Atlas of HUMAN ANATOMY

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Preface

Anatomy is a visual science, and in no other subject does the age-old saying ring so true — "a picture is worth a thousand words." With this in mind we created this book to teach anatomy with the real thing — photographs of cadaver dissections and the bones of the skeleton, and micrographs of the body's tissues. We believe that every word that has ever been written about anatomy is the result of someone describing what they observed in a dissection (or as is the case of many authors today, the words are paraphrased from somebody else's knowledge and writings about dissection). In this book we provide you with the *images* of *real* anatomy, with the hope that this will help you better visualize the *words* of anatomy.

We often hear that photographs can never clarify and teach anatomy as well as art. While it is true that the artist has much more creative license than the dissector, it is also true that a lot of anatomical art does not always accurately depict what is actually observed by a dissector; or for that matter, a surgeon in a clinical setting. We believe that *good* dissection and photography can be instructive, especially when creatively coupled with teaching concepts. With this in mind, another objective of this book is to present images that teach, and not just showcase a plethora of anatomy. Each dissection was made with an instructive purpose and reference images are used to highlight and focus on the patterns or concepts depicted by the dissections. There are many simple patterns of design that organize and clarify the structure of the vertebrate body. We attempt to show these patterns in our presentation of anatomical structure throughout the chapters of this book. The few words that accompany the images in the book draw attention to the patterns and the basic structure-function relationships of the dissections and micrographs.

It has also been our goal to create a book that will benefit students at all levels of anatomy education. The chapters are constructed with a systematic approach to anatomy to meet the needs of the typical undergraduate anatomy course. Each chapter illustrates the concepts and features of a body system and depicts those features with clear dissections and reference images of the dissections. On the other hand, because it is dissection based the book is also an excellent reference for the medical student, physical therapy student, or other graduate student who is studying cadaver anatomy from a regional approach. Even the layperson who wants to learn more about their amazing body can benefit from the beautiful anatomy images throughout the book. Students can continue their exploration of anatomy using Real Anatomy, 3-D imaging software that enables students to dissect through layers of the real human body.

To learn more about Real Anatomy, visit http://www.wiley.com/college/sc/realanatomy

In conclusion we would like to thank a few individuals for their help with the dissections that were photographed for this book. Good dissection is a time consuming task that requires a strong knowledge of anatomy, skill and dexterity, and above all a lot of patience. Nathan Mortensen played a major role in helping with the dissections throughout the pages of this book. Also, the following individuals each contributed one or two dissections, and we want to thank them for their contribution: Richard Homer, Torrence Meyer, Jordan Barker, Jon Groot, and John Dimitropoulos. We also want to thank Alexa Doig who took a few of the cadaver photographs.

We hope this book expands your vista of the amazing machine we call the human body. We would love to have any feedback you have on how we might improve the book for future editions.

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Introduction

Human anatomy is the science that deals with the structure and design of the human body. A knowledge of anatomy is not only important for the anatomist, but is an essential tool for all the professionals who deal with the human body in any of a variety of ways. Furthermore, everyone can benefit from a knowledge of anatomy because it is what we are, and understanding our bodies can be invaluable.

Anatomy is an ancient science. The principal methods anatomists used, and still use, to reveal what is known about anatomy are dissection and microscopy. Dissection involves the cutting apart of a body to reveal its gross structure. This was the first technique used to discover the structure of the body and is still the best way to truly understand the design and relationship of anatomical detail. The best drawings, photos, and virtual images can never reveal what the dissector experiences during a dissection. The advent of the microscope expanded anatomical knowledge by revealing microscopic perspectives that were not available to the unaided eye. This understanding of microscopic structure opened the door to an increased knowledge of the functional aspects of anatomy.

1

In this atlas we attempt to teach the elegant structure and design of the human body using the tools and methods of the anatomist — dissection and microscopy. While there are numerous excellent visual resources that depict anatomy, we believe that, with the exception of personal dissection study, excellent photographs based on excellent dissections and microscopy are the truest form of anatomical imagery. Nothing depicts the actual thing as well as the actual thing. Our goal is to create images that teach, and to use that imagery to highlight the patterns and design features of anatomy.

This atlas approaches the body from a systemic perspective; that is, it covers each body system and the organs associated with that system. Each system is highlighted in the dissection photos. However, the dissections of the systemic anatomy often reveal regional perspectives and relationships, and the structural details of regional anatomy are labeled on every image. Have fun exploring what we think might be the next best thing to dissection.



1

Design of the Book The design features of the Atlas of Human Anatomy are illustrated

on this page using a sample page from the book. Each page will begin with a short introduction to the featured anatomy of the page.

This brief narrative will occupy this text space. Below this narrative, the majority of the page will focus on the images of anatomy and the appropriate labels for the images. The design elements used to teach and illustrate the anatomy are highlighted in the boxes below.



Histology 2

Histology is the study of tissues, and tissues are the building materials of the body. Like the materials we use to make the clothing we wear, tissues are the materials that form the various layers and structures of all the body's organs. For example, you might wear a light undershirt of cotton beneath a silk long-sleeved shirt and wear a wool sweater over the top of the two shirts. Each layer of clothing is made of a different material, and the material is organized into a unique structure that has its own functional qualities. The same is true of the organs of the body. Each organ consists of distinct structural layers, and each layer is a specific type of tissue. For example, the stomach has an inner lining of simple columnar epithelium that is in contact with the food we eat and secretes enzymes to help digest the food. This epithelial layer is surrounded by a vascular layer of loose connective tissue that contains the blood vessels that transport the absorbed molecules from the stomach. Smooth muscle tissue surrounds the two inner layers and helps toss and turn the food within the stomach and move it toward the small intestine. The smooth muscle tissue is covered by a slippery, thin layer of simple squamous epithelium that forms the outer surface of the stomach and allows it to move against neighboring organs while reducing the damaging friction. And just as the layers of clothing have names — undershirt, long-sleeved shirt, sweater — so also do the structural layers of an organ such as the stomach — mucosa, submucosa, muscularis, and serosa.

All the tissues of the body can be organized into four basic tissue categories-epithelial tissue, connective and supporting tissue, muscle tissue, and nervous tissue. Each tissue category has unique structural features that are shared by the tissues of that category. Epithelial tissues are surface tissues that consist of numerous cells tightly packed together. Connective and supporting tissues share the common feature of having relatively few cells that are scattered within a surrounding fibrous extracellular matrix. Muscle tissue consists of elongated cells with specialized protein arrangements that are designed to shorten. Nervous tissue cells are branching, wire-like cells with a great variety of shapes and lengths. In this chapter you will explore these four tissue categories and the specific tissue types that comprise each category. In the chapters that follow, the different tissues will be observed in the context of the organs and organ systems they form.



Find more information about histology in



TISSUES The facing pages show photomicrograph collages of the four principal tissue categories—epithelial tissue connective and supporting tissue, muscle tissue, and nervous tissue. The photomicrographs tissue, connective and supporting tissue, muscle tissue, and nervous tissue. The photomicrographs illustrate the key structural features shared by the tissues in each category. Note the numerous

closely packed cells of the epithelial tissues and contrast them with the scattered cells and the fibrous surrounding matrix of the connective and supporting tissues. In the muscle tissue observe the long, slender specialized cells that are designed to shorten, and in the nerve tissue the branched, wire-like cells. We will explore each of the principal tissue categories in more detail on the pages that follow.



Epithelial Tissues



Connective and Supporting Tissues



Muscle Tissues



Nerve Tissues

Epithelial Tissue Epithelial tissues are surface tissues that consist of numerous cells, with each cell forming membrane to membrane contact with its neighbors. As a general rule, descriptions of epithelial tissues are based on the shape of

their cells and on the number of cell layers present. By combining the shape names - squamous (flat cells), cuboidal, and columnar — with the term simple if there is a single layer of cells or the term stratified if there is more than one layer of cells, almost all of the epithelial tissues can be described and named. The photomicrographs on this page and the facing page represent the simple (single cell layer) epithelial tissues.



Simple squamous epithelium, mesothelium Section of mesentery, 400x

- 1 Nucleus
- 2 Cytoplasm
- 3 Cell membrane 4 Capillary lumen
- 5 Glandular lumen
- 6 Connective tissue
- 7 Mucous in goblet cell
- 8 Microvilli 9 Basement membrane
- 10 Blood vessel with red blood cells
- 11 Cilia
- 12 Basal cell



Simple squamous epithelium, mesothelium Surface view of mesentery, 400x



Simple squamous epithelium, endothelium Section of capillary, 630x



Simple cuboidal epithelium Urinary tubes in kidney - transverse section, 630x (left); longitudinal section, 400x (right)



Simple columnar epithelium Section of mucosa of small intestine, 630x



Pseudostratified columnar epithelium Section of mucosa of larynx, 400x

Epithelial Tissue The photomicrographs on this and the facing page illustrate the stratified (more than one layer of cells) epithelial tissues. Note that the tissues range from two layers to numerous layers and the cell shape used for the tissue name is the shape of the cells found in the surface layer.



Nonkeratinized stratified squamous epithelium Section of esophageal mucosa, 200x



Keratinized stratified squamous epithelium Section of skin, 200x

- 1 Nucleus
- 2 Cytoplasm
- 3 Basal cell layer
- 4 Intermediate cell layer
- 5 Superficial cell layer
- 6 Stratum basale
- Stratum spinosum
- 8 Stratum granulosum
- 9 Stratum lucidum
- 10 Stratum corneum 11 Connective tissue
- 12 Basement membrane
- 13 Glandular lumen



Stratified cuboidal epithelium Section of duct of esophageal gland, 400x



Stratified columnar epithelium Section of pharyngeal mucosa, 400x



Transitional epithelium Section of urinary bladder mucosa, 400x

Connective Tissue Connective tissues have relatively few cells and the cells are surrounded by an extracellular matrix of fibers, which the cells secrete. The classification and names of connective tissues arise from the type

and arrangement of the fibers produced by the cells and secreted into the surrounding matrix. There are three named fibers in the matrix — collagen fibers, reticular fibers (actually a thin form of collagen), and elastic fibers. The fibers are deposited in varying degrees of density and are arranged in different patterns. The tissue names are based on the different fiber types and patterns in the matrix.

