components of *plasma membranes* are phospholipids molecules composed of glycerol, phosphate, and fatty acid residues and heads with different chemical properties (see bottom diagram). The tails are hydrophobic (water insoluble) fatty acid residues that face the center of the membrane. The heads, which are hydrophilic (water soluble), form the surface.

Membrane structure

- Phospholipids form wide, thin bilayers. In between these phospholipids are membrane proteins floating like icebergs in a sea of lipid.
- Some proteins reach completely across the lipid molecules. Others protrude above the lipid layer on one side but only get halfway through the fat layer in the middle of the membrane.
- Many of the protein molecules are not fixed—they can drift around in the lipid sea. This fluidity is essential for the proper function of proteins in the membranes.

Double membranes

• A unit membrane consists of one lipid layer with protein found on each side. However, the membranes in cells are made of two unit membranes laid on top of each other.

Plasma membrane: structure



Three-dimensional model of membrane structure



Plasma membrane: osmosis



UNITY

25

Key words

concentration gradient osmosis permeability plasma membrane semipermeable membrane solute

Semipermeable membranes

- The *plasma membrane* is semipermeable. It lets small molecules like water pass very easily but holds back larger *solute* molecules like proteins.
- Water can diffuse through a *semipermeable membrane* almost as if it were not there. Water always moves from areas of high concentration to areas of low concentration.
- If two areas are separated by a semipermeable membrane and there is a higher concentration of water on one side, water moves through to equalize the concentration on both sides. This type of water movement is called *osmosis*.

Concentration gradient

- The difference in concentration of a substance between two areas is called a *concentration gradient*.
- The movement of materials along a concentration gradient depends on the size of the gradient and the *permeability* of the space between them.
- High concentration gradients give faster movements. Lower permeability slows down movement.
- The concentration of water within a cell is lower than the outside when it is placed in de-ionized water. This is because some of the space inside the cell is taken up by other chemicals (sugars, proteins, fats etc.). Water rushes in to equalize the concentrations, which makes the cell swell and burst.



Key words

absorption	concentration
active transport	gradient
adenosine	passive
triphosphate	transport

Active or passive?

- *Passive transport* occurs when particles move down a concentration—from areas of high concentration to areas of low concentration. Passive transport does not require any energy input by the cell. The movements of carbon dioxide and oxygen are good examples of passive transport in living cells.
- Active transport can occur either up or down a concentration gradient, so active transport can move materials from areas of low concentration to areas of high concentration. Active transport requires an energy input by a cell. Absorption of vitamins by the gut in mammals is a good example.

Active transport

- Energy released from *adenosine triphosphate* (ATP) the main chemicalenergy carrier in all organisms—pumps materials across the membrane.
- Carrier proteins in the cell membrane may change shape to take in particles (called passenger molecules) on one side, twist configuration and then release the particle on the other side.
- Low oxygen concentrations or low temperatures will slow down active transport by reducing the energy available for this reaction.
- Some active transport mechanisms are used to create electrical imbalances between the inside and outside of cells.

Plasma membrane: active transport

Active transport

	outside cell	
	A passenger molecule moves passenger molecule toward a carrier protein.	
	carrier protein plasma membrane	
	inside cell	
	The passenger molecule is released into the cytoplasm. The passenger molecule binds to the carrier protein.	5
	ADP Energy release from ATP (adenosine triphosphate) causes a conformational change in carrier protein.	
	ATP	

Plasma membrane: endocytosis



UNITY

27

Key words	
cytoplasm endocytosis enzyme exocytosis lysosome	phagocytosi vacuole

Taking materials into the cell

- *Endocytosis* moves materials into the cell. The Greek word *endo* means "inside."
- Endocytosis is further broken down into two forms: phagocytosis, which moves relatively large particles into the cell, and pinocytosis, which moves smaller particles (often in groups) into the cell.

Phagocytosis

- In microorganisms, food particles are often absorbed by *phagocytosis*.
- The *cytoplasm* of the cell flows around small microorganisms and encloses them in a vacuole. *Lysosomes*, which contain digestive enzymes, next fuse with the cell. *Enzymes* then break down the particles into simpler chemicals, which can then be absorbed into the cell.
- Indigestible materials in a phagocytotic *vacuole* are often released back to the outside of the cell through a process called *exocytosis* (see page 28).

Pinocytosis

• Pinocytosis is a slightly simpler procedure than phagocytosis because the contents of the pinocytotic vacuole generally need less processing before they can be absorbed into the cell.



Key words

active process	rough
exocytosis	endoplasmic
Golgi body	reticulum
mytochondrion	
plasma	
membrane	

Moving materials out of the cell

- *Exocytosis* moves materials out of the cell. The Greek word *exo* means "outside." These materials may be secretory, excretory, or may be the undigested remains of materials in food vacuoles.
- Exocytosis is an *active process*—it requires energy input from the cell.
- Exocytosis is common in cells that produce secretions, such as the acinar cells of the pancreas, which furnish pancreatic juice.

Manufacture of chemicals

- In the example at right, the *rough endoplasmic reticulum* deep in the cell uses energy produced by aerobic respiration in the *mitochondrion* to synthesize and transport proteins.
- The proteins are collected in the *Golgi* body and then packaged in small vacuoles made of *plasma membrane*.
- Vacuoles are "pinched off" the Golgi body and move toward the outside of the cell.

Release of materials

• When the vacuoles reach the outer cell membrane, the membrane forming the vacuole merges with the plasma membrane. The vacuole then releases its contents (such as the inactive enzyme zymogen) to the outside world.

Plasma membrane: exocytosis



Pancreatic duct (acinar) cell illustrating secretory exocytosis



Lysosomes





UNITY

29

Key words	
cytoplasm	phagocytosis
enzyme	
exocytosis	
Golgi body	
lysosome	

Waste disposal systems

• *Lysosomes* are vacuoles that contain a powerful collection of *enzymes* that can break down a range of compounds into simpler molecules that can be absorbed through a cell membrane.

Lysosomes and phagocytosis

- When a relatively large particle is engulfed by *phagocytosis*, it cannot be absorbed into the cell until it has been broken down.
- Lysosomes, produced by the *Golgi body*, merge with the phagocytotic vacuole so that the enzymes are released into the vacuole and can start to act on the engulfed particle.
- Once the enzymes have broken down the particle, the products can be absorbed. Any indigestible components are released to the outside world through *exocytosis* when the phagocytotic vacuole merges with the plasma membrane of the cell.

Lysosomes and autophagy

- Lysosomes destroy worn out or damaged cell components through a process called autophagy.
- The cell component is surrounded by a membrane, and lysosomes then merge with this vacuole. The enzymes break down the damaged cell structure, and the important components can be reabsorbed into the *cytoplasm* through the membrane.



Key words

chloroplast granum light-dependent reaction light-independent reaction	organelle photosynthesis thylakoid

Reaction pathways

- *Photosynthesis* is a biochemical process (see top diagram) by which plants harness the energy from light (1) to take carbon dioxide (2) and water (3) and produce glucose (4) and oxygen (5).
- Photosynthesis is a complex series of reactions that fall into two groups: the *light-dependent reaction* and the *light-independent reaction*.
- Both of these reactions occur in *organelles* called *chloroplasts*. Within the chloroplasts are disk-shaped membrane structures called *thylakoids*, which contain the chlorophyll needed for photosynthesis. Chloroplasts are made up of stacks of these disks called *grana* (see middle diagram).

Light-dependent reaction

- The light-dependent reaction (LDR), also called photolysis, captures energy in light (bottom diagram 1) and converts it into chemical energy in the form of adenosine triphosphate (ATP) and nicotinamide adenine dinucleotide phosphate (NADP). The energy is then available for the rest of the photosynthetic reaction.
- The LDR produces oxygen by splitting water molecules (bottom 2, 3).

Light-independent reaction

- The light-independent reaction (LIR), sometimes called carbon fixation, occurs in the light and the dark provided the LDR has provided enough energy and raw materials to drive it.
- Energy captured by the LDR is used to reduce carbon dioxide in a complex series of reactions to produce glucose (bottom 4, 5).

Summary of photosynthesis





Chloroplast: structure





UNITY

31

Key words

chloroplast light cytoplasm rea granum stroi light-dependent thyla reaction

light-independent reaction stroma thylakoid

Size and distribution

- *Chloroplasts* are found in all photosynthetic plants and are usually large enough to be seen with the light microscope as green disks embedded in the *cytoplasm*.
- Chloroplasts are not present in cells that receive no light, e.g., cells of the root or deep inside plant bodies.
- Chloroplasts are particularly rich in cells in leaves and green stems.
- Chloroplasts are the site of starch production in photosynthesis and of starch storage.
- Chloroplasts are bounded by a double membrane—one derived from the enclosing cell and one from the chloroplast itself.

Grana

• Embedded in the stroma is a complex network of stacked sacs called *grana*.

• The grana consist of interconnected

thylakoids. Tube-like strands connecting thylakoids from granum to granum are called stroma lamellae.

- Chlorophyll and other pigments that initiate photosynthesis are found on the outer layer of the thylakoids.
- The *light-dependent reaction* takes place in the thylakoids.

Stroma

• Inside the inner membrane is a complex mix of enzymes and water called *stroma*. It is the site of the *light-independent reaction*.



Key words

glucose	NADP
light-dependent	NADPH
reaction	photosynth
light-independent	
reaction	

Two linked pathways

- Photosynthesis is a multistepped process consisting of two linked reaction pathways-the light-dependent reaction (LDR) and the lightindependent reaction (LIR).
- Photosynthesis is usually shown as creating *glucose*, but this is also the starting point for a range of other pathways. Much of the sugar produced will be converted to starch for storage or be respired to produce energy to drive other reactions.

Light-dependent reaction

- This reaction produces chemicals (ATP and NADPH) that contain energy in a form that can be used by the LIR.
- The outputs are shown as electrons (e-), which are carried by chemicals that link them to the LIR. The main carrier is the coenzyme NADP.

Light-independent reaction

• This reaction uses energy from the LDR to build sugars.

- Carbon dioxide is absorbed by the plant and reduced to form sugar. • Some of the intermediate
 - products of the reaction can be shunted into other reaction pathways to build fats and even proteins.

Chemistry of photosynthesis



3

Summary of aerobic respiration



Key words

33

UNITY

adenosine triphosphate aerobic respiration electron transfer chain

2ATP===

38ATP

34ATP

.0

2ATP

electron

carrier chain

(mitochondrion)

glycolysis Krebs cycle respiration

Fuel-oxygen systems

- Living things use a fuel-oxygen system to manage energy. Energy is released when the fuel and the oxygen react, and is transferred to other chemical systems that pass it on to other reactions in a cell.
- The energy release and management system in living things is called *respiration*. If oxygen is involved, it is known as aerobic respiration.

The "energy currency'

- Glucose releases far too much energy for living things if it reacts with oxygen all at once, as happens in combustion. The respiration system allows the sugar to react in a series of small steps that release smaller amounts of energy. These energy packets are collected by a chemical called *adenosine* triphosphate (ATP).
- ATP passes these packets of energy onto other reactions in the cell. ATP is sometimes called the "energy currency" of the cell.

Three step process

• Aerobic respiration has three main components: glycolysis, the Krebs cycle, and the electron transfer chain (ETC). Glycolysis occurs in the cytoplasm and splits glucose into a smaller molecule. This passes into the mitochondria, where it is further broken down during the Krebs cycle, releasing carbon dioxide and high-energy electrons. The ETC then harvests the energy in these electrons.

Diagram Visual Information

Ltd.



UNITY

Key words

adenosine triphosphate cristae	mitochondrion ribosome
Krebs cycle matrix	

Size and distribution

- *Mitochondria* are present in all cells with a nucleus. The more metabolically active a cell, the more mitochondria they are likely to have.
- Mitochondria generally have a sausage shape, but some can be almost spherical. They are roughly the size of bacteria, typically about half to a quarter as long as the cell nucleus diameter.

Double membranes

- Like chloroplasts, mitochondria have a double membrane. The outer one is smooth and separates the inside of the mitochondria from the cytoplasm of the cell.
- The inner membrane is folded inward to produce many ridges called *cristae*. These project into the central space of the mitochondrion called the *matrix*. The infolding of the christae provides more surface area for chemical reactions to occur.
- The matrix contains strands of DNA, *ribosomes*, or small granules.

Enzyme systems

- Enzymes floating freely in the matrix are concerned with the *Krebs cycle*—a part of the respiration pathway that produces excited electrons.
- The cristae formed by the infolded inner membrane contain enzymes that handle the transfer of electrons from the Krebs cycle and produce *adenosine triphosphate* (ATP) through a series of complex reactions.

Mitochondrion: structure



Mitochondrion: section

ATP structure

ATP structure Simplified structure Adenine Ribose Phosphate





UNITY

35

Key words

adenosine triphosphate respiration

The energy currency

- Adenosine triphosphate (ATP) is a molecule that can collect and give out energy when its phosphate groups join or leave the adenosine molecule. You can think of the phosphate groups as "rechargable batteries" or "energy money"—they make other reactions that need energy happen.
- When a phosphate group is released from ATP, the phosphate group attaches itself to a molecule that needs energy to take part in a reaction. The energy in the phosphate groups "passes into" the other molecule, and the reaction can take place.
 - Once the energy has been transferred, the phosphate group is released as low energy inorganic phosphate. This can then be reconnected to the adenosine molecule, provided energy is supplied by *respiration*. In this way the "battery" is "recharged."

The phosphate pool

- The energy available to reactions in the cell depends on ATP, and if the concentration of ATP falls, reactions will fail or slow down. Since ATP can be reused many times, this does not happen often. The limiting factor is how quickly the ATP can be recycled from adenosine diphosphate (ADP) and inorganic phosphate.
- The "phosphate pool" is the supply of inorganic phosphate groups in the cell that could be used to build ATP. If this pool "dried up," then the cell would suffer a lack of useful energy.


UNITY

Key words

adenosine	NAD	
triphosphate	NADP	
electron transfer		
chain		
Krebs cycle		

Energetic electrons

- The *Krebs cycle* transfers energy into electrons that become "excited." These electrons carry more energy than normal electrons.
- Electrons are difficult to move around the cell, so the cell uses hydrogen ions, which have a positive charge and can "drag" the negatively charged electrons along with them.
- Compounds like nicotinamide adenine dinucleotide (*NAD*) and nicotinamide adenine dinucleotide phosphate (*NADP*) can bind to these hydrogen ions (and so the electrons) to shuttle them between the various parts of the respiration pathway and the start of the *electron transfer chain*.

Redox reactions

- A chemical is oxidized when it gains oxygen or loses an electron. A compound is reduced when it loses oxygen or gains an electron. Reduction involves losing oxygen or gaining an electron.
- Redox reactions usually involve the transfer of energy between chemicals.

Energy transfers

- High energy electrons are fed into the electron transfer chain at one end and pass through a series of redox reactions until they are linked with oxygen to make water (H₂O). Remember that although we talk of electrons moving, we are really moving hydrogen ions.
- At various stages in this process, enough energy is released to build *adenosine triphosphate* (ATP) from adenosine diphosphate (ADP) and inorganic phosphate (Pi).

Electron transfer chain

Proteolipid complexes



Anaerobic respiration





UNITY

37

Key words	
aerobic respiration anaerobic respiration ATP	glucose NAD NADH

Anaerobic respiration

- Anaerobic respiration does not require oxygen to release energy from sugar. It is less efficient than *aerobic respiration*, producing less energy per gram of *glucose*, so it is usually only used when aerobic respiration is not possible.
- In animals the supply of oxygen to actively respiring cells may not be able to keep up with the demand. The cells will already be respiring as rapidly as possible aerobically but need to produce more energy—perhaps due to excessive stress or physical activity. At this point anaerobic respiration begins, so both forms of respiration are operating at the same time.
- The process converts glucose into pyruvic acid and makes energy in the form of *ATP*.

The "oxygen debt"

- In mammals anaerobic respiration gives a useful extra energy boost in stressful situations. However, it produces toxic lactic acid (see top diagram).
- Once the stress is over and oxygen supplies are plentiful again, the lactic acid must be destroyed. The amount of oxygen needed to do this is called the "oxygen debt."

Alcoholic fermentation

- Anaerobic respiration produces alcohol (ethanol) in yeasts and many other fungi (see bottom diagram). This is the basis of the brewing and baking industries.
- Alcohol is toxic, and yeasts will poison themselves if the alcohol they produce as a waste product of respiration exceeds about seven percent of their environment.



UNITY

Key words		
centromere chromatid chromatin chromosome DNA	gene	

Visible during division

• *Chromosomes* are large structures found in the nucleus of cells. They are only visible during cell division. They take up certain dyes very well, and so are often treated with these before they are observed with a light microscope. "Chromosome" is Greek for a "colored body."

Chromatids and centromeres

- Chromosomes have three clear parts: two pairs of *chromatids*, which extend from either side of a *cetromere*. The chromatids on one side of the centromere are always the same length, but this can be different from the length of the two chromatids on the other side.
- During cell division, the centromere splits to create chromosomes with single chromatids. These then duplicate to return to pairs of chromatids.

Supercoils

- A chromatid is a coiled spring of protein and deoxyribonucleic acid (*DNA*) called chromatin. The protein and DNA are, in turn, coiled into a spiral.
- The spiral coil is called a supercoil.
- The supercoil unravels when the cell is not dividing so that the enzymes of the nucleus can get easy access to the *genes* in the DNA strand.
- The supercoil condenses during cell division to make it easier to ensure that each daughter cell gets a copy of all of the genes from the parent.

Chromosome structure





Summary of protein synthesis

Protein synthesis



39

UNITY

Key words

amino acid enzyme messenger RNA ribosome transcription transfer RNA translation

Protein synthesis

• Protein synthesis requires two major processes: *translation* and *transcription*.

Transcription

- Transcription takes place in the nucleus and involves the creation of a molecule of mRNA with a base sequence that mirrors the sequence of the relevant portion of the DNA molecule. This means that a single length of DNA can give rise to many copies of mRNA.
- The mRNA molecules leave the nucleus through a nuclear pore and moves to the ribosomes.

Translation

- Translation is the process of converting information on the messenger RNA (*mRNA*) molecules into a sequence of amino acids. It is catalyzed by *ribosomes*.
- Ribosomes depend on another nucleic acid, called transfer RNA (*tRNA*).
- tRNA has a clover leaf shape with an *amino acid* attached at one end and a triplet of bases revealed at the other end.
- Each tRNA molecule carries a particular amino acid and has a particular triplet revealed.
- When the mRNA molecule threads through the ribosome, tRNA molecules with corresponding triplet codes fall into place. *Enzymes* join the amino acids at the other end together to build the new protein chain.



UNITY

Base pairing

Key words

deoxyribonucleic acid nucleotide

Nucleotide units

- A *nucleotide* consists of three parts: a phosphate group, a five-carbon sugar, and an organic base.
- The phosphate–sugar part of the nucleotide joins with other nucleotide molecules to form a strong backbone.
- The complete nucleotide chain is called a nucleic acid. *Deoxyribonucleic acid* or DNA is a nucleic acid.

Organic bases

- There are four possible bases in DNA: adenine, thymine, guanine, and cytosine.
- The nucleotides in a molecule are arranged in a long chain joined by the sugar–phosphate groups. The bases protrude from this backbone.
- If two chains are brought close together, the bases can link up by hydrogen bonds to form a "ladder" where the bases' links act as the rungs. However, the bases can only link up in particular patterns: adenine links with thymine and guanine links with cytosine (see page 41).
- The hydrogen bonds between the base pairs are weaker than the sugar–phosphate links, so that pulling on a DNA molecule splits it down the middle between these bonds.
- If you have one half of a nucleic acid molecule, you can create the other half by joining the correct bases and then bonding them with sugar–phosphate groups. This is how DNA molecules are copied.

Portion of DNA molecule

hydrogen bond



deoxyribose (five-carbon sugar)

phosphate



DNA structure



UNITY

41

Key words

amino acid DNA nucleotide

Phosphate-sugar backbone

- *DNA* consists of two, intertwined chains of *nucleotides* that form a double helix.
- The backbone of these chains, found on the outside of the helix, is a long sequence of sugar–phosphate groups. These linkages hold the molecule together strongly to make DNA a very resilient molecule. DNA from ancient sources can still be identified long after many other chemicals have decayed beyond recognition.

Information carrier

• The complex structure of DNA allows it to carry and duplicate information in the form of a code. The sequence of bases in a chain can be used to sequence *amino acids* in a protein. This allows the cell to store the blueprint for any protein as a "triplet" code of bases.



DNA replication

Key words

DNA enzyme nucleotide

Two possible methods

- *DNA* consists of two intertwined chains of *nucleotides* that form a double helix. Two models have been proposed to explain how DNA is copied: the "new build" or the "semi-conservative" model.
- In the new build model a completely new DNA molecule would be created from scratch. The old DNA molecule would be untouched, but perhaps used as a model to copy.
- The semi-conservative model (see diagram) assumes that the DNA molecule unzips to create two separate but complete nucleotide chains. New bases are added to each of these chains, and these are then linked together by a sugar-phosphate backbone.
- Evidence from radiotracers has shown that the semiconservative model is correct and that each new DNA molecule contains half of the original molecule.

Enzyme controlled

• The replication, or duplication, of DNA is closely controlled by *enzymes*. This reaction can be quite rapid. In bacteria complete DNA molecules can be copied in fewer than 20 minutes under optimum conditions.





DNA transcription



UNITY

43

Key words

DNA transcription enzyme transfer RNA messenger RNA nucleotide ribosome

Types of nucleic acid

- There are two major groups of nucleic acids: deoxyribonucleic acid (*DNA*) and ribonucleic acid (RNA).
- DNA is always found in the nucleus and has the characteristic double-helical structure.
- RNA has a more variable structure than DNA and has two major forms: *messenger RNA* (mRNA) and *transfer RNA* (tRNA). mRNA moves between the nucleus and the rest of the cell.

Copying the message

- The genes containing essential information for building proteins are kept in the cell nucleus. These genes are coded lengths of DNA.
- The information is copied onto mRNA in a process called *transcription*. This copying is essential to get the information from the store (the DNA) to the *ribosomes*, where the manufacture of proteins occurs.

Building mRNA

- *Enzymes* break open the DNA molecule (top right) at the correct point to reveal the base sequence in the middle of the molecule.
- Individual RNA *nucleotides* can then line up with the DNA using base-matching to ensure they are in the correct order. Enzymes build the mRNA molecule and the mRNA leaves the nucleus. The enzymes are left behind and can be re-used to build more mRNA molecules.



UNITY

Key words

polypeptide chain	smooth
ribosome	endoplasmic
rough	reticulum
endoplasmic	
reticulum	

Endoplasmic reticulum

- The endoplasmic reticulum (ER) is a network of flat open spaces within a cell. The membrane bounding it is continuous with the plasma membrane surrounding the cell. This means materials can pass along the endoplasmic reticulum until they are deep within the cell without having to cross over the plasma membrane.
- There are two types of ER: *smooth endoplasmic reticulum* (SER) and *rough endoplasmic reticulum* (RER).

Rough endoplasmic reticulum

- Both SER and RER are made up of plasma membrane, but RER has small bodies called *ribosomes* attached. These ribosomes made the ER look "studded" or "rough."
- Ribosomes are giant enzyme–RNA complexes concerned with protein manufacture. They consist of two subunits that fit together (top right diagram) and work as one, using information from mRNA to create *polypeptide chains* during protein synthesis.
- These peptide chains pass into the space in the ER to fold and assemble, creating more complex proteins.

Schematic structure of rough endoplasmic reticulum

lamellae (layers) —made up of two membranes

Rough endoplasmic reticulum: structure



Transfer RNA



UNITY

45

Key words

amino acid anticodon codon nucleotide polypeptide chain

transfer RNA

Transfer RNA

• Transfer RNA (tRNA) is an essential part of the protein manufacturing process. During translation (see page 46), it transfers a specific amino acid to a *polypeptide chain* at the ribosome, where protein is synthesized. In order for this to occur, a specific tRNA molecule must bond with a specific amino acid.

Structure

• The twisted, clover shaped tRNA molecule has two functional sites. At one end of the molecule is a site for amino-acid attachment and *codon* recognition. Condons specify the amino acid to be linked into the polypeptide chain being synthesized. At the other is the anticodon, three nucleotide bases that are specific for that amnio acid.

• The distance between the amino acid binding site and the anticodon is constant no matter how long the tRNA chain is or how many folds it has.

Anticodons

- There are many different types of tRNA. Each type transfers one particular amino acid to a growing polypeptide chain.
- When messenger RNA (mRNA) enters the ribosome, tRNA anticodons on the tRNA molecule recognize and bind to the appropriate codon on an mRNA molecule, bringing the correct amino acid into sequence for the formation of the polypeptide chain.



UNITY

Key words

anticodon codon messenger RNA ribosome transfer RNA

Codons

- Proteins are molecules made of amino acids joined in a particular sequence. If these amino acids are arranged in the wrong order, the protein will not function.
- The sequence of amino acids is coded by a sequence of organic bases in DNA molecules in the nucleus.
 Each amino acid is coded by a sequence of three bases called a *codon* (see top diagram).
 So MET codes for methionine, ACC codes for tryptophan.
- *Messenger RNA* (mRNA) is a copy of the codons on the DNA. The mRNA molecule can pass out of the nucleus to the *ribosomes* on the endoplasmic reticulum.

Translating the message

- At the ribosome the mRNA acts as a template for other RNA molecules to attach to. These molecules are the *transfer RNA* (tRNA) molecules that carry amino acids needed for protein synthesis.
- A tRNA molecule with an *anticodon* that fits the next available space on the mRNA molecule slots into position. Its amino acid is held in the correct position for enzymes to join it to a growing chain of amino acids formed at the other end of the tRNA molecule.
- Once the amino acid is joined on, it is released from the tRNA, which detaches from the mRNA. The tRNA can be reused when it has had the correct amino acid reattached from the pool in the cell.

Messenger RNA translation



Gene control

Gene induction

ß-galactosidase in Escherichia coli



inducer (lactose)

lactose

UNITY

47

Key words DNA enzyme

operon

Only when needed

• ß-galactosidase is an *enzyme* involved in the breakdown of lactose. The gene that produces this enzyme is usually switched off, and yet when lactose is found, the gene switches on quickly, and the enzyme is produced.

Gene types

- The gene that produces ß-galactoside consists of two lengths of *DNA*: the regulator gene, and the *operon* containing structural operator and promoter genes.
- The structural gene produces the enzyme when the operator switches it on. The operator, in turn, is controlled by the promoter. The promoter works with an enzyme called RNA polymerase to switch on the operator and the structural gene.
- However, RNA polymerase must be able to link with the promoter for this to happen, and this is normally blocked by a chemical, called a repressor, that binds to the operator.

Blocking the repressor

• The repressor is a molecule produced by the regulator gene. If no lactose is present, the repressor binds to the operator. When lactose is present, it binds with the repressor and prevents it from binding with the operator. This allows RNA polymerase to bind with the promoter and so switch on the structural gene.



UNITY

Key words

transformation

Pneumococcus

- Pneumococci are a group of bacteria that can cause illness in animals and humans. One particular type can kill mice and has two distinct types: rough (R-type), which does not kill, and smooth (S-type), which is always fatal.
- Rough and smooth refer to the outer coat of the Pneumococcus organisms.

Dead bacteria

- Dead bacteria cannot cause illness. Experiments with heat-killed bacteria in mice showed this.
- When heat killed S-type bacteria were injected into mice with live R-type bacteria, the mice died. Live R-type do not kill mice, so the S-type must have influenced them in some way. The Rtype were said to be transformed by the dead S-type.

The active component

- Further work looked at what component in the S-type bacteria was producing the *transformation*.
- S-type bacteria were killed, and the various components separated. Different mice were injected with different extracts from the S-type bacteria along with live R-types.
- The only mice that died had been injected with DNA from the S-type. This showed that it was the DNA that had the power to transform the R-type bacteria.

Transformation



Genetic engineering

Transferring genes Bacterium nucleoid plasmid Plasmid **Foreign DNA** sticky end complementary strands of DNA complementary strands of DNA Cleavage Annealing Plasmid is cleaved by Plasmid and foreign DNA join at their sticky ends. restriction endonuclease. sticky end nucleoid Transformation Bacterium picks up modified plasmid. reconstituted plasmid acting as vector for foreign DNA

UNITY

49

Key words

plasmid restriction enzyme

Bacterial chromosomes

• Bacteria do not have a nucleus. Their DNA is found in a compacted mass called the nucleoid. Bacteria also contain a *plasmid*, a small DNA molecule that can be transferred from one cell to another. Plasmids are commonly used in genetic engineering to transfer genes.

Sticky ends

- The two strands in the DNA helix of the plasmid are "mirror images" of each other. Where one side has adenine the other has thymine; where one has cytosine the other has guanine.
- *Restriction enzymes*, which recognize specific, short nucleotide sequences, can cut the plasmid to produce a gap with "sticky ends." These enzymes do not cut straight across the DNA strand—they split the two strands apart so that one end sticks out beyond the other. Because the single strands of DNA have complementary bases, they can bind to a portion of DNA with appropriate bases protruding from their "sticky ends."

Plasmids

- Careful use of restriction enzymes allows genetic engineers to cut out lengths of DNA with sticky ends that correspond to the gaps in a broken bacterial DNA. The foreign genes can then be added and the DNA rejoined to make a circular plasmid.
- The plasmid can be inserted into another bacterium where it can be expressed. In this way, for example, the gene responsible for producing the hormone insulin can be spliced into a bacterium.



Key words

Cell division

• All living cells divide. There are two methods of division: *mitosis*, which produces copies of the original cell, and meiosis which is only used to produce *gametes*, the reproductive cells in plants and animals.