- 1 Mast cell
- 2 Fibroblast
- 3 Collagen fiber
- 4 Elastic fiber
- 5 Reticular fiber 6 Nucleus of adipose cell
- 7 Cytoplasm
- 8 Plasma membrane
- 9 Lipid storage area
- 10 Nucleus of reticular cell 11 Nucleus of fibroblast
- 12 Elastic lamella



Loose (areolar) connective tissue Section of subcutaneous layer of integument, 400x



Adipose tissue Section of epicardial fat, 200x



Reticular tissue Section of lymph node, 400x



Dense irregular connective tissue Section of dermis, 200x



Dense regular (collagenous) connective tissue Section of tendon, 200x



Dense regular (elastic) connective tissue Section of tunica media of aorta, 400x

Supporting Tissue The supporting tissue category consists of the skeletal tissues — cartilage and hope. Like the connective tissues, the supporting tissues have

lage and bone. Like the connective tissues, the supporting tissues have relatively few cells surrounded by a significant amount of extracellular

matrix, which for the most part the cells produce. However, unlike the soft matrix of the connective tissues, the extracellular matrix of the supporting tissues is firm and rubber-like in cartilage and hard in bone tissue.

Hyaline cartilage Section of cartilage in developing fetal bone, 200x



Fibrocartilage Section of intervertebral disc, 200x

Elastic cartilage Section of cartilage from auricle of ear, 400x

- 1 Hyaline ground substance 2 Collagen fibers in ground substance
- 3 Elastic fibers in ground substance
- 4 Chondrocyte nucleus
 5 Chondrocyte in lacuna
 6 Perichondrium

- Bone trabecula 7
- Osteocyte 8
- Red bone marrow 9
- 10 Canaliculi
- 11 Lacuna
- 12 Lamella
- 13 Central canal



Spongy bone Section of epiphysis of metacarpal bone, 200x



Compact bone Section of diaphysis of fibula, 100x; callout of osteon, 400x

Hematolymphoid Complex

The tissues blood and lymph traditionally were classified as connective tissues because, like all connective tissues, the extracellular matrix

is a greater percentage of the tissue then are the cells. However, the extracellular matrix of blood and lymph is a liquid matrix called plasma, rather than the soft, firm matrix of connective tissues. The most recent *Terminologia Histologica* places blood and lymph in their own subcategory called the hematolymphoid complex.



Blood smear Wright's stain, 200x; enlargement, 630x; individual cells, 1500x



Muscle Tissue Muscle cells are long, slender cells that have special arrangements of the proteins actin and myosin within the cytoplasm. The architectural design of these proteins forms the muscle cell "machinery" that allows the cell to specialize at contracting

(shortening). The names of the different types of muscle tissues arise from the arrangement of the contractile proteins within their cells. In some tissues the protein arrangement gives the cell a striated, or striped, appearance (striated muscle), while in other tissues the striped appearance is not evident (non-striated or smooth muscle).

- 1 Nucleus
- 2 Sarcoplasm
- 3 Smooth muscle cell 4
- Cardiac muscle cell Skeletal muscle cell 5
- Intercalated disc 6



Smooth (nonstriated) muscle tissue Longitudinal section of muscular wall of intestine, 500x



Cardiac striated muscle tissue Section of ventricle of heart, 500x

Skeletal striated muscle tissue Section of vastus lateralis muscle, 400x



Nervous tissue forms the complex electrical computing system of the body. The cells that characterize nervous tissue are the branched, wire-like cells called neurons. Surrounding the neurons of the nervous tissue are the smaller, more numerous glial cells

that are involved in protecting, insulating, and nourishing the neurons. The neurons can be grouped together in long slender structures called nerves, or they can form the complex circuit boards we call the spinal cord and brain.

- 1 Nucleus of multipolar neuron
- 2 Cell body of multipolar neuron
- 3 Nucleus of glial cell
- 4 Axon
- 5 Dendrite



Nerve tissue Multipolar neuron smear, 400x



Neuron 400x



Nerve tissue Section of ventral horn of spinal cord, 200x

3

Integument

The integument forms

the organ system that covers the body. From the Latin meaning to cover inward, the integument is an important system that performs a variety of functions that are essential to life. The outer layers of the integument called the epidermis and dermis form the skin, which is an important protective layer. The skin protects the body in a number of ways. Its tough, outer-covering of dead cells protects the more delicate deeper layers from friction and abrasion. The pigment cells in the epidermis produce melanin, a protective pigment that absorbs damaging ultraviolet radiation from the sun, to protect the rapidly dividing keratinocytes that make up the majority of the epidermal layer of the skin. The structure of the epidermal layer of the skin and its secretions also protect the body from excessive water loss or gain. The large network of blood vessels and numerous sweat glands form an evaporative cooling system that help to protect the body from overheating in warm conditions or during exercise. Additionally, the impenetrable skin and some of its special cells form a first line of defense against bacterial invasion.

These are just some of the functions of the integument. Other important functions are the following: it is a major surface for sensory perception to receive input or stimuli from the environment, it is an excretory surface to help rid the body of metabolic wastes, it plays an important role in energy storage and metabolism, it provides an important site for the production of vitamin D and various growth factors, and it plays a major role in sociosexual communication and identification. This chapter will depict the structural features of the integument that account for this wide variety of important functions.



Find more information about the integument in



Subdivisions of the Integument

The integument consists of two major parts or layers of anatomy, the skin and the subcutaneous layer, or hy-

podermis. The cadaver and histology images on this and the facing page illustrate these two layers of anatomy. The skin, consisting of the superficial epidermis and the deeper dermis, structurally combines an epithelial tissue and connective tissue to form the body's covering organ. The skin is an organ that produces hairs, various glands, finger and toe nails, and accounts for the majority of the functions of the integument. The subcutaneous layer is a variable layer that can consist of fat, fibrous connective tissue, loose connective tissue, and smooth muscle.



Epidermal layer of the skin Anterior view

Subcutaneous layer of the integument Anterior view

- 1 Epidermis
- 2 Dermis
- 3 Subcutaneous layer
- 4 Fascia
- 5 Periosteum
- 6 Compact bone of tibia
- Fibula
- 8 Medullary cavity
- 9 Interosseous membrane
- 10 Tendon
- 11 Muscle
- Stratified squamous epithelium
 Dense irregular connective tissue
 Adipose tissue

- 15 Retinaculum cutis
- 16 Secretory coils of sweat gland





1

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3

2

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4

g

5

Integument Section of integument, 100x

16

Skin - Epidermis The stratified squamous epithelial epidermis is the superficial layer of the skin. This cellular layer and its derivatives — bairs

layer of the skin. This cellular layer and its derivatives - hairs, nails, and glands — is the most recognizable part of our anato-

my. It can range in thickness from a .10 mm (0.0039 in) on the eyelids to 1.5 mm (0.059 in) on the palms and soles. Keratinocytes are the primary cells of the epidermis. They proliferate from the stratum basale and differentiate as they push toward the surface, where they eventually form dead cells filled with the protein keratin. Also present in the basal layer are melanocytes that produce the brown pigment melanin to protect the skin from the ultraviolet radiation from the sun.



Epidermis of integument 100x

- 1 Stratum basale
- 2 Stratum spinosum
- 3 Stratum granulosum
- 4 Stratum lucidum
- 5 Stratum corneum
- 6 Connective tissue of dermis



Epidermis of skin of a Caucasian Section of thin skin, 200x



Epidermis of skin of a Caucasian Section of thick palmar skin, 200x



Epidermis of skin of a black Section of thin skin, 200x

Skin - Dermis The connective tissue dermis sits deep to the epidermis where it forms the strong binding layer of the skin. The zone of interface

between the dermis and epidermis is an intricate peg and socket-like arrangement between the two layers. The dermal pegs are called dermal papillae. This arrangement has multiple functions. It assures that the two layers are strongly united, it increases the surface area to improve the blood supply to the avascular epidermis, and it increases the contact surface for sensory receptors. On the palms and soles the arrangement of the dermal papillae creates the friction ridges we call fingerprints.



Dermis of integument 100x



Loose connective tissue of stratum papillare Section of dermis, 200x



Dense irregular connective tissue of stratum reticulare Section of dermis, 200x



Friction ridges (fingerprints) of right index finger Anterior view



- 1 Epidermis 2 Loose connective tissue of stratum papillare
- 3 Dermal papilla of the stratum papillare
- 4 Dense connective tissue of stratum reticulare
- 5 Blood vessel in dermis
- 6 Sweat glands in dermis
- Longitudinal collagen fibers
- Transverse collagen fibers 8
- 9 Friction ridges formed by dermal papillae
- 10 Flexion crease line

Skin - Hairs and Nails buring embryonic and fetal development, the epithelial cells of the epidermis push down (invarinate) into the connective tissue

the epidermis push down (invaginate) into the connective tissue

dermis. This developmental process creates a hair follicle, a baglike extension of the epidermis that projects into the dermis and is responsible for producing the hair. The hair is a column of dead keratinocytes that arise from the basal keratinocytes at the bottom of the hair follicle. A sebaceous gland, also derived from the epidermal epithelium, empties into the hair follicle, and a small band of dermal smooth muscle, the arrector pili muscle, attaches to the base of the follicle. When the muscle shortens it produces "goose bumps" on the surface of the skin and causes the hair to "stand up." Nails also arise from invaginations that produce the shallow nail fold and root. A plate of strongly keratinized tissue emerges from the nail root to cover the dorsal ends of the fingers and toes.

Epidermis Dermis Follicle wall Hair Papilla Root of nail Nail 8 Nail bed 9 Lunula 10 Eponychium (cuticle) Hyponychium 12 Eccrine sweat glands 13 Cartilage 14 Bone

Hair bulb Section of skin, 400x

Hair follicle Section of skin, 100x



Fingernail of an adult Dorsal view

Finger of a child Longitudinal section, 50x

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4 5

6

7

11

Skin - Glands

Like hairs, glands arise as invaginations of the epidermis into the dermis during embryonic and fetal life. The three prominent glands of the skin are the sebaceous gland, the eccrine sweat gland, and the apocrine sweat gland. The sebaceous and apocrine sweat glands typically empty into a hair follicle, whereas the eccrine sweat gland empties onto the surface of the epidermis.

- Sebaceous secretory cells 5 Hair
- Eccrine secretory cell 6 Hair follicle
- 3 Eccrine duct cell 7 Arrector pili muscle
- 4 Apocrine secretory cell



Sebaceous gland Section of dermis, 200x



Eccrine sweat gland Section of dermis, 200x



Apocrine sweat gland Section of thin skin, 200x

Subcutaneous Layer dermis, is a layer of variable thickness that ranges

from a thin layer of loose connective tissue to a

thick fibroadipose layer. This layer is a prominent location of fat storage in the body. In addition, it functions as an insulative layer and is the site of distribution of the main venous drainage channels of the integument and the cutaneous nerves that supply the skin.



Subcutaneous layer of integument 100x

1 Epidermis of skin

5 Cutaneous nerve

- 2 Subcutaneous layer
- 3 Fascia 4 Superficial veins

6 Tendon

- 7 Muscle
- 8 Retinaculum cutis
- 9 Adipose cell membrane
- 10 Nucleus of adipose cell
- 11 Fat storage vacuole of adipose cell 12 Blood vessel





Superficial veins and cutaneous nerves in the subcutaneous layer Step dissection of antebracial integument, anterior view



Subcutaneous adipose tissue (left), adipose cell (callout) Section of subcutaneous layer, 200x and 640x

Skeletal System

The skeletal system forms the internal framework for the soft tissues of the body. This is not a static framework, but a highly dynamic internal scaffolding. It is dynamic in many ways. On one hand, because of its jointed design, it shows extreme flexibility of movement when acted upon by muscles. At another extreme, the cells of skeletal tissue are constantly monitoring and changing the micro-structure of this amazing tissue called bone, providing it with maximal strength, toughness, and resilience. In addition to its dynamic role of support, it also serves a protective role for many organs of the body. This dynamic framework also exhibits a tremendous capacity for growth and repair. It is a storehouse of calcium ions, ions that play a significant role in many of the body's functions.

4

The skeleton consists of 206 separate bones, ignoring various sesamoid bones and the fact that some bones represent the fusion of multiple bones. These bones range in size from the small ear ossicles measuring a few millimeters in length to the large femur measuring up to fifty centimeters. The skeleton is divisible into two portions, the axial skeleton and the appendicular skeleton. The axial skeleton includes the cranium, vertebral column, ribs, and sternum. The appendicular skeleton consists of the bones of the limbs and their girdles. The individual bones of the skeleton come in a variety of shapes. Some are long and tubular, while others have the spread-winged appearance of a butterfly. Bones can be grouped into four shape categories. Although not that meaningful, the four categories descriptively group the bones. The four shape categories are: long bones, short bones, flat bones, and irregular bones. Long bones are unique in having a diaphysis or shaft with a medullary cavity. The other bone types lack this hollow tubular region. The short, flat, and irregular bones are similar in having outer plates of compact bone surrounding internal centers of spongy bone. In general, long bones and short bones are found in the appendicular skeleton, while flat bones and irregular bones occur in the axial skeleton. In the right hands, the skeleton can be a library of information. Its markings, foramina, landmarks, and canals each tell a story about the soft tissues of the body. A strong foundation of skeletal anatomy is an important starting point in understanding anatomy.

This chapter covers bone tissue and the general structure of bones and the skeleton. In the two chapters that follow you will explore the two subdivisions of the skeleton — the axial skeleton and the appendicular skeleton.



Bone Tissue The tissue bone has two general forms — trabecular or spongy bone and compact bone. Trabecular bone is an internal bone that always resides deep to the more dense compact bone. Like its name implies, trabecular bone has many small beams of bone tissue con-

nected together in complex array around obvious spaces in the tissue. To the unaided eye this gives the bone a spongy appearance. Bone marrow fills the spaces in the trabecular bone. The second type of bone tissue, compact bone, is very dense and solid looking to the unaided eye. Compact bone forms the outer surface of all bones and can range in thickness from paper thin to many centimeters thick. Microscopic analysis of this dense bone reveals that it has many microscopic spaces containing cells and blood vessels in circular arrangements called osteons.



Sectioned humerus Anterior view, proximal half frontal section

Cartilage Growth Plate Bone tissue forms during development by either replac-ing cartilage tissue precursors (endochondral ossification)

ing cartilage tissue precursors (endochondral ossification) or by developing within mesenchymal connective tissue

(intramembranous ossification). In endochondral ossification cartilaginous growth plates remain between developing bone centers to allow a bone to increase in length and size. During an individual's young life, the growth plates are evident on a radiograph and are a clear indication that the individual is still growing.

- 1 Radial diaphysis
- 2 Radial epiphysis
- 3 Ulnar diaphysis
- 4 Ulnar epiphysis
- 5 Growth plate
- 6 Carpal bones
- 7 Metacarpal bones
- 8 Developing diaphysial bone
- 9 Zone of calcified cartilage
- 10 Zone of hypertrophied cartilage 11 Zone of proliferating cartilage
 - 12 Zone of resting cartilage
- 3 8 9 10 5 2 6 11 7

Radiograph of the wrist region of a child Posterior view

Growth plate 200x

12

Bone Types The bones of the skeleton come in a variety of sizes and shapes. The form of each bone emerges from its position and functional role in the skeletal system. In an effort to classify the different bones of the body anatomists define four general categories of bones based

on their size and shape. Long bones, as their name suggests, are longer in one dimension than any other dimension. The long bones range in size from the short phalanges of the digits to the long proximal humerus and femur of the limb skeletons. Conversely, short bones are small, block-like bones. Like the long bones, short bones occur in the limb skeletons where they form the bones of the wrist and ankle. Flat bones are plate-like bones and are common in the cranium. The final category, irregular bones, is a mixed group of bones that have a variety of shapes and locations within the skeleton.



Flat bones



Irregular bones



Long bones



Short bones

Anatomy of a Bone All bones share basic features in common. Compact bone tissue

forms all the visible outer surface of the bone and can vary from a paper-thin covering to a thick wall of bone. Trabecular bone tissue

occupies the core of the bone beneath the compact bone. Areas of compact bone covered by articular cartilage form smooth subchondral compact bone surfaces. These subchondral bone surfaces mark the joint surfaces of bones. The photos below illustrate the basic parts and features of a long bone.



Distal end of femur Frontal section



Skeleton The first appearance of the skeletal elements arises during the second month of embryonic life when connective tissue and cartilage products to the hones arise. Slowly through fotal life when connective tissue and cartilage precursors to the bones arise. Slowly through fetal life, childhood, puberty, and the teenage years the bones mature into their adult forms. This develop-

mental process combines more than 500 bone-forming centers into the final 206 bones of the skeleton. This page, the facing page, and the page that follows depict changes in the skeleton from a newborn to an adult.



Posterior view

Anterior view


Adult skeleton Posterior view

- 2 Vertebral column 3 Ribs
- 4 Clavicle5 Scapula6 Humerus
- 8 Radius 9 Carpals 9 Carpals 10 Metacarpals 11 Phalanges 12 Os coxae

7 Ulna

- 13 Femur 14 Patella
- 15 Tibia
- 16 Fibula17 Tarsals18 Metatarsals





Adult skeleton Lateral view

Axial Skeleton

The axial skel-

eton, comprised of the skull, vertebral column, ribs, and sternum, forms the central axis of the body. This sturdy central core is the most primitive portion of the vertebrate skeletal system. It evolved as the initial skeleton of the first vertebrate animals, to which the limb bones (the subject of the next chapter) were much later additions. The majority of the axial skeleton's bony elements, from the bones at the base of the skull through all the vertebrae and ribs, form as serial homologues from the segmental embryonic somites. Because of this shared developmental similarity each body segment, from the base of the skull to the end of the coccyx, has the same basic skeletal design. This is clearly evident in the structure of the vertebrae and ribs. As you study these skeletal elements in the photos of this chapter, notice their similarities.

5

The elements of the axial skeleton have many functional roles in the body. Both the cranial skeleton and the vertebral column form a strong protective case around the delicate tissues of the central nervous system. Additionally, the cranium fixes in space important nervous structures, such as the internal ear and eye, both of which would not function properly in an unstable environment. The cranium also plays an important role in the acquisition and processing of food, respiratory gases, and sensory input such as sound. In addition to protecting the spinal cord, the vertebrae form a strong, flexible rod. This strong, flexible column not only forms the central support axis of the body from which the limbs are suspended, but is also capable of a varied range of joint movements that are essential to our daily functions.



Find more information about the axial skeleton in



Axial Skeleton The axial skeleton is clearly depicted in the photos below. Note that this portion of the skeleton consists of three principal skeletal regions - the cranium, the vertebral column, and the

rib cage. There are 29 cranial bones, 26 vertebral bones, and 25 bones in the rib cage. On the pages that follow, each of the axial skeletal regions and the respective bones will be explored in greater detail.



1 Cranium

- 2 Hyoid bone
- 3 Cervical vertebral column
- 4 Cervical vertebra 1 Atlas
- 5 Cervical vertebra 2 Axis
- 6 Cervical vertebra 7
- Thoracic vertebral column 7
- 8 Thoracic vertebra 1
- 9 Thoracic vertebra 12
- 10 Lumbar vertebral column
- 11 Lumbar vertebra 1
- 12 Lumbar vertebra 5
- 13 Sacrum
- 14 Sternum
- 15 Ribs







Axial skeleton Posterior view



The cranium is the composite skeleton of the head and is composed of 29 bones. The bones of the cranium range from simple, non-descript plates of bone to the most intricate bones of the skeleton. The cranial bones have a range of important

functions, that include protecting the delicate brain tissue, fixing the vestibular apparatus of the inner ear in three-dimensional space, maintaining open air passageways for respiration, and acquiring and processing food, to name a few. There are two main subdivisions of the cranium — the neurocranium or brain box is the region that surrounds and encases the brain, and the viscerocranium or facial skeleton is the area contributing to the orbits, nasal cavity, and oral cavity. This page and the facing page, and the four page spreads that follow, depict the five normas, or views, of the cranium in both articulated and disarticulated cranial images. The bones of the skull are labeled on these views, along with key landmarks that can only be labeled on the articulated cranial bones on the pages that follow. This spread is of the norma facialis or facial aspect of the cranium.