Interphase

• Cells do not divide all of the time they are present in a state called *interphase*. In interphase, the DNA in the chromatin threads is dividing and multiplying to produce copies of all the genes in the cell—but this process is invisible.

Mitosis

- Mitosis is a continuous process that involves four main stages.
- In *prophase*, chromatin is condensed into short, thick *chromosomes*. Each chromosome has duplicated and now consists of two sister *chromatids* visibly connected at their *centromeres*. The nuclear envelope disintegrates, and the nucleolus disappears.
- In *metaphase* the chromosomes arrange themselves around the equator of the cell. Microtubules form the mitotic spindle.
- Anaphase begins when the centromere in the chromosome divides and starts to move to opposite ends of the cell.
- By *telophase* the chromosomes are at opposite ends of the cell, and a new nuclear membrane begins to form. It ends when the cell pinches in to produce daughter cells.

Uses of mitosis

• Mitosis produces daughter cells that are genetically identical to the parent cell. The growth and repair of multicellular organisms require mitosis to produce new cells.

Mitosis in an animal cell

Mitosis



Asexual reproduction: fission



CONTINUITY

Key words	
clone	
cyst	
fission	
mitosis	

Two types of fission

pseudopodium

- Fission is the splitting of a parent cell into a number of daughter cells. In binary fission two cells are produced. In multiple fission many more daughters are produced.
- The daughters produced by fission are genetically identical to the parent, i.e. they are *clones*.

Binary fission

- In *Amoeba proteus* (ameba), binary fission begins when the *pseudopodia* (false feet) are withdrawn to make a slightly more spherical shape.
- The nucleus divides by *mitosis* to produce two identical nuclei. These move to opposite ends of the cell.
- The ameba constricts around the middle and forms two daughter cells.

Multiple fission

- In multiple fission the ameba withdraws its pseudopodia to form a more spherical shape as in binary fission but then secretes a wall around the cell to form a *cyst*.
- The cyst can survive harsher conditions than the normal ameba cell.
- Inside the cyst the ameba divides multiple times by mitosis to produce many small daughter cells. These daughters are released when the cyst wall breaks.

Key words

clone starch tuber

Vegetative propagation

• In vegetative propagation a plant will produce daughters that are genetically identical to the parent. These *clones* are produced without any sexual process and develop from roots, stems, or leaves.

Potato tubers

- Potato plants form fleshy stems in the roots that act as a store for *starch*. These organs, called *tubers*, can grow into new plants if separated from the parent plant.
- In the second half of the growing season, parts of the root will swell as starch is deposited in them. This starch acts as an energy store for the plant.
- At the end of the growing season, the aerial parts of the potato wilt and die, leaving the tubers underground protected from frost. In the next season the tubers will use their starch to provide energy to develop into new potato plants.

Strawberry runners

- Strawberry plants produce shoots that grow out from the side of the plant horizontally. These above ground stems are called runners.
- Where runners touch the ground, they develop their own roots and aerial shoots. These develop into a new strawberry plant.
- Over time the original runner can decay to produce a completely independent plant.

Asexual reproduction: vegetative propagation

Potato reproduction



Strawberry reproduction



Meiosis: first division



CONTINUITY

53

Key words	
anaphase chiasma	homologous
chromatid	interphase
gamete	meiosis
gene	prophase
haploid	telophase

Meiosis

- *Meiosis* is a two-stage form of cell division used only in the sex organs to produce gametes.
- Meiosis differs from mitosis in that during prophase genetic material may be exchanged between the chromatids.

Meiosis I

- Interphase in meiosis is identical to interphase in mitosis (see page 50).
- In early prophase I, homologous chromosomes, which have the same genes but may have different alleles, are attached along their lengths in a process called synapsis.
- Synapsis is completed in midprophase I, and the chromosomes are said to be bivalent, a reference to the fact that two chromosomes are united.
- In late prophase I, chromosomes may exchange segments of genetic information at locations called chiasmata (see page 55).
- During prophase, the centrioles, when present, begin migrating to the two poles of the cell.
- In metaphase I, the chiasmata slip apart, and the chromosome pairs align on either side of the metaphase plate.
- During anaphase I, spindle fibers pull the chromosomes toward each pole of the cell, and the cell elongates in preparation for division.
- During telophase I, spindle fibers disappear, a cleavage furrow forms, and the cell splits. Each daughter cell now haploid. It has half the number of chromosomes as the parent.



Key words

anaphase II centriole centromere chromatid chromosome gamete	haploid meiosis metaphase II prophase II telophase II zygote

Gamete formation

• *Meiosis* II, is the mitotic division of the *haploid* cells produced in meiosis I.

Second stage: cell division

- In *prophase II, chromatids* shorten and thicken into visible *chromosomes. Centrioles* (when present) move to the poles of the cell, spindle fibers form, and the chromosomes move toward the equator of the cell.
- In *metaphase II*, the chromosomes line up along the metaphase plate.
- In *anaphase II*, the *centromeres* divide to produce four separate chromatids from the original two chromosomes. These sister chromatids move toward opposite ends of the cells.
- *Telophase II* doubles the number of cells without a corresponding increase in the number of chromosomes so each new cell has only one chromatid. These haploid daughter cells have half the number of chromosomes found in the parent cell.
- These cells develop further into functional *gametes*.

Meiosis: second division



Crossing over and genetic variation



CONTINUITY

55

Key words	
allele	meiosis
chiasma	
chromatid	
gamete	
homologous	
chromosome	

Homologous chromosomes

- Hom ologous chrom osom es have the same genes in the same positions but may have different variants, or *alleles*, of the same gene.
- The gene for eye color in humans always resides at a particular place, called a locus, on a chromosome. However, there are a number of different forms (alleles) for this gene, for example blue, brown, or green.

Crossing over

- Crossing over occurs when one length of *chromatid* is exchanged for the equivalent length on a homologous chromosome.
- Crossing over occurs during the first division in *meiosis*. This ensures that new arrangements of alleles are produced during the process that leads to the formation of *gametes*.
- The further apart two genes are on a chromosome, the more likely they are to be separated and remixed during a crossover.

Crossed shapes

- Crossing over occurs when *chiasmata* form, temporarily joining the chromatids of homologous chromosomes together at a particular point.
- When the chiasmata break apart, the chromatids can be re-attached to the broken end of a different chromatid. In this way lengths of chromatid can be exchanged.



Key words

anther	ovule
carpel	seed
truit	stamen
gamete	stigma
ovary pistil	style

Flowers and fruits

• Flowers are the sexual organs of a group of plants known as angiosperms. They are responsible for producing *seeds* enclosed in structures that aid in their dispersal. The combinations of seeds and these structures are called *fruits*.

Sequences of rings

- All flowers have the same basic structure—a series of rings or whorls arranged on each other on a highly condensed stem called the receptacle.
- The lowest ring looks like simple leaves or bracts and is the sepal.
- The next ring up includes the petals. In insect-pollinated flowers, the petals are often brightly colored and may produce scent, which attracts insects.
- Inside the ring of petals are the male parts of the flower. These are the *stamens*. The final ring is the female part called the *pistil* or *carpel*.

Stamens and carpels

- The stamens are arranged in a ring and consist of *anthers*, which produce pollen grains containing the male *gamete*, supported on a filament.
- C Diagram Visual Information Ltd.
- The female part of the flower in the innermost ring is composed of the *stigma* and *style*. It is often so highly modified that it does not resemble a ring.
- The female gametes are completely enclosed in the *ovule* located in the *ovary*, which is found as the lowest part of the carpel.

Flower structure

Vertical section through flower



Mature stamen

Stamen

Flower: vertical section



Anther before dehiscence:



CONTINUITY

57

Key words		
anther dehiscence gamete meiosis pollen	stamen	

The male gametes

• Anthers are the part of the flower that produce the male gametes, which are contained in pollen. A special form of cell division called meiosis is required for this process.

Gross structure

- A *stamen* consists of an anther fixed on top of a filament. The filament is attached to the stalk of the flower below the ring of female parts.
- The anther itself has four chambers or pollen sacs arranged around the filament. A bundle of vascular tissue carries water and organic materials to the anther to support the developing pollen.

Microscopic structure

- A layer of cells called the tapetum lines the inside of each pollen sac and nourishes the growing pollen grain. Cells from this tapetum pass into the space in the middle of the sac and divide by meiosis to form pollen grains—often in tetrads or groups of four.
- A tissue outside the pollen sac is supplied with fibrous elements that stress the anther as it dries out—an essential part of the mechanism for the release of the mature pollen.
 - When the pollen cells are mature, the anther begins to dry out. This causes the cells to shrink as they lose water. This sets up strains in the tissues of the anther walls, which eventually split to release the pollen. This splitting is called *dehiscence*.



Key words

dehiscence	pollen	
generative		
nucleus		
haploid		
meiosis		

Pollen development

- *Pollen* develops pollen sacs from cells that undergo *meiosis* to produce *haploid* cells, cells that contain single chromosomes rather than the pairs of chromosomes found in most body cells (see microspore mother cell diagram).
- Since pollen grains are produced by meiosis, each one is unique, with a slightly different genetic makeup than all other grains produced by the plant.
- Pollen grains are microspores—this means they have very little storage material in them—unlike eggs.

Pollen: external structure

- The outer wall of a pollen grain is a tough waterproof structure called the exine. It is often highly sculpted (see bottom diagram).
- A number of pores exist in the exine. The pollen tube that forms during pollen germination grows out of one of these pores.

Pollen: internal structure

- The internal structure of a pollen grain is fairly simple. It is bounded by the intine, or inner wall, and contains two nuclei: the *generative* (sperm) *nucleus* and the tube nucleus.
 The tube nucleus
- The tube nucleus controls the production of a pollen tube (see page 59). This structure grows out through a pore in the exine and passes between the cells of the stigma and style of the carpel.
- The generative nucleus passes down this tube toward the female nucleus found in the ovule. When it unites with the female nucleus, the first cell of the new plant has formed.

0

٥

Pollen formation

microspore

mother cell

0

detail of

pollen grain

(microspore)

Pollen formation

Anther before dehiscence:

Anther after dehiscence:

transverse section

transverse section

Microspore mother cell



First meiotic division produces two cells.



Second meiotic division produces four haploid microspores.



Pollen grains



Detail of pollen grain



© Diagram Visual Information

Ltd.

Pollination

Types of pollination

Insect (entomophilous) pollination



59

CONTINUITY

Key words	
anther	
carpel	
pollen	

Types of pollination

stamen

stigma

- Pollination is the transfer of *pollen* from a male *anther* to a *stigma* of the female *carpel*.
- Pollen is received by the stigma, which arises out of the ovary.
- There are two major forms of pollination: insect pollination and wind pollination.

Insect pollination

- Many insects use their proboscus to collect nectar from flowers for food. Nectar is a solution of sucrose in water produced by glands, called nectaries, at the base of petals.
- While the insect is collecting the nectar, pollen from anthers can be dusted on to its body. When this insect visits another flower looking for nectar, the pollen is transferred to the stigma, thereby pollinating it.
- Insect-pollinated flowers tend to have ostentatious petals, scent, and nectar, and are often highly adapted to attract particular types of insect.

Wind pollination

- Plants that use wind pollination produce extremely large amounts of pollen, which blow onto the stigmas of other plants.
- Wind-pollinated plants tend to have large numbers of inconspicuous flowers with *stamens* and large, feathery stigmas that hang outside of the flower.



Key words

embryo sac	micropyle
endosperm	pollen
fertilization	triploid
gamete	
generative	
nucleus	

Fertilization and pollination

• Pollination is the transfer of *pollen* from the male anther to the female stigma. *Fertilization* then occurs when the male *gamete* from a pollen grain fuses with the female gamete in the ovule.

Pollen tube development

- Pollen grains contain two nuclei: the tube nucleus and the *generative* (sperm) *nucleus* containing the male gametes. When a pollen grain begins to grow, it forms a pollen tube, which conducts the nuclei from the pollen grain to the *embryo sac*. The tube nucleus controls the growth of the pollen tube.
- The embryo sac is contained within the ovule of the carpel. It is surrounded by thin membranes called integuments, which have a small opening at the bottom called the micropyle. The pollen tube enters the ovule by way of the *micropyle*.

Fertilization

- During the movement of the generative nucleus down the pollen tube, it has divided by mitosis. The pollen tube thus delivers two generative nuclei to the micropyle at the base of the carpel.
- The nuclei pass across into the embryo sac. One of the generative nuclei fuses with the female nucleus in the embryo sac. This will become the first cell of a new plant.
- The other generative nucleus fuses with two polar bodies produced by meiosis to form the endosperm (food storage material) which has a *triploid* number.

Plant fertilization

Fertilization and pollination



Seed development



CONTINUITY

61

Key words

embryo sac generative nucleus zygote

Seeds and fruit

- The seed develops from the fertilized *embryo sac*. It starts with the *zygote*, which is the first cell of the new individual created when the *generative* (sperm) *nucleus* and the egg nucleus fuse. Repeated division produces a multicelled embryo plant.
- The fruit develops from the remains of the ovary wall. Fruits show many adaptations to aid the dispersal or eventual germination of the seed.

Endospermic seeds

- At fertilization, the pollen tube delivers two generative nuclei (male gametes) to the embryo sac (see page 60). One nucleus fuses with the female nucleus and will become the new plant. The other fuses with the polar bodies and develops into endosperm tissue that acts as a food store for the growing zygote. This endosperm takes up most of the space within the seed.
- As the embryo grows, it will develop two lobes, called cotyledons. These are embryonic leaves that store a large amount of food obtained by digesting and absorbing the endosperm tissue.
- The integuments that had surrounded the embryo sac (see page 60) toughen and become the seed coats (testa) (bottom diagram).
- The developing root is called the radicle and the developing stem the plumule.

Non-endospermic seeds

• In non-endospermic seeds the growing embryo takes up most of the space. The cotyledons become swollen and filled with materials that act as the food store for the growing plant until photosynthesis takes place.



Key words

epididymis	testis
gamete	vas deferens
seminiferous	
tubule	
spermatozoon	

Anatomy

- The *testes* are the organs that produce sperm, the *gametes* in human males. They also produce the male hormone testosterone. They hang outside the body in the scrotum.
- Sem iniferous tubules in the testes are lined with cells that divide by meiosis to produce spermatozoa. Sperm pass from the testis into a convoluted tube called the *epididymis*, and from there into another tube, the vas deferens (sperm duct). A healthy male can produce millions of spermatozoa every day between puberty and old age.
- Sperms are dormant while they are stored in the epididymis and only become active when mixed with secretions from the seminal vesicles along the vas deferens. This seminal fluid combines with the sperm, prostatic fluid from the prostate gland, and mucus secreted by the Cowper's glands to form semen, which is discharged from the urethra during ejaculation.

Ejaculation

• The penis is normally flaccid or soft, but when excited, blood is pumped into it at high pressure making it larger and stiffer. This also allows sperm to pass from the testis to the outside world in an ejaculation.

Human reproductive system: male



Human reproductive system: female



vaginal

opening

labia

CONTINUITY

63

Key words

cervix fallopian tube ovary uterus

Anatomy

- Unlike the male, the organs that produce the gametes in females are found deep inside the body. These are the *ovaries*. There are two of them found above the bladder in the abdominal cavity.
- A tube called a *fallopian tube* (oviduct) connects each ovary to the top of the *uterus*. Eggs produced by the ovaries pass down this tube.
- The uterus is a thick-walled structure sealed by the *cervix* at the lower end. Roughly the shape and size of a small pear when the woman is not pregnant, it can swell to many times this in the final stages of pregnancy.
- The cervix leads from the uterus into the vagina, which connects with the outside world.

External structures

- The external structures of the reproductive system in females are simpler than the male. The opening of the vagina is bounded by a number of flaps of tissue called the labia. The clitoris is an area that is particularly sensitive.
- The bladder connects to the outside via the urethra in this area as well.

uterus

(womb)

cervix



Key words

epididymis seminiferous tubule spermatozoon testis

Testis anatomy

- Sem iniferous tubules are very long tubes found in the testes of male mammals. They all drain into the epididym is, which is a wider, convoluted tube that rests on the back edge of the testis. Mature but inactive spermatozoa are stored here until they are passed out of the body through the vas deferens and urethra during an ejaculation.
- Seminiferous tubules have a space in the middle where growing spermatozoa can develop and mature. Between these tubules are other tissues (Leydig cells) that nourish them and produce the hormone testosterone, which maintains the secondary sexual characteristics of males (facial hair, etc.).

Sperm production

- Sperm production is affected by temperature and is most effective at slightly below body temperature which is why the testes hang outside the body.
- Studies have suggested that many males are producing less sperm than previous generations. The wearing of tight pants and underwear that hold the testes close to the body has been suggested as a cause of this change. Another possible cause is the presence in the environment of pollutants that are similar to female hormones.

Spermatogenesis: testis



Spermatogenesis: sperm

Spermatogenesis: schematic



CONTINUITY

65

Key words	
epididymis enzyme haploid meiosis mitochondrion	mitosis seminiferous tubule spermatid spermatozoon

Sperm formation

- Spermatogenesis is the name given to the process of producing sperm.
- Cells lining the *seminiferous tubules* in the testes divide in the first instance by *mitosis* to form spermatogonia. These then develop into cells called primary spermatocytes.
- A single primary spermatocyte divides by *meiosis* to produce four *haploid* cells called *spermatids*.
- The spermatids mature into spermatozoa—the male gametes— by growing a tail and reducing the amount of cytoplasm surrounding the nucleus to a minimum. The spermatozoa are stored in the center of the seminiferous tubules and epididymis until released (see page 64).

Sperm structure

- Spermatozoa consist of a single haploid nucleus in the head with a tail behind it that can move and so propel the sperm toward the ovum produced by the female.
- The acrosome at the front of the head contains a package of *enzymes* that are able to digest the outer skin of the egg, thereby allowing the nucleus to pass into the cell.
- A collection of *mitochondria* surround the filaments of the tail in the middle part of the spermatozoa. These provide energy in the form of ATP, which allows the tail to thrash sideways to drive the sperm forward.

tail sheath



Key words

gamete	ovary
germ cell	ovum
meiosis	primary oocyte
mitosis	secondary oocyte
ooaonium	

Oogenesis

- Oogenesis is the name given to the process by which *ova* are formed.
- Human females produce eggs regularly, roughly every 30 days, from puberty to menopause. All of these eggs develop from *germ cells* (*gametes*) in the two *ovaries*.
- Germ cells initially divide by *mitosis* to produce *oogonia*, cells that develop into *primary oocytes* (immature ova). At a woman's birth, there are hundreds of thousands of primary oocytes present in the ovarian tissues.

Meiotic division

- The next stage in the process is the production of *secondary oocytes* by *meiosis*. These cells are haploid—they have half the chromosomes of their parent cells. One of these haploid cells will develop into the ovum; the other three will be enclosed within the vitelline membrane surrounding this cell.
- The ovum is a large cell with a good supply of cytoplasm that helps to act as a food store for the first few critical days of development.
- The other nuclei become the polar bodies, redundant cells that remain much smaller than the ovum.
- The vitelline membrane can be digested by enzymes in the acrosome of the sperm to allow the sperm nucleus to enter. Once one sperm has entered, the membrane is modified to prevent entry of other nuclei.
- Around the outside of the vitelline membrane is a clear area of mucilage called the zona pellucida.

Oogenesis: meiotic division



Secondary oocyte prior to fertilization



Oogenesis: ovarian cycle



CONTINUITY

67

Key words	
fallopian tube hormone ovary ovum pituitary gland	uterus

The ovarian cycle

- The production of human eggs is controlled by hormones. These act on tissues in the ovaries to switch on processes that, in turn, produce hormones that regulate the cycle.
- Hormones produced by the *pituitary* gland in the brain cause the development of primordial follicles into primary follicles. These go through various stages until a mature Graafian follicle is formed.
- A Graafian follicle contains a mature ovum, and it moves to the edge of the ovary where it ruptures to release the ovum and form a yellow body called the corpus luteum. The egg passes down the *fallopian tube* toward the
- The corpus luteum produces a hormone called progesterone,

which prevents development of further ova.

> • If the egg is fertilized and the woman becomes pregnant, the corpus luteum

lasts for up to four months. If no pregnancy occurs, it degenerates after about two weeks. Hormones from the pituitary cause the maturation of another follicle, and the whole process

The ovarian cycle

Follicular phase: days 1-14. Primordial follicles develop into primary and then secondary follicles; these secrete the hormone estrogen. Development proceeds through the tertiary follicle to the Graafian follicle.

Ovulation

The Graafian follicle ruptures, releasing the secondary oocyte. Luteal phase: days 14-28. The corpus luteum is formed from the ruptured follicle. It secretes the hormones progesterone and estrogen, finally shrinking to become a scar.

Key words

cervix semen uterus

Preparing for coitus

- Coitus, or sexual intercourse, occurs when a man inserts his erect penis into the vagina of a woman. The penis is kept erect by blood that floods into spongy tissue in the penis at high pressure.
- As sperm is released, it is mixed with secretions from the seminal vesicles, prostate, and Cowper's glands (see page 62) to produce *sem en*. Semen is a mixture of sperm and a liquid containing sugar that gives the sperm energy to swim.
- At the same time, the walls of the vagina produce secretions that help to lubricate the penis.

Intercourse

- The man inserts his penis into the woman's vagina. The head of the penis reaches near the *cervix*, which is the base of the *uterus* projecting slightly into the vagina.
- The male climax (the orgasm) occurs when semen containing sperm is forcefully ejected from the penis into the vagina. The female climax produces increased secretions from the vagina as well as contractions of the uterus and vagina.

Conception

• Conception occurs when a spermatozoon fuses with the egg. This must occur in the fallopian tubes. Consequently, sperm must swim from the vagina up through the uterus.

Sexual intercourse

Human sexual intercourse



Human fertilization

Female human



Section through ovary, fallopian tube, and part of uterus



CONTINUITY

Key words

cervix	
fertilization	
mitosis	
sperm	
zygote	

Site of fertilization

- During intercourse *sperm* is deposited in the vagina at the *cervix*, the entrance to the uterus.
- *Fertilization* must occur high up in the fallopian tube so that the ovum can divide by *mitosis* before it attaches itself to the uterus.
- The sperm must swim up through the uterus to reach this point. Chemical gradients guide the sperm towards the egg. This must occur within 72 hours of ejaculation, or the sperm will be non-viable.

Egg formation

• The egg is released when the Graafian follicle, the fluids-filled vesicle within the ovary containing the ovum, ruptures at the surface of the ovary. The funnel of the fallopian tube guides the egg into the tube where it starts its journey downward.

Fertilization

- The nucleus from one sperm penetrates the egg and fuses with the egg nucleus to form the first cell of the *zygote*. This then divides repeatedly by mitosis to form a pair of cells and then again to form a ball of eight cells and so on. By the time a 64-cell ball has been formed, it enters the uterus.
- This ball of cells then has to embed itself in the endometrium, the wall of the uterus. Further development can then occur.



Key words

contraception	
embryo	
fallopian tube	
gamete	
vas deferens	

Types of contraception

- Contraception covers all of the technologies that prevent a viable *embryo* from forming or surviving.
- There are three main types of contraception: barrier methods, sterilization, and the intrauterine device.

Barrier methods

- Barrier methods prevent viable sperm from meeting a viable egg.
- A condom is a thin membrane of latex that fits over the erect penis. The sperm cannot pass through this barrier, and the penis and condom are removed from the vagina after ejaculation.
- The diaphragm is a rubber cap that fits over the cervix and prevents sperm entering. The diaphragm must be left in place after intercourse for some time.

Sterilization

• Sterilization prevents viable *gam etes* from meeting by cutting the tubes carrying them from the gonads (testes or ovary) to the opposite gender. Male sterilization cuts the *vas deferens*. Female sterilization cuts the *fallopian tubes*. Sterilization is effectively permanent.

Intrauterine devices (IUDs)

• Intrauterine devices, sometimes called coils, prevent fertilized eggs from embedding in the endometrium. Once fitted, IUDs normally remain in place for months or years.

Contraception



Twins



Key words embryo genotype ovary

Types of twins

- There are two types of twins: fraternal or dizygotic twins and identical or monozygotic twins.
- Other forms of multiple births (triplets, quads etc.) fall into the same two categories.

Identical twins

- Sometimes a fertilized ovum splits by mitosis into two cells, each of which develops into a separate *em bryo*.
- Since identical twins come from the same egg and sperm, they are genetically identical.
- Identical twins are much rarer than fraternal twins and are always the same gender. Fertility treatments do not increase the chances of identical twins.

Fraternal twins

- Sometimes more than one egg is released from the *ovaries* at the same time. If all of these eggs are fertilized, more than one embryo can be formed.
- Since fraternal twins (and other multiple births) develop from separate eggs and sperms, they have different *genotypes* (genetic combinations) and are only as similar as other brothers or sisters of the same age from the same parents.
- Fraternal twins can be different genders. Some modern fertility treatments increase the rate of multiple egg production and so are more likely to produce multiple births.

71

CONTINUITY


Key words

amnion fetus placenta

The first trimester

- The first trimester covers the first three months after conception. Most of the key structures are laid down during this period.
- Teratogenic chemicals (chemicals that produce birth deformities) are most dangerous during this time.
- By the end of the first trimester the *fetus* can be recognized as male or female. It has a well-developed *placenta* linking it to the mother. The fluid-filled sac called the *amnion* has formed and surrounds the growing fetus with a bag of waters to protect it from mechanical damage. The fetus will be about 3 inches (80 mm) long by the end of this stage.

The second trimester

• Development continues during the second trimester, and by 20 weeks the fetus is able to produce digestive enzymes and move itself. Mothers will feel kicks from the baby by this stage.

The third trimester

- During the third trimester the fetus continues to grow in size. Most of the key body parts have developed by this stage, and babies born during this time can normally survive outside the mother, although they will be small and will need special care.
- By the end of the third trimester, the baby is ready to be born. It will now weigh approximately 7 or 8 pounds (3–4 kg). The placenta will weigh almost as much.

Fetal development



Placenta



Detail of placenta



CONTINUITY

73

Key words		
amnion fetus placenta umbilical cord uterus	villus	

Source of the placenta

• The *placenta* is an organ that develops from cells from the *fetus* and the wall of the *uterus*. Despite this, the blood supplies and cells of fetus and mother are kept separate, although chemicals can pass easily across the barrier.

Function of the placenta

- The placenta supplies the growing fetus with oxygen and food, and removes waste products such as carbon dioxide.
- The placenta allows this exchange but also keeps the fetus and mother separate—they are separate individuals. If cells leak across the barrier, they will produce a rapid and potentially fatal immune response.

Structure of the placenta

- The placenta connects the fetus to the mother by the *umbilical cord*, which contains an artery and a vein.
- The *amnion* is a structure created by the placenta that covers the fetus in a bag of amniotic fluid. When this bursts—the waters break—it is a sign that the birth is close.
- Blood from the mother fills large spaces called lacunae, *villi* from the fetus penetrate. This gives a very large surface area across which exchange takes place while keeping the blood from each individual separate.



Key words

cervix fetus uterus

Presentation of the fetus

- The head is the heaviest part of the *fetus*, and toward the end of pregnancy it will fall to rest against the inside of the *cervix*. The dropping of the head into this position is visible as the mother's shape changes slightly.
- During the late stages of pregnancy, the mother will also start to feel contractions. These are muscle movements in the *uterus* wall as it prepares to expel the baby.

Labor

- The stage prior to birth is called labor. It can last from as little as an hour to a few days. Labor extending beyond 48 hours is a sign of potential problems.
- During labor the waters break (this is the bursting of the amniotic membrane), and the cervix begins to open or dilate.

Birth

- When the baby is ready to be born, the cervix is dilated sufficiently to let the head pass through. The baby's head will rotate slightly to fit more easily through the cervix.
- After the head and shoulders have passed through the cervix, the rest of the body normally follows quickly.
- The last stage is the delivery of the placenta, which typically follows moments after the baby's birth.

Birth

First stage of labor

1 Cervix starts to flatten



2 Cervix flattens completely

3 Cervix partially opens

4 Cervix fully opens; amnion breaks





Second stage of labor

5 Head rotates





6 Head is born, shoulders and rest of body follow





Variation



CONTINUITY

75

Key words

continuous variation discontinuous variation

Types of variation

- The term "variation" is used to describe differences between members of the same species.
- There are two types of variation: continuous and discontinuous.

Continuous variation

- Height and weight are examples of *continuous variation*. This type of variation is produced by the action of multiple genes, and there are no clear groups or classes to put individuals into. Individuals in a population show a complete spectrum of values between two extremes.
- To investigate continuous variation, biologists assign classes to the data, e.g., all values between 60 and 64 inches in height, values between 64 and 68 inches etc. The frequency of individuals within these arbitrary classes can be plotted.

Discontinuous variation

- Eye and hair color in mammals, ability to roll the tongue or taste certain chemicals in humans, and flower color in peas are examples of *discontinuous variation*. Discontinuous variation is produced by the action of single or a small number of genes.
- Discontinuous variation can easily be sorted into groups or classes and can be displayed by histograms.
- © Diagram Visual Information Ltd.



Key words

dominant genotype homozygous phenotype recessive

Monohybrid crosses

- A monohybrid cross is a cross between two organisms that differ by only one inherited characteristic controlled by a single gene with two forms.
- The *genotype* is the combination of genes in an organism. The *phenotype* is the physical characteristics of an organism produced by the expression of its genotype.
- In certain types of pea, the height of the adult plant, one aspect of its phenotype, is controlled by a single gene with two forms: tall and short.
- If an organism has two forms of the same gene at the same time, the *dominant* form is expressed. The *recessive* form is present but not visible in the adult form of the plant.

First generation (F₁)

- Pure (*hom ozygous*) breeding plants of the two forms (tall and short) are crossed. The seeds produced by this cross are then collected and sown to produce the first generation or F₁.
- All of the plants in the F₁ generation are tall. This shows that the tall gene is dominant to the short gene.