Cranium Anterior view

- 1 Frontal bone
- 2 Parietal bone
- 3 Occipital bone
- 4 Sphenoid bone
- 5 Temporal bone
- 6 Ethmoid bone
- 7 Inferior nasal concha
- 8 Lacrimal bone
- 9 Nasal bone
- 10 Vomer
- 11 Maxilla
- 12 Palatine bone
- 13 Zygomatic bone
- 14 Mandible
- 15 Bony nasal cavity
- 16 Piriform aperture
- 17 Inferior nasal meatus
- 18 Middle nasal meatu
- 19 Orbit



Bones of the cranium disarticulated Anterior view



This page spread depicts the norma lateralis, or lateral aspect of the cranium. In this view both the brain box and facial skeleton are clearly visible and the relative proportions of the two cranial regions are evident. In the disarticulated view, only those bones that are visible in the lateral aspect are shown.

- 1 Frontal bone
- 2 Parietal bone
- 3 Occipital bone
- 4 Sphenoid bone
- 5 Temporal bone
- 6 Ethmoid bone
- 7 Lacrimal bone
- 8 Nasal bone
- 9 Maxilla
- 10 Zygomatic bone
- 11 Mandible
- 12 Zygomatic arch
- 13 Pterygopalatine fossa



Cranium Lateral view





1 Parietal bone 2 Occipital bone 3 Sphenoid bone 4 Temporal bone 5 Ethmoid bone 6 Inferior nasal concha

Vomer 8 Maxilla Palatine bone

10 Zygomatic bone 11 Mandible

14 Bony nasal cavity 15 Middle nasal meatus 16 Inferior nasal meatus 17 Bony palate 18 Sutural bone

12 Choana or posterior nasal aperture13 Inferior orbital fissure

9

This page spread depicts the norma occipitalis, or occipital aspect of the cranium. From this posterior view the internal aspects of the bones of the oral and nasal cavities are clearly visible. In the disarticulated view only those bones that are visible in the occipital aspect of the cranium are depicted.



Posterior view



Bones of the cranium disarticulated Posterior view



This page spread depicts the norma superior, or superior aspect of the cranium. This view clearly depicts the neurocranium or brain box, while the facial skeleton is almost completely hidden from view. In the disarticulated view only those bones that are visible in the superior aspect of the cranium are depicted.



Cranium Superior view



Bones of the cranium disarticulated Superior view



1 Occipital bone 2 Sphenoid bone

10 Zygomatic arch 11 Jugular foramen 12 Foramen lacerum

14 Incisive fossa

Temporal bone

3

4 Vomer 5 Maxilla 6 Palatine bone Zygomatic bone 8 Bony palate

This page spread depicts the norma inferior (basalis), or inferior aspect of the cranium. The mandible has been removed to more clearly reveal the basicranium. This view clearly depicts the floor of the brain box, the bony palate forming the roof of the oral cavity, and mandibular tooth row. In the disarticulated view only those bones that are visible in the inferior aspect of the cranium are depicted.

9 Choana or posterior nasal aperture 8 7 13 Greater palatine foramen 6 13 10 Q 4 3 1

> Cranium Inferior view



Bones of the cranium disarticulated Inferior view

Cranium

1. A salestin

This page spread depicts the cranium sectioned in a parasagittal plane through the right side of the nasal cavity just lateral to the bony nasal septum. The section below depicts the lateral wall of the right nasal cavity, and the section on the opposite page depicts the medial (septal) wall of the right nasal cavity. The osseous sinuses that communicate with the nasal cavity are all visible in these sections.

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1 Frontal bone

- 2 Parietal bone
- 3 Occipital bone
- 4 Sphenoid bone
- 5 Temporal bone
- 6 Ethmoid bone
- 7 Inferior nasal concha
- 8 Nasal bone
- 9 Vomer 10 Maxilla
- 11 Palatine bone
- 12 Mandible
- 13 External table of calvaria
- 14 Diploë
- 15 Internal table of calvaria
- 16 Groove for sigmoid sinus17 Sphenoidal sinus
- 18 Frontal sinus
- 19 Ethmoidal air cells (sinuses)
- 20 Maxillary sinus
- 21 Incisive canal
- 22 Bony nasal septum23 Sphenopalatine foramen
- 24 Inferior nasal meatus



Parasagittal section of the cranium Medial view of the left side



This page spread depicts the cranium sectioned in a horizontal plane through the neurocranium, or brain box, revealing the internal aspects of the floor and roof of the sectioned cranial cavity. On this page the floor of the neurocranium is visible, while on the opposing page the roof of the neurocranium is visible. The superior portion of the cranium, depicted on the opposite page, is called the calvaria.



Cranium with calvaria removed Superior or internal view of the cranial base

1 Frontal bone 2 Parietal bone

- 3 Occipital bone4 Sphenoid bone
- 5 Temporal bone6 Ethmoid bone
- 7 Clivus 8 Foramen caecum
- 9 Foramen lacerum
- 10 Jugular foramen11 Petrosphenoidal fissure12 Petro-occipital fissure
- 13 Anterior cranial fossa
- 14 Middle cranial fossa15 Posterior cranial fossa
- 16 Granular foveolae



Removed calvaria Inferior or internal view

Cranial Bones – Frontal

The unpaired frontal bone has a bowl-like shape that consists of two parts, an internally concave

vertical portion termed the squama and a horizontal plate that forms the superior walls of the orbits. The bone has a smooth external surface, while its internal surface consists of impressions made by the meningeal vessels and scattered foramina that transmit diploic vessels. The squamous portion of the bone is thick. It consists of internal and external laminae of compact bone sandwiching a layer of trabecular bone called diploë. Near the anterior, inferior midline the spongy bone is absent between the external and internal laminae and in its place are variably sized spaces — the frontal sinuses. The orbital plate consists of a thin plate of compact bone, which is often so thin that it is translucent. The frontal bone articulates with twelve bones.





Frontal bone Posterior view



Frontal bone Superior view, anterior to bottom



Frontal bone Inferior view, anterior to top



Frontal bone Lateral view, anterior to left

Cranial Bones – Parietal

The parietal bones are large quadrilateral bones forming the greater part of the roof and sides of the cra-

nium. The external surface of each parietal bone is slightly convex while the internal surface is concave and marked with impressions from meningeal vessels. The inferior border forms a beveled articular surface, while the superior, anterior, and posterior borders form deeply denticulate articular surfaces. The bone consists of inner and outer laminae of compact bone sandwiching a layer of trabecular bone, the diploë. Each parietal bone articulates with five bones.



- 1 Groove for sigmoid sinus
- 2 Groove for superior sagittal sinus
- 3 Grooves for middle meningeal artery
- 4 Superior temporal line
- 5 Inferior temporal line
- 6 Parietal tuber
- 7 Squamosal border
- 8 Occipital border
- 9 Frontal border
- 10 Sagittal border
- 11 Frontal angle
- 12 Occipital angle
- 13 Sphenoid angle
- 14 Mastoid angle
- 15 Parietal foramen

14



Left parietal bone Lateral view, anterior to right

11

Left parietal bone Medial view, anterior to right

3



Left parietal bone Superior view, anterior to left



Left parietal bone Inferior view, anterior to right





Left parietal bone Posterior view

Cranial Bones – Occipital

The occipital bone forms the greater part of the posterior and inferior cranium. Viewed from

behind it has an oval to round shape. The bone has four distinct regions. The squamous portion is the internally concave posterosuperior plate and forms the greater part of the bone. The thick quadrilateral basioccipital, or basilar part, contributes to the base of the cranium anterior to the foramen magnum. Lateral to this and converging with the squama are the two condylar parts or exoccipitals. Together the four regions of the bone form the borders to the large circular opening, the foramen magnum, which provides passage for the spinal cord between the cranial vault and the spinal canal. The occipital bone articulates with six bones.



- 1 Foramen magnum
- 2 Clivus
- 3 Pharyngeal tubercle
- 4 Squamous part
- 5 Mastoid border
- 6 Lambdoid border
- 7 Occipital condyle
- 8 Condylar canal
- 9 Hypoglossal canal
- 10 Condylar fossa
- 11 Jugular tubercle
- 12 Jugular notch
- 13 Jugular process
- 14 External occipital protuberance
- 15 Superior nuchal line
- 16 Inferior nuchal line
- 17 Internal occipital protuberance
- 18 Groove for transverse sinus
- 19 Groove for occipital sinus
- 20 Groove for superior sagittal sinus
- 21 Cerebral fossa
- 22 Cerebellar fossa



Occipital bone Posterior view



Occipital bone Anterior view



Occipital bone Inferior view, anterior to bottom

Occipital bone Superior view, anterior to bottom



Occipital bone Lateral view, anterior to right

Cranial Bones – Temporal

The temporal bone is a complex bone with five distinct parts. The squamous part of

the bone is the thin lateral plate that contributes to the lateral wall of the cranium. It projects anteriorly as the zygomatic process and forms the mandibular fossa for the temporomandibular joint. The styloid part is represented by the styloid process. This projection of bone arises from the upper elements of the second pharyngeal arch. The petrous part forms the thick pyramidal base of the bone. It begins posterior to the external acoustic meatus as the mastoid process and ends where it forms a junction with the basi-occipital and greater wing of the sphenoid. The name petrous describes its rock-like appearance. This is the thickest part of the temporal bone. It arises from the otic capsules that stabilize the delicate internal ear structures. The mastoid is the posterolateral protuberance of the petrous portion that is easily palpable just posterior to the ear. The tympanic part of the temporal bone is the ring-like plate that forms the walls of the external acoustic meatus. Each temporal bone articulates with five bones.





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Left temporal bone Medial view, anterior to right



Left temporal bone Anterior view



Left temporal bone Posterior view



Left temporal bone Superior view, anterior at top



Left temporal bone Inferior view, anterior at bottom

Cranial Bones – Sphenoid

The sphenoid bone is a complex bone that has the spread -winged appearance of a but-

terfly. Like it name suggests, it is wedged into the center of the cranium where it articulates with twelve neighboring bones and contributes to much of the cranial base. It is divisible into four principal components — the body, greater wings, lesser wings, and pterygoid processes. With the calvaria removed the bone is visible from any view. This bone plays a prominent role at the base of the skull. It supports the brain, serves to protect the optic stalks and capsules, provides passage for many vessels and nerves entering and leaving the skull, and forms a sinus cavity that communicates with the nasal cavity.



- 2 Sella turcica
- 3 Tuberculum sellae
- 4 Hypophysial fossa
- 5 Dorsum sellae
- 6 Posterior clinoid process
- 7 Middle clinoid process
- 8 Carotid sulcus
- 9 Sphenoidal crest10 Sphenoidal rostrum
- 11 Sphenoidal sinus
- 12 Sphenoidal concha
- 13 Lesser wing
- 14 Optic canal
- 15 Anterior clinoid process
- 16 Superior orbital fissure
- 17 Greater wing
- 18 Infratemporal crest
- 19 Orbital surface
- 20 Foramen rotundum
- 21 Foramen ovale
- 22 Foramen spinosum
- 23 Spine of sphenoid bone
- 24 Lateral plate of pterygoid process
- 25 Medial plate of pterygoid process
- 26 Pterygoid notch
- 27 Pterygoid fossa
- 28 Scaphoid fossa
- 29 Vaginal process
- 30 Pterygoid hamulus
- 31 Pterygoid canal



Sphenoid bone Anterior view



Sphenoid bone Posterior view



Sphenoid bone Superior view, anterior at top



Sphenoid bone Inferior view, anterior at top



Sphenoid bone Lateral view, anterior to left

Cranial Bones – Maxilla The maxillae are large, paired

bones that unite to form the upper jaw. They also contribute to the

walls of the nasal cavity, orbit, oral cavity, and maxillary sinus. The maxillary sinus is the hollow central cavity within the large body of the maxilla. Four variable-shaped processes project from the maxillary body. The processes are the posterolateral zygomatic process, the medial projecting palatine process, the arched inferior process called the alveolar, and the superiorly projecting frontal process. Each maxilla articulates with nine bones.



- 1 Orbital surface
- 2 Infra-orbital groove
- 3 Infra-orbital foramen
- 4 Anterior nasal spine
- 5 Canine fossa
- 6 Maxillary tuberosity
- 7 Lacrimal groove
- 8 Maxillary sinus
- 9 Greater palatine groove
- 10 Frontal process
- 11 Zygomatic process
- 12 Palatine process
- 13 Incisive canal
- 14 Alveolar process
- 15 Interalveolar septum



Left maxilla Anterior view



Left maxilla Posterior view



Left maxilla Lateral view, anterior to left



Left maxilla Medial view, anterior to right



Left maxilla Superior view, anterior at top



Left maxilla Inferior view, anterior at top

Cranial Bones – Mandible

The mandible, the largest of the facial bones, forms the lower jaw. The bone has an

arched body with a tooth-bearing alveolar process. Posteriorly each side of the arched body joins the vertically directed rami at the mandibular angle. The superior aspects of the two rami articulate with the temporal bones at the base of the cranium. The mandible is a strong bone composed predominantly of compact bone. It houses the lower tooth row in its alveolar arch. The strong masticatory muscles act on this bone to move it in the temporomandibular joint. Its shape can vary exceedingly with age. If the teeth are lost, bone gets resorbed on the alveolar surface leading to the thinning of the dental arch. The mandible articulates with two bones.



- 1 Body of mandible
- 2 Mental protuberance
- 3 Mental foramen
- 4 Mental tubercle
- 5 Oblique line
- 6 Digastric fossa
- 7 Mental spines
- 8 Mylohyoid line
- 9 Submandibular fossa
- 10 Alveolar part
- 11 Retromolar triangle
- 12 Ramus of mandible
- 13 Angle of mandible
- 14 Mandibular foramen
- 15 Coronoid process
- 16 Mandibular notch
- 17 Condylar process
- 18 Head of mandible
- 19 Pterygoid fovea
- 20 Masseteric tuberosity
- 21 Pterygoid tuberosity



Mandible Anterior view



Mandible Posterior view







Mandible Lateral view, anterior to right Mandible Inferior view, anterior at bottom

Cranial Bones – Ethmoid The term ethmoid comes from the

Greek term ethmos meaning sieve. Galen called the bone the

sieve-like bone because of the many small foramina that transmit the olfactory nerves to the nasal cavity. This unpaired bone is both complex and delicate and is the central bone of the nasal cavity. Wedged between the two orbits, the bone consists of a median vertical plate, a horizontal plate perforated by many small foramina, and bilateral pneumatic, labyrinthine regions. The labyrinthine regions form most of the medial walls of the orbit and the superior and middle nasal conchae. This bone consists of thin laminae of compact bone surrounding many small air sinuses, which communicate with the nasal cavity. The ethmoid bone articulates with thirteen bones, more articulations than any other cranial bone.



- 1 Cribriform plate
- 2 Cribriform foramina
- 3 Crista galli
- 4 Perpendicular plate
- 5 Ethmoidal air cells
- 6 Orbital plate
- Superior nasal concha
- 8 Middle nasal concha
- 9 Ethmoidal bulla
- 10 Uncinate process
- 11 Ethmoidal infundibulum



Ethmoid bone Anterior view



Ethmoid bone Posterior view



Ethmoid bone Superior view, anterior at top



Ethmoid bone Inferior view, anterior at top



Ethmoid bone Lateral view, anterior at right

Cranial Bones – Zygomatic The zygomatic bone, originally named by Galen the

nally named by Galen the os zygoma, comes from

the Greek word zygon meaning yoke, after its resemblance to a yoke placed on oxen. This yoke-shaped bone has three distinct surfaces, five borders, and two processes. It is situated anterolateral on the face as the "cheekbone", and contributes to the lateral and inferior walls of the orbit. It consists of external and internal laminae of compact bone with an inner core of spongy bone. The zygomatic bone articulates with four bones.



- 1 Orbital surface
- 2 Temporal surface
- 3 Lateral surface
- 4 Temporal process
- 5 Frontal process
- 6 Zygomatico-orbital foramen
- 7 Zygomaticofacial foramen
- 8 Zygomaticotemporal foramen



Right zygomatic bone Anterior view



Right zygomatic bone Superior view, anterior to top

3

Right zygomatic bone

Lateral view, anterior to right



Right zygomatic bone Posterior view



Right zygomatic bone Inferior view, anterior to top



Right zygomatic bone Medial view, anterior to left

Cranial Bones - Palatine The palatine bone is a delicate

and intricate bone that forms the shape of the letter L. It sits deep

in the posterior facial region where it contributes to the roof of the mouth, floor of the orbit, floor and lateral walls of the nasal cavity, and to the pterygopalatine fossa. It has a strong horizontal plate with a delicate vertical lamina that projects superiorly. The palatine bone articulates with six bones.



- 1 Perpendicular plate
- 2 Sphenopalatine notch
- 3 Greater palatine groove
- 4 Pyramidal process
- 5 Orbital process
- 6 Lesser palatine foramina
- 7 Posterior nasal spine
- 8 Conchal crest
- 9 Horizontal plate



Left palatine bone Superior view, anterior at top



Left palatine bone Inferior view, anterior at bottom



Left palatine bone Anterior view, lateral at right



Left palatine bone Lateral view, anterior at left



Left palatine bone Posterior view, lateral at left



Left palatine bone Medial view, anterior at right
Cranial Bones – Vomer The vomer is a flat, triangular bone that recomplian a plane. It has a flat

1 Ala of vomer Vomerine groove

Cuneiform part

Vomerine crest of choana

2

3

4

that resembles a plow. It has a flat, median, vertical blade-like process

with transverse posterosuperior projections resembling the handles of the plow. This is a small, thin, unpaired bone that sits in the median plane. It is wider at its superoposterior base and it tapers toward its antero-inferior apex. It forms the inferior portion of the bony nasal septum. Its surfaces face laterally and form the lower, medial wall of the nasal cavities. The vomer articulates with six bones and one cartilage.





Vomer Lateral view, anterior at left



Vomer





Vomer Posterior view



Vomer Superior view, anterior at bottom

Vomer Inferior view, anterior at bottom

Cranial Bones – Nasal

The paired nasal bones are small, rectangular bones with a subtle bow-like shape. They form the bridge of the nose

upon which a pair of eye glasses rest. The external surface of the bones provides attachment for the procerus and nasalis muscles, two thin muscles of facial expression. Each nasal bone articulates with four bones.



- Ethmoidal groove
 Nasal foramina
- 3 Superior border
- 4 Inferior border
- 5 Lateral border
- 6 Medial border



Left nasal bone Anterior view, lateral at left



Left nasal bone Posterior view, lateral at right



Left nasal bone Lateral view, anterior at right



Left nasal bone Medial view, anterior at left



Left nasal bone Superior view, anterior at bottom



Left nasal bone Inferior view, anterior at bottom

Cranial Bones – Inferior Nasal Concha

This is a small, delicate bone that projects from the lateral wall of the nasal cavity. It is scroll-like in appearance as it arches inferiorly and laterally from the nasal cavity's lateral wall. The medial surface of the bone is convex and furrowed by many longitudinal grooves that transport blood vessels beneath the thick nasal mucosa that covers this surface. The lateral surface of the bone is concave and forms most of the superior and medial boundary of the inferior nasal meatus. The inferior border of the bone has a rough, spongy appearance. Superiorly the bone forms an articular border with four bones.