Second generation (F₂)

- If the F₁ plants are allowed to selfpollinate and the seeds produce plants, the plants produced are the F₂.
- The ratio of tall:short plants in the F₂ generation is 3:1.
- The genotypes TT, Tt, tT all produce tall plants because a dominant tall gene is present. Only the tt genotype produces a short plant. This explains why tall plants are three times more likely than short plants.

Monohybrid cross: peas



Dihybrid cross: guinea pigs

Dihybrids

The F_1 guinea pigs have two different alleles for each of the two characters (i.e., coat color and coat length) symbolized as BbSs. They are said to be dihybrids.



CONTINUITY

77

Key words

allele dominant genotype phenotype

Dihybrid crosses

- Dihybrid crosses are crosses that look at the inheritance of two independent characteristics, each of which is controlled by a single gene that exists in two forms.
- The coat of guinea pigs is controlled by two genes: black/brown color and long/short length.

First generation (F₁)

• In the first generation the *phenotype* was entirely black short-haired guinea pigs. This shows that black is *dominant* to brown and short is dominant to long hair.

Second generation (F₂)

- When the F₁ generation was allowed to cross breed, the F₂ genotypes were in the ratio 9:3:3:1 of black, shorthaired:black, long-haired:brown, shorthaired:brown, long-haired.
- The distribution of genotypes showed that the genes were inherited independently, with the rules for monohybrid crosses, which look at one characteristic, operating on each gene pair separately.

Key words

allele	phenotype
dominant	
genotype	
heterozygous	
homozygous	

Dominance

- Genes exist in pairs. Where both members (*alleles*) of the pairs are the same, the individual is said to be *homozygous*. If the two alleles are different, the individual is said to be *heterozygous*.
- In heterozygous individuals, one allele is usually *dominant* and the other is recessive. This means that when a single dominant allele is present, the *phenotype* produced will be identical to that of an individual with two dominant alleles. In effect, the recessive allele is hidden and can only be detected by breeding with another heterozygous organism.
- In codominance, the differing alleles both have an effect on the phenotype.

Coat color in shorthorns

- Coat color in shorthorn cattle is controlled by a single pair of genes that show codominance.
- Cattle that breed true for red coats have the *genotype* RR. Cattle that breed true for white coats have the genotype WW.
- If an RR individual is crossed with a WW individual, the F₁ will be RW Both genes are expressed, giving a roan coat with red and white hairs in it.
- Crossing the RW individuals produces an F₂ with the ratio 1 red:2 roan:1 white. The red and

white coats are homozygous, while the roans are heterozygous.

Codominance

Codominance and coat color

- \bullet The F_1 phenotype is intermediate with respect to the parental phenotypes.
- Neither parental allele (R or W) can exert its dominance over the other.



- Shorthorns with two identical alleles (i.e., RR or WW) have coats with solid red or white, respectively.
- Their progeny (the F₁ individuals) have dissimilar alleles (i.e., RW), and have a phenotype that is intermediate with respect to the parental phenotypes.
- Their coat has white hairs intermingled with the colored hairs, giving a roan appearance.
 Mating between F₁ individuals can bring the parental alleles together in certain offspring, and so the solid coat color reappears.



Karyotype preparation



CONTINUITY

79

Key words

chromosome diploid karyotype metaphase

Karyotypes

- The *karyotype* is a picture of the physical form of the *chromosomes* found in normal body cells in a species.
- Karyotypes usually show pairs of chromosomes corresponding to the *diploid* number for the species. The diploid number is the number of chromosomes in a normal cell. Where organisms have more than two sets of chromosomes (e.g., wheat plants have six), the karyotype is more complicated.

Colchicine

- After a sample of *metaphase* cells (usually blood cells) has been extracted from an organism, it is poisoned with colchicine. Colchicine interferes with cell division, causing it to stop at metaphase, when all of the chromosomes are visible.
- The poisoned cells are broken open and placed on a slide—often with a dye to stain the chromosomes to make them easier to see.

Sorting the karyotype

- A microscope with a camera attachment is used to photograph a selection of cells that show the chromosomes.
- The photograph is cut up so that the chromosomes spread randomly within a dividing cell can be arranged in pairs on a piece of paper. Only one cell is used to create the karyotype, but photographs of other cells can provide useful extra information if some of the chromosomes are overlapping and obscuring each other.

Key words

centromere chromatid chromosome karyotype

Chromosomes

- Chrom osom es are structures made of DNA and protein. They are normally invisible in the cell but shorten and thicken during cell division to become visible as small X-shaped bodies.
- The "limbs" of the X are called *chromatids*. The point where they join, the center of the X, is called the *centromere*.

Human karyotype

- A *karyotype* is a picture of the chromosomes as they appear during cell division. Karyotypes are normally arranged to show similar chromosomes in groups or series.
- The human karyotype shows 22 pairs of chromosomes and one "pair" that consists of two chromosomes that are the same in females (XX) but slightly different in males (XY).
- The "pair" of chromosomes that are different in males and females are called the sex chromosomes and deal with the inheritance of gender in humans. All of the chromosomes that are not sex chromosomes are called autosomes.

Human chromosomes



Human sex inheritance



CONTINUITY

81

Key words	
chromosome	
gamete	
genotype	
phenotype	

Sexual characteristics

- There are many characteristics that define "maleness." Some are structures that are not present in females, e.g., penis, testes. Some are slight differences in structures that exist in both genders, e.g., facial hair.
- Such a large package of characteristics cannot be controlled by a single gene. However, all of these characteristics are inherited as a package that implies they are linked together in some way.

The sex chromosomes

- One pair of *chromosomes* is different in males and females. These are the sex chromosomes and contain the package of genes that determine whether an individual is male or female.
- Females have two X chromosomes while males have one X and a shorter Ychromosome.

Sex inheritance

- A male will produce gametes that contain one chromosome from each homologous pair found in normal body cells. This means that half of the gametes will have a single X chromosome and half will have the corresponding Y chromosome.
- Females, with two X chromosomes, only produce gametes with X.
- If a sperm carrying an X chromosome joins with an egg, it produce XX-a female cell. A sperm containing a Y chromosome would produce XY-a male.

Key words

factor VIII

The sex chromosomes

- Females have two X chromosomes while males have one X and a shorter Y chromosome. Genes on these chromosomes are described as sexlinked.
- Traits such as colorblindness and hemophilia are sex linked.

Hemophilia

• Hemophilia is a condition in which blood does not clot. This leads to serious bleeding following even small cuts. Hemophilia is caused by a lack of a blood chemical called *factor VIII*. The gene that codes for factor VIII is on the X chromosome (H_x). The Y chromosome, which is shorter, is missing the corresponding part.

Carriers and sufferers

- A woman with a faulty gene on one X chromosome (^hX) will produce factor VIII. She will not suffer from the illness but could pass it on to her offspring through the damaged gene on one X chromosome.
- The shorter Y chromosome has no space for the factor VIII gene. If a male has the defective gene on his single X chromosome, he suffers from the disease.
- Males get an X chromosome from their mother and a Y chromosome from the father. A father cannot pass on the faulty factor VIII gene because he does not pass on an X chromosome.

Human sex linkage: hemophilia



Amniocentesis

Amniocentesis



CONTINUITY

83

Key words

amnion Down syndrome fetus

The amniotic fluid

• The growing *fetus* is protected by fluid produced by a membrane called the *amnion*. This amniotic fluid contains fetal cells floating freely around in it.

Amniocentesis

• Around the 16th week of pregnancy, a fine needle is inserted into the amniotic sac and a small sample of fluid containing some fetal cells is withdrawn. The technician carrying out this procedure uses ultrasound imaging to direct the needle—if it were to scratch the fetus, it could cause potentially serious complications for both mother and child. For this reason, the benefits to be gained from the procedure must be weighed carefully against the risks.

Analysis of fluid

- The amniotic fluid sample is centrifuged to separate out the floating cells. These are cultured and can be tested for a variety of abnormalities. One of the commonest tests is for *Down syndrome*.
- In Down syndrome the cells of the fetus have 47 chromosomes instead of 46. The extra chromosome is found with the 21st chromosome. As the baby develops, a number of problems arise. He or she will grow slowly and fail to reach full adult development either physically or mentally.

Key words

allele dominant gene genotype

Multiple alleles

- *Alleles* are different forms of the same *gene*. So the gene for the major ABO blood groups in humans exists in three forms or alleles: A, B, and O.
- A and B are both *dominant* to O. If the A gene is present, the red blood cells will have a protein on their outer surface called protein A In genetic diagrams the dominant allele is usually shown with a capital letter and the corresponding recessive factor is shown with a lowercase letter.
- If the B gene is present, the proteins on the red blood cells will be type B.
- If the O gene is present, the blood cells will not contain either of these proteins.

Inheritance of blood groups

- The blood groups of the ABO system are determined by three major alleles: A, B, and O. Both A and B are dominant (I^A, I^B), while O is recessive (i^O).
- The ABO alleles follow the standard rules for a monohybrid cross—a cross in which only one pair of traits is considered. If a parent with AA (blood group A) is crossed a parent with BB (blood group B), the offspring will be AB. This means that they will have both protein type A and type B on their red blood cells. They will belong to blood group AB.
- If a parent is AO, he or she will be blood group A because A is dominant to O. If this parent is crossed with someone with *genotype* BO, the offspring will distribute themselves in the same ratio as: one AB: one AO: one OB: one OO. This gives the individual a 25 percent chance of being blood group AB, A, B, or O.

Inheritance of blood groups



Chromosome mutation: types

Inversion

Types of chromosome mutation

Y

Χ

Υ

X

Y

X

Deletion



G

н

chromosome added on CONTINUITY

85

Key words

chromosome aene

Chromosome mutations

• Chromosome mutations involve complete packages of genes rather than individual genes. For this reason their effects can be very far-reaching.

Deletion

• In deletion, a portion of a chromosome is lost. This affects the coding of proteins that use the DNA sequence as well as other amino acids that are supposed to be coded from the sequence.

Inversion

• In inversion, a portion of the chromosome is reversed. This affects the order of the bases in the genetic code, usually making it impossible to read successfully.

Translocation

• Translocation involves a piece of DNA within a chromosome being moved to a different position or even a different chromosome. This effectively shuffles the genes available to an organismpossibly producing improved varieties.

Duplication

• In duplication, a portion of DNA in a chromosome is copied and re-inserted into the chromosome. Since there is no increase in the number of genes, the effects of duplication tend to be small.

Key words

chromosome genotype mutation

Chromosome mutations

- *Chromosom e* mutations involve complete packages of genes rather than individual genes. For this reason their effects can be very far-reaching.
- Some *mutations* involve adding or removing a complete chromosome. These are usually lethal, although the sex chromosomes (XY) seem to be able to suffer from these sorts of mutations and still produce viable, if damaged, offspring.

Klinefelter's syndrome

• Individuals are male but possess an extra X chromosome to be XXY Their sexual development is defective, and they are often sterile—unable to produce sperm. They may have enlarged breasts and abnornmal body proportions.

Triple X syndrome

• Individuals with triple X syndrome possess an extra X chromosome to give them a *genotype* of XXX. The extra chromosome in this instance seems to have very little effect.

Turner's syndrome

• The ovum that produced an individual with Turner's syndrome was formed without an X chromosome. If this ovum meets a sperm containing an X chromosome, a viable female is formed, although she is almost always infertile. If the ovum meets a sperm with a Y chromosome, a viable embryo cannot be formed.

Chromosome mutation: syndromes



Gene mutation: types



CONTINUITY

87

Key words

codon gene mutation polypeptide chain

Gene mutations

- Gene *mutations* involve changes in the base sequence (the order of nucleotide bases) of the DNA of a *gene*. Almost all of these changes will be harmful and lead to a malfunction of the gene. Sometimes they can produce a new gene, which produces a characteristic that is better suited to the environment.
- Gene mutations fall into three categories: substitution, insertion, and deletion.

Substitution

• In a substitution mutation a single base is changed for another one. Since the single base only figures in one *codon*, the damage is limited to changing one amino acid in a *polypetide chain*. This could be significant if the amino acid were in a critical place on the chain or had a very specific function in the molecule.

Insertion

• Insertion involves adding a base to a sequence of DNA. The extra base will disrupt all of the subsequent codons because they will now be out of sequence.

Deletion

• Deletion removes a single base. This also disrupts all subsequent codons because the "gaps" between the codons are now in the wrong place.

Key words

codon polypeptide chain

Sickle-cell anemia

- Sickle-cell anemia is a disease of the red blood cells caused by an error in one triplet of one of the *polypeptide chains* in beta (β) hemoglobin.
- Sufferers from sickle-cell anemia have red blood cells that are irregular shapes, often crescent moon or sickle shapes, which cannot carry oxygen as well as normal blood cells. This leads to a general lack of energy in the sufferer. Their abnormal shape also means that they tend to get stuck in small blood vessels, leading to painful clots.

Glutamine to valine

- The sickle-cell mutation involves a single triplet substitution from CTC (Cytosine/Thymine/Cytosine) to CAC (Cytosine/Adenine/Cytosine). This change leads to the amino acid valine (VAL) being added to the polypeptide chain in place of glutamine (GLU). This change leads, in turn, to other problems with the three-dimensional shape of the hemoglobin formed, and therefore with its functionality.
- Since the gene mutation is a base substitution, only one of the *codons*, and so one of the amino acids, is affected. In certain areas of the world, sickle-cell anemia offers a degree of protection against the malaria parasite.

Gene mutation: sickle-cell shape



Gene mutation: sickle-cell anemia



CONTINUITY

89

Key words

hemoglobin heterozygous homozygous polypeptide chain recessive

Sickle-cell anemia and trait

- Sickle-cell condition is caused by a defective gene for the protein beta *hem oglobin*. The defect is a single base, which leads to valine being substituted for glutamine in the *polypeptide chain*.
- If an individual has two sickle genes (Hb^sHb^s), they will suffer form the full condition and exhibit symptoms.
- A *heterozygous* individual with only one sickle gene (Hb^AHb^S) will show sickle-cell trait. In sickle-cell trait, symptoms are not visible, and the blood can appear normal except in conditions of low oxygen (e.g., airplanes, some surgical procedures), when complications can occur.

Inheritance of sickle-cell gene

- The sickle-cell gene is a *recessive* allele inherited following all the normal rules for monohybrid crosses. The gene is not sex-linked and is equally common in men and women.
- A hom ozygous normal parent (Hb^A, Hb^A) crossed with a homozygous sickled parent (Hb^SHb^S) will produce offspring that are heterozygous and will have sickle-cell trait (Hb^AHb^S).
- In order to produce children with the full sickle-cell condition, both of the parents must possess at least one sickle-cell allele (e.g., two parents with sickle-cell trait).
- Sickle-cell genes are more common in Africans and their descendants than other racial groups.

Key words

fossil record species

Primitive and advanced

• Primitive characteristics are characteristics that existed prior to a more advanced form that developed from it. Primitive does not always mean simpler, as some forms of development occur that involve loss of structures and complexity. Primitive and advanced can only be used when referring to particular pairs of characteristics, and a characteristic may be primitive in one relationship but advanced in another.

Increase in size

• The development of the modern horse is well-documented through the *fossil record*. A gradual increase in body size is noticeable over millions of years as primitive forms gave rise to larger, more advanced *species*.

Decrease in complexity

- As the body size increased from the smallest *Hyracotherium* of the Eocene era (roughly 50 million years before present) to the largest *Equus* (the modern horse), there was a parallel fall in complexity of forefoot bones.
- The entire weight of the horse is now borne on the third digit, with the other digits much reduced in size and importance.

Evidence for evolution: primitive and advanced



Evidence for evolution: adaptive radiation



91

CONTINUITY

Key words



Key words

continental drift

Continental drift

- The landmasses on Earth's surface are constantly moving. They are carried by immense forces generated by convection currents in the liquid rock in the mantle of the planet.
- Scientists can observe these movements using satellite images that show, for example, that the North American and Eurasian landmasses are moving apart by approximately one centimeter every year. This movement is called *continental drift*.
- By plotting these movements backward, we can reconstruct the landmasses as they were millions of years ago. At one point 250 million years ago, all the continents were combined in a single landmass called Pangaea (Greek for "all land"). Over millions of years, this broke up into our present-day continents.

Fossil relatives

- The Mesosaurus is a type of lizard that is now extinct. Its fossils are found only in South America and South West Africa.
- This surprising fact is easily explained by continental drift. When Mesosaurus was alive, South West Africa and South America must have been joined.
- This is evidence for a single species on a single landmass rather than two identical species having to evolve separately—a far less likely scenario.

Evidence for evolution: continental drift



Classification of living organisms

Tree diagram of living organisms



DIVERSITY

Key words

bacterium chlorophyll photosynthesis virus

Prokaryotes

• Prokaryotes are the simplest living organisms and include all living things without a proper membrane-bound nucleus. All prokaryotes are microscopic, and they include *bacteria* and *viruses*.

Eukaryotes

- Eukaryotes are organisms with membrane-bound structures present in their cells. The most obvious of these structures is the nucleus.
- Eukaryotes can be single or multicellular and are more complex than prokaryotes.

Types of eukaryote

- Eukaryotes can be split into four main groups: unicellular organisms, fungi, plants, and animals.
- Eukaryotic unicellular organisms include the Protista and a range of microscopic algae.
- The fungi are plantlike organisms that do not possess *chlorophyll* and depend on organic matter from other organisms for food. Many fungi are important in decomposition and decay in the environment.
- Plants are organisms that carry out *photosynthesis*. They typically have cellulose-rich cell walls.
- Animals depend on plants or other animals for food. They do not possess cell walls or chlorophyll. Almost all animals are multicellular.



DIVERSITY

Key words

bacterium	plasma
cytoplasm	membrane
mesosome	plasmid
organelle	ribosome
photosynthesis	

Classification

- *Bacteria* are prokaryotes and so are unicellular organisms that do not possess membrane-bound *organelles*. All are microscopic. Some carry out *photosynthesis* while others require an external source of organic matter and are involved in decomposition and decay.
- Bacteria are sorted into groups depending on their cell shape and how these cells stick together.

Cellular structure

- Bacteria contain a single large molecule of DNA that floats freely within the *cytoplasm* of the cell. Other smaller circles of DNA called *plasmids* also exist and can pass between bacteria to carry genes between types.
- The outer surface of the cell is sometimes covered by a slime layer. Inside this is a cell wall.
- Sometimes present is a flagellum a long, whiplike structure that can thrash about to propel the cell forward. Smaller hairs called pili behave in a similar way.
- The *plasma membrane* is found inside the cell wall. It has a number of processes called *mesosomes* that protrude into the center of the cell. They are associated with the synthesis of DNA and the secretion of proteins.
- Other structures include *ribosomes* (site of protein synthesis), and food reserves—oil globules (fat stores) and starch grains (food stores).

Kingdom Monera: Bacteria



Kingdom Protista: Amoeba



95

DIVERSITY

Key	words	

contractile	pseudopodium
vacuole	
exocytosis	
nucleus	
organelle	

Classification

- Protists are eukaryotes and so possess membrane-bound organelles-specialized regions in the cell that carry out particular functions.
- Protists have a fully developed nucleus, but despite this, all are unicellular, microscopic organisms.
- The genus Amoeba is an example of a non-photosynthetic protist that eats smaller microorganisms.

Cellular structure

- Amebas are microscopic, in the size range 0.0004-0.004 inches (10-100 microns), and are usually invisible to the naked eye. A few of the largest species are just visible.
- An ameba has a single nucleus and a simple contractile vacuole, which pumps fluid from within the cell to the outside by alternately filling and then contracting. It functions in maintaining osmotic equilibrium, regulating the body's salt and water balance
- An ameba is bounded by a plasma membrane, and its shape can change as cytoplasm contained within the cell flows forward. The cell bulges outward in some places to create a pseudopodium.
- Amebas feed by throwing pseudopodia around a prey organism and engulfing it in a vacuole. Enzymes are then secreted into this vacuole to digest the food and allow it to be absorbed into the ameba. Indigestible remains are ejected from the cell by exocytosis.
- The endoplasm, the cytoplasm near the ameba's nucleus, is highly granular, but the area immediately below the cell membrane is clear: this is called the ectoplasm.



DIVERSITY

Key words

buccal cavity	vacuole
cilium	
nucleus	
organelle	
osmoregulation	

Classification

- Protists are eukaryotes and so possess membrane-bound *organelles*, including a fully-developed *nucleus*. All protists are unicellular microscopic organisms.
- A *Paramecium* is a water-dwelling, non-photosynthetic microorganism that ingests small algae and bacteria for food.

Cellular structure

- A *Paramecium* is covered with small hair-like structures called *cilia*. These beat in coordinated patterns to drive the *Paramecium* through the water. Trichocysts are the structures embedded in the cell that produce the cilia.
- The oral groove, a deep groove in the surface of the *Paramecium*, leads from the oral vestibule to the *buccal cavity* (the oral region) and cytosome (mouth), where food can be engulfed to form a food *vacuole*. Enzymes are released into this vacuole to digest the food and allow it to be absorbed into the cell. Cilia beat to create currents that push food into this area. After digestion, the vacuoles fuse with the cytoproct, which empties the cell's waste material to the outside.
- The nucleus in *Paramecium* is complex, with two components: the macronucleus, which controls most of the functions of the cell, and the smaller micronucleus, which is concerned with reproduction.
- Osm oregulation, the regulation of the body's salt and water balance, depends on contractile vacuoles that collect excess water in the cell and then burst to expel it.

Diagram Visual Information

0

Kingdom Protista: Paramecium



Kingdom Protista: Spirogyra



cytoplasmic lining

DIVERSITY

97

Key words

cellulose vacuole chloroplast cytoplasm photosynthesis pyrenoid

Classification

• The *Spirogyra* is unusual in that it is a multicellular protist and can form large mats of intertwined filaments (top left diagram) clearly visible to the naked eye.

Cellular structure

- The most noticeable component in the *Spirogyra* cell is the large spiralled *chloroplast* that runs around the periphery of the cell immediately inside the cell wall. The presence of the chloroplast means that *Spirogyra* can carry out *photosynthesis*.
- *Pyrenoids* are small structures embedded in the chloroplast that are concerned with the formation of starch.
- The cell wall of *Spirogyra* is made up of *cellulose*, a complex carbohydrate that stiffens the cell wall. Inside this are the plasma membrane and a thin layer of *cytoplasm* surrounding a central *vacuole* enclosed by a membrane called the tonoplast.
- The large nucleus is suspended in the center of the cell by strands of cytoplasm.

Multicellular protists

• Spirogyra cells join end to end to create long filaments that are clearly visible with the naked eye. Growth of the filament occurs when a cell divides into two. Any cell in a filament is able to do this.

DIVERSITY

Key words

enzyme mycelium organic matter photosynthesis spore

Classification

- Fungi cannot carry out *photosynthesis*. *Enzymes* secreted by the fungus digest *organic matter* externally before it is absorbed into the cell. Many fungi have complex reproductive structures that are often the only part of the organism visible to the naked eye.
- *Rhizopus* is a mold that grows on damp bread and other foods. It is seen as a white network of fine hairs, often with very small black pinheads.

Structure

- The main body of the fungus is a network of tiny interconnected threads called hyphae. Hyphae are tubular structures that can branch and fuse to produce a network called a *mycelium*.
- Fungi do not have true cells: hyphae are cut up into cell-like sections, but the cross walls do not fully join in the middle to separate these parts.
- The large surface area provided by the mycelium allows both the rapid secretion of enzymes to break down food substrates and the absorption of the products into the body.
- Certain hyphae are specialized to produce *spore*-containing bodies called sporangia. The sporangia are often black in color. These burst when ripe to release single-celled spores that float on the air until they find a suitable

to grow. Here they produce another mycelium.

Kingdom Fungi: Rhizopus



place

Kingdom Plantae: classification



99

DIVERSITY

Key words

cellulose chlorophyll spore

Plantae

- Members of the Plantae all share a number of features: they all possess *cellulose* cell walls. The majority also possess *chlorophyll* and have vessels or tubes inside their bodies to carry water.
- Most are multicellular, and some are very large.
- The Kingdom Plantae is divided into Bryophyta, which lack anatomical differentiation between leaves and roots, and Tracheophyta, which are characterized by the presence of vascular tissue and the differentiation of parts into roots, stems, and leaves. Tracheophyta, in turn, are divided into Pteriodophyte, plants that reproduce by spores, and Spermatophyta, plants that produce seeds.

Bryophyta

• These are the mosses and are primitive plants that are small (they never grow more than a few centimeters high) and can only survive in damp areas. They reproduce by *spores*.

Pteridophyta

• These are the ferns and are larger than mosses but are still confined to fairly damp places. They reproduce by spores.

Gymnospermae

• The gymnospermae include coniferous trees and include some very large plants. They produce seeds but do not have full-developed flowers.

Angiospermae

• These are called the flowering plants since they have both true flowers and seeds and fruits. They are the most successful and advanced plants and can survive a huge range of conditions. O Diagram Visual Information Ltd.



DIVERSITY

1			-
КO		10	
	7	1 0	-

gamete	zygote
gametophyte	
photosynthesis	
spore	
sporophyte	

Bryophyta

• Members of the bryophyta are small, simple green plants that carry out *photosynthesis*. They are restricted to require water for reproduction. They include the liverworts and the mosses.

Liverworts

- Liverworts consist of a flattened branching structure called a thallus, which has no obvious division into leaves and stems. Root-like structures called rhizoids grow out of the lower surface to anchor the plant and to take up nutrients.
- The sexual parts of liverworts are contained in inconspicuous structures known as antheridia (male) and archegonia (female). These develop on separate plants and are borne on stalked antheridiophores and archegoniophores, respectively. Fertilization takes place when raindrops splash sperm to female plants. The sperm swim down the canal in the archegonium to the chamber containing the egg. The resulting *zygote* begins the sporophyte generation. Spores subsequently develop and are dispersed by air currents. Once they settle in a moist environment, they germinate, and the gametophyte generation begins again.

Mosses

- Mosses have clearly identified stems with leaves attached.
- Reproduction involves sporophyte and gametophyte generations. The tiny sporophyte (spore-producing moss plant) is attached to the top of the moss gametophyte (gamete plant). It consists of a seta (slender stalk) and a terminal capsule (sporangium), which produces spores. As the sporophyte dries out, the capsule releases its spores, which will grow into a new generation of gametophytes upon germination.

Kingdom Plantae: Bryophyta



Kingdom Plantae: Pteridophyta



101

DIVERSITY

Key words

bilateral sp symmetry zy gamete gametophyte spore

sporophyte zygote

Pteridophyta

- Members of the Pteridophyta range from small clubmosses to very large tree ferns, which can grow to 9 feet (approx. 3 m) with fronds that stretch up to 6 feet (approx. 2 m) in length.
- All pteridophytes are restricted to damp areas, although they are able to survive drier conditions than liverworts and mosses.

Adult form

• The typical form for a pteridophyte is a central rhizome (a horizontal underground stem) with long fronds growing out of it. The fronds support flat leaves, which grow out from a central stalk. The leaves are *bilaterally sym metrical* with a central stalk and flat leaflets called pinna on either side.

Reproduction

- The visible fern plant is the *sporophyte* generation. It produces *spores* from sporangia borne on the underside of the leaf. These sporangia are called sori and produce spores that resemble a rusty brown powder.
- The spores produced by the sori will develop into the *gametophyte* generation, which gives rise to reproductive cells. This plant is very small and requires very damp conditions to survive. If these conditions are available, it will develop and produce *gametes* that will fuse to produce a *zygote* (a fertilized ovum), if gametes of the other gender are available. This zygote then grows to produce an adult fern.

DIVERSITY

Key words

diploid secondary thickening seed

Seed plants

- Gymnospermae are plants that produce true *seeds*. These seeds are different from the spores produced by mosses and ferns because they are *diploid*—they contain pairs of chromosomes—and develop directly into adult plants.
- Gymnosperms are able to survive drier conditions than bryophytes and pteridophytes and are found in many harsh environments.
- Gymnosperms are divided into three main groups: coniferous plants like pines, fernlike plants called cycads, and a small and rare group of highly specialized plants called gnetales.

Adult form

- Pines and cycads both show *secondary thickening* in their stems, which means that they can form tall, strong structures. The woody stems give rise to branches that grow out from the sides and, in turn, produce smaller branches.
- Growth occurs at the apical bud at the apex or terminal position on the branch.
- The leaves of all gymnosperms are waxy and resist water loss well.

Reproduction

- Gymnosperms produce enclosed seeds held in cones. Male and female cones are separate structures. The female cones tend to be woody and are covered by ovuliferous scales, which protect the developing seeds. In the mature cone, the scales curl to release the seeds.
- Cones that do not separate open up so that the seeds, which are equipped with a wing to aid dispersal by the wind, are released.

Kingdom Plantae: Gymnospermae



Kingdom Plantae: Angiospermae





103

DIVERSITY

Key words	
anther	pistil
carpel	pollen
gamete	stamen
ovary	stigma
ovule	stula

Flowering plants

- Angiospermae are plants that produce true seeds and fruits from flowers.
- Angiosperms are the most successful group of plants: they can survive a much wider range of environments than other groups.
- Almost all human food comes from angiosperm species, with the grass family, including wheat, corn, rice, and barley, contributing the largest proportion.

Adult form

- Angiosperms are a very wide group and range from tall woody trees to small floating water plants with almost no stem. However, they all have flowers that produce seeds.
- Angiosperms generally have a central stem bearing side branches with leaves that tend to be smaller than the large fronds of ferns, and flatter and wider than the needles of pines. Roots tend to be well developed, and waterconducting tissues in angiosperms are more advanced than in any other plant group.