- 1 Lacrimal process
- 2 Maxillary process
- 3 Ethmoidal process
- 4 Lateral surface
- 5 Medial surface



Left inferior nasal concha Anterior view, lateral at left



Left inferior nasal concha Posterior view, lateral at right



Left inferior nasal concha Lateral view, anterior at right



Left inferior nasal concha Medial view, anterior at left



Left inferior nasal concha Superior view, anterior at right



Left inferior nasal concha Inferior view, anterior at right

Cranial Bones – Lacrimal

The lacrimal bone derives its name from the Latin word meaning tear because the bone houses

the "tear duct." This small, delicate, quadrate-shaped bone has a vertical axis that is slightly longer than its horizontal axis. It is extremely thin. When it is held up to a light source, the light easily penetrates the bone. The bone sits in the anterior part of the medial wall of the orbit. The orbital surface is smooth and flat in its posterior half where it contributes to the medial wall of the orbit. Anteriorly this surface has a longitudinal groove that ends posteriorly in a longitudinal crest that is hook-shaped inferiorly. This groove supports the nasolacrimal duct. Covered with mucous membrane, the slightly rough, medial surface of the bone contributes to the nasal cavity. The lacrimal bone articulates with four bones.

- 1 Posterior lacrimal crest
- 2 Lacrimal groove
- 3 Lacrimal hamulus



Left lacrimal bone Anterior view, lateral at right

Left lacrimal bone Posterior view, lateral at left



Left lacrimal bone Lateral view, anterior at left



Left lacrimal bone Medial view, anterior at right



Left lacrimal bone Superior view, lateral at right



Left lacrimal bone Inferior view, lateral at left

Cranial Bones – Auditory Ossicles The auditory ossicles are the smallest hones of the

The auditory ossicles are the smallest bones of the human skeleton. These

three small bones occupy the middle ear cavity, where they transmit and amplify the sound waves from the tympanic membrane to the inner ear. From lateral to medial the bones are the malleus, the incus, and the stapes, or in layman's terms the hammer, the anvil, and the stirrup, because of their striking resemblance to these structures.



Left stapes Superior view, lateral at left

Cranial Bones – Hyoid

1 Body 2 Lesser horn

3 Greater horn

Suspended from the styloid processes of the temporal bones by the stylohyoid ligaments, the U-shaped hyoid bone

occupies the ventrosuperior neck just inferior to the mandible. It serves as a skeletal attachment site for muscles associated with the tongue, larynx, and pharynx. It consists of five elements — a body and bilateral lesser and greater cornua. The body is the rectangular ventral element that sits in the transverse plane. Projecting posterolaterally from the body are the paired, long, slender greater cornua. At the junction of the greater cornua and the body are smaller superior projections, the lesser cornua.





Hyoid bone Superior view, anterior at bottom

Vertebral Column The vertebral column consists of 26 bones that develop

from a series of 33 identical embryonic body segments. Because they develop from similar repeating segments, each

of the vertebrae has a similar structure. The bones of the vertebral column are grouped into seven cervical vertebrae, twelve thoracic vertebrae, five lumbar vertebrae, the sacrum consisting of five fused segments, and the coccyx comprised of three to five fused segments, most typically four. The column is the central axis of the body that supports the limbs and the cranium, protects the spinal cord, and provides attachment for muscles that move this flexible column of bones.





- 1 Cervical vertebrae
- 2 Thoracic vertebrae
- 3 Lumbar vertebrae
- 4 Sacrum
- Coccyx 5 6
- Thoracic kyphosis Sacral kyphosis 7
- 8 Cervical lordosis
- Lumbar lordosis 9
- 10 Intervertebral foramen

Cervical Vertebrae There are seven cervical vertebrae, which are the verte-

brae with the greatest variation in shape. They form a delicate column of bones having a wide range of mobility

at their joint surfaces. This is due to the fact that the first two cervical vertebrae, the atlas and axis, have forms that differ significantly from the remaining five vertebrae in the series. These differences arise as they become modified to provide the support and movement of the skull. The remaining cervical vertebrae show a lesser degree of mobility and have more uniform shapes. With few exceptions, the cervical vertebrae can be readily distinguished by the presence of a foramen in their transverse processes.

- 1 Vertebral body
- Pedicle 2
- 3 Lamina
- 4 Superior vertebral notch
- 5 Inferior vertebral notch
- 6 Vertebral foramen
- Spinous process 7
- 8 Transverse process
- 9 Superior articular process/facet 20 Groove for vertebral artery
- 10 Inferior articular process/facet
- 11 Transverse foramen

- 12 Anterior tubercle of costal process 13 Posterior tubercle of costal process
- 14 Lateral mass
- 15 Anterior arch
- 16 Anterior tubercle of anterior arch
- 17 Facet for dens
- 18 Posterior arch
- 19 Posterior tubercle of posterior arch
- 21 Dens
- 22 Anterior articular facet of dens



Typical cervical vertebra Superior view, anterior at bottom



Typical cervical vertebra Lateral view, anterior at right



Typical cervical vertebra Posterior view, superior at top





Axis, 2nd cervical vertebra Posterior view, superior at top

Thoracic Vertebrae The thoracic portion of the vertebral column, consisting of

the twelve thoracic vertebrae, get progressively larger from the cranial end to the caudal end of the series. Except

at its junction with the lumbar vertebrae, the thoracic region is the least mobile region of vertebral column. In addition to articulating with each other, the thoracic vertebrae also articulate with the ribs. Additionally, the laminae and spines of these vertebrae project inferiorly to overlap the next vertebra below. This suite of characters produces a strong imbricated column of bone that forms the impressive thoracic rib cage. Because of their association with the ribs, the thoracic vertebrae are readily identified by the costal articular facets, which are present on the bodies and transverse processes.

- 1 Vertebral body
- 2 Pedicle
- 3 Lamina
- 4 Superior vertebral notch
- 5 Inferior vertebral notch
- 6 Spinous process
- 7 Transverse process
- 8 Superior articular process/facet
- 9 Inferior articular process/facet
- 10 Superior costal facet
- 11 Inferior costal facet
- 12 Transverse costal facet



Thoracic vertebra Superior view, anterior at bottom



Thoracic vertebra Lateral view, anterior at right



Thoracic vertebra Posterior view, superior at top

Thoracic vertebra Anterior view, superior at top

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Lumbar Vertebrae There are five lumbar vertebrae that form the lumbar portion

of the vertebral column. The mobile vertebrae of this region are the largest of the true or mobile vertebrae. Their large

size and lack of transverse foramina and costal facets are their diagnostic features. They form a strong column of support at the base of the vertebral column. The articular processes of the lumbar vertebrae are robust and have their facets oriented in the sagittal plane to provide for the flexion and extension movements characteristic of the lumbar vertebral column. They have thick pedicles arising from the superior aspect of the vertebral body. The laminae are thick and short and project posteriorly to unite as thick, quadrilateral spinous processes. The vertebral bodies have a large elliptical shape when viewed from above.

- 1 Vertebral body
- 2 Pedicle
- 3 Lamina
- 4 Superior vertebral notch
- 5 Inferior vertebral notch
- 6 Spinous process
- 7 Transverse process (costal process)
- 8 Superior articular process/facet
- 9 Inferior articular process/facet
- 10 Accessory process (morphological transverse process)
- 11 Mammillary process



Lumbar vertebra Superior view, anterior at bottom



Lumbar vertebra Lateral view, anterior at right



Lumbar vertebra Anterior view, superior at top

Lumbar vertebra Posterior view, superior at top

Sacrum and Coccyx The sacrum is a large triangular-shaped mass that

forms from the fusion of five vertebrocostal segments. The base of the triangle is superior and tapers to a flat-

tened apex inferiorly. It is concave anteriorly and convex posteriorly. The lateral margins of the triangle are widest superiorly where the bone articulates with the two ilia. Forming the large basal portion of the vertebral column, the bone wedges between the two os coxae to form the posterior element of the pelvic skeleton. Its ventral surface, smoother than the rough dorsal surface, forms the posterior wall of the pelvis. Within this triangular mass of bone is a hollow sacral canal. This canal opens through foramina onto the ventral and dorsal surfaces of the bone. It forms a large oval surface superiorly that articulates with the fifth lumbar vertebra and a smaller oval facet at its apex for articulation with the coccyx.

The coccyx is the terminal end of the vertebral column. It is a triangular bone that forms from the fusion of three to five vertebral segments, most commonly from four fused vertebrae. The superior surface of the first segment's body forms an oval articular surface with the inferior surface of the fifth sacral segment.

- 1 Promontory
- Ala or wing 2
- Superior articular process З
- 4 Auricular surface
- 5 Sacral tuberosity
- 6 Pelvic surface
- 7 Transverse ridges
- 8 Anterior sacral foramina
- 9 Posterior sacral foramina
- 10 Median sacral crest
- Intermediate sacral crest 11
- 12 Lateral sacral crest
- 13 Sacral cornu
- 14 Sacral canal
- 15 Sacral hiatus
- 16 Apex
- 17 Coccygeal cornu



Sacrum and coccyx Lateral view, anterior at right



Sacrum and coccyx Posterior view, superior at top



There are twelve paired ribs, a pair for each of the twelve thoracic vertebrae. The ribs unite the thoracic vertebrae to the sternum via costal cartilages to form the thoracic skeleton, a flexible,

bony wall that protects thoracic viscera and facilitates respiratory function. Although only the twelve thoracic ribs are named ribs, there are in reality ribs at every vertebral level. The cervical, lumbar, sacral, and coccygeal ribs fuse to their corresponding vertebrae to contribute to the formation of the transverse process. The ribs can be divided into two groups — true ribs and false ribs. The last two false ribs are called floating ribs. True ribs, ribs one through seven, are those that have their costal cartilages attached directly to the sternum. False ribs, ribs eight through twelve, have costal cartilages that do not attach directly to the sternum. The costal cartilage of each of the first three false ribs attaches to the cartilage of the rib superior to it. The last two false ribs do not attach to other ribs and are therefore called floating ribs.