Reproduction

- Reproduction depends on flowers, which contain the sex organs of the angiosperm. The *stamen*, the male portion of the flower, produces and stores *pollen*, microspores containing male *gametes*. The stamen consists of *anthers* (containing two pollen sacs) posted on stalks called filaments. The *pistil* or *carpel*, the female reproductive organ of the flower, consists of: the *stigma*, the *style*, the *ovary*, and the ovule.
- The male gamete tends to leave the flower when it is produced, while the female gametes are retained in the ovule for the whole of their life cycle. Angiosperms also produce fruits that aid in the dispersal of seeds.

Ltd.



DIVERSITY

Key words

diploid gametophyte haploid meiosis	sporophyte zygote
meiosis	
mitosis	

Flowers

• The Angiospermae are the only group of plants with fully-developed flowers. They also produce specialized structures to support dispersal and germination of the seeds produced.

The sporophyte generation

- As with all plants there are *sporophyte* and *gametophyte* generations. In angiosperms, the sporophyte generation is the visible plant and it is *diploid*; i.e. When mature, the *sporophyte* generation produces *haploid* gametes by *meiosis*. The gametes fuse during fertilization and the diploid number is then restored.
- The male gametes (the pollen grains) are produced by meiosis in anthers (b, c). These are released at maturity (d) and pass to the stigma of the ovule. The ovule contains the female gamete.

The gametophyte generation

- Angiosperms are unique in that they undergo double fertilization. Following pollination, the pollen grain germinates on the stigma of a flower of the same species, and the pollen tube grows down through the style to an ovule in the ovary (e). Two sperm nuclei enter the embryo sac. One fuses with the egg nucleus, leading to the formation of a *zygote*, while the other fuses with the two polar nuclei in the center to produce an endosperm nucleus (f). *Mitosis* then leads to the formation of the embryo and cotyledons.
- Another pollen grain nucleus fuses with other nuclei in the egg sac to form a storage tissue called endosperm (g).
- The seed is diploid and produces the larger sporophyte generation (h).

Kingdom Plantae: Angiospermae: life cycle



Kingdom Animalia: classification



DIVERSITY

105

abdomen exoskeleton invertebrate thorax vertebrate	

Backbone

- Animals are classified at the first level by the presence of a backbone: those with backbones are called *vertebrates* those without are *invertebrates*.
- Most of the lower animals are invertebrates and include a range of soft-bodied animals ranging from plantlike Porifera and worms through through "spiny-skinned" Echinodermata to Arthropoda.

The Arthropoda

• The arthropods do not possess bones but do have a hard structure surrounding their bodies called an *exoskeleton*. The most successful group of arthropods are the insects, which have three pairs of jointed legs and a segmented body divided into three parts: head, *thorax*, and *abdomen*.

The vertebrates

- Almost all large animals are vertebrates and have a well-developed backbone and a complex nervous system. Vertebrates are also called Chordata.
- The most primitive chordates are the cartilaginous fish (the Chondrichthyes), which do not possess true bone but rely on tough cartilage. The most well-known species in this group are the various types of shark.
- Mammals are the most successful group and are warm-blooded, possess fur, give birth to live young, and feed them on milk produced by the mammary glands.

DIVERSITY

Key words

cilium
gamete
life cycle
osculum
substrate

Invertebrates

• The Porifera or sponges are a primitive group of invertebrates. In many ways they look like plants in that they cannot move themselves and spend most of their *life cycle* attached to a firm *substrate*. There is some differentiation within the body, although they do not show the range of cell types present in higher animals

Body structure

- The outer surfaces of Porifera are covered with thin, flattened cells called pinacocytes. Porocytes (cells with pores) located all over the body allow water into the sponge. Because their bodies are hollow, their structure is supported by a soft network of fibers called spongin and/or by hard particles called spicule, which protect the animal. Between the outer body and the spongocoel (the central cavity) is a gelatinous layer called the mesohyal.
- Within the sponge, choanocytes, cells fringed with *cilia*, force water through the spongocoel, bringing in nutrients and removing waste. Ameobocytes take food to other cells. Water leaves the sponge through a large pore, usually at the top of the body, called the *osculum*. The mechanism is very efficient, with some sponges processing 20,000 times their own volume of water in 24 hours.

Reproduction

• Sponges reproduce sexually and asexually. Male *gametes* are released into the inner space and pass out through the osculum. These sperm are collected by other sponges, and female gametes are fertilized internally. Sponges can also reproduce asexually through the production of buds.

Kingdom Animalia: Porifera

Typical poriferan

Colony of ascon-type sponges: external view



Kingdom Animalia: Cnidaria



107

DIVERSITY

Key words

colonial polyps epidermis exoskeleton gastrodermis mesoglea

substrate tentacle

Invertebrates

• Cnidaria are invertebrates that can be divided into two major groups: the colonial polyps that live their lives attached to a substrate, and the freefloating medusa-like forms that drift around in the oceans.

Body structure

- Colonial polyps are enclosed in a transparent, chitinous exoskeleton called the perisarc. Inside is living tissue, collectively called the coenosarc.
- Colonial polyps have a body made up of branched tubular structures specialized for feeding or reproduction.
- The feeding polyp, the hydranth, is enclosed in a thin chitinous cup called the hydrotheca. The mouth is located at the opening of the gastric column atop a low mount called the hypostome. It is surrounded by a ring of tentacles used to entangle and inject poison into small prey. Food is pushed into the gastrovascular cavity, where it is partially digested and distributed to all parts of the body.
- The reproductive polyp consists of an elongated cylinder called a gonotheca enclosing a blastostyle, a column that bears small medusa buds produced asexually. These eventually develop into medusae, which when mature break free and swim out the aperture of the gonotheca into the sea.
 - Obelia Medusa, shown bottom left, begins life as a polyp. The polyps, in turn produce medusae, or jellyfish, which reproduce sexually and, in turn, produce polyps.


Key words

gut hermaphrodite parasite

Invertebrates

• The Platyhelminthes or flatworms are a group of invertebrate worms that include two significant *parasites* of humans: liver flukes and tapeworms. They show extensive differentiation of cell types and have relatively complex bodies with a well-developed nervous system, including sense organs that respond to certain chemicals and light.

Body structure

- The flatworms or turbellarians have flattened bodies that allow diffusion of oxygen into every cell in the body. Carbon dioxide diffuses easily the other way. Consequently, they do not have a functional circulatory system.
- The *gut* in flatworms is often highly divided and reaches into the majority of the body. Again, this is required since they have no circulatory system to distribute food materials easily. The mouth of the gut also functions as the anus, and waste materials are passed out of it even as fresh foods are being drawn in.
- Flatworms are *hermaphrodite*—they have both male and female sex organs—and the parasitic forms like tapeworms and liver flukes have highly specialized life cycles, sometimes involving two hosts and the production of thousands of eggs from a single worm.

Kingdom Animalia: Platyhelminthes



Kingdom Animalia: Platyhelminthes: tapeworm



109

DIVERSITY

Key words

feces gut hermaphrodite host parasite

The intestinal tapeworm

- The tapeworm is a *parasite* that lives inside the human *gut*. It enters the gut when meat containing its larvae is eaten. An ingested larva attaches itself to the gut wall by a sucker and hooks on its head. The body, which can reach up to 20 feet (6 m) in length, then dangles down into the gut space, absorbing food materials and releasing wastes.
- Most of the body of the tapeworm is devoted to reproduction as almost all of the other essential physiological processes are carried out by its *host*. Tapeworms are *herm aphrodite*.

Life in the primary host

• Humans are the primary hosts for tapeworms. The worm consists of a long series of segments called proglottids, which grow from the head (a). The segments are both male and female, and fertilization is internal. As the proglottid ages, it fills with fertilized eggs and is eventually shed from the end of the worm. It passes out of the body in the *feces* (b) and can get into a secondary host if it eats this contaminated feces (c).

Life in the secondary host

- In the secondary host (pigs, cows, and fish act as secondary hosts for different types of tapeworm), the tapeworm eggs hatch into larvae, which burrow into the host's muscles and form cysts (d-e).
- If meat from an infected animal is not cooked properly before it is eaten, the cysts can reach the intestine and develop into a new tapeworm (f).

Key words

cyst
feces
gut
host
life cycle

Liver flukes

• Liver flukes infect a number of species including sheep, cattle, and humans. They have a complicated *life cycle* involving two *hosts* and can damage both hosts to some extent. They do not, in fact, live in the liver of the primary host but in the bile ducts.

Flukes in sheep

- A fluke enters the primary host when food containing a liver fluke larva (metacercaria) is eaten (i). The metacercaria develops in the *gut* to form a small worm that burrows through the intestine wall into the abdominal cavity. Here it migrates to the liver and burrows through it to reach the bile duct (a). It is this burrowing through the liver that damages the host.
- The adult flukes live in the bile duct leading from the liver to the gut. They produce eggs here and these pass into the gut and are expelled in *feces* (b).

Disaccharides

- The eggs hatch in water (c) to form a ciliated miracidium. This larval form can infect the secondary host, a species of water snail (d).
- Inside the snail, the miracidium becomes a sporocyst, which changes into a redia (e). The redia then produces a very small tadpole shaped cercaria, which leaves the snail and goes onto grass (f-h). There it forms a shell (is encysted) (i) and waits to be eaten (j). The stomach acids in the animal eating the contaminated food dissolve the *cyst*, and the liver fluke moves to the bile ducts and restarts the cycle.

Kingdom Animalia: Platyhelminthes: liver fluke



Kingdom Animalia: Nematoda

Typical nematode



111

DIVERSITY

Key words

buccal cavity gut hermaphrodite

Distribution

• Nematodes are the most numerous multicellular organisms on Earth, with over 20,000 different species known. A handful of soil will typically contain many thousands of the worms.

Nematode structure

- Nematode bodies typically have 1,000 cells, with a large proportion of these in the reproductive system.
- A gut reaches from the mouth at the anterior end to the anus at the posterior end. The mouth often has adaptations to aid the nematode in its diet. Some species have a sharp tubular structure that can penetrate cells and suck out the contents. Nematodes that feed on living prey have teeth-like structures. Nematodes that feed on bacteria can suck fluids into the *buccal cavity*, a triangular or cylindrical tube where digestion begins.

Reproduction

- Nematodes reproduce sexually and have male and female forms as well as *herm aphrodite* ones. Where the species is hermaphrodite, the worm is male first and then develops female organs.
- Male nematodes have copulary spicules used to hold the female during reproduction. The male nematode usually has a single testis that produces ameboid spermatozoa, which are released into the female vulva to give internal fertilization. The female form is usually larger than the male and has one or two ovaries. Eggs are laid that hatch to form new worms.



Key words

alveolus feces intestine larva

Ascaris lumbricoides

• Ascaris lumbricoides or roundworms infect humans and pigs. The species can pass between humans and pigs in a manner similar to that of tapeworms but with the added complication that in humans the worm also passes through the lungs.

Reproduction and life cycle

- Adult females in the *intestine* produce eggs that pass out in the *feces*. A typical female can produce up to 200,000 eggs every day.
- The eggs can be ingested with contaminated food or water and form the first stage *larvae*. These burrow through the intestinal wall into the bloodstream and pass through the liver to the lungs. In the blood vessels of the lungs, they develop into the next stage and move into the *alveoli*.
- The larvae in the lungs are coughed up and pass down into the stomach and then to the small intestine. It is in the small intestine that they complete development to become sexually mature adults.

Kingdom Animalia: Nematoda: life cycle

Roundworm life cycle

Ascaris lumbricoides adults in human intestine



Kingdom Animalia: Annelida



113

DIVERSITY



hermaphrodite segment

Earthworms

• The 2,700 earthworm species are members of the annelida.

Body structure

- Earthworms have a segmented body, with each *segment* bearing the same fundamental structures.
 - Visible external structures include the setae, tiny bristles that allow the worm to grip surfaces to help with movement.
 - Earthworms have no eyes, but they do have lightsensitive cells on their outer skin that help them detect light levels.
 - Earthworms eat by pulling food into their mouth using their prostomium.

Reproduction

• Earthworms are *hermaphrodite* but cannot fertilize their own eggs. Sperm travels from the opening of the vas deferens along the seminal groove to the clitellum.

• When two earthworms copulate, they lie side by side and head to tail so that the clitellum segments in each are opposite the segments containing the sexual organs of the other. Each exchange sperm, which is stored in internal sacs called spermathecae. The clitellum then secretes a slime tube, the cocoon, around each animal.

- The earthworm then wiggles out of the tube headfirst. While the tube passes from the clitellum to the prostomium, it passes over the oviduct, which deposits eggs into the cocoon, and then the spermathecal opening, which release the stored sperm.
- Once the worm is out of the cocoon, it seals to form an incubator.

O Diagram Visual Information Ltd.



Key words

gill gut hermaphrodite

Mollusks

• There are over 150,000 species of mollusks, and all have a muscular foot for locomotion and a mantle that covers the top of the animal. Many mollusks also have a hard shell made of calcium carbonate. The space between the mantle and this shell often houses *gills*, which can extract oxygen from water.

Clam body structure

- Clams are a good example of mollusks with two hard shells, called valves, that protect the soft body. The largest clams are the giant clams, which can reach sizes of four feet (1.22 m) across. Most clams are only a few inches long.
- Strong muscles, called the adductor muscles, open and close the clam. When it is open, the foot protrudes from between the valves and allows the clam to partially bury itself in the sand on the seabed or riverbed.
- Clams are filter feeders and take in water through two holes called siphons. Food particles can then be extracted and digested in the clam's *gut*. The gut is complete, running from mouth to anus. Flow is one-way.
- Clams reproduce sexually and are not *hermaphrodite*.
- Clams have a developed circulatory system to pass oxygen and food around their bodies.

Kingdom Animalia: Mollusca





Kingdom Animalia: Mollusca: Gastropoda



115

DIVERSITY

Key words		
gaseous exchange gill hermaphrodite tentacle	substrate	

Snail body structure

- Snails belong to the class Gastropoda, which is the largest group in the Mollusca, with up to 75,000 species.
- Snails have a single coiled shell with a space between the inside of the shell and the mantle that allows for *gaseous* exchange. Snails do not have gills, so the mantle acts as a simple lung.
- Snails have developed eyes and *tentacles* and are much more active than some of the other mollusks. Their head is well-developed and has a brain capable of handling a significant level of sensory input.
- Snails have an organ called a radula. This is an area of the body that is toughened and equipped with teethlike projections made of a tough, fibrous material called chitin. Snails use their radula to dislodge food from *substrates*. The radula can break up food, making it easier for the snail to swallow and digest it.
- Snails reproduce sexually, lay eggs, and are not *herm aphrodite*.

Key words

abdomen exoskeleton spiracle thorax

The insects

• In terms of numbers, the insects are the most successful group on the planet. There are both more individual insects and more species of insects than all the species of all other Animalia groups combined.

Insect body structure

- Insect bodies have three regions: the head, *thorax*, and *abdomen*. They have six jointed legs and many have pairs of wings. The whole of the body is covered by a tough *exoskeleton* made of a tough, fibrous material called chitin.
- The head is well supplied with sense organs, including compound eyes that are capable of forming accurate images. The antennae can detect vibrations, and some insects have extremely sensitive chemical detectors that can smell things over huge distances.
- Insects do not possess lungs. Gaseous exchange takes place through holes in the exoskeleton called *spiracles*. These communicate with a network of tubes running throughout the insect body. Insects have no circulatory system and this, combined with the absence of lungs, means that they cannot grow beyond a certain size or they will be unable to get oxygen to the innermost parts of their bodies.
- Some insects (ants, bees) have complex social structures with intricate behavior patterns. These sorts of insects often live in large communities with a single queen, producing most of the young.

Kingdom Animalia: Insecta



Kingdom Animalia: Crustacea



117

DIVERSITY

Key words

abdomen	
exoskeleton	
segment	
thorax	

The Crustacea

• The Crustacea are a mainly marine group including crabs, lobsters, crayfish, and woodlice. Woodlice are terrestrial but need to live in cool damp places to avoid drying out.

Crustacean body structure

- Crustaceans have highly segmented bodies, although in some of the more advanced species the *segments* have fused together into larger blocks. The overall body plan follows standard arthropod structure with head, *thorax*, and *abdomen*, although the head and thorax are fused into a region called the cephalothorax.
- The head is well supplied with sense organs, including two pairs of antennae. In many crayfish and lobster species, a pair of front legs has been highly modified into pincers (chelipeds).
- The marine crustaceans like lobsters and crayfish grow in size by molting their *exoskeleton*, growing rapidly, and then reforming a tough exoskeleton. This can occur a number of times during an animal's life. The molting and redevelopment of the exoskeleton imposes a significant cost on the animal in terms of calcium, and this is recovered from the old exoskeleton before it is shed.
- Crustaceans can lay eggs containing either larvae (small shrimps, lobsters, and crabs) or fully formed, but small, adult forms (crayfish).

Key words

herbivore maxilliped predator segment

The Chilopoda

- The Chilopoda are commonly known as centipedes. There are roughly 3,000 species of centipedes, ranging from about 1 inch (3 cm) in length to 10 inches (26 cm) for some tropical species.
- Centipedes have a single pair of legs on each *segment*, with the front-most ones being modified into claws equipped with poison glands. These front legs are called *maxillipeds* and allow the centipedes to be effective *predators*.
- Eyes are simple rather than compound.
- The upper and lower surfaces of the trunk segments are armored with thickened plates called tergal plates and are joined by a flexible membrane.
- The last division of the body, the telson, is not considered a true segment because it lacks legs.
- Centipedes live mainly in soil and humus and under stones and rocks.

The Diplopoda

- The Diplopoda, commonly known as millipedes, have two pairs of legs on each body segment. The average millipede species (of which there are 10,000) will have between 100 and 300 legs in total, although the *Illacme plenipes* species has 750 legs. Millipede length ranges from 0.08 to 12 inches (2–300 mm) with most species between 2 and 6 inches (50–150 mm).
- Most millipedes are detritivores or *herbivores*. They eat decaying organic matter and plants.
- Eyes tend to be simple.
- Milipedes are nocturnal and avoid becoming prey to the more aggressive centipedes by producing an irritating substance from glands in the thorax. This substance is released when they feel threatened.

Kingdom Animalia: Chilopoda and Diplopoda



Kingdom Animalia: Arachnida



Ventral view

119

DIVERSITY

Key words

abdomen exoskeleton pedipalp segment spiracle

The Arachnida

• The Arachnida has over 6,000 species, including all spiders and scorpions.

Spiders

- Spiders are *segmented*, but their segments are fused into two main parts—the prosoma at the front and the opisthosoma at the rear.
- Arachnids do not have true lungs. Instead, respiration occurs through rudimentary book lungs, which are a series of plates. Air bathes the outer surface of the plates, and blood circulates within them, facilitating the exchange of gases.
- Spiders have eight walking legs that arise from the prosoma. A pair of segmented legs, called pedipalps, at the front of the animal are used to grab and hold prey. The chelicera are used for holding, piercing, and injecting poisons that paralyze the prey.

Scorpions

- Scoprions are large arachnids that live in desert areas. They have a strong exoskeleton and an elongated body.
- The scorpion body is divided into two main segments: prosoma (head) and the opisthosoma (abdomen). The abdomen consists of the mesosoma—containing its book lungs, digestive tract, and sexual organs—and the metasoma or tail, which bears the telson (stinger). The movable tail is curled
 over the back so that the venomous stinger is in position to strike prey.
- Like spiders, scorpions use their pedipalps (claws) to grasp prey and defend against predators. Jawlike chelicera crush the prey and bring food to the mouth.



Key words

gamete

The Echinodermata

- The Echinodermata include over 6,000 species, all of which live in marine environments. The phylum includes the sea urchins and starfishes, but not fish, because echinoderms possess neither gills nor vertebrae.
- Echinoderms are radially symmetrical, which means that their body consists of legs or rays radiating out from a central hub, like a bicycle wheel.

Starfish body structure

- The central area of the starfish contains the stomach and intestines, though these are continuous with tubes that run out along each of the rays. Starfish can take food into their gut but often eat by everting the stomach onto the prey and digesting it outside the starfish body. They can eat bivalves like mollusks by prying apart the shells slightly and then inserting their stomach into the gap. After digestion is completed, the mollusk is just an empty shell.
- Starfish move using many tiny feet on the lower surface of the body. These structures, called tube feet, have suckers on the end that can hold tight to prey.
- Starfish have limited powers of regeneration and can grow back an arm that has been removed given sufficient time and good conditions. In some species, a severed ray can develop into a complete new starfish.
- Starfish commonly reproduce by a process called free-spawning. They release their *gametes* into the water, where they are fertilized by gametes from the opposite sex.

Kingdom Animalia: Echinodermata



Kingdom Animalia: Chondrichthyes



121

DIVERSITY

Key words

calcification gill lateral line

Cartilaginous fish

- The Chondrichthyes is a class of vertebrates that includes sharks, skates, and rays and has about 1,000 living species. None of these species has any real bone, so the group is sometimes known as the cartilaginous fish. Only the teeth in sharks show *calcification* to make a bonelike material, but even here the calcium is laid down in a different pattern than true bone.
- Cartilaginous fish have a long fossil history stretching back 450 million years, and are regarded as more primitive than the bony fish.

Sharks and dogfish

- These animals share the same basic body pattern and are extremely well streamlined. They are both predators, feeding on mollusks and other fish.
- Sharks are ferocious hunters and have a series of sense organs running down their bodies called a *lateral line*. This line can detect minute changes in pressure caused by the presence of fish in the immediate area. Sharks also

have a very good sense of smell and so can detect chemicals in the seawater at very low concentrations. Their eyesight is, however, poor.

• Sharks do not pump water over their gills, Instead, they must move forward at all times to maintain respiration. The gills are found on vertical arches that form the walls of the external gill slits. When water

passes over the gills, capillaries in the gills absorb oxygen from the water. Shark nets kill sharks by preventing them from moving, which effectively drowns them.



Key words

gaseous exchange gill lateral line

Bony fish

- The Osteichthyes have skeletons made of bone and are sometimes called the bony fish. They are a more variable class than the cartilaginous fish and consist of 29,000 species spread across marine and fresh water.
- Bony fish have the good sense of smell and *lateral lines* of cartilaginous fish but also possess good eyesight.

Gaseous exchange

- Bony fish have a flaplike structure called an operculum that covers the *gills* on either side of the body. By moving this operculum the fish is able to draw water across its *gaseous exchange* membranes (the gills) even when the fish is stationary in the water.
- Bony fish also have structures called swim bladders, which allow them to control their buoyancy. Again, this helps the fish remain stationary in water. In some fish, oxygen can be extracted from the air in the swim bladder so that it acts as a very primitive lung.

Fins and skin

- Bony fish have paired fins that help in movement through the water—both in terms of creating a propulsive force and stabilizing the fish's movement. The fins are strengthened by flexible skeletal rays and do not contain muscle.
- The skin of bony fish is covered with overlapping scales.

Kingdom Animalia: Osteichthyes



Kingdom Animalia: Amphibia



DIVERSITY

123

Key words

cloaca gaseous exchange gill metamorphosis

The Amphibia

- The class Amphibia includes over 5,000 species divided into three main groups: the frogs and toads, the newts and salamanders, and the caecilians, which are limbless amphibians that look more like snakes.
- The oldest amphibian fossils are about 360 million years old.
- Amphibians spend part of their lives in water and part on land.

Gaseous exchange

- When amphibians hatch from eggs, they have *gills* for *gaseous exchange* rather like fish. In tadpoles (the juvenile stage for frogs and toads), these gills are external. As the tadpoles age, they lose their gills, the tail shortens, and they develop legs and simple lungs. The *metamorphosis* is complete when the tadpole leaves the water as an adult frog.
- Adult frogs carry out most of their gaseous exchange through their skin, which is kept permanently moist for this purpose. Residual lungs are present but probably make a limited contribution to gaseous exchange. Close contact with the environment may explain the recent decline in amphibian species numbers across the globe, as pollutants build up in the environment.

Reproduction

• Amphibians fertilize their eggs in a variety of ways. Most frogs and toads employ external fertilization. Male salamanders deposit a packet of sperm onto the ground, and the female then pulls it into her *cloaca* where fertilization occurs internally. Caecilians and tailed frogs use internal fertilization just like reptiles, birds, and mammals.



Key words	
amnion lu egg fetus gaseous exchange	ung

The Reptilia

- The class Reptilia includes over 7,000 species divided into two very large groups: the snakes and the lizards, and smaller numbers of turtles and crocodiles.
- Reptiles are found in a wide range of environments, from marine and freshwater to dry deserts.

Life in dry areas

- Reptiles can survive in drier areas than amphibians because their eggs are surrounded by an extra membrane called the *amnion*. This membrane helps to reduce water loss from the developing *egg* and *fetus*.
- Reptiles have *lungs* for *gaseous exchange* throughout their lives. Their heart and circulatory systems are welldeveloped, with minimal mixing of oxygenated and deoxygenated blood in the heart, although the separation of the two is not complete as it is in mammals and birds.
- Reptiles do not generate enough heat to maintain their body temperature. Instead, their body temperature varies. Certain behavior does help to moderate the effect of external temperature, e.g., some lizards move into sunlight on cold mornings to absorb more heat.
- Most reptiles display elaborate courtship rituals.
- Reptile fertilization is internal: the male's sperm fertilizes the female's eggs inside the female's body.

Kingdom Animalia: Reptilia



Kingdom Animalia: Aves



DIVERSITY

125

Key words

double circulation metabolism

The Aves

- The class Aves, or birds, includes about 10,000 species, and the group is present in almost every environment and across every continent.
- Birds are characterized by the adapatations needed for the strenuous muscle activity required for flight.

Wings

- A bird's wing is composed of three limb bones: the humerus, ulna, and radius.
- The primary feathers, attached to the carpometacarpus, propel the bird through the air. They are the largest of the flight feathers and are the farthest away from the body. The secondary flight feathers run along the ulna of the wing and sustain the bird in the air, giving it lift.
- A group of feathers attached to the alula reduce turbulence and drag, and also assist with steering.

Warm blooded

- Flight requires a rapid *metabolism*, and birds maintain their body temperature above the environmental temperature.
- Avian circulatory systems are well developed, with complete separation of oxygenated and deoxygenated blood in a *double circulation* system. This increases the rate at which oxygen can be supplied to the powerful flight muscles.

Reproduction

- Fertilization in birds is internal.
- Development of the young occurs outside the body in hard-shelled eggs. There is often significant parental behavior to protect the eggs and raise the young.

Key words

fetus mammary glands placenta

The Mammalia

- Although mammals contain only about 5,000 species in total, the class is often regarded as the most successful animal group because of the sophistication of its members, and their relatively late arrival in evolutionary terms.
- Mammals are divided two main groups: the marsupials, who give birth to live but very undeveloped young, and placentals, who give birth to welldeveloped young.

Hair

- All mammals have hair or fur on their bodies. Even marine mammals like whales and walruses have some hair.
- Hair is important in: heat insulation (all mammals are warm-blooded); protection against sunlight; sensitivity (as in whiskers); and for identification, e.g., males and females of the same species may have different hair color.

Reproductive advantages

- Mammals have entirely internal fertilization, with the penis of the male being inserted into the vagina of the female. Development of the *fetus* is also internal due to the presence of the *placenta*, an organ that allows materials to be exchanged between the mother and the fetus.
- After birth the young are fed on milk produced by *mammary glands*. In some species extensive parental behavior also helps to protect and raise the young.

Kingdom Animalia: Mammalia



Nutrition: types

Tree diagram of nutrition types



MAINTENANCE

127

Key words

organic matter parasite

Organic matter

- Biologists regard *organic matter* as material that has been produced by living organisms.
- Inorganic matter is regarded as simple materials like water, mineral salts, and carbon dioxide. The vast majority of material in the world is inorganic. To convert simple inorganic matter into more complex organic matter requires an input of energy.

Autotrophic nutrition

- Autotrophic organisms are able to produce organic matter from simple inorganic materials. They consequently create their own food—but require a source of energy to do this.
- Photoautotrophs harvest energy from light to produce organic matter.
- Chemoautotrophs use energy from inorganic reactions in the environment to drive the creation of organic matter.

Heterotrophic nutrition

- Heterotrophic nutritrion is typical of animals. These organisms eat organic matter in other organisms—either alive (as hunters) or dead (as scavengers).
- Saprotrophic organisms are the decay organisms. They digest dead materials using enzymes that they secrete externally. Fungi and many bacteria are saprotrophes.
- *Parasites* (biotrophs) feed on living organisms without killing them.

animals, plants)



Key words

absorption exocytosis gut	pseudopodium vacuole
lysosome organelle	

Ameba feeding

• Amebas are examples of Protista that feed by engulfing their prey in extensions of the body called pseudopodia. Amebas will eat bacteria and small algae.

Ingestion

- *Pseudopodia* extend from the ameba to surround the prey. These pseudopodia join up to completely engulf the prey and form a food *vacuole*, which then passes into the cell body.
- Once inside the cell, *lysosomes*, membrane-bound *organelles* containing digestive enzymes, join with the vacuole membrane and empty their contents into the vacuole.
- Powerful enzymes break down the food in much the same way as occurs in mammalian *guts*. Interestingly, the vacuole contents are at first acid, then neutral, and then faintly alkaline mirroring the sequence in the guts of higher animals.

Absorption and exocytosis

- The digested materials pass into the cell body of the ameba by diffusion and selective *absorption*.
- In a process known as *excocytosis*, indigestible remains are passed to the outside world when the food vacuole fuses with the cell membrane.

Nutrition: Protista

Feeding and intracellular digestion in Amoeba proteus



Nutrition: leaf structure



MAINTENANCE

129

Key words

photosynthesis stoma transpiration vein

Photosynthesis

- Leaves are structures that carry out *photosynthesis* in green plants.
- In order to do this they need to be able to collect sunlight, water, and carbon dioxide, and get rid of waste oxygen.