Ribs and thoracic vertebra Superior view, posterior at top

- 1 Head
- 2 Articular facets of head
- 3 Crest of head
- 4 Neck
- 5 Body or shaft 6 Tubercle
- 7 Articular facet of tubercle

- 8 Angle
 9 Costal groove
 10 Crest of body
 11 Scalene tubercle (first rib)
 12 Tuberosity of serratus anterior (second rib)
 12 Costal servicingo
- 13 Costal cartilage

- 14 True ribs [I-VII]
 15 False ribs [VII-XII]
 16 Floating ribs [XI-XII]





Left ribs 1 through 12 Superior view, first rib at top, posterior to right



Sternum The sternum is the anterior bone of the thoracic wall. It forms from six segmental elements, or sternebrae, that fuse during development. The bone has the appearance of a sword with a wide handle called the manubrium, a tapering blade or

body, and a sharp point-like apex named the xiphoid process. A distinct angle forms at the junction of the manubrium and the body. This angle is called the sternal angle. A horizontal plane extended posteriorly intersects the disc between the fourth and fifth thoracic vertebrae and marks the top of the heart in the thoracic cavity. The lateral margins of the bone are notched for reception of the costal cartilages and clavicles. Its anterior surface is slightly convex, while the posterior surface is weakly concave. The sternum articulates with sixteen bones, more articulations than any other bone in the body.

- 1 Manubrium
- 2 Clavicular notch
- 3 Jugular or suprasternal notch
- 4 Sternal angle
- 5 Body 6 Xiphoid process
- 7 Costal notches





Sternum Superior view, posterior at top

Appendicular Skeleton

The appendicular portion of the skeleton forms the framework of the limbs. It includes the limb girdles, or fixed portion of the appendicular skeleton, and the series of bones that extend distally from the girdles into the limb proper, or free portion of the limb. The limb girdles, pectoral and pelvic, help anchor the limb to the axial skeleton. The free portion of each limb consists of a large proximal element, the humerus and femur, forming the skeleton of the arm and thigh, respectively. Next in sequence are the ulna and radius of the forearm, and the fibula and tibia of the leg. The distalmost regions of the limbs are the hand and foot consisting of the short carpal and tarsal bones, respectively, along with the metacarpals, metatarsals, and phalanges of the digits.

6

As the tetrapod (land) vertebrates evolved, a major difference emerged between the two limbs. The anterior, or upper limb, evolved as a steering device, while the posterior, or lower limb, became the locomotor limb. Accompanying these evolutionary modifications in limb function were important morphological differences. The powerful locomotor hind limb developed strong attachments to the axial skeleton. The strong iliosacral joint, with its accompanying ligaments, transfers the powerful forces generated by the posterior limb to the axial skeleton to propel the body forward. On the other hand, the anterior limb developed minimal, weak skeletal attachments between the girdle and axial skeleton while becoming a more mobile limb.

As you study the skeleton of the limbs in the photos that follow, note the similarities and differences that exist between the bones of the superior and inferior limb skeletons and think about the functional differences mentioned above.



Find more information about the appendicular skeleton in REALANATOMY

Upper Limb Each superior limb consists of 32 bones. The proximal end of the superior limb, the clavicle and scapula, form the pectoral or shoulder girdle. This girdle of bones provides a broad base of support that is primarily

anchored to the axial skeleton by muscles rather than ligaments. The free part of the upper limb consists of the humerus, radius, ulna, and hand. The humerus forms the skeletal framework for the brachium. Distal to the brachium is the antebrachium containing the radius and ulna. The distal-most region of the superior limb is the hand consisting of a wrist region of eight carpal bones, the palm region consisting of five metacarpal bones, and the fourteen phalanges of the fingers and thumb.





Left upper limb Anterior view

Left upper limb Posterior view

Pectoral Girdle The pectoral, or shoulder, girdle consisting of the scapula and the

clavicle forms the base of the upper limb skeleton. The rod-like clavicle forms a horizontal strut that links the scapula to the sternum

of the axial skeleton. The large triangular scapula presents an extensive surface area for muscle attachment and a large lateral fossa that articulates with the humerus of the free part of the upper limb. Except for the weak joint formed between the clavicle and the sternum, the pectoral girdle is essentially unattached by ligaments or joints to the axial skeleton. This was paramount in the evolutionary role of this limb as a steering device and shock absorber during locomotion.







The clavicle has an S-shaped appearance that can range from an almost straight, shallow S-curve shape to a deeper, more prominent S-curve shape. The curve at the medial or sternal end of the bone is concave posteriorly, while the curve at the

lateral or acromial end is concave anteriorly. This is one of the more variable bones of the skeleton. It is typically smooth and straight in females and rougher and more curved in males. The bone forms the ventral strut of the pectoral girdle that props the shoulder joint away from the rib cage. It is subcutaneous and easily palpable throughout its length. This combination of features makes it susceptible to fracture from falls onto the limb. The clavicle articulates with the three bones — the scapula, sternum, and first rib.



- 2 Sternal facet
- 3 Impression for costoclavicular ligament
- 4 Shaft or body
- 5 Subclavian groove
- 6 Acromial end
- 7 Acromial facet
- 8 Tuberosity for coracoclavicular ligament
- 9 Conoid tubercle
- 10 Trapezoid line



Left clavicle Superior view, lateral to right



Inferior view, lateral to right





Left clavicle Anterior view, lateral to right



Left clavicle Posterior view, lateral to left



Left clavicle Lateral view, anterior to left



Left clavicle Medial view, anterior to right



The scapula is a flat, triangular bone with three prominent projections. The flattened triangular portion of the bone, the body, spans from the second to the seventh rib and consists of three borders (superior, lateral, and medial) and three angles (superior, in-

ferior, and lateral) and is typically a very thin plate of bone. Its lateral angle is conspicuous as it forms the glenoid fossa, or shoulder socket that articulates with the head of the humerus. Its three prominent projections are the anterior projecting coracoid process, the posterior projecting ridge called the spine, and the flat laterally projecting acromion, which forms the lateral expansion of the spine. The scapula articulates with two bones — the clavicle and the humerus.

- 1 Subscapular fossa
- 2 Spine
- 3 Deltoid tubercle
- 4 Supraspinous fossa
- 5 Infraspinous fossa
- 6 Acromion
- 7 Clavicular facet
- 8 Acromial angle
- 9 Medial border
- 10 Lateral border

- 11 Superior border
- 12 Suprascapular notch
- 13 Inferior angle
- 14 Superior angle
- 15 Glenoid cavity
- 16 Supraglenoid tubercle
- 17 Infraglenoid tubercle
- 18 Neck
- 19 Coracoid process



Left scapula Anterior view, lateral to right

Left scapula Lateral view, anterior to right





Left scapula Superior view, lateral to left

Humerus The humerus is the skeletal element of the brachium and it is the largest bone of the upper limb. It has a long cylindrical shaft that expands at the proximal and

distal ends. The proximal end is rounded, while the distal end is flattened from

anterior to posterior. The ends consist of a spongy core of bone covered with a thin lamina of compact bone. The shaft is a cylinder of thick compact bone surrounding a large medullary cavity. The humerus articulates with three bones — the scapula, ulna, and radius.



2

1 Head

- 2 Anatomical neck
- 3 Surgical neck
- 4 Greater tubercle
- 5 Lesser tubercle
- 6 Intertubercular sulcus or groove
- 7 Crest of greater tubercle
- 8 Crest of lesser tubercle
- 9 Shaft or body
- 10 Groove for radial nerve
- 11 Medial supracondylar ridge
- 12 Deltoid tuberosity
- 13 Capitulum
- 14 Trochlea
- 15 Olecranon fossa
- 16 Coronoid fossa
- 17 Radial fossa
- 18 Medial epicondyle
- 19 Groove for ulnar nerve
- 20 Lateral epicondyle



Left humerus Anterior view, lateral to right

18

Left humerus Posterior view, lateral to left 18



Left humerus Lateral view, anterior to left Left humerus Medial view, anterior to right

Ulna

The ulna is the medial and longer bone of the antebrachium. It is thick and notched at its proximal end where it is a major contributor to the elbow joint. From the notched proximal end it tapers to a thin shaft that ends distally as a small rounded head. The ulna articulates with two bones— the humerus and the radius.



- Olecranon
 Coronoid process
 Ulnar tuberosity
 Radial notch
 Trochlear notch
 Shaft or body
 Interosseous border
 Anterior border
 Posterior border
 Supinator crest
 Head
- Head
 Articular circumference
 Ulnar styloid process



Left ulna Anterior view, lateral to right

Left ulna Posterior view, lateral to left



4

Left ulna Superior view, lateral to left



Left ulna Inferior view, lateral to right

Left ulna Lateral view, anterior to left Left ulna Medial view, anterior to right



Radius The radius is the lateral, slender, rod-like bone of the antebrachium. The rod-like shaft

expands at both ends. The proximal end forms a wheel-like head with a proximal concavity, while the distal end expands from medial to lateral to form the widest part of the

bone. The distal end is concave anteriorly and convex and grooved posteriorly. The ridge-like borders of the shaft give it a triangular shape in cross section. The radius articulates with four bones — the humerus, ulna, scaphoid, and lunate.

3

6

4

- 1 Head
- 2 Articular facet
- 3 Articular circumference
- 4 Neck
- 5 Shaft or body
- 6 Radial tuberosity
- Pronator tuberosity
- 8 Interosseous border
- 9 Anterior border
- 10 Posterior border
- 11 Radial styloid process
- 12 Suprastyloid crest
- 13 Dorsal tubercle
- 14 Groove for extensor muscle tendons
- 15 Ulnar notch
- 16 Carpal articular surface





Posterior view, lateral to left

8





Left radius Superior view, lateral to left

> 11 16 15 13

Left radius Inferior view, lateral to right

95

Hand Skeleton The hand is a composite structure consisting of 27 bones. The proximal end of the hand is the carpus or wrist. The carpal bones are eight in number and are arranged in two rows of four, a distal row

and a proximal row. Distal to the carpus are the five digital rays. Each digit, called a finger of which there are four, consists of a metatarsal bone and three phalanges. The remaining digit, the thumb or pollex, has a metatarsal bone and only two phalanges. The photos of the hands below and on the opposing page are positioned as if you were looking at your own hand.



Left hand Anterior view, lateral to left



- 4 Pisiform
- 5 Trapezium6 Trapezoid7 Capitate8 Hamate

- 9 Metacarpal I
 10 Metacarpal II
 11 Metacarpal III
 12 Metacarpal IV
 13 Metacarpal V
 14 Proximal phalanx
 15 Middle phalanx
 16 Distal phalanx



Left hand Posterior view, lateral to right

Carpal Bones The eight carpal bones form the proximal end

of the hand skeleton. The main features of this complex little series of bones are the numer-

ous articular surfaces they form with one another and with the metacarpal and antebrachial bones. The carpal bones form two rows of four bones each. The two largest bones of the proximal row, the scaphoid and the lunate, articulate with the distal end of the radius. The row of distal bones form the skeletal foundation for the fingers and articulate with the metacarpal bones of the fingers and thumb. The anterior surface of the carpal bones forms the floor of the carpal tunnel that supports the major digital flexor tendons that enter the hand.