Harvesting light

- The larger the surface area, the more light that can be collected.
- The upper surface of the leaf tends to receive more light than the lower surface. Plants concentrate their most effective photosynthetic cells near the upper surface for this reason.

Carbon dioxide supply

- Only 0.03 percent of the atmosphere is carbon dioxide. Plants need to process large volumes of air to gather enough carbon dioxide for photosynthesis. Holes in the lower surface of the leaf (called *stomata*) allow air to enter the leaf and get directly to the active photosynthetic tissues.
- Waste oxygen can also leave through the stomata.

Water supply

- Photosynthesis requires a supply of water. This is provided through the *veins* of the leaf. A constant supply of water is also required to replace the water lost by *transpiration* through the stomata.
- Veins also carry the products of photosynthesis to the rest of the plant.

Key words

diffusion auard cell osmosis stoma

Diffusion

- Diffusion is the random movement of particles from areas of high concentration to areas of low concentration. It requires no energy input from a living organism.
- Gases diffuse in and out of leaves via leaf pores (stomata).

Stomatal structure

• Stomata are made of pairs of cells called guard cells that are joined at the ends. The cell walls of guard cells are not equally thick all around the cell—the thickest parts are the walls immediately adjacent to the next cell in a pair. The cell walls here are also separated by a small space called the stoma or pore.

Stomatal functioning

- Stomata can increase the size of their opening. This occurs when the guard cells take in water by osmosis and swell. The unequal thickness of the cell walls leads to the cells bulging outward in the area farthest away from the thick walls. Forces in the cell walls then push the thickened cell walls away from each other-and so the pore widens. Deflating the guard cells closes the pore again.
- Stomata tend to open during daylight hours when the plant needs carbon dioxide for photosynthesis. During times of drought, the stomata will close to conserve water.

Nutrition: stomata



Transport: stem structure



MAINTENANCE

131

Key words		
cambium epidermis lignin organelle phloem vascular bundle	xylem	

Materials

- Plants have two separate transport systems: *xylem*, which moves water and mineral salts from the roots to the leaves, and *phloem*, which moves sugars and organic materials from the leaves to all other parts of the plant.
 - Both of these transport systems use tubes of conducting cells. These are found in the vascular bundles separated by the cambium, which divides to produce new xylem and phloem.
 Parenchyma cells beneath the
 - *epiderm is* constitute the cortex, the outer portion of the stem, and are used for storing food. Parenchyma cells in the center of the stem form the pith, the soft spongelike core of the stem.

Xylem

- Xylem tissue consists of long columns of cells stacked one on top of the other. These cells are dead at maturity and have lost their end walls. A xylem vessel looks like a hollow tube made up of many cylindrical sections.
- Xylem cell walls are thickened with *lignin*, which gives them strength and also makes them waterproof (see page 132). Perferations allow water to enter and leave the vessels.

Phloem

- Phloem tissue has two cell types: sieve tube elements and companion cells.
- Sieve tube elements are arranged in columns as they are in xylem, but their end walls are still present, though perforated with many holes. The cell contents of the elements are also highly modified to form a slime plug with no visible *organelles*.
- Companion cells support and nourish sieve tube elements in the phloem.



Key words

cambium lignin phloem photosynthesis xylem

The need for light

- Food is manufactured in the leaves and green stems of plants by photosynthesis. Photosynthesis requires a constant energy input in the form of light. Plants that are shaded make less food.
- Plants with tall stems are less likely to be shaded than plants with short stems. However, the stem needs to be strengthened to prevent it collapsing: reinforcement produces rigid woody stems that can support the leaves in the light.

Lignin

- The strengthening of stems is provided by a complex carbohydrate called *lignin*, which lines the walls of xylem vessels.
- Xylem vessels are produced by the division of cambium cells, which form a continuous cylinder separating the phloem on the outside and xylem on the inside.
- Lignin is waterproof, so the xylem vessels are supplied with perforations that allow water to pass into and out of the xylem vessels.

Annual rings

- More vessels are produced during the active growing seasons (spring and summer).
- These periods of growth produce annual rings, which can be seen in a transverse section of the main trunk. Counting the number of annual rings provides an estimate of the age of the tree.

Transport: woody stem

Woody stems



Transport: root structure



MAINTENANCE

133

Key words		
endodermis epidermis phloem root hair suberin	xylem	

Roots and stems

- The root is the part of the stem that is adapted to conditions underground.
- It has the same basic tissues as the stem (xvlem and phloem) but arranged in slightly different configurations.

Epidermis and cortex

- The *epidermis* of a root is supplied with many root hairs. These are concentrated near the growing tips of the root and are concerned with absorption of water and minerals from the soil.
- Immediately inside the epidermis is a region of the root called the cortex. This is made up of

parenchyma cells, and water and minerals from the soil can flow easily between these cells.

The stele

- A continuous cylinder of cells called the endoderm is surrounds the inner part of the root, the stele. Endodermal cells have a waterproofing substance called suberin in their cell walls, which blocks movement of water from the cortex between the cells. Water now has to pass through the cells rather than between them: this gives the plant a degree of control over water and mineral salt movement into the stele.
- The pericycle conducts water and nutrients inward to the xylem and phloem.
- The stele is the central core containing the xylem and phloem tissues. This is usually arranged in a cross shape with xylem in the middle. As the root ages the structure changes to the bundles more typical of the stem.

Key words

active process osmosis transpiration xylem

Xylem tissues

- Water movement in plants is largely through *xylem* vessels.
- Xylem vessels are made of elements stacked on top of each other. The end walls have been lost, effectively leaving empty cylinders reaching from the root to the leaves.

Absorption of water and salts

- Water is absorbed through the root by *osm osis*. Mineral salts are similarly transported in solution and pass up the plant through the xylem.
- Some minerals are also absorbed by *active processes* requiring an energy input by the plant.

Transpiration suction

- Water is constantly evaporating from the aerial parts of the plant. This process is called *transpiration* and occurs mainly through the leaves during daylight hours. In optimal conditions a typical herbaceous plant can transpire up to 40 times its own weight in water every day.
- Transpiration reduces water concentration in the leaves. This, in turn, creates a force on the water in the veins sucking water outward. The veins are continuous with the xylem vessels, so the force is transmitted through the water column all the way down to the roots. This force, called transpiration suction, pulls water up the plant. It requires no energy input from the plant.

Transport: water and minerals in plants



Transport: food in plants



MAINTENANCE

135

Key words

active transport xylem glucose phloem photosynthesis vascular bundle

Sources and sinks

- Food is manufactured in the leaves and green stems of plants by *photosynthesis*. These areas are called the sources.
- Food is used in all parts of the plant. Some areas are particularly adapted to store food, for example tubers in potatoes and many fruits in flowering plants. These areas are called sinks.

Leaves and stems

- Leaves create *glucose* from carbon dioxide and water using light as an energy source. Glucose is difficult to transport through plants because it requires large amounts of water. Leaves convert this glucose into another sugar called sucrose, which is easier to move.
- Veins in the leaf contain vascular bundles that contain two types of conducting vessels: xylem and phloem.
- Phloem transports sugars away from the leaf.
- Xylem conducts water and dissolved minerals from the roots to the stem and leaves.

Roots and fruits

- Vascular bundles in the leaf connect with similar structures in the roots. Each sieve tube, a part of the phloem, is continuous with those in the roots. Sugar is loaded in and passes down by *active transport*. In the roots the sugar is taken out of the phloem tubes and converted to starch for storage, or is used to keep the root alive.
- Fruits and flowers require sugar because they do not carry out photosynthesis.

Key words

artery capillary hemoglobin vein ventricle

Circulatory system

- Frogs have a well-developed circulatory system with blood that is held within tubes that penetrate the whole body.
- Frog blood is supplied with a form of *hem oglobin* that reacts reversibly with oxygen to collect oxygen from the exchange surfaces and deliver it to the cells of the body.

Circulatory system plan

- The circulatory system of the frog has *arteries* that carry blood away from the heart and *veins* that carry it back.
- Arteries and veins are named after the organ they take blood to (in arteries) or away from (in veins).
- Organs have a single artery and vein although it may subdivide into smaller vessels before it enters the organ. Inside the organ the vessels subdivide further to form *capillaries* that are ultimately one blood cell wide. No cell in the body is further than 0.004 inch (0.1 mm) from a blood capillary. Materials are exchanged with the blood at this point.

Frog heart

- The heart pushes fluid around the vessels to maintain a constant supply of fresh oxygenated blood.
- With a single *ventricle*, the frog heart is less developed than mammalian hearts.

Transport: frog



Respiration: plants



MAINTENANCE

137

Key words

diffusion lenticel photosynthesis respiration root hair

Respiration in plants

- Plants carry out *respiration* at all times of the day and night.
- During daylight hours, the plant obtains all the oxygen it needs as a byproduct of *photosynthesis*. The leaves are thus net exporters of oxygen.
- During the night, or when photosynthesis is halted for some other reason, plants take in oxygen for respiration by *diffusion* through the leaves.

Woody stems

• Woody stems do not carry out photosynthesis, so they need to obtain oxygen directly from the atmosphere.

• The bark of trees prevents the passage of oxygen, so plants have structures called *lenticels*, which are breaks in the bark covering. Oxygen can diffuse into the stem through these. Once inside the plant, the gas moves in solution between the cells by diffusion.

• Lenticels have cells that are less tightly packed than most cells in the stems to provide an increased surface area for the exchange of oxygen with the atmosphere.

Roots

- Since roots do not receive light, they cannot carry out photosynthesis, so are always net importers of oxygen.
- The gas diffuses into the root through *root hairs*, which penetrate air spaces in the soil.



Key words

concentration	
gradient	
diffusion	
gaseous	
exchange	

Oxygen source

- Oxygen is available in the environment either as a gas or dissolved in water.
- The point at which oxygen passes into the body of an animal is called the respiratory surface. It must be kept moist.

Animals without circulatory systems

- In animals without specialized circulatory systems, such as amebas and *Hydras*, oxygen dissolves in the moisture on the surface of the body and passes by *diffusion* to adjacent cells. Carbon dioxide passes the other way.
- Since respiration uses up oxygen and produces carbon dioxide, a *concentration gradient* in the gases ensures transport in the correct direction. An increase in activity increases the gradient, leading to a faster rate of diffusion.
- However, since diffusion cannot rapidly move materials over large distances, a size limitation is imposed on simpler animals. To reduce this limitation, a number of these animals have flattened body shapes to increase the surface available for *gaseous exchange* and reduce the distance the oxygen needs to diffuse inside the body e.g., flatworms.

Animals with circulatory systems

- The earthworm has a simple circulatory system that transports oxygen absorbed through the skin deeper into the body.
- Carbon dioxide produced inside the body is moved by the same mechanism in the opposite direction. This allows the earthworm to have a rounder body shape than the more primitive flatworms.

Respiration: gas exchange across body surfaces



Respiration: respiratory surfaces in animals



internal gill

gut

MAINTENANCE

139

Key words gill lung tracheole

Mass flow

gut

gut

gut

lung

- In the simplest animals, the respiratory surface is the whole of the external body surface. In animals with gills or lungs, the surface is contained within the body.
- The oxygenating medium must be actively pumped across this surface to provide constant fresh supplies. This is an example of mass flow.

Gills

- Gills are organs with extensive folded membranes supplied with blood vessels.
- In internal gills, a mass flow mechanism maintains a flow of the oxygenating medium: the water containing the dissolved oxygen.
- Internal gills are less susceptible to mechanical damage than external gills.

Tracheoles

- Insects have thin tubes called tracheoles to carry air deep into the body.
- Insects have very limited mass flow systems. This prevents growth of insects above a certain size.

Lungs

• Lungs have a very large surface area inside the body, and a system of muscles and tubes maintains the flow of air across these surfaces.



Key words

concentration gradient gill

Oxygen source

- Oxygen is available to fish dissolved in water.
- The oxygen that forms part of water molecules cannot be used by fish.

Mass flow

- Fish have two mass flow systems: one to force oxygenated water across the respiratory surface and one to carry oxygenated blood around the body.
- Water is taken in through the mouth and pumped over the *gill* surfaces. The flow is one-way, with water leaving through the operculum, a flap of tissue covering the exits from the gills behind the head of the fish.

Gill structure

- Gills are made of a series of arches that are supplied with a stack of flattened structures called gill filaments.
- The gill filaments are well-supplied with blood through an afferent vessel (a vessel carrying blood toward the heart). Blood passes along the filaments and into gill plates that are held perpendicular to the filament. It is in the gill plates that gaseous exchange occurs.
- Blood flows through the plate in the opposite direction to the water. This countercurrent multiplier system means that the freshest water meets the most oxygenated blood. The oxygen *concentration gradient* is maintained further back because, although some of the oxygen has been removed from the water, it is now passing over the least oxygenated blood.

Respiration: fish



141

Respiration: frog



MAINTENANCE

Key words	
buccal cavity	lung
gaseous	
exchange	
gill	
life cycle	

Sites of gaseous exchange

- In common with all amphibians, frogs spend part of their *life cycle* in water and part on land. This requires a complex mixture of mechanisms for *gaseous exchange* that develop and change throughout the lifetime of the creature.
- The adult frog uses *lungs* and the surface of its whole body for gaseous exchange. The larval stage (tadpoles) uses external *gills*.

Ventilation

- Moving air into and out of the lungs is called ventilation. Ventilation ensures a constant supply of fresh oxygen and allows the removal of carbon dioxiderich air. However, it also leads to the loss of moisture in exhaled air.
- The floor of the *buccal cavity* (the mouth or oral cavity) can be dropped in the frog to create a zone of low pressure. This sucks air in, and if the entrance to the lungs is closed this must come from the outside through the nostril.
- Closing the nostril and raising the floor of the buccal cavity creates a rise in pressure. If the tube to the lungs is opened at the same time, air is forced into the lungs where gaseous exchange can take place. This allows inhalation.
- Exhalation occurs when the procedures are reversed.

Key words

central nervous system spinal cord

Nerve nets

- The simplest nervous systems are nets with no central control.
- For example, animals like *Hydra* have a nervous system that is spread across the entire body with no distinct head area.

Heads

- As animals developed the ability to move in a particular direction, they began to develop heads. This is the front end of the organism and tends to have the highest concentration of sense organs to gather information about the environments into which the animal is moving.
- Processing this sensory information requires a large amount of nervous tissue, so the nerve tissue close to these organs began to swell in size. This was the beginning of a brain.

Central nervous systems

- At the same time as the heads were developing, animals were also developing backbones and spinal cords. Vertebrates have a welldeveloped *spinal cord* that can carry information to and from the brain. The brain and spinal cord together are called the *central nervous system*.
- Invertebrates like the grasshopper tended to develop smaller brains called ganglia, which were distributed throughout the body, rather than a brain and spinal cord arrangement. Even in these cases, however, the most important ganglion was in the head near the sense organs.

Coordination: nervous systems



Excretion and osmoregulation: Protista

Excretion and osmoregulation in amebas



Contractile vacuole formation and discharge



MAINTENANCE

143

Key words

contractile osmosis vacuole diffusion metabolism osmoregulation

Excretion and osmoregulation

- Excretion is the removal of the waste products of *metabolism* from the organism.
- Osmoregulation is the maintenance of the correct water potential within a cell. Thus, osmoregulation is not primarily concerned with the products of metabolism.

Excretion

• Waste products of metabolism in Protista diffuse through the cell membrane. Since the protists are unicellular organisms, *diffusion* is rapid enough to clear away all unwanted chemicals, and no specialized excretory structures are required.

Osmoregulation

- Water constantly enters protists like ameba due to *osm osis*. If this water were not removed, the cell would swell and could burst. Even before this occurred, the cell contents would be diluted to such an extent that essential metabolic processes could be disrupted.
- The ameba collects water in the cell by an active process and pumps it into a sac called a *contractile vacuole*. This swells as it gains water and when full migrates to the edge of the cell, fuses with the cell membrane, and releases the water into the environment.
MAINTENANCE

Key words

muscle segment

Pushing and pulling

• Earthworms move through the soil by alternately contracting and relaxing sets of *muscles*. This makes the earthworm stretch or contract body *segments*, which are pushed or pulled through the soil.

Setae

- Setae are small hair-like projections from the surface of the earthworm's body.
- They can be extended or retracted by muscles. When extended, they effectively anchor that part of the earthworm in place.

Movement

- An earthworm at rest tends to be short and fat, with its circular muscles relaxed.
- To move, the earthworm extends setae at the back of its body and contracts circular muscles in the segments at the front. The contracting muscles squeeze on the body contents, raising the pressure, and the segments elongate.
- The earthworm then extends setae from the frontmost segments and retracts them in the rear segments. Circular muscles in the front relax, and longitudinal muscles contract. The rear segments elongate or are pulled slightly forward.
- Step by step the front segments contract and fatten while the rear segments are first elongated and then dragged forward.

Locomotion: earthworm

Locomotion in earthworms



Locomotion: grasshopper

Locomotion in grasshoppers



145

MAINTENANCE

Key words

antagonistic pair exoskeleton muscle

Exoskeleton

- Grasshoppers, as with all insects, have a rigid *exoskeleton* covering their body.
- *Muscles* are attached to the inside of the skeleton.
- Joints in the exoskeleton allow the limbs to bend.

Joints

- The rigid exoskeleton cannot bend, and joints can only operate in one plane. The joints are connected by a peg and socket arrangement. This means that in order to allow a wider range of movement limbs are broken up into a number of sections with the joint between each section allowing movement in a different plane.
- Muscles work in *antagonistic pairs* as in mammals, with flexors bending limbs and extensors straightening them.

Wing movement

- The muscles that move the wings up and down are attached to the exoskeleton. Muscles running from the top of the body to the bottom contract to pull the wings up. The elasticity of the exoskeleton and muscles running along the length of the body help to pull the wings down.
- Since the muscles moving the wings are held inside the body, the wings can be very light in weight. This makes them easier to move and allows them to be larger, creating more downdraft, which helps the grasshopper to fly.

MAINTENANCE

Key words

bacteriophage bacterium nucleic acid virus

Obligate parasites

• All *viruses* are obligate parasites, which means they cannot reproduce outside a living host.

Bacteriophages

- *Bacteriophages* are a group of viruses that infect and kill bacterial cells.
- Bacteriophages typically have a head to their body that contains a length of *nucleic acid*. The head is connected to a tail consisting of a sheath that can contract and a base piece with fibers that can attach to bacterial cell walls.
- Particular bacteriophages attack specific bacteria.

Lytic life cycle

- Lysis is the rupture and destruction of a cell.
- A bacteriophage attaches itself to the outside of a susceptible *bacterium* with its base plate. The tail then contracts and pierces the surface of the bacterium.
- Nucleic acid from the bacteriophage passes into the bacterium. Here it starts to replicate while the normal bacterial DNA is switched off.
- Over a period of time, the bacterial cell is full of bacteriophage DNA Protein coats for the virus are then manufactured by the bacterium following instructions stored in the viral DNA
- The viral DNA is inserted into the viral protein coats, and the bacterial cell bursts to release the completed bacteriophages.

Reproduction: viruses



Reproduction: butterfly



MAINTENANCE

147

Key words	
abdomen larva life cycle metamorphosis predator	pupa thorax

Complete life cycle

- Butterflies undergo a complete *metamorphosis* during the four stages of their *life cycle*: egg, *larva*, *pupa*, butterfly. The female lays eggs, which first develop into larva called caterpillars. This juvenile form has no wings and uses its mandible to feed on leaves. As the larva grows, it molts (sheds its external skeleton) multiple times. When the larva reaches a certain minimum weight, it transforms into a pupa. After it emerges from the pupal stage, it is a winged butterfly, which feeds on nectar from flowers.
- Although the adult and larval stages look very different, they possess the same basic body parts common to all insects: head, *thorax*, and *abdomen*.

Survival rates

- Adult butterflies lay eggs. To increase the chances of successful hatching and larval growth, the eggs are typically laid in areas where food will be plentiful, e.g., on the underside of leaves.
- Larvae that survive the first few days have to eat large amounts of plant food to amass enough energy for the next stage of development. Many larvae are lost to *predators* at this stage.
- Pupae are also susceptible to selection pressures. They rely on camouflage to avoid predators.
- The hatched butterfly is a prime source of food to many insect-eating birds. Only a minority will survive long enough to produce eggs and start the cycle again. For all of these reasons, butterflies produce large numbers of eggs.

MAINTENANCE

Key words

cloaca fertilization gamete life cycle metamorphosis

Complete life cycle

- Frogs undergo a complete *metamorphosis* during their *life cycle*. Their juvenile form is a tadpole that has no lungs or legs and lives entirely in water. The adult frog has lungs and legs and can survive out of water for extended periods.
- The change from tadpole to frog is a continuous process—there is no pupal stage as there is in metamorphosing insects.
- Tadpoles live for three to four months, with the exact time depending on certain environmental conditions. Adult frogs can survive the winter and live for many years, provided the temperature does not drop too low.

Fertilization and development

- Fertilization in frogs is primarily internal with mating pairs of frogs exchanging gam etes by bringing their cloacas close together. The cloaca is an opening that connects the bladder and the reproductive systems with the outside world.
- Mating frogs do not just mate in pairs. If sufficient numbers of compatible males and females are available in an area, they will mate in larger groups, implying that some fertilization takes place externally.
- The eggs are covered in an outer shell of protective jelly, which swells in contact with water. The female lays her eggs in a sheltered pond or creek. The eggs hatch into tadpoles, which gradually develop into froglets resembling adults but retaining a vestigial tail—and then mature frogs.
- Tadpole development is strongly affected by temperature and oxygen availability. The presence of meat or a source of iodine encourages early change into a frog and produces very small adults.

Reproduction: frog



© Diagram Visual Information Ltd.

Growth and development: plants: monocotyledons

Germination of the corn seed (monocotyledon)



149

MAINTENANCE

Key words

cotyledon endosperm germination monocotyledon photosynthesis

Monocotyledons

- Cotyledons are swollen leaves that act as a source of energy while the seed is germinating. During the first stages of germination, photosynthesis cannot occur, so only stored food is available to the plant for development.
- *Monocotyledons* like corn have a single cotyledon (unlike the bean family and many other vegetables which are dicotyledonous and have two) with a large supply of *endosperm*—specialized storage tissue that nourishes the embryo.

Germination

- Germination is a multistage process that mobilizes the stored food reserves of the seed and prepares the plant for the active production of food by photosynthesis.
- The root is the first structure to develop to allow the intake of water. This develops from the radicle, the root of the embryo plant. The radicle is protected by a sheath called the coleorhiza. As water is absorbed, the coleoptile can develop.
- The coleoptile is a photosynthetically active organ rather like a sheath protecting the growing stem or plumule. It pushes above the ground and the stem grows out of it. Adventitious roots then grow from the stem.
- Prop roots develop to support the stem, and the first true leaves are then produced from the stem.

MAINTENANCE

Key words

cotyledon dicotyledon germination photosynthesis

Dicotyledons

- Dicotyledons are plants that have two cotyledons, leaf-like parts of the embryo that act as is a food reservoir while the seed is germinating. During the first stages of germination, photosynthesis cannot occur, so the plant must use stored food for development.
- Within each seed are the cotyledons, the radicle (the root of the embryo), and the plumule (the embryonic leaves of the plant). The complete seed is covered by the testa (seed coat) which protects the seed against mechanical damage.

Germination

- The radicle is the first structure to develop to allow the intake of water. The hypocotyls, the part of the seedling stem below the cotyledons and above the radicle, emerges from the testa and pushes its way up through the soil. It is bent in an arch as it grows. Once the hypocotyl arch emerges from the soil, it straightens out in response to light. The cotyledons spread apart, and the epicotyl forms a young stem.
- The germination process differs among plants. Plants like peas experience hypogeal germination—the cotyledons remain below ground as the plumule develops. Plants like beans experience epigeal germination—the growth of the hypocotyl raises the cotyledons above ground. The cotyledons often then become *photosynthetically* active and form the first leaves of the new plant.

Growth and development: plants: dicotyledons

Germination of the bean seed (dicotyledon) Seed: external view Seed: longitudinal section testa plumule position of radicle radicle testa cotyledon (one of two) Germination (epigeal) Hypocotyl straightens; true leaves appear. true leaf Cotyledons emerge from soil. Hypocotyl grows through soil cotyledon surface. (one of two) epicotyl cotvledon hypocotyl (one of two) Hypocotyl starts to hypocotyl cotyledon grow. Testa splits; (one of two) radicle hypocotyl hypocotyl emerges. root hairs radicle testa

Growth and development: plants: tropisms

Growth responses to light (phototropism) of oat coleoptile

Exposed to light from all directions



Exposed to light from one direction

The plant grows toward light (positive phototropism).

Tip is covered by lightproof cap: grows upward.



The tip is removed: no growth.

Zone of elongation covered by lightproof collar: grows toward light.



Tip is removed and placed on agar block. The block is replaced on the right side of another decapitated coleoptile. Auxin diffuses into zone of elongation, causing growth to the left.



MAINTENANCE

151



Tropisms

- *Tropisms* are directional growth responses to environmental stimuli. So hydrotropism is directional growth related to water. Phototropism is related to light.
- Roots are positively hydrotropic, which means they grow toward sources of water. They are negatively phototropic and grow away from sources of light.
- Stems are positively phototropic and negatively hydrotropic.

Mechanism of tropisms

- Tropisms are growth responses. The hormone *auxin* has an effect on the growth and development of cells. In the stem, an increase in the level of auxin increases growth of cells by allowing them to enlarge more easily.
- In the root, auxin increases lead to a reduction in cell growth.
- Light tends to inhibit the production of auxin. So, if a shoot is illuminated from one side, the side in the dark will grow more rapidly, and the shoot will bend toward the light.
- Auxin is only produced by the growing tip of the plant. If this is removed, growth ceases. If the tip is covered by a light-proof cap, the stem does not exhibit phototropism. The auxin diffuses downward through the stem and can be collected in an agar block. The block then has the ability to act as a source of auxin to a decapitated stem and so produce growth.



Key words

absorption assimilation digestion gut

Digestion to assimilation

- Food particles need to be broken down into smaller molecules before they can pass into the bloodstream. *Digestion* is the process of breaking large particles into smaller molecules. It involves both mechanical manipulation and chemical action.
- Absorption is the process that takes food molecules into the body. This takes place in the *gut*, mainly in the small intestine.
- Assimilation is the process of using absorbed materials to build new tissues. This occurs throughout the body.

Mechanical digestion

- Mechanical digestion is the breakdown of large lumps into smaller particles. This begins in the mouth.
- Teeth such as the incisors tear off lumps of food, while molars crush these lumps into smaller particles.
- Food leaving the mouth has been reduced to a small particle size to increase its surface area and so increase the rate of enzyme activity lower in the gut.

Chemical digestion

- Enzymes act on large, insoluble molecules to break them down into smaller, soluble molecules that pass through the gut wall into the bloodstream.
- The gut produces a series of enzymes to break down food molecules. The higher part of the gut is acidic, the lower part is neutral.

Nutrition: digestive system



Nutrition: teeth

Human teeth

- From the age of about 6 years, the 20 deciduous ("baby") teeth of a child are gradually replaced by 32 permanent teeth.
- The third molars, or wisdom teeth, are usually the last to appear, generally in early adulthood.
 The chisel-shaped incisors are adapted for biting and cutting food, while the broader
- premolars and molars are responsible for grinding and chewing.
- Each tooth has a crown, covered in hard-wearing enamel to resist abrasion, and a root that is held in its own socket by cement and a fibrous lining.







HUMAN BIOLOGY

153

Key words

canine incisor molar premolar

Tooth types

- There are a number of different types of teeth. Each type has a particular function in the mechanical breakdown of food.
- *Incisors* at the front of the mouth cut food into smaller lumps.
- *Canines* tear off lumps of food. These are not particularly well developed in humans compared with other carnivores like tigers and dogs.
- *Premolars* and *molars* are large teeth at the back of the mouth with flattened top surfaces. These crush food lumps to reduce them to a fine particles.

Tooth structure

- The portion of the tooth below the gumline is the root. The part that rises above is called the crown.
- All teeth have the same internal structure, with a layer of hard enamel on the outside supported by softer dentine inside, packed around a central pulp cavity. Enamel is nonliving material like hair and nails, dentine is living material.
- The pulp cavity contains a blood supply and a nerve.



Key words

bile	vein	
chyme	insulin	
enzvme	liver	
aut		
gui		
hepatic portal		

Liver

- The *liver* is a complex organ that carries out a range of metabolic functions, not all of them concerning digestion. Blood from the *gut* drains into the liver through the *hepatic portal vein*, and all digested food chemicals pass through the liver for sorting before they pass on to the rest of the body.
- The liver also produces *bile*, which is an alkaline solution that helps with the digestion of fat. It is stored in the gall bladder and expelled into the duodenum when fatty food is present.

Stomach

- The stomach is a large muscular sac that acts as a storage vessel for food, passing it out through the pyloric sphincter to the duodenum. The muscles contract and relax to mix the food and stomach secretions into a slurry called *chym e*.
- It also starts protein digestion using an *enzyme* called pepsin. The stomach contents are strongly acidic, which helps pepsin to work and kills bacteria in the food.
- The stomach protects its wall from the acid and enzymes by secreting a layer of mucus that covers the inner surface.

Pancreas

- The pancreas produces a package of digestive enzymes. These pass to the gut in pancreatic juices along the pancreatic duct.
- Cells in the pancreas called islets of Langerhans also produce the hormone insulin, which regulates the level of sugar in the blood.

Nutrition: liver, stomach, and pancreas



Nutrition: small intestine



HUMAN BIOLOGY

155

Key words	
absorption	liver
gut	villus
hepatic portal	
vein	
lymphatic system	

Morphology

- The small intestine, or ileum, is a long muscular tube running from the duodenum to the large intestine. In humans it is over 18 feet (6 m) in length.
- The inner surface has many ridges that increase the surface area. This is essential for the *absorption* of digested foods.
- The small intestine is well-supplied with blood vessels. These supply oxygen to the cells of the intestine, which are metabolically quite active, producing a constant stream of enzymes to digest food in the *gut*. Blood is drained away from the small intestine by the *hepatic portal vein*, which carries the food-rich blood to the *liver*.
- As with all of the gut, the ileum has two layers of muscle in its wall: one set running around the intestine (the circular muscles) and one set running the length of it (the longitudinal muscles).

Microscopic structure

- The inner wall of the ileum is covered with small fingerlike projections called *villi*. These further massively increase the surface area available for absorption.
- A villus has a network of capillaries in it, and dissolved food materials pass into this through the outer wall of the villus. A central space called the lacteal provides a transport route for fatty substances that do not dissolve easily in blood. The lacteals are filled with a fatty fluid and drain into the *lymphatic system*.

Key words

absorption enzyme gut

Sequence of processes

- Digestion is the breaking down of large, insoluble molecules into smaller, soluble molecules.
- The first part of digestion is the breaking down of large lumps of food into smaller particles. This is called mechanical digestion and is done by the teeth. The next stage is chemical digestion of large molecules by enzymes.

Enzymes

- Enzymes, such as amylase and pepsin, are complex proteins that speed up reactions in living organisms. They are used in digestive processes to break down large molecules.
- Enzymes are generally specific—they can only speed up a single reaction, and each step in a chain of reactions may need its own particular enzyme.
- Digestive enzymes are unusual in that they are often able to speed up a number of reactions among related chemicals. However, the range of chemicals a digestive enzyme can handle is still limited, so the gut produces a range of enzymes to cover all of the chemicals found in food.

Absorption

- *Absorption* is the passage of food chemicals into the body.
- This occurs mainly in the lower parts of the gut and is increased by the large surface area of the ileum (small intestine).

Nutrition: digestion and absorption



Transport: circulatory system map



HUMAN BIOLOGY

Key words

artery capillary double circulation vein

A closed circulation

- Blood passes around the body in a closed circulatory system. This is different from circulation in many lower animals, where the cells are bathed in blood directly.
- The advantage of a closed system is that it can transport materials much more rapidly.
- The human circulatory system consists of a central pump (the heart) and three types of tubes (*arteries*, *capillaries*, and *veins*).

The heart

- The heart consists of two pumps. The right side pumps blood from the body to the lungs. The left side takes blood from the lungs and pumps it around the body. The left side is slightly larger and more muscular because it has a greater distance to push the blood.
- This system, known as *double circulation*, separates oxygenated and deoxygenated blood. This means that the blood must go through the lungs for every single circuit of the body.

Blood vessels

- Arteries carry blood away from the heart under high pressure.
- Blood from the arteries flows into capillaries, microscopic blood vessels that penetrate every organ in the body.
- Blood flows out of the capillaries and into veins to be carried back to the heart under low pressure.



liver
vein

Two circulations

- The pulmonary circulation forms a complete circuit, taking deoxygenated blood from the heart to the lungs along the pulmonary *artery* and then returning oxygenated blood to the heart along the pulmonary *vein*.
- The main circulation in the body takes oxygenated blood from the heart, travelling through the *aorta*, and returns deoxygenated blood to the heart through the vena cava.

System plan

- Tall arteries arise ultimately from the aorta. The system is a series of parallel circuits so each organ has its own artery supplying oxygenated blood. Each organ also has a vein leading out that carries blood back to the heart.
- The one exception is the *liver*, which has two inputs: the hepatic artery, which provides oxygenated blood, and the *hepatic portal vein*, which carries blood to the liver from the *gut*. This means that the chemicals absorbed into the blood by the gut can be sorted and, possibly, changed before they pass on to the rest of the body. A substance absorbed in the gut thus has to go through the liver before it can reach any other cell in the body.
- The hepatic vein drains blood from the liver back to the heart.
- Arteries and veins are named after the organs they serve.

Transport: circulatory system scheme

Schematic representation of circulatory system



Transport: heart structure





Simplified section showing direction of blood flow

🛑 oxygen-rich blood

📥 oxygen-poor blood

HUMAN BIOLOGY

159

Key words thorax ventricle

Two pumps

- The heart consists of two complete and functionally separate pumps held within a single muscle mass in the *thorax*.
- The right side receives blood from the body and pumps it to the lungs.
- The left side, which is slightly more muscular, collects blood from the lungs and pumps this around the whole body.

Right side

- Blood enters the right atrium from the vena cava at low pressure. The walls of the right atrium are fairly thin—if it were too muscular, the blood would not be able to push into the chamber.
- The atrium walls contract, and blood passes into the right *ventricle*.
- The walls of the ventricle are much more muscular and give the blood a push out along the pulmonary artery to the lungs. The tricuspid valve separating the atrium and ventricle prevents backflow into the atrium during the power stroke. The pulmonary valve at the entrance of the pulmonary artery prevents backflow into the ventricle when it is refilling with blood again from the atrium.

Left side

- The left side undergoes exactly the same sequence and has basically the same structural adaptations.
- The muscles of the heart are supplied with blood, and so oxygen, through the coronary artery, reaches both sides.

Key words

diastole systole ventricle

Diastole and systole

• The heartbeat is a complex series of events that splits into two main groups: *diastole*, where the heart muscle is relaxed, and *systole*, where the muscle actively contracts.

Filling of atria

- Blood from the body enters the heart at low pressure through the vena cava. The pressure is sufficient to inflate the atria, which have relatively thin walls.
- As the atria fill, the blood pushes its way through the atrioventricular valves in the *ventricles*.
- To complete the process the muscles in the atria contract, the passages to the veins are constricted, and blood is actively pumped into the ventricles. By the end of diastole, the blood is present in the ventricles.

Emptying of the ventricles

- When the ventricles are full of blood, the atrioventricular valves close. The muscles in the wall of the ventricle now contract, and blood is pushed through the aortic and pulmonary valves along the arteries. Tendons attached to the atrioventricular valves keep the atrioventricular valves closed during this process.
- The process begins again as the ventricles empty of blood and the muscles relax. Aortic and pulmonary valves prevent the backflow of blood from the arteries into the ventricles.

Transport: heartbeat

Pumping action of the heart

Diastole (relaxation of heart muscle)

Atria fill; atrioventricular (mitral and tricuspid) valves are closed.

Atrioventricular valves are pushed open by rising atrial pressure; ventricles start to fill.

Ventricles continue to fill

by suction from relaxed

ventricular walls

and atrial

contraction.

pulmonary valves.

Ventricles continue to contract;

rising pressure pushes

open the aortic and

Systole (contraction of heart muscle)

Ventricles contract and pressure increases; aortic and pulmonary valves remain closed.

Ventricles become full and stretched; atrioventricular valves close.

Transport: regulation of heartbeat

Heartbeat regulation



HUMAN BIOLOGY

Key words

medulla sympathetic oblongata nervous system parasympathetic ventricle nervous system sinoatrial node

Pacemaker region

- The muscles of the heart are unique in the body in that they can contract without direct nervous stimulation. This means that transplanted hearts, which have no connection to the patient's central nervous system, can still beat.
- The organization of the heartbeat depends on the *sinoatrial node*, called the pacemaker, located near the top of the heart in the right atrium.

Creating a beat

- Signals from the sinoatrial node cause the atria to contract. This pushes blood into the *ventricles*. By the time the ventricles have filled with blood, the impulse has reached the ventricular walls. The impulse passes along a bundle of specialized muscle fibers, known as the bundle of His, located between the two ventricles. Specialized nerve cells called Purkinje fibers distribute these signals.
- The ventricle walls now contract to push blood along the arteries. At this point the atrial walls are beginning to relax as the signal has passed on.

Regulating the heartbeat

- The sinoatrial node produces regular impulses.
- The number of these impulses (and therefore heartbeats) per minute can be changed by impulses delivered from the *medulla oblongata* by nerves of the *parasympathetic* (slowing down) and *sympathetic* (speeding up) *nervous systems*.



Key words

smooth muscle
systole
vein
white blood cell

Arteries

- Arteries carry blood at high pressure away from the heart. They have the thickest walls of all blood vessels, with a layer of smooth muscle in them. This muscle can contract to constrict the blood vessels, raising the blood pressure even further.
- The arteries also contain elastic tissue that facilitates the flow of blood by stretching during diastole and contracting during systole. The aorta is particularly well supplied with elastic tissue.

Capillaries

- Capillaries are microscopic blood vessels that penetrate all active tissues. Their walls are one cell thick and allow the rapid exchange of materials.
- White blood cells can leave capillaries by squeezing between cells of the endothelium. Red blood corpuscles cannot leave capillaries unless the walls have been damaged. This leads to a bruise as the blood leaks into the tissues.

Veins

- Veins are large blood vessels carrying blood at low pressure back toward the heart. They have thinner walls than arteries, with less muscle.
- Valves prevent the backflow of blood in the veins.

Transport: blood vessels

Blood vessels

Cut open longitudinally Capillary Vein Artery fibrous (collagen) fibrous (collagen) layer (tunica externa) layer (tunica externa) smooth muscle and smooth muscle and elastic fiber layer elastic fiber layer (tunica media) (tunica media) endothelial cell endothelial laver endothelial layer (tunica intima) (tunica intima) and valve flaps Transverse sections lumen (inner space Vein Artery Capillary through which blood flows) lumen

endothelial layer

lumen endothelial

cell

(tunica intima)

smooth muscle and

elastic fiber layer

(tunica media)

fibrous (collagen) layer

(tunica externa)

endothelial layer

(tunica intima)

smooth muscle and

elastic fiber laver

(tunica media)

fibrous (collagen) layer

(tunica externa)

Transport: capillaries and tissues

Relationship between capillaries, lymphatic vessels, and tissue cells





HUMAN BIOLOGY

163

Key words

capillary lymph vessel red blood corpuscle white blood cell

Size of capillaries

- *Capillaries* are microscopic blood vessels with an internal diameter typically large enough to let *red blood corpuscles* pass in single file.
- The total internal volume of the capillaries in the body is very large because of the very large numbers of capillaries in each organ. The total volume is up to ten times larger than the volume of blood in the system.

Exchange

- Capillary walls are one cell thick and allow rapid exchange of materials. Oxygen and food materials pass to the tissues, and wastes pass back into the blood.
- *White blood cells* can leave capillaries by squeezing between cells of the endothelium. Red blood corpuscles cannot leave capillaries unless the walls have been damaged.

Tissue fluid and lymph

- Blood entering a capillary bed is at a higher hydrostatic pressure than the fluid surrounding the cells of the tissue. This causes fluid to leak out of the capillaries and surround the cells. This is called tissue fluid.
- At the venous (venule) end of the capillary bed, fluid passes the other way, but some is always left in the tissues. This fluid is drained away by *lymph vessels* and is returned to the bloodstream as lymph fluid in other parts of the system.

Key words

lymph vessel pathogen white blood cell

Lymphatic fluid

- Lymphatic fluid is derived from tissue fluid that has been drained away from tissues by *lymph vessels*.
- Lymphatic fluid contains a range of chemicals and *white blood cells*. It effectively washes the cells and can carry *pathogens*, microorganisms that cause disease, from tissues toward the lymph nodes.

Vessels, nodes, and ducts

- Lymph vessels are vessels that carry lymphatic tissue toward lymph nodes and then to the bloodstream. In the tissues these vessels are microscopic, typically the size of capillaries, but as they join up they become larger, and the largest of them are visible to the naked eye.
- A lymph node is a knot of lymphatic tissue that is particularly well-supplied with phagocytic lymphocytes. These are able to filter pathogens from the lymph. Swollen lymph nodes are a characteristic sign of certain infections, as the lymphocytes multiply to combat the invading microorganisms.
- The thoracic duct, the largest lymphatic vessel, collects most of the lymph in the body (except that from the right arm and the right side of the chest, neck, and head, which is collected by the right lymphatic duct) and drains it into the blood stream at the junction of the left subclavician vein and left jugular vein.
- The lymphatic system also transports fats from the ileum (small intestine) to the blood.

Transport: lymphatic system



Transport: blood composition

Functions of plasma

- Transports nutrients and waste products.
- Transports hormones and other signal
- substances.
 Contains plasma proteins, which are important in blood clotting and immunity.
- Regulates water and ionic content of cells and dampens (buffers) changes in pH to maintain a constant environment for tissue function.
- Regulates body temperature.

Functions of blood cells

The vast majority of the cells are erythrocytes (red blood corpuscles, which are responsible for transporting oxygen and carbon dioxide. There are several types of leukocytes (white blood cells), which help to defend the body against disease:

- granulocytes have a granular cytoplasm and engulf bacteria or attack parasites;
- lymphocytes produce antibodies and regulate the immune responses;
- monocytes can leave the blood to become tissue macrophages: cells capable of ingesting bacteria, cell debris, and cancer cells.

Platelets are bodies formed by the fragmentation of larger cells. They are vital for blood clotting at sites of injury.

Blood components separated by centrifugation



Blood cells







cell

membrane

HUMAN BIOLOGY

165

Key words	
hemoglobin	spleen
liver	white blood cell
plasma	
platelet	
red blood	
corpuscle	

Cellular components

- Roughly 45 percent of the volume of whole blood is made of cells, red and white.
- *Red blood corpuscles* are biconcave disks, packed with *hemoglobin*, that transport oxygen from the lungs to the tissues of the body. They have no nucleus when mature and last about 120 days. They are made in the red bone marrow of large bones and are destroyed at the end of their lives by cells in the *spleen* and *liver*.
- White blood cells include a number of different types, but all are involved in defense against disease. They are made in yellow bone marrow and lymph nodes. White blood cells are much less common than red blood corpuscles (typically 1 percent), though their numbers increase during infection.
- *Platelets* are subcellular components that circulate in the blood and are involved in clotting. They are manufactured in the bone marrow.

Plasma

- The liquid component of blood is called *plasma*. It contains a wide variety of chemicals in solution or suspension.
- Much of the carbon dioxide transported around the body is carried in solution in the plasma, although red blood corpuscles are involved in helping the gas to dissolve.



Key words

antibody	
antigen	
plasma	
red blood	
corpuscle	

Blood types

- There are many ways to classify blood, and a complete typology involves more than 20 different criteria.
- The first and most commonly cited blood group depends on the ABO system, which can place everyone into one of four groups: A, B, AB, and O.

Antigens and antibodies

- *Red blood corpuscles* have proteins on their cell surface called *antigens*. There are two types: A and B. Blood group A has antigen A on its cell surface, B has B, AB has both, and O has neither.
- Blood *plasma* contains *antibodies*, proteins the immune system uses to neutralize foreign objects, that react with these antigens. Blood group A has anti-B, B has anti-A, O has both anti-A and anti-B, while AB has neither.

Agglutination

- When antigen A reacts with anti-A, red blood cells clump together to form a clot. This reaction is called agglutination. For this reason, if recipients have anti-A in their plasma, they cannot receive blood from group A
- The antibodies in the donor can be ignored during transfusions—only the antibodies in the recipient are significant. This means AB (which has no antibodies) can receive blood from any group and is called the universal recipient. Blood group O is the universal donor because it has no antibodies.

Transport: blood types

Antibody/ antigen composition of different blood types



Reactions that occur when different blood groups are mixed

O is universal donor

AB is universal recipient

Agglutination occurs if the recipient's blood contains antibodies to the donor's antigens



Respiration: respiratory system



HUMAN BIOLOGY

167

Key words alveolus

bronchiole diaphragm intercostal muscle lung

Respiration and breathing

- The terms respiration and breathing are often used to mean the same thing—the moving of air into and out of lungs.
- However, respiration can also mean the chemical reactions going on in all cells that transfer energy from food and oxygen to drive cell processes.

System components

- The respiratory system consists of the nose, nasal cavity, pharynx, larynx, trachea, smaller conducting passageways (bronchi and *bronchioles*), and *alveoli*.
- The lungs are found in the thoracic region and are protected by the ribs. Immediately below the lungs is a sheet of muscle called the *diaphragm* that separates the lungs from the gut and liver.
- Muscles between the ribs—the *intercostals*—contract and relax to move air into and out of the lungs.
- The lungs are not attached to the ribs. They are separated by the pleural membrane, which produces a fluid to allow them to slide over the moving ribs during breathing.
- Hairs and mucus in the nose clean the air before it passes into the nasal cavity. Air travels down through the pharynx and is passed to the trachea.
- The trachea is a pipe strengthened with rings of cartilage to prevent it from collapsing. It divides into two bronchi, one for each lung. At the point where the trachea joins the esophagus is the epiglottis. This small flap of tissue closes the entrance to the lungs when food is swallowed.
- Inside the lungs, the bronchi divide to form smaller and smaller bronchioles, which eventually terminate in swollen air sacs called alveoli.



Key words

Macrostructure

- The *lungs* are large air-filled spaces in the *thorax*. They are protected by the rib cage and connect to the outside world through the windpipe, or trachea.
- The lungs are connected to the trachea by the bronchi. The bronchi enter the lungs and branch out to form bronchial trees. The bronchi divide into smaller *bronchioles*, which terminate into *alveoli*.

Microstructure

- The alveoli are swollen sacs of tissue that have very thin walls and a very good blood supply. A branch of the pulmonary artery supplies deoxygenated blood to the network of capillaries covering the outside of the alveolus. A branch of the pulmonary vein drains oxygenated blood from these capillaries and returns it to the heart.
- Gaseous exchange occurs between the air in the alveolus and the blood in the capillaries. Oxygen passes into the blood, while carbon dioxide passes from the blood to the alveolar air.
- Muscular movements in the ribs and the diaphragm maintain a constant supply of fresh air to the alveoli.

Respiration: lungs



Respiration: breathing



HUMAN BIOLOGY

169

Key words

abdomen diaphragm intercostal lung

Muscles involved

- For gentle breathing, the *diaphragm*, which separates the *lungs* from the *abdomen*, contracts and relaxes.
- During heavier breathing, muscles between the ribs—the *intercostals* are also involved, and significantly increase the airflow.

Inhaling

- During gentle inhalation, the diaphragm contracts and falls away from the lungs. The lungs are pulled down, and air is drawn into them by suction. The diaphragm is not physically connected to the lungs—a vacuum between the surface of the lungs and the inside of the ribs pulls the lungs down while allowing them to move around.
- To increase inhalation, the external intercostals muscles contract. These pull the ribs upward and outward to increase the volume of the chest. This pulls air into the lungs.

Exhalation

- When muscles in the body wall contract, the liver and stomach push against the diaphragm. The relaxed diaphragm then pushes up into the chest space and squeezes air out of the lungs.
- To increase exhalation, the internal intercostals contract and pull the ribs downward and inward to push on the lungs.



Key words

bile	urea	
feces		
gut		
metabolism		
spleen		

Excretion

- Excretion is the removal of waste and breakdown products of *metabolism* from the body.
- Since the roughage that forms most *feces* has never been inside the body (the *gut* space is regarded as outside of the body), most of it is not an excretory product.

Excretory products

- Carbon dioxide and water made by respiration.
- Urea made by the liver from excess amino acids or broken down protein molecules.
- Excess salts that were absorbed through the gut.
- *Bile* salts made by the *spleen* from old red blood cells.
- Assorted chemicals absorbed by the body or toxins that have been broken down by the liver.

Routes out of the body

- Carbon dioxide and a small amount of water leave in exhaled air.
- Urea passes out in solution as urine made by the kidneys. Urine also contains waste salts, other assorted waste products, and water.
- Sweat contains water, some salts, and urea, but is not a major route out of the body for these substances in normal circumstances.
- Bile pigments are passed into the gut and pass out in feces.

Excretion: excretory systems



Excretion: urinary system



HUMAN BIOLOGY

171

Key words

kidney metabolism osmoregulation ureter

Excretion and osmoregulation

- Excretion is the removal of the breakdown products of *metabolism* and other waste from the body.
- Osmoregulation is the control of the water potential of fluids within the body.
- The *kidneys* are involved in both crucial processes.

The kidneys

- Human beings have two kidneys attached to the back of the abdominal cavity. Bony extensions of the spine protect these vital organs.
- Ureters connect the kidneys to the bladder. There are no valves in the ureters, so fluid drains downward by gravity. Backflow of urine to the kidneys is prevented by the constant production of fluid by the kidneys.
- Blood supply to the kidneys is through the renal artery, a branch of the aorta. This blood is at high pressure, which is essential for efficient kidney function. The renal vein, which opens into the vena cava, drains blood from the kidneys at low pressure.

Bladder and ureters

- The bladder acts as a storage organ, holding urine until it is convenient to release it to the outside world.
- The urine then flows along the urethra. A valve in the urethra prevents backflow of urine into the bladder.



Key words

nephron
ureter

Gross anatomy

- The human *kidney* is supplied with blood by a branch of the *aorta* called the renal artery and is drained of blood by a branch from the vena cava called the renal vein.
- Urine produced by the kidney is conducted by the *ureter* to the bladder for storage.

Cortex and medulla

- The outer part of the kidney is called the cortex. It surrounds the medulla, which includes in the middle a space connected to the ureter.
- The renal artery branches repeatedly in the kidney, delivering blood to the cortex.

Nephrons

- Nephrons are long tubules that start in the cortex with a small knot of capillaries called a glomerulus. The glomerulus is surrounded by a cupshaped structure called the Bowman's capsule, which serves as a filter to remove organic wastes, excess inorganic salts, and water. Fluids from blood in the glomerulus are collected in the Bowman's capsule and further processed along the nephron to form urine.
- A proximal convoluted tubule receives the fluids from the renal corpuscle. The proximal tubule leads to a long tubular loop called the loop of Henle, which is concerned with absorbing water from the urine before it is released. The ascending limb of the loop of Henle returns the urine to the cortical region of the kidney where it enters the distal convoluted tubule. This tubule carries the urine to the collecting duct, which empties into the renal pelvis and then into the ureter and bladder.

Excretion: kidney structure



Excretion: kidney function



HUMAN BIOLOGY

173

Key words	
Bowman's	nephron
capsule	selective
concentration	reabsorption
gradient	ultrafiltration
glomerulus	urea
kidney	ureter

Ultrafiltration

- The human *kidney* is supplied with blood by a branch of the aorta called the renal artery. This enters the kidney at high pressure, and plasma is forced out of the capillaries in the *glomerulus*. This process is called *ultrafiltration*.
- The glomerular filtrate that collects in the space of the *Bowman's capsule* contains a wide range of useful materials (salts, sugar, etc.) as well as waste products like *urea*.
- If this liquid were passed out as urine, the body would be losing valuable materials and a huge amount of water every day.

Selective reabsorption

- As the fluid passes along the nephron toward the collecting duct that will take it to the *ureters* and then to the bladder, useful materials are reabsorbed.
- Glucose and many salts are reabsorbed in the first part of the *nephron* called the proximal convoluted tubule. Glucose is actively reabsorbed. Many other substances diffuse back into the blood along a *concentration gradient*.
- The loop of Henle is important for reabsorbing water. Sodium ions are pumped into and out of the loop in a particular pattern to cause water to follow them by osmosis. This process can create a highly concentrated urine that can conserve water in times of stress. When water is plentiful, this process is modified, and mammals produce large volumes of dilute urine.

Key words

epidermis keratin Malpighian layer

Skin layers

• The skin is made up of three distinct layers: the *epidermis*, the dermis, and a layer of fat called subcutaneous fat.

Epidermis

- The epidermis is the outer layer of the skin and includes everything from the *Malpighian layer* outward.
- Mature epidermal cells are dead and are constantly lost from the surface. The Malpighian layer replaces these cells at the base of the epidermis so that there is a constant migration of cells from inside to outside. During this migration, the cells are filled with *keratin*, which helps to waterproof the skin.
- Melanocytes in the skin produce the pigment melanin in response to UV light. This darkens the skin and protects the delicate dermis from radiation.

Dermis

- The dermis is much thicker than the epidermis and contains a much wider range of structures.
- Sweat glands in the dermis produce sweat, which is released most actively when the temperature rises. It cools the skin by absorbing energy to evaporate.
- Hair follicles are embedded in the dermis. Sebaceous glands, found where the hair exits the skin, produce a fatty secretion called sebum. Bacteria living on the skin surface digest this to create acids that inhibit the growth of certain pathogenic organisms.
- The dermis also contains a wide range of sensory nerve endings.
- Blood vessels in the dermis can expand and contract to regulate heat loss from the skin.

Subcutaneous fat

• Subcutaneous fat gives the skin a plump, padded look.

Excretion: skin structure

Skin

Vertical section



Coordination: nervous system



175

Key words

neurotransmitter
peripheral
nervous system
sensory neuron
spinal cord
synapse

CNS and PNS

- The human nervous system divides into two main parts: the *central nervous system* (CNS) and the *peripheral nervous system* (PNS).
- The CNS includes the brain and spinal cord. The PNS includes everything else and consists of paired nerves that arise from the *spinal cord*. A single nerve is a bundle of elongated cells called *neurons*.

Neurons

- Neurons are the cells of the nervous system that carry nerve impulses. There are three basic types:
- Sensory neurons convey messages from the sense organs into the CNS.
- *Motor neurons* carry messages from the CNS out to muscles or glands.
- Association neurons carry messages around inside the CNS. They are different from sensory and motor neurons in that they do not possess myelin sheaths, the insulating envelopes that surround the core of a nerve fiber and facilitate the transmission of nerve impulses.
- Neurons pass messages between themselves across synapses. A *synapse* forms where two nerve cells are in close contact. Messages pass across the small gap as secretions of chemicals called *neurotransmitters*.
- Impulses passing along neurons are waves of electrical activity created by the movement of sodium ions into and out of the nerve fiber.

Key words

impermeable neuron stimulus

Electrical balance

- A nerve fiber is long and tubular in shape. It is normally *impermeable* to sodium ions, and these are pumped to the outside of the cell so that an electrical potential exists across the cell membrane.
- This means that the outside is more positive, with a higher concentration of sodium ions than the inside.

Depolarization

- When a *neuron* is stimulated, the membrane is changed to allow ions to pass, and sodium ions rush in to equalize the potential difference. This is called depolarization. A number of other ions inside also move, particularly potassium ions, which flow out of the neuron.
- The inside of the neuron is now neutral or slightly negative. This lasts for a very short time, and soon the active pumping of sodium ions and reversion of the membrane back to impermeability reasserts the positive charge outside the cell.

A wave of depolarization

- A nerve impulse is a wave of depolarization that moves along the neuron.
- Depolarization in one part stimulates the next part of the neuron to depolarize. This moves the impulse forward. Behind the depolarization, the cell is repolarizing the membrane again to leave it ready to receive the next stimulus.

Coordination: nerve impulse



O Diagram Visual Information Ltd.

Coordination: synapse



HUMAN BIOLOGY

Key words		
axon dendrite neuron neurotransmitter synapse	vesicle	
eynapee		

Links between cells

- Nerve cells do not exist in isolation. They must pass messages between themselves in order to function.
- The point at which *neurons* meet is called a *synapse*. The cells do not actually join; there is always a small gap between them.
- The ends of neurons are often specialized to encourage the passing of messages; for example, they can have an increased surface area, or have a number of shorter processes called *dendrites* that link into the cells around them.

Chemical messengers

- Each impulse travels down the *axon* of the neuron to its end, which is swollen to form a synaptic knob.
- The synaptic knob (see bottom diagram) is filled with *vesicles* called synaptic sacs, which contain chemicals called *neurotransmitters*.
- When an impulse arrives at the synaptic knob, chemicals trigger the ejection of neurotransmitters from some of the vesicles, and their neurotransmitter is released into the synaptic cleft.
- The neurotransmitter molecules bind to receptors on the postsynaptic membrane.
- Some neurotransmitters stimulate an impulse in the next neuron. Some inhibit the neuron, stopping the impulse or blocking a pathway.
- Neurotransmitter molecules are broken down after a short time, so that the synapse becomes open for new impulses again.
- Certain types of poisons (e.g., curare) affect these chemicals and the enzymes that regulate them. These poisons kill the body by effectively destroying the functionality of the nervous system.



Key words

adrenalin autonomic	spinal cord
nervous system	nervous system
parasympathetic nervous system	

No conscious control

- The *autonomic nervous system* consists of two systems that control many of the automatic responses in the body.
- They are not normally under conscious control and mainly deal with the control of glands and the internal body condition.

Sympathetic system

- The sympathetic nervous system prepares the body for activity and has effects that are similar to the effects of the hormone *adrenalin*. This is the fight or flight response.
- The sympathetic system arises from the *spinal cord* but with a ganglion (lump) of nervous tissue found near the root of the nerves.

Parasympathetic system

- The *parasympathetic nervous system* relaxes the body. Its effects are antagonistic to the sympathetic system.
- Parasympathetic nerves arise directly from the spinal cord without any ganglia. The most important parasympathetic nerve in the body is the vagus nerve, which connects to a wide range of organs in the chest and abdominal areas.

Coordination: autonomic nervous system



Coordination: brain structure

Brain



Brain from left side showing location of areas



HUMAN BIOLOGY

179

Key words

cerebellum spinal cord cerebral hemispheres medulla oblongata

Brain structure

• The brain is actually a tubular structure that can be interpreted as a swelling of the end of the spinal cord. The central canal of the spinal cord is continuous with spaces at the center of the brain. However, because the tube is folded and expanded, this structure can be obscured.

• Starting from the top of the *spinal cord*, the first swelling is the *medulla oblongata*. Growing out from this toward the back of the head is the *cerebellum*.

• Further along the structure are the two largest swellings—the *cerebral hem ispheres*. The cord has also bent through a right angle so that the hemispheres seem to sit on top of the cord.

• Neurologists normally subdivide the cerebral cortex into four lobes: the frontal lobe, the parietal lobe, the occipital lobe, and the temporal lobe.

Key areas

- Different parts of the brain have different functions. Broadly speaking, the further down the tube, the more unconscious or automatic the activity.
- The medulla oblongata coordinates involuntary activities. The cerebellum coordinates complex muscle movements and is involved in maintaining balance.
 - Thinking and voluntary action seem to be coordinated by the cerebral hemispheres.
 - The cerebral hemispheres have been extensively mapped to identify areas concerned with senses and movement (see bottom diagram). Locating the area that is concerned with conscious thought has been much more difficult.


thalamus

Key words

cerebellum	
cerebral	
hemisphere	
hypothalamus	
spinal cord	

Brain stem

- This is really an extension of the spinal cord and is a swollen area that deals with many automatic and maintenance functions.
- Control of breathing, heartbeat, dilation of pupils, vomiting, and coughing are organized in this region. Lack of activity of the brain stem is taken as a conclusive sign of deathwithout these automatic functions, the body cannot survive.

Cerebellum

- The cerebellum consists of two paired hemispheres growing out of the back of the brain stem.
- The decision to move a muscle is taken in the higher centers of the cerebral hemispheres, but the cerebellum coordinates the firing of the thousands of nerve cells and contraction of individual muscle fibers to achieve this movement.

Thalamus

Hypothalamus

• The thalamus (not visible in the diagram) is located in the center of the brain beneath the central hemispheres. It connects the midbrain to the higher centers in the cerebral hemispheres. It has a more active role in emotions, arousal, and some reflexes than the automatic systems of the brain stem.

• The hypothalamus (not visible in the

diagram) lies beneath the thalamus

and coordinates links between the hormone and nervous systems.

Coordination: brain function

Brain functions

- Certain brain functions can be mapped to particular areas of the cerebral cortex.
- For example, a fold of the cortex immediately behind the frontal lobe, called the primary motor area, controls muscle activity in various parts of the body. Hence, muscle activity in, say, the hand or tongue, can be pinpointed to a specific location in this area of cortex.
- Similarly, the primary sensory area, lying just behind the motor area, receives sensory information from specific parts of the body responsible for the sensations of touch, pressure, temperature, and body position.

Brain from left side showing functions of areas

Hearing, sight, taste, and smell, which involve more complex signaling, are mapped to separate areas of the cortex.

- The cerebral cortex is also responsible for consciousness and emotions, and for mental activities such as language, learning, and memory-functions that require the integration of signals from various parts of the brain.
- Several areas of the cortex have been mapped as speech centers. These are confined to the left hemisphere in about 9 out of 10 persons.



9

- 4 Hand
- 5 Finger
- Thumb 6 Neck 7
- 8 Tongue

- 12 Hand
- 13 Finger 14 Thumb
- 15 Neck
- 16 Tongue

- 19 Hearing
- 20 Taste and smell
- 21 Speech understanding
- 22 Vision

Coordination: taste



HUMAN BIOLOGY

181

Key words epithelium papilla

Tongue structure

- The tongue is a muscular organ that helps to mix the food and saliva in the mouth. The top surface is covered with specialized epithelial cells, called *papillae*, which hold the taste buds.
- The taste buds are collections of nerve cells that respond to a range of chemicals. They line the papillae in the gaps between them.

The four tastes

- The tongue responds to four basic tastes: bitter, sweet, sour, and salty.
- The different areas of the tongue respond particularly well to one of these tastes. The tip can detect both sweet and salty flavors.
- There appears to be limited structural differences between the taste buds in these different areas of the tongue, although the sensory nerves that arise from them run to slightly different areas of the spinal cord.
- Sweet tastes are the most difficult to detect, with bitter tastes a thousand times more dilute easily detected.



Key words

olfactory neuron

Site of detection

- The sensory cells responsible for smell are found in the cavities behind the nose.
- Smell is a chemical sense, and the relevant chemicals must dissolve in the layer of mucus lining the nasal cavities before they can be detected.
- If the nose is blocked, for example by mucus secreted during colds and flu, the sense of smell is degraded. Since smell has a strong influence on taste, the sense of taste is also compromised.

Sensory cells

- Chemicals that have dissolved in the mucus lining the nasal cavities react with *olfactory neurons*. These send impulses along to the olfactory bulb near the base of the brain.
- Smells have never been sorted into four categories as tastes have been, and all olfactory neurons seem to be structurally identical.
- Olfactory neurons have a short life span (typically 1–2 months) and, uniquely for nerve cells, can be regenerated throughout life.
- Smells appear to be able to evoke associations much more readily than tastes. A number of reflexive actions are also mediated by smells, from sneezing to feeling hungry when food is smelled.

Coordination: smell

Nose

Section through head to show nasal cavity



Coordination: ear structure

Ear

Section of the head to show internal structure of the ear



HUMAN BIOLOGY

Key words

auditory ossicle cochlea eardrum eustachian tube semi-circular canal

The outer ear

- The outer ear consists of the pinna, which projects beyond the bone of the skull. It gathers sound waves and funnels them toward the ear canal, which ends in the *eardrum*.
- Sounds make the thin membrane of the eardrum vibrate.

The middle ear

- The middle ear consists of an air-filled cavity inside the eardrum. It links to the back of the throat through the *eustachian tube*, which allows air pressure to be balanced on both sides of the drum.
 - Crossing the space of the middle ear are the *auditory ossicles*: the hammer, anvil, and stirrup. These pass vibrations across the middle ear and into the inner ear via the oval window. The auditory ossicles act as a mechanical amplifier and increase the amplitude of the sound waves as they pass.

The inner ear

- The inner ear is completely encased in the bone of the skull and is a fluid-filled cavity containing the *cochlea* and the *semicircular canals*.
- Vibrations enter the inner ear through the oval window and are converted into pressure waves that pass along the coiled tube of the cochlea and leave through the round window. The cochlea can interpret these pressure waves as sounds.
- The vestibular apparatus—consisting of the semicircular canals, utrile, saccule, and vestibule—is the organ of balance.



Key words

auditory ossicle cochlea otolith semicircular canal

Path of vibrations

- Sound entering the outer ear passes along the ear canal to the eardrum. Here it is converted to movement and passes along the *auditory ossicles*.
- The stapes passes these movements into the *cochlea*, where fluids call perilymph and endolymph create pressure waves. The frequency of the pressure waves matches the frequency of the original sound entering the ear.

Hearing

- The pressure waves stimulate the hair cells of the organ of Corti, a membrane lying between the basilar and tectorial membranes. It is the movement of these hair cells that converts the vibrations into nerve impulses.
- The auditory cortex in the brain receives these impulses and interprets them as sounds.

Balance

- The *semicircular canals* are concerned with balance.
- When the head moves, endolymph in the canals moves due to momentum. The movement of the fluid disturbs the *otoliths*, which are suspended on sensory hair cells.
- The brain can use information from these sensory cells to detect body movements, even when other sources of information (e.g., visual) are unavailable.
- Normally, balance is assessed using information from both eyes and ears.

Coordination: hearing and balance



Coordination: eye structure

Sight

Partial section of eye to show orbit and extrinsic muscles



Vertical section



185

HUMAN BIOLOGY

Key words

optic cortex optic nerve vitreous humor

External structure

- The eye is a light-proof ball filled with a clear jelly-like substance. The tough outer layer is called the sclera (see bottom diagram) and is transparent at the front to let light in.
- Muscles are attached to the sclera to turn the eye in its socket. A single optic nerve comes out of the back of the eye and connects directly to the optic cortex at the back of the brain.

Internal structure

- The eyeball is filled with a clear, jellylike substance called the vitreous humor. This keeps the eyeball fully inflated-if it were to deflate it would not be able to focus correctly.
- The choroid is a layer found inside the sclera. It is black in color to help reduce internal reflections.
- Blood vessels in the choroid supply the retina with food and oxygen, and take away waste products.
- Light entering the eye passes through the cornea, the transparent layer at the front of the eye covered by the conjunctiva. It refracts light to aid focusing.
- The iris, behind the cornea, is a colored ring of muscular tissue. By altering the size of the pupil, its central opening, it controls the amount of light entering the eye.
- The aqueous humor connects the cornea with the lens and helps maintain the convex shape of the cornea necessary for the convergence of light at the lens.
- The transparent lens focuses light on to the retina.
- The retina contains the light-sensitive cells called rods and cones. Rods respond to light level alone and enable black and white vision in dim light. The brain combines information from these three cell types to produce a full color image. Cones need a higher light \Box intensity to function than rods do.

Key words

neuron

Retina

- There are two types of light-sensitive cells in the retina: rods, which are most numerous and provide vision in dim light; and cones, which work in bright light and provide color vision. Cones exist in three different forms, with each one responding to a slightly different color of light (broadly red, green, and blue).
- The cells contain visual pigments. When light strikes the cell, it is temporarily bleached, producing an electrical signal. These signals are conveyed to the brain as nerve impulses via connecting *neurons* and sensory nerve fibers.

Coordination: light sensitivity



Coordination: endocrine system



187

HUMAN BIOLOGY

Key words

adrenalin insulin basal metabolic pituitary gland rate endocrine gland hormone

Endocrine glands

- *Endocrine glands*, sometimes called ductless glands, produce secretions that pass directly into the blood.
- Endocrine secretions are called *hormones* and change the functioning of a distant organ in the body. So, the hormone *adrenalin*, produced by the adrenal gland, increases the heart rate.
- The organ affected by a particular hormone is called the target organ.

Hormonal coordination

- Hormonal coordination is used by the body to control many long-term changes, e.g., growth and development.
- The most important endocrine gland in the body is the *pituitary gland*, which secretes hormones that regulate other endocrine glands.

Key endocrine glands

- The adrenal glands secrete adrenalin, which stimulates the body to produce a "fight or flight" response to stress.
- Testes and ovaries secrete a range of hormones to control sexual development.
- The thyroid gland secretes a hormone that controls the *basal metabolic rate*.
- The pancreas contains cells that secrete *insulin*, which reduces the level of sugar in the blood.
- Parathyroid glands produce hormones that regulate the amount of calcium and phosphorus in the body.
- The pineal gland secretes melatonin, which plays a role in sleep, aging, and reproduction.
- The thymus and the pituitary and hypothalamus in the brain also have endocrine functions.
- The thymus gland is also involved in the production of T-lymphocytes, essential components of the immune system.



Key words

endocrine gland hormone hypothalamus pituitary gland

The "master gland"

- The *pituitary gland* is called the "master gland" because it secretes *hormones* that control the activity of a range of other *endocrine glands*.
- The pituitary gland consists of two types of tissue: endocrine at the anterior, and nervous at the posterior. Development in the embryo clearly shows the two sources of tissues that make up this hybrid organ.
- The posterior lobe is connected to the brain through the *hypothalamus*. These connections link the two coordination systems in the body: the nervous system and the endocrine system.

The anterior lobe

- The anterior lobe secretes hormones that influence the activity of glands like the adrenal, thyroid, and gonads.
- Growth hormone regulates the growth of long bones.
- Prolactin stimulates the mammary glands to secrete milk.

The posterior lobe

- Hormones secreted by the posterior lobe tend to produce more rapid short-lived responses than hormones from the anterior lobe.
- Vasopressin (an anti-diuretic hormone) increases water reabsorption by the kidney to produce more concentrated urine.
- Oxytocin stimulates the contraction of uterine muscles during childbirth.

Coordination: pituitary gland



Locomotion: skeleton



HUMAN BIOLOGY

189

Key words

axial skeleton pentadactyl limb

Bones

- The adult human skeleton contains 206 bones, though some are so closely fused together (e.g., the plates of the skull) that they effectively form a single bone.
- The largest bones in the body are the femurs of the legs. The smallest are the auditory ossicles in the middle ear.
- The skeleton provides places to attach muscles, acts as a mineral store, protects key body organs, and manufacturers certain types of blood cells.

The axial skeleton

- The *axial skeleton* consists of the head, spine, and associated structures like the ribs and shoulder blades.
- The axial skeleton protects key body organs (the brain, spinal cord, heart, and lungs).

The pentadactyl limbs

- The limbs in humans follow the standard pentadactyl pattern.
- A single bone at the top of the limb links to two bones below.
- A set of five bones form the next section leading in turn to five digits terminating in five phalanges.
- The presence of the *pentadactyl limb* in many animals is evidence for descent from a common ancestor—a key feature of evolutionary theory.



Key words

cartilaginous joint synovial joint

Types of joint

- A joint is formed where two or more bones link together. There are three basic types of joint.
- Fixed joints in the cranium of the skull allow no movement at all. The bones are fused together.
- *Cartilaginous joints* have a cartilage connection between bones and allow some movement. The joint between the two halves of the pelvis is a cartilaginous joint. In pregnancy this cartilage is softened by hormone action so that during childbirth the pelvis has enough flexibility to facilitate passage of the baby's head.
- Synovial joints allow a much wider range of movement and can be further classified into ball and socket joints, hinge joints, and others based on their arc of movement.

Synovial joints

- Ball and socket joints allow movement in two planes.
- The hip joint is a ball and socket joint. The ball at the head of the femur fits into a boney socket in the pelvis. Ligaments hold the bones together. A synovial membrane lines the inside of the joint and secretes a lubricating fluid called synovial fluid. The parts of the bone that move against each other are covered with a smooth tough form of cartilage. The loose fibrous capsule permits the hip joint to have a large range of movement.
- The knee joint is an example of a hinge joint. The bones are shaped to allow movement in only one plane.
- The knee is made up of the lower end of the femur, which rotates on the upper end of the tibia, and the patella, which slides in a groove on the end of the femur. The joint is bathed in a viscous fluid that is contained inside the synovial membrane. Cartilage serves to cushion the knee and helps it absorb shock during motion.

Locomotion: joints

Joints

Ball and socket joint: hip joint



Terrestrial biomes

Biomes

Rain forest

This biome is found in tropical regions with high rainfall close to the equator. It consists chiefly of tall trees that form a dense canopy high above the ground. Shrubs and smaller plants live on trunks and branches in the canopy, while the forest floor supports mainly fungi and invertebrates that live off decomposing vegetation.

Desert

Desert is found in regions where rainfall is below 10 inches (25 cm) per year. Perennial plants such as cacti, yuccas, and agaves are resistant to drought, while quick-growing annuals appear and disappear with the rains.

Grassland

This biome is typical of continental interiors and is dominated by grasses, which survive the dry season by means of underground stems (rhizomes). Herbivorous animals, such as antelope, zebra, and cattle, are common here.

Distribution of biomes

Deciduous forest

Deciduous forest is found in temperate regions with evenly distributed rainfall, and is dominated by deciduous hardwood trees such as oak, beech, and maple. The forest floor often supports shrubs and ground plants.

Taiga

Taiga is typical of cool regions in high latitudes and mountains with a short growing season. It consists almost entirely of evergreen coniferous forest, with sparse herbs and shrubs.

Tundra

Tundra is found especially encircling the North Pole, and also on high mountains (alpine tundra), where temperatures are low and the growing season is short. In Arctic regions the ground is permanently frozen (permafrost) below the surface layer. Hardy plants such as mosses, sedges, and lichens form the sparse vegetation.

ECOLOGY

191

Key words

biome

Biomes

- A *biome* is a large community of living organisms that are adapted to a particular climate and soil conditions. Biomes are characterized by their dominant vegetation, for example, grasses or tropical trees. Biomes may stretch across entire continents and gradually merge with adjoining biomes.
- The dominant factor controlling establishment of a biome type appears to be incoming sunlight, as biomes are broadly parallel bands aligned with the equator.

Biome types

- Rainforest depends on high solar radiation and rainfall. It is a complex system with many species.
- Desert has similar sunlight input but has very low rainfall: below 10 inches (25 cm) per year. This leads to a very impoverished vegetation cover.
- Grasslands predominate further away from the equator.
- Still further away are forests, initially the deciduous forest, with trees that lose their leaves in the winter. Nearer the poles are coniferous forests, with

trees that can survive in ground that is frozen solid for at least part of the year. These forests form the taiga. The most extreme biome is tundra. This has very limited vegetation cover, no trees, and is sometimes referred to as a "cold desert."



ECOLOGY

Key words

carbon cycle photosynthesis respiration

Carbon cycle

- Carbon, the fourth most abundant element in the Universe, is the building block of life. It is the element central to all organic substances, from fossil fuels to DNA.
- The total amount of carbon on planet Earth is fixed. The same carbon atoms in the atmosphere and in your body have been used in countless other molecules since the Earth began. The *Carbon cycle* is the complex set of processes through which all carbon atoms rotate.
- Carbon exists in Earth's atmosphere primarily as the gas carbon dioxide (1). Through *photosynthesis* plants fix carbon dioxide from the atmosphere into sugars, which they need to grow (2).
- Animals eat the plants and use the carbon for their own maintenance and growth (3).
 Animals return carbon dioxide into the air through *respiration* (4) and when they die (7), since carbon is returned to the soil during decomposition.
- Plants and animals decay and, over the course of millions of years, create fossil fuels—coal, oil, natural gas (5).
- Burning fossil fuels returns the carbon in these fuels to the atmosphere (6).

Carbon cycle

Global warming

- In recent times, humans have been burning large quantities of fossil fuels, which has led to a rising concentration of carbon dioxide in the atmosphere.
- This is intensifying the "greenhouse effect," whereby carbon dioxide and other gases in the Earth's atmosphere act like the glass in a greenhouse, trapping heat near the Earth's surface.
- Consequently the average temperature at the Earth's surface is gradually rising—the phenomenon called global warming—with potentially disastrous consequences. These may include rising sea levels, disrupted weather patterns, devastation of farming and natural ecosystems, and mass extinction of organisms.

Carbon cycle



Carbon dioxide released by respiration

4

O Diagram Visual Information Ltd.

Nitrogen cycle



1 Atmospheric pool of nitrogen

- 2 Nitrogen-fixing bacteria in root nodules of legumes
- 3 Fertilizers
- 4 Soil nitrate
- 5 Nitrate taken up by plant roots6 Plant and animal proteins

- 7 Dead organisms
- 8 Decomposers9 Nitrite bacteria
- **10** Nitrate bacteria
- 11 Denitrifying bacteria
- **12** Lightning

193

ECOLOGY

Key words

decomposer nitrogen cycle

Importance of nitrogen

- All living things need nitrogen to build protein. However, most organisms cannot use nitrogen gas and nitrates (the dominant form of the element in the soil) are poisonous to animals.
- Four processes cycle nitrogen through the biosphere: nitrogen fixation, decay, nitrification, and denitrification.

Nitrogen fixation

/

- Plants must secure their nitrogen in "fixed" form, as soluble nitrates. Nitrogen can be fixed in three ways.
- Lightening helps oxygen and nitrogen to react to form nitrogen oxides, which dissolve in rainwater to

become nitrates in the soil (1, 12)

- Nitrogen fixing bacteria in the root nodules of legumes and in the soil can convert nitrogen into usable compounds (2, 4).
- Fertilizers can contribute useable nitrogen compounds to the soil (3).
- Plants take in soluable nitrates through their roots and use them to build proteins that can be taken in by animals (5, 6).

Decay

• Nitrogen leaves plants and animals when they rot, and *decomposers* break down dead organic matter (7, 8).

Nitrification

• Nitrifying bacteria convert the ammonia produced by decay into nitrates (9, 10) used by plants.

Denitrification

• Bacteria that use nitrates as an alternative to oxygen in respiration reduce nitrates to nitrogen gas, thus replenishing the atmosphere (11).



ECOLOGY

Key words

respiration transpiration water cycle

One cycle-two components

- Earth's water is always moving in a cycle called the hydrologic or water cycle.
- The water cycle is of paramount importance to living things, but most of the cycle actually takes place outside living organisms.

Non-living cycle

- The cycle begins when water evaporates from the surface of the oceans (1).
- As the moist air rises, it cools and condenses into water vapor, which forms clouds (2).
- Water then falls to the Earth as precipitation (3). Once on the ground, some of this water is absorbed into the soil (4).
- Plants and animals take up this ground water and discharge it into the atmosphere during transpiration and respiration (5–7) • Some of the
- precipitation does

not penetrate Earth's surface. Instead, this runoff empties into lakes, rivers, and streams and is carried back to the oceans, where the cycle begins again.

• Some precipitation evaporates directly back into the atmosphere.

Living cycle

• This is globally insignificant but can be locally important. Trees and vegetation give out water by transpiration. This affects the areas adjacent to the vegetation, creating pockets of humidity that affect the growth of a range of organisms. Animals have minimal effect on the water cycle.

Water cycle



O Diagram Visual Information Ltd.

- Evaporation 1 2
- Water in clouds
- 3 Rain and snow 4
 - Water drains into river and soil
- Water taken up by plants and animals 5
- 6 Water loss by transpiration
- 7 Water loss by respiration

Energy flow



195

ECOLOGY

Key words

carnivore feces herbivore photosynthesis organic matter

Incoming

- All energy in living systems is ultimately derived from sunlight.
- Photosynthetic plants capture energy in sunlight and use it to make sugar. This sugar provides energy for all other processes in the organism and results in the creation of organic matter.

Transfer

- Animals cannot carry out *photosynthesis* and so get their energy from the *organic matter* stored by plants.
- *Herbivores* eat the plants directly. *Carnivores* eat herbivores or other carnivores that will—ultimately in this food chain—have eaten herbivores.

Energy loss

- Some energy is lost during transfer between organisms. Roughly 25 percent of the food input for an animal is wasted as *feces*. Another 25 percent is used to keep the animal alive, which leaves only about 50 percent that contributes to the production of new organic material.
- These losses are repeated at every transfer. This explains why food chains can only be about four links long—if they were any longer, too much energy would be lost in each transfer to make the chain sustainable.
- The energy is given out as heat and is radiated from Earth into space.

196

ECOLOGY

Key words

photosynthesis trophic level

Energy input

- All energy in living systems is ultimately derived from sunlight.
- Energy absorbed by green plants in photosynthesis is used to build new cells. These cells increase the size of the plants. The mass of material is called the biomass, and it is the biomass that provides the energy input for the next *trophic level*.

Trophic levels

- Photosynthetic plants are called Trophic level 1. The animals that eat them exist at Trophic level 2, and so on.
- The biomass of all organisms at each trophic level is significantly lower than the biomass of the organisms in the level below. When plotted on a graph, this shows itself as a pyramida pyramid of biomass.

Pyramid of biomass

Biomass

- The mass of organisms (biomass) that can exist at any given stage in a food chain is much smaller than that in the preceding stage.
- This can be shown as a pyramid of biomass, in which different levels of the pyramid represent the biomass in successive stages of the food chain.
- The base of the pyramid is the biomass of primary producers, and the peak depicts the biomass of the top consumer.
- The base represents the algae and the peak is the amount of human biomass contributed by fish (i.e., bass) harvested and fed to humans.
- In this case, 10,000 kg of algae are required to produce 1 kg of human biomass, a huge difference that reflects the large energy losses at each stage of the food chain.



Food web



197

ECOLOGY

Key words

consumer decomposer food chain food web producer

Feeding relationships

• The relationship between an animal and its prey can be shown with an arrow. The arrow always points to the consumer.

Food chains

- Starting with a single plant, it is possible to plot a chain of relationships showing an animal eating the plant, the *producer*, and then the same animal, the primary *consumer*, being eaten by another animal, the secondary consumer, and so on.
- *Food chains* typically have about four or five links.

Food webs

- The feeding relationships in an area are typically much more complex than a simple food chain.
- A *food web* shows the ways that the food chains in an area interact. Many organisms will exist in more than one chain.

Decomposers

- *Decomposers* are not usually shown in food webs, but all living organisms eventually die and are broken down by decomposer organisms.
- Since all organisms in the web would be connected to this decomposer level, it would make a very complex diagram that would be difficult to interpret. For this reason, these links are often omitted from more complex food webs.

Key words

abdomen (1) The area below the rib cage and above the legs. (2) In arthropods, the hind region of the body. **absorption** The taking of dissolved substances into cells. **active process** A process that requires an energy input from the organism.

active site The part of the enzyme to which the substrate binds. It is where catalysis occurs. **active transport** The use of energy to transport substances across cell membranes against a

concentration gradient.

adenosine triphosphate (ATP) A chemical in cells that produces the energy that drives biological processes. ATP becomes adenosine diphosphate (ADP) when it releases its energy.

adrenaline A hormone the body releases in situations of stress.

aerobic respiration Respiration requiring oxygen. **allele** Variants of the same gene.

alveolus The sac-like end of an airway in the lungs. **amino acid** An organic compound that forms the basic structural unit of proteins and peptides.

amnion The fluid-filled sac that encloses the embryo. **anaphase** The stage of mitosis or meiosis in which the chromatids move to opposite poles of the cell.

anaphase II The second anaphase stage in meiosis. **antagonistic pair** A pair of muscles that pull in opposite directions.

anther In flowers, the part of the stamen that produces pollen.

antibody A chemical produced by B lymphocytes that attacks invading microorganisms.

anticodon Set of three tRNA nucleotides that binds with its complementary codon in an mRNA molecule.

antigen A chemical found in cell membranes and cell walls that triggers the production of antibodies.

aorta The artery that carries high-pressure blood away from the left ventricle of the heart.

artery A blood vessel carrying blood away from the heart under high pressure.

asexual reproduction Reproduction in which offspring arise from a single parent. It does not involve the union of gametes. The offspring are identical to the parent. **assimilation** The use of absorbed materials to produce new cells in an organism.

association neuron A neuron in the brain or spinal column that forms the connecting link between sensory and motor neurons.

ATP See adenosine triphosphate

auditory ossicle A bone in the middle ear that transmits acoustic vibrations from the eardrum to the inner ear. **autonomic nervous system** The collection of nerves that regulate the unconscious or automatic processes in the body.

auxin Hormones that regulate plant growth. axial skeleton The skull, spine, rib cage, and pelvis. axon A long extension from the body of a nerve cell along which impulses are conducted away from the cell. bacteriophage A virus that attacks bacteria.

bacterium A microscopic single-celled organism that has no nucleus.

basal metabolic rate The energy expended by the body at rest to maintain vital functions.

bilateral symmetry The property of being symmetrical on a vertical plane.

bile Secretions made in the liver from the breakdown of red blood corpuscles.

biome A major ecological region with characteristic climate and organisms.

bond The chemical connection between atoms in a molecule.

Bowman's capsule A cup-shaped structure in the kidney where blood is first filtered.

bronchiole One of two tubes in the lungs connecting the bronchi to the alveoli.

buccal cavity The cavity at the anterior end of the alimentary canal.

calcification The deposition calcium in cartilage. **cambium** A layer of actively dividing cells between the phloem and xylem in flowering plants.

canine tooth A long, pointed tooth used to tear food. capillary The smallest blood vessel in the body. carbon cycle The cycling of carbon through the living

world by photosynthesis and respiration. **carnivore** A flesh eating animal.

carpel The female reproductive organ of flowering plants, consisting of the stigma, style, and ovary. **cartilaginous joint** A joint in which bones are attached by cartilage, e.g., the joint between the two halves of the pelvis. The joint allows only slight movement. **cell** The basic structural and functional unit of an organism.

cellulose A polysaccharide molecule used to strengthen cell walls in plants.

central nervous system The brain and spinal cord. **centriole** The organelle in animal cells that controls the formation of the spindle during mitosis.

centromere The center of a chromosome, where the chromatids are attached. It has no genes.

cerebellum A part of the brain at the back of the head that coordinates voluntary movement and balance. **cerebral hemisphere** One of two parts of the brain at the top of the skull. The cerebral hemispheres are the seat of conscious thought and voluntary movements. **cervix** The entrance to the uterus.

chiasma The point at which nonsister chromatids of homologous chromosomes cross-over each other. **chlorophyll** A green pigment found in most plants that absorbs light energy during photosynthesis.

chloroplast In green plants, an organelle in which photosynthesis takes place.



chromatid One of the two chromosome strands that become visible during cell division. The strands are joined at the centromere.

chromosome A threadlike structure in cells that contains genetic material.

chyme The partially digested contents of the stomach before it passes into the duodenum.

cilium A tiny hair found on the surface of cells and some microorganisms.

cloaca An opening through which the intestinal, urinary, and reproductive tracts empty in birds, reptiles, amphibians, and many fish.

clone A genetically identical organism.

cochlea The organ in the inner ear that converts sound into nerve impulses.

codon The triplet of bases held on the DNA that codes for a particular amino acid.

coenzyme Chemicals that are required by enzymes to complete a reaction.

collagen The structural protein in connective tissue. **colonial polyp** A coelenterate that is attached to a substrate and lives in giant colonies.

concentration gradient A difference in the

concentration of a substance from one area to another. **condensation reaction** A reaction that binds two chemicals together and releases water.

consumer An organism that consumes organic matter. **continental drift** The movement of large plates of the Earth's crust.

continuous variation Variation that shows a complete spectrum of values, e.g., height or weight.

contractile vacuole An organelle in many single-celled organisms that expands and contracts to expel water from the cell.

cotyledon The leaf-like part of the plant embryo that is the food reservoir.

crista A fold of membrane projecting into the matrix of mitochondrion.

cyst A reproductive structure often strengthened by external walls to survive periods in inhospitable or dangerous conditions.

cytoplasm The material that maintains a cell's shape and consistency. It stores chemical substances needed for life and is the site of important metabolic reactions. **decomposer** An organism that breaks down dead organic material.

dehiscence The process of splitting open to release reproductive structures.

dendrite The branched filament of a nerve cell that receives impulses from other nerve cells and passes them on to the cell body.

dentine The calcified tissue that makes up the bulk of a tooth.

deoxyribosenucleic acid (DNA) The molecule that holds the genetic code.

diaphragm A sheet of muscle lying over the liver and stomach and under the lungs.

diastole The phase of the heartbeat when the heart muscle relaxes and the heart fills with blood. **dicotyledons** Plants with two seed leaves (cotyledons) in

the embryo. diffusion The spreading of gases or liquids caused by random movement of their molecules.

digestion The mechanical and chemical breakdown of foods into nutrients an animal can absorb.

diploid The number of chromosomes of a normal cell. **discontinuous variation** Variation that does not have a spectrum of types, e.g., being able to roll your tongue or not.

DNA See deoxyribosenucleic acid.

dominant In genetics, the allele that masks another allele.

double circulation A circulatory system where the blood passes through the heart twice—once for the body and once for the lungs.

Down syndrome A genetic condition in which an extra chromosome causes a number of significant mental and physical problems. It is caused by an extra copy of all or part of chromosome 21.

eardrum The thin membrane at the junction of the middle and outer ear.

ectoplasm The gel-like outer cytoplasm of the cell found close to the plasma membrane.

egg The female gamete.

electron transfer chain A series of enzymes that can transfer energy from excited electrons into ATP. **embryo** The early stages that develop from the fertilized egg.

embryo sac The structure in the ovule of a flowering plant containing the female nuclei that will fuse with nuclei from the pollen grain to form the zygote. **endocrine gland** A gland that secretes hormones directly into the blood.

endocytosis The engulfing of materials by a cell. endodermis In plants, the innermost layer of cells that separates the cortex of the root from the pericycle. endoplasmic reticulum The network of plasma membranes running throughout the cytoplasm. It is involved in the synthesis, storage, and transport of cell products.

endosperm The food storage tissue found in the seeds of flowering plants.

enzyme A protein found in living organisms that speeds up the rate of a chemical reaction.

enzyme-coenzyme complex The giant molecule formed by an enzyme and coenzyme.

epidermis The outer, protective layer of cells in animals and plants.

epididymis The part of the testis that stores sperm. **epithelium** A sheet of tissue that covers the internal surfaces of the body.

eustachian tube A tube connecting the middle ear and the back of the throat to equalize pressure on both sides of the eardrum.



exocytosis The release of intracellular materials to the outside of the cell via vacuoles or vesicles.

exoskeleton The hard skeleton on the outside of the body.

factor VIII A blood protein required for clotting that is missing in people suffering from hemophilia.

fallopian tube The tube leading from the ovaries to the uterus.

fatty acid An acid with long hydrocarbon chain (roughly 30–40 carbon atoms) that is the major component of natural fats and oils.

feces The waste and indigestible food that passes out of the gut through the anus.

fertilization The fusion of gametes from two sexes to produce the zygote.

fetus The developing young in the uterus before birth. **fission** Splitting of a cell or organism into two or more daughters.

food chain A simple diagram showing feeding relationships between some plants and animals. **food web** A diagram showing how all of the food chains in an area link together.

fossil record The evidence from studies of the fossils for a particular line of evolution.

fruit Å structure developed from the swollen wall of the ovary that helps the dispersal and survival of seeds. **gamete** A mature male or female reproductive cell. It

gamete A mature male of female reproductive cell. It contains half the number of chromosomes of normal body cells. At fertilization, male and female gametes fuse to form a zygote.

gametophyte In plants, the generation that produces gametes.

gaseous exchange The movement of gases—usually carbon dioxide and oxygen—across an exchange membrane.

gastrodermis The inner body layer in Cnidaria. **gene** A length of DNA that determines inherited characteristics.

generative nucleus The nucleus in the pollen grain that eventually fuses with the egg nucleus in the ovule. **genotype** The genetic composition of an organism. **germ cell** A cell involved in sexual reproduction. Also

called a gamete. **germination** In plants, the first stages of growth of a seed or spore.

gill The respiratory organ of most aquatic animals that breathe water to obtain oxygen.

glomerulus A mass of capillaries at the entry of a kidney tubule. Blood plasma is filtered out of the blood in the glomerulus into the tubule.

glucose The most widely distributed six-carbon sugar in animals and plants. It is the energy source in respiration.

glycerol A small alcohol with three OH groups. It combines with fatty acids to form fats and oils. **glycogen** A polysaccharide used in animals to store

glycogen A polysaccharide used in animals to store energy.

glycolysis The breakdown of six-carbon sugars to three-carbon sugars in the cytoplasm.

glycosidic bond A bond formed between

monosaccharides by a condensation reaction.

Golgi body An organelle involved in assembling and storing metabolic substances.

granum A chlorophyll-rich membrane structure present in chloroplasts.

guard cell A cell that changes shape to open or close a stoma in a leaf.

gut The long tube that starts at the mouth and leads to the anus. It includes the large and small intestine and is sometimes called the digestive tract.

haploid Having half the number of chromosomes normally found in the cells of an organism.

hemoglobin A protein found in red blood cells in mammals. It reacts reversibly with oxygen.

hepatic portal vein The vein carrying blood from the gut to the liver.

herbivore An animal that only eats plants.

hermaphrodite An organism with both male and female sexual organs.

heterozygous An organism having two different alleles for an inherited trait.

homologous chromosome Chromosomes that pair up during meiosis. They have the same genes but may have different alleles so are not identical.

homozygous An organism having two identical alleles for an inherited trait.

host The organism that supports the parasite. **hypothalamus** A small organ at the base of the brain that coordinates visceral functions.

impermeable Material that it is not easily penetrated. **incisor** A chisel-shaped tooth at the front of the mouth used for cutting and biting.

inhibitor A chemical that slows down the speed of a chemical reaction.

insertion In genetics, the process by which a base is added to a sequence of DNA.

insulin The hormone secreted by the pancreas that controls the blood glucose level.

intercostal muscle A muscle between the ribs. **interphase** The period between cell divisions.

intestine The region of the alimentary canal between the stomach and anus or cloaca where nutrients are digested and absorbed and feces produced.

invertebrate An animal without a backbone.

karyotype The number and types of chromosomes characteristic of a species.

keratin A structural protein found in hair and nails. **kidney** The organ responsible for filtering and excreting liquid wastes and maintaining the composition of the blood.

Krebs cycle Sometimes called the tricarboxylic acid cycle, it occurs in the matrix of mitochondria and involves the break down of three-carbon sugars into carbon dioxide and hydrogen ions.



larva An immature form of an animal that has a different structure and way of life from the adult. **lateral line** A pressure-sensitive sense organ running along the sides of a fish or larval amphibian.

lenticel A small raised pore in the epidermis of the stem or bark of a plant with gaps between cells that permit gaseous exchange.

life cycle The successive stages organisms go through from birth to death.

light-dependent reaction The first stage in photosynthesis that converts light energy into chemical energy.

light-independent reaction The reduction of carbon dioxide to glucose in photosynthesis using energy captured during the light-dependent reaction.

lignin A complex polymer in the cell wall of plants that gives them strength and rigidity.

lipid An organic molecule, insoluble in water, that is formed by the reaction of a fatty acid with glycerol. It is the chief component of fats, oils, and phospholipids in the body.

liver The large gland opening into the gut that has multiple functions and plays an important role in metabolism.

lung The respiratory organ of air-breathing vertebrates across which carbon dioxide and oxygen diffuse.

lymph vessel A vessel that transports lymph fluid. **lymphatic system** The complete system of lymph vessels and nodes that conduct lymph from tissues to the circulatory system.

lysosome A membrane-bound organelle containing a mixture of powerful enzymes that are capable of breaking down many substances.

Malpighian layer The layer of cells at the base of the epidermis. The epidermal cells all originate from cell division in the Malpighian layer.

mammary gland A milk producing gland in female mammals.

matrix (1) The material in which another substance is embedded. (2) The central space of the mitochondrion. **maxilliped** One of a pair of appendages in crustaceans and centipedes that manipulate food prior to ingestion. **medulla oblongata** The part of the brain near the junction with the spinal cord that controls involuntary body functions such as breathing.

meiosis A specialized form of cell division that produces cells carrying half the usual number of chromosomes. These cells, called gametes, are used in sexual reproduction.

mesoglea The layer between the outer and inner layer in cnidarian bodies.

mesosome The infolding of the plasma membrane into the main body of the cell in some bacteria.

messenger RNA (mRNA) The RNA molecule that transfers the genetic code for a protein from the DNA in the nucleus to a ribosome in the cytoplasm, where it serves as the template for the synthesis of that protein. **metabolism** The range of living processes within an organism that provides for its needs.

metamorphosis A large change in the shape of the body during growth.

metaphase A stage in mitosis when the nuclear membrane breaks down and the spindle begins to form. **metaphase II** The second metaphase in meiosis. **micropyle** In plants, the pore in the ovule through which the pollen tube enters before fertilization. **mitochondrion** A membrane organelle, sometimes called the powerhouse of the cell, that produces the cell's energy in the form of ATP.

mitosis The process of cell division that gives rise to cells genetically identical to the parent cells.

molar A large tooth at the back of the mouth used to crush food.

molecule The smallest naturally occurring unit of an element.

molting The loss of the outer body surface (feathers, fur, skin, exoskeleton) and its replacement by a new one.

monocotyledon A plant with a single seed leaf (cotyledon).

monosaccharide A simple sugar with only one ring unit in its molecule, e.g., glucose. It cannot be further decomposed by hydrolysis.

motor neuron A neuron that carries impulses from the central nervous system to muscles or glands.

muscle Tissue the contraction of which causes movement.

mutation A variation caused by a change to an organism's genetic material.

mycelium The body of a fungus made up of many thousands of branching connected hyphae.

NAD See nicotinamide adenine dinucleotide

NADH See nicotinamide adenine dinucleotide phosphate.

NADP See nicotinamide adenine dinucleotide phosphate.

nematode Any of a group of mainly parasitic worms. **nephron** The functional unit of the kidney. Nephrons are long microscopic tubules that produce urine from blood.

neuron A nerve cell.

neurotransmitter A chemical that carries information across the small gap at a synapse.

nicotinamide adenine dinucleotide A coenzyme that functions as a hydrogen carrier in a wide range of redox reactions.

nicotinamide adenine dinucleotide phosphate A

coenzyme, functioning as a hydrogen carrier, important in the creation of ATP. NADH is the reduced form. **nitrogen cycle** The cycling of nitrogen through living systems as proteins, nitrates, and nitrites, etc. **nucleic acid** An organic substance found in cells that is involved in the storage of inherited information. It is the collective name for DNA and RNA.



nucleotide A molecule formed from a sugar, a phosphate group, and a nitrogenous base. It is the basic building block of DNA and RNA.

nucleus The control center of a cell. It contains the genetic material.

objective lens The lens near the specimen in a light microscope.

ocular lens The eyepiece lens in a light microscope. **olfactory neuron** A nerve cell that detects chemicals in the nasal cavity and so provides the sense of smell. **oogonium** A cell that divides by mitosis to produce primary oocytes.

operon The collection of structural genes that work together with associated repressor and operator genes to control the production of a particular characteristic. **optic cortex** The part of the brain concerned with the interpretation of nerve impulses from the eyes.

optic nerve The nerve taking information from the eyes to the optic cortex in the brain.

organelle A specialized structure in the cell that carries out a particular function, e.g., the nucleus,

mitochondria, or chloroplasts.

organic matter Material produced by living organisms. **osculum** In Porifera, a large pore that lets water out of the body.

osmoregulation Regulation of salt and water balance. osmosis The passage of a solvent (usually water) through a semipermeable membrane. The movement is from a higher concentrated solution to a lower concentrated solution until the concentrations of both solutions reach equilibrium.

otolith A particle of calcium carbonate in the inner ear that when displaced signals position and movement of the head.

ovary The female organ that produces the egg. **ovule** The structure in plants in which the female gamete is fertilized. It will develop into a seed. **ovum** The mature female gamete or egg cell prior to fertilization.

papilla A small lump or knob arising from a surface, such as that on the surface of the tongue.

parasite An organism that gets its food from a host but does not kill the host in the process.

parasympathetic nervous system Part of the autonomic nervous system that regulates the routine functions of the body such as digestion, elimination, and heartbeat. **passive transport** Movement of chemicals down a concentration gradient. Passive transport does not require an energy input from an organism.

pathogen A microorganism that causes disease. **pedipalp** A pair of specialized legs at the front of a spider used to manipulate food and clean the body. **pentadactyl limb** A limb based on a pattern of one bone leading to two bones and on to hands or feet ending in five digits.

peptide Two or more amino acids linked by a peptide bond.

peptide bond A link between two peptides in a protein molecule. It is formed between the carboxyl group of one amino acid and the amino group of another. **peripheral nervous system** The nerves outside the brain and spinal cord.

permeability The ability of a compound to diffuse across a membrane.

phagocytosis The engulfing and ingestion of materials by a cell.

phenotype The external features of an organism. The phenotype depends on the genotype of the organism and the action of the environment.

phloem In plants, specialized transporting cells that form tubules to carry sugars and organic materials from the leaves to all other parts of the organism.

photosynthesis In green plants, the production of sugar and oxygen from carbon dioxide and water using light as an external energy source.

pistil (1) Another name for carpel, the female reproductive organ of flowering plants consisting of the stigma, style, and ovary. (2) The part of the flower made up of one or more carpels.

pituitary gland A small pea-sized gland hanging from the base of the brain that produces a range of hormones to control other endocrine glands.placenta The vascular organ that allows materials to be exchanged between a mother and a fetus in the uterus.plasma The clear, fluid portion of the blood in which

platelets and blood cells are suspended.

plasma membrane The membrane surrounding all living cells that is composed of lipid and protein molecules.

plasmid A circular molecule of DNA found in some bacteria.

platelet A small, sub-cellular component in the blood concerned with clotting.

pollen In flowering plants, the microspores containing the male gamete.

polypeptide A molecule formed by a long string of amino acids joined by peptide bonds. Proteins are composed of polypeptides.

polypeptide chain A chain of amino acids joined by peptide bonds.

polyribosomes A series of ribosomes arranged along a piece of endoplasmic reticulum to form a chain of ribosomes.

polysaccharide An insoluble, long-chained carbohydrate usually used for storage or cell structure, e.g., cellulose, starch, and glycogen.

predator An animal that hunts and kills other animals. **premolar** A crushing tooth located in front of the molars and behind each cuspid.

primary oocyte A cell formed while the female was an embryo that divides by meiosis to produce ova.producer An organism that makes organic material.prophase The first stage of cell division in which the chromosomes become visible in the nucleus.



protein An organic molecule composed of one or more chains of amino acids. Proteins have fundamental structural and metabolic roles in cells and tissues. **pseudopodium** An extension of the cell in an ameba. **pupa** In insects, a phase between larva and adult in which the organism undergoes major tissue reorganization.

pyrenoid Small structures in the chloroplast concerned with the formation of starch.

radial symmetry A body that can be divided along the same axis through several planes to form two halves that are near mirror images of each other.

recessive In genetics, the feature that does not appear when a gene contains two different alleles.

red blood corpuscle A disc-shaped cell without a nucleus, filled with hemoglobin, and found only in the blood.

respiration The chemical process by which organisms make energy from food.

restriction enzyme An enzyme that recognizes specific, short nucleotide sequences and can cut DNA molecules into shorter portions.

ribosome An organelle involved in the manufacture of protein.

root hair In plants, an extension of a cell in the root epidermis. Root hairs massively increase the surface area of the root available for the uptake of water and mineral salts.

rough endoplasmic reticulum A complex network of sacs and tubes in cells. It contains ribosomes involved in the synthesis of proteins.

secondary thickening Extra strengthening in stems laid down as they age to allow taller stems.

secondary oocyte On oocyte after first meiotic division. It eventually matures into an ovum and a polar body. **seed** In plants, the structure formed from a fertilized ovule. The seed is the dormant phase of the plant life cycle and is used to spread new plants.

segment One of several or many similar body compartments. Insects show segmented bodies.

selective reabsorption Reabsorption of particular

substances, and not others, by cells lining the nephrons in the kidney.

semen The fluid, manufactured in the male urinogenital system, that contains sperm.

semicircular canal One of the three fluid-filled canals in the inner ear that are concerned with the sense of balance and movement detection.

seminiferous tubule A tube in the testis that produces spermatozoa.

semipermeable membrane A membrane that allows the passage of small but not large molecules.

sensory neuron A neuron that carries impulses from sense organs to the central nervous system.

sexual reproduction Reproduction that involves two sexes producing gametes that join together to produce the next generation.

sinoatrial node An area of the left atrium of the heart that is the source of the signal that controls contraction of muscles in the walls of the heart.

smooth endoplasmic reticulum A complex network of sacs and tubes in cells involved in lipid synthesis. **smooth muscle** Muscle, such as that found in the blood vessels or intestine, that performs automatic tasks via contraction.

solute A substance that is dissolved in another substance.

species A taxonomic group whose members can interbreed.

specimen (1) An individual used as a representative to study the properties of a whole. (2) The sample studied under a microscope.

spermatids A cell produced by meiosis that matures into a spermatozoon.

spermatogonium A cell that divides repeatedly to produce a line of spermatids and hence spermatozoa. **spermatozoon** The male gamete in many higher animals, including humans.

spinal cord The collection of nerve tissue in the spinal canal. It is part of the central nervous system.spiracle In insects and some arachnids, the external

opening of the tracheal system.

spleen An organ in the abdominal cavity concerned with destruction of old red blood corpuscles.

spore In primitive plants, a reproductive cell, formed without the union of sexual cells, that gives rise to a new organism.

sporophyte The generation that produces spores without sexual reproduction.

stamen In flowering plants, the male reproductive organ that produces pollen. It is composed of an anther and a filament.

starch A large carbohydrate molecule made up of small sugar molecules joined together in a chain.

stigma In flowering plants, the sticky part of the carpel that receives pollen.

stimulus That which produces a response in an organism.

stoma In plants, an opening in the epidermis of a leaf that allows for the exchange of gases.

stroma The chlorophyll-free matrix between the grana in chlorplasts. It is involved in the light independent reaction.

style The narrow elongated part of the carpel between the ovary and the stigma.

suberin A waxy substance used to waterproof certain cell walls in the endodermis.

substitution In genetics, a mutation in which a single base is changed for another one.

substrate (1) The surface on which a plant or animal grows or is attached. (2) The chemical an enzyme works on to produce the product.

sugar A soluble carbohydrate composed of one or a few monosaccharide units.



sympathetic nervous system Part of the autonomic nervous system that prepares the body for dealing with demanding or dangerous situations.

synapse The place where two nerve cells meet. The cells do not touch, but the gap between them is very small.

synovial joint A joint between two bones that allows considerable movement.

systole The phase of the heartbeat when the muscle is contracting.

telophase The final phase of cell division in which the two daughter cells separate.

telophase II The second telophase in meiosis during which the visible chromosomes disappear and the nuclear membrane reappears.

tentacle In invertebrates, a long slender extension of the body, often containing sense organs, used for feeding, grasping, and swimming.

testis The male sex organ that produces sperm. **thalamus** The portion of the brain that transmits sensory information to the cerebrum.

thorax (1) The chest region between the head and the abdomen. (2) In insects, the segment of the body that bears the legs.

thylakoid A flattened photosynthetic membrane present in chloroplasts.

tracheole A thin tube carrying air throughout the body of an insect.

transcription The manufacture of an RNA molecule from information contained in DNA.

transformation The genetic alteration of a cell or organism by the incorporation of exogeneous DNA. **transfer RNA (tRNA)** A type of RNA with an amino acid at one end of a molecule and three exposed bases at the other.

translation The manufacture of a protein based on information contained in an RNA molecule.

translocation A mutation in which a part of one chromosome is transferred to, or exchanged for, another part of a different chromosome.

transpiration Evaporation of water from a plant. **trophic level** The level at which an organism gets its food. Primary producers are level one, primary consumers are level two, etc. **tropism** A directional growth in a plant in response to an outside stimulus.

tuber A swollen underground stem or root used for storage.

ultrafiltration Filtration of the blood in the Bowman's capsule of the nephrons.

umbilical cord The cord that connects the fetus to the placenta.

urea A white soluble crystalline substance made in the liver from waste amino acids and passed out of the body in solution as urine.

ureter The tube leading from the kidney to the bladder. **uterus** The organ in female mammals in which the fetus develops during pregnancy.

vacuole A membrane-bound sac in a cell usually containing nutrients and water.

vascular bundle A strand of vascular tissue composed of xylem and phloem that conducts fluids in higher plants.

vas deferens The tube that carries sperm from the testes.

vein (1) In animals, a blood vessel carrying low-pressure blood toward the heart. (2) In plants, the vascular bundle and supporting tissue in a leaf.

ventricle The chamber of the heart that receives blood from the atrium and pumps it into the arteries.

vertebrate An animal that has a bony or cartilaginous backbone, skeleton, and skull containing a brain.

villus A small projection on the inner surface of the gut that increases the surface area and so speeds up absorption.

virus An infectious agent composed of nucleic acid wrapped in protein that replicates only within a living host cell. Some viruses cause very serious diseases. **vitreous humor** The clear, jelly-like material between the lens and the retina of the eye.

water cycle The continuous process of recycling water between Earth and the atmosphere.

white blood cell A blood cell, made in lymph nodes and the bone marrow, that fights infection.

xylem The tissue that carries water and dissolved mineral salts in plants.

zygote The cell produced by the fusion of gametes. The fertilized ovum before cell division.

INTERNET RESOURCES

Internet resources

There is a lot of useful information on the internet. Information on a particular topic may be available through a search engine such as Google (http://www.google.com). Some of the sites that are found in this way may be very useful, others not. Below is a selection of Web sites related to the material covered by this book.

The publisher takes no responsibility for the information contained within these Web sites. All the sites were accessible in March 2006.

Access Excellence

A resource for teachers and students of health and bioscience provided by the National Health Museum.

http://www.accessexcellence.org

American Association for the Advancement of Science

Information on scientific developments and education programs for all ages.

http://www.aaas.org

Anatomy of the Human Body

Online version of Gray's Anatomy—over 13,000 entries and 1,200 images.

http://www.bartleby.com/107

Animal Diversity Web

Database of natural history, distribution, classification, and conservation biology.

http://animaldiversity.ummz.umich.edu

Animal Physiology

Clear, concise presentation of animal classification and physiology.

http://www.teachnet.ie/farmnet/Animal_physiology.htm

Arkive

Film, photographs, and audio of endangered species. http://www.arkive.org

Ask a Biologist

An educational resource for students K–12, their teachers and parents.

http://askabiologist.asu.edu

BBC Nature-Wildfacts

Facts about and images of thousands of species. http://www.bbc.co.uk

The Biology Project

Resources in biochemistry, cell biology, human biology, genetics, and molecular biology.

http://www.biology.arizona.edu

BioNews

The latest news and discoveries from the worldwide biology community.

http://www.bionews.in/biologynews.htm

Biotech Life Science Dictionary

Over 8,000 terms dealing with biochemistry, biotechnology, botany, cell biology, and genetics. http://biotech.icmb.utexas.edu

Brains Rule!

Information, interactive games, and lesson plans on the human brain; includes "Ask the Brain Expert" and "Meet a Neuroscientist" features.

http://www.brainsrule.com

Cells Alive

Animations, movie clips, and interactive diagrams of cells and cell processes.

http://www.cellsalive.com

Curriculum Center: Discoveryschool.com

Classroom activities supporting core curriculum topics.

http://school.discovery.com/curriculumcenter

DNA-Interactive

A comprehensive overview of the science of DNA. http://www.dnai.org

Dr. Saul's Biology in Motion

Interactive biology learning featuring animations of basic biological processes. http://biologyinmotion.com

The Electronic Naturalist

Features catagorized units with illustrations, experiments, and other activities aimed at the young naturalist.

http://www.enaturalist.org

EverythingBio

The "all encompassing biology resource." Includes a vast links section.

http://www.everythingbio.com



INTERNET RESOURCES

Exploratorium

Experiments, exhibits, and sound and video files exploring hundreds of different topics.

http://www.exploratorium.edu

The Franklin Institute Online: BioPoint Hotlist

Links to hundreds of excellent sites on a wide variety of biology topics.

http://sln.fi.edu/qa97/biology/biolist.html

Froguts.com

Virtual frog dissection using photos of frogs recycled from schools.

http://www.froguts.com

The Geee! In Genome

An overview of the science of genetics from the Canadian Museum of Nature.

http://nature.ca

Genetic Science Learning Center

Activities and information on topics in genetics, genetic disorders, and genetics in society.

http://gslc.genetics.utah.edu

HHMI's Biointeractive

Virtual labs, activities, and interactive demonstrations on many subjects related to the human body and health.

http://www.biointeractive.org

Human Anatomy On Line

Over 100 descriptions, animations, and anatomy images detailing body systems and organs.

http://www.innerbody.com

Kimball's Biology Pages

Online biology encyclopedia. http://users.rcn.com/jkimball.ma.ultranet/BiologyPages

MicrobeWorld

Provides information about all aspects of microbiology and includes a dedicated section for kids and educators.

http://www.microbeworld.org

NASA Astrobiology Institute

The study of the origin, evolution, distribution, and future of life in the universe.

http://nai.arc.nasa.gov

National Biological Information Infrastructure: Botany

A large resource of links to all areas of botany including extensive kids' and teachers' sections. http://www.nbii.gov

National Wildlife Federation

Web site of the organization dedicated to the preservation of America's wildlife since 1936. http://www.nwf.org

Red Gold: The Epic Story of Blood

Describes blood production and function; discusses facts and myths about blood and its impact on everything from religion to commerce and popular culture.

http://www.pbs.org/wnet/redgold/about/index.html

The Tree of Life

Presents an overview of the "evolutionary tree that unites all organisms on Earth."

http://tolweb.org

The Virtual Cell Web Page

Interactive, animated exploration of the cell with virtual textbook.

http://www.ibiblio.org/virtualcell

The Virtual Library of Biochemistry and Cell Biology

Advanced papers and articles on all aspects of biochemistry and cell biology.

http://www.biochemweb.org

World Biodiversity Database

Taxonomic database and information system documenting and disseminating information on all known species.

http://www.eti.uva.nl/tools/wbd-php

207

Index

Index of subject headings.

а

absorption of nutrition 156 adaptive radiation 91 aerobic respiration 33 amino acids 11 amniocentesis 83 amoeba 95 amphibia 123 anaerobic respiration 37 angiospermae 103-4 animalia 105–26 annelida 113 arachnida 119 asexual reproduction 51-2 ATP structure 35 autonomic nervous system 178 aves 125

b

bacteria 94 base pairing 40 biomes 191 birth 74 blood composition 165 blood types 84, 166 blood vessels 162 brain structure and function 179–80 breathing 169 bryophyta 100 butterflies 147

С

capillaries 163 carbohydrates 8–9 carbon cycle 192 cells 19–23 chilopoda 118 chloroplast structure 31 chondrichthyes 121 chromosomes 38, 80, 85–6 circulatory system 157–58 classification of living organisms 93, 99, 105 coelenterata 107 coenzymes 15 continental drift 92 contraception 70 crosses, monohybrid and dihybrid 76–7 crossing over 55 crustacea 117

d

dicotyledons 149 digestion 152, 156 dihybrid crosses 77 diplopoda 118 DNA 41–3 dominance, incomplete 78

е

ear structure and function 183–84 earthworms 144 echinodermata 120 electron microscopes 20 electron transfer chain 36 endocrine system 187 endocytosis 27 energy flow 195 enzymes 14 evolution, evidence for 90–2 excretion 143, 170–74 exocytosis 27 eye structure 185

f

fatty acids 17 fertilization human 69 of plants 60 fetal development 72 fish, respiration in 140 fission 51 flower structure 56 food in plants 135 food webs 197 frogs 136, 141, 148 fungi 98

INDEX

g

gas exchange across body surfaces 138 gastropoda 115 gene control 47 gene mutation 87–9 genetic engineering 49 genetic variation 55 glycerol 17 grasshoppers 145 guinea pigs 77 gymnospermae 102

h

heartbeat 160–61 heart structure 159 hemophilia 82 human fertilization 69 human reproduction 62–3

i

inheritance of blood groups 84 inhibitors 16 insecta 116

j

joints 190

k

karyotype preparation 79 kidneys 172–73

leaf structure 129 light sensitivity 186 liver flukes 110 liver function 154 living organisms, classification of 93, 99, 105 locomotion 144–45, 189–90 lungs 168 lymphatic system 164 lysosomes 29 208

INDEX

m

mammalia 126 meiosis 53–4 meiotic division 66 messenger RNA 46 microscopes 18–22 minerals in plants 134 mitochondrian structure 34 mitosis 50 mollusca 114–15 monera 94 monocotyledons 150 monohybrid crosses 76 mutation of chromosomes 85–6 of genes 87–9

n

nematoda 111–12 nerve impulses 176 nervous systems 142, 175–78 nitrogen cycle 193 nutrition 127–30, 152–56

0

oogenesis 66–7 osmoregulation 143 osmosis 25 osteichthyes 122 ovarian cycle 67

р

pancreas 154 paramecium 96 peas 76 photosynthesis 30-2 pituitary gland 188 placenta 73 plantae 99-104 plant fertilization 60 plant growth and development 149-51 plant respiration 137 plasma membrane 24-8 platyhelminthes 108-10 pollen and pollination 58-9 polysaccharides 10 porifera 106 protein synthesis 39 proteins 12-13 protista 95-7, 128, 143 pteridophyta 101 pyramid biomass 196

r

reproduction 146–48 asexual 51–2 human 62–3 reptilia 124 respiration 137–41, 167–69 rhizopus 98 RNA 45–6 root structure 133 rough endoplasmic reticulum 44

S

seed development 61 sex inheritance, human 81 sex linkage 82 sexual intercourse 68 sickle-cell anemia 89 skeletal structure 189 skin 174 small intestine 155 smell 182 sperm and spermatogenesis 64–5 spirogyra 97 stamens 57 stem transport 131–32 stomach 154 stomata 130 synapses 177 syndromes 86

t

tapeworms 109 taste 181 teeth 153 terrestrial biomes 191 testis 64 tissues 163 transfer RNA 45 transformation 48 transport 131–36, 157–66 tropisms 151 twins 71

u

urinary system 171

V

variation, biological 75 vegetative propagation 51 viruses 146

w

water cycle 194 water in plants 134