Trapezium

- 1 Tubercle of trapezium
- 2 Articular surface with scaphoid
- Articular surface with trapezoid 3
- 4 Articular surface with first metacarpal
- 5 Articular surface with second metacarpal Trapezoid
- 6 Articular surface with scaphoid
- Articular surface with trapezium
- Articular surface with capitate 8
- 9 Articular surface with first metacarpal Capitate
- 10 Articular surface with scaphoid
- Articular surface with lunate 11
- 12 Articular surface with trapezoid
- 13 Articular surface with hamate
- 14 Articular surface with second metacarpal
- 15 Articular surface with third metacarpal
- 16 Articular surface with fourth metacarpal
- Hamate
- 17 Hook of hamate or hamulus
- Articular surface with lunate 18
- Articular surface with triguetrum 19
- 20 Articular surface with fourth metacarpal
- 21 Articular surface with fifth metacarpal

Scaphoid

- 22 Scaphoid tubercle
- 23 Articular surface with radius
- 24 Articular surface with trapezium
- 25 Articular surface with trapezoid
- 26 Articular surface with capitate
- 27 Articular surface with lunate Lunate
- 28 Articular surface with radius
- Articular surface with scaphoid 29
- 30 Articular surface with capitate
- 31 Articular surface with hamate
- 32 Articular surface with triquetrum Triquetrum
- 33 Articular surface with lunate
- 34 Articular surface with pisiform
- 35 Articular surface with hamate
- Pisiform
- 36 Articular surface with triquetrum





Left hamate Posterior view, lateral to right

19

Left capitate Posterior view, lateral to right





Left trapezium Posterior view, lateral to right



99

Metacarpals and Phalanges

The five digital rays of the hand consist of a series of four bones, except in the thumb where there are only three bones, that decrease in length from proximal to distal. Forming the skeleton of the palmar region of the hand are the stout metacarpal bones. Note their saddle-like bases and rounded heads. The anterior-posterior flattened phalanges project into the proper portion of the fingers and thumb from the metacarpal bones.













2



Left phalanges

Left metacarpal bones, numbered I to V from lateral to medial Anterior view, thumb to left



Left metacarpal bones, numbered I to V from lateral to medial Posterior view, thumb to right

Pelvis - Female The characteristic features of the female pelvis are related to the role of the female pelvis in childbirth. While there are numerous di-

role of the female pelvis in childbirth. While there are numerous diagnostic features that help distinguish a female pelvis, some of

the most obvious are those that increase the diameter of the pelvic outlet. For example, note the wider pubic angle (1) and greater sciatic notch (2) of the female pelvis.





Female pelvis Anterior view, superior to top

Female pelvis Posterior view, superior to top



Female pelvis Superior view, anterior to bottom



Female pelvis Inferior view, anterior to bottom



Female pelvis Lateral view, anterior to left
Pelvis - Male The male pelvis tends to have a more narrow profile than the pelvis of the female. Compare the diameter of the outlet, the angle of the pubic arch, and the width of the greater sciatic notch with those of the female pelvis. Also, note the stout, thick ishiopubic ramus (3) of the male compared to the slender ischiopubic ramus of the female pelvis.



Male pelvis Anterior view, superior to top



Male pelvis Superior view, anterior to bottom



Posterior view, superior to top

Male pelvis Inferior view, anterior to bottom



Male pelvis Lateral view, anterior to left

Inferior Limb Each inferior appendage consists of 31 bones. The broad base of the inferior limb is the pelvic girdle. This girdle is the strong fusion of three bones, the ilium, ischium, and pubis, to form the os coxae or

hip bone. The os coxae is firmly anchored to the sacrum via strong ligaments and a synovial joint. Distal to the girdle is the free part of the lower limb. The bony framework of the thigh is the femur with the sesamoid patella at its distal end. Distal to the femur, the tibia and fibula form the skeleton of the crus or leg. The distalmost region of the inferior limb is the foot consisting of seven tarsal bones, five metatarsal bones, and fourteen phalanges.



- 1 Os coxae or hip bone
- 2 Femur
- 3 Patella
- 4 Tibia
- 5 Fibula
- 6 Tarsal bones
- 7 Metatarsal bones
- 8 Phalanges



Left lower limb Anterior view, lateral to right



OS COX ac Each os coxae forms from three separate bony elements that fuse during development at their site of union within the acetabulum. The three bony elements are the ilium, ischium, and pubis. This strong girdle of bone unites the inferior limb to the axial skeleton

and transfers the forces of locomotion from the inferior limb to the vertebral column. Each os coxae articulates with three bones — the femur, sacrum, and opposite os coxae. The photo on this page depicts the three bones of the os coxae — the ilium (green), the ischium (blue), and the pubis (red). Landmarks that are shared by the bones are depicted on this image. The following two pages show all the landmarks of the individual bones of the os coxae.

3

5

- 1 Acetabulum
- 2 Acetabular notch
- 3 Lunate surface
- 4 Ischiopubic ramus
- 5 Obturator foramen
- 6 Greater sciatic notch

Left os coxae showing individual bones Lateral view, anterior to left

6



llium

- Body of ilium
 Supra-acetabular groove
- Ala or wing 3
- 4 Arcuate line
- 5 Iliac crest
- 7 Intermediate zone of crest

3

15

9

- 8 Inner lip of crest9 Tuberculum of crest
- 10 Anterior superior iliac spine
- 11 Anterior inferior iliac spine
- 12 Posterior superior iliac spine 19 Iliac tuberosity
- 13 Posterior inferior iliac spine
- 14 Iliac fossa
- 15 Anterior gluteal line
- 16 Posterior gluteal line17 Inferior gluteal line

 - 18 Auricular surface



13 28 29 \ 31 23 25 33 32 21 22 Left os coxae Posterior view, lateral to right

16

Ischium

- 20 Body of ischium21 Ischial ramus22 Ischial tuberosity 23 Ischial spine
- 24 Lesser sciatic notch

Pubis

- 25 Body of pubis26 Pubic tubercle27 Symphysial surface28 Pubic crest
- 29 Superior pubic ramus
- 30 Pecten pubis or pectineal line31 Obturator groove
- 32 Inferior pubic ramus 33 Obturator foramen
- F 26 — Left os coxae Lateral view, anterior to left - 30

Left os coxae Medial view, anterior to right



Femur The femur is the longest bone of the body. The strong shaft forms a long cylindrical tube with a slight forward bow. The strong wall of the shaft is thickest near the narrow center of the bone where the medullary cavity is also the most spacious. As the shaft becomes progressively

wider toward each end, the compact wall of bone becomes thinner and the medullary cavity accumulates spongy bone. The proximal end consists of a short cantilevered neck capped by a smooth, round articular head. Projections of bone, the trochanters, form at the base of the cantilevered neck. The distal end consists of two large, knuckle-like processes separated by an intermediate groove. The femur articulates with three bones: the os coxae, patella, and tibia.



- 1 Head
- 2 Fovea for ligament of head
- 3 Neck
- 4 Greater trochanter
- 5 Trochanteric fossa
- 6 Lesser trochanter
- Intertrochanteric line
- 8 Intertrochanteric crest
- 9 Quadrate tubercle
- 10 Shaft or body 11 Linea apsera
- 12 Pectineal or spiral line
- 13 Gluteal tuberosity
 14 Medial supracondylar line
 15 Lateral supracondylar line
- 16 Medial condyle
- Medial epicondyle
 Adductor tubercle
- 19 Lateral condyle
- 20 Lateral epicondyle 21 Groove for popliteus
- 22 Patellar surface
- 23 Intercondylar fossa





Left femur Superior view, lateral to left



Left femur Inferior view, lateral to right

Left femur Lateral view, anterior to left

20

21

10

11

Left femur Medial view, anterior to right



The tibia is the large, medial bone of the leg skeleton. It is the second longest bone of the body, only exceeded in length by the femur. Its strong shaft, consisting of thick walls of compact bone, is

triangular in cross-section. The shaft expands proximally into a fluted extremity of spongy bone with a flat plateau-like superior surface largely covered with articular cartilage. The smaller distal end is more knoblike with a pronounced medial projection, the malleolus. The shaft has a strong anterior crest with sloping surfaces to either side. The bone is easily palpable throughout its length. The tibia articulates with three bones — the femur, fibula, and talus.



Left tibia Anterior view, lateral to right 16

- 1 Superior articular surface
- 2 Medial condyle3 Lateral condyle
- 4 Fibular articular facet
- 5 Anterior intercondylar area
- 6 Posterior intercondylar area
- Intercondylar eminence
- 8 Medial intercondylar tubercle9 Lateral intercondylar tubercle16 Medial malleolus

11

10

- 10 Shaft or body
- 11 Tibial tuberosity
- 12 Soleal line
- 13 Interosseous border
- 14 Anterior border

- 17 Malleolar groove 18 Malleolar articular facet
- 19 Fibular notch
- 20 Inferior articular surface



Left tibia Lateral view, anterior to left

Left tibia Medial view, anterior to right

16



Left tibia Superior view, lateral to left



Left tibia Close-up of lateral view



Left tibia Inferior view, lateral to right



The fibula is the lateral bone of the leg skeleton. It is a slender, splint-like bone that is slightly expanded at both ends. It plays no role in the weight-bearing function of the lower limb, but

serves as a significant site of muscle attachment. It is not easily palpable except at its proximal and distal ends, the shaft being totally surrounded with muscle. The fibula articulates with two bones — the

tibia and talus.

2 Articular facet for tibia

6 Interosseous border
 7 Anterior border
 8 Posterior border
 9 Lateral malleolus
 10 Articular facet for talus
 11 Malleolar fossa
 12 Malleolar groove

3 Apex of head4 Neck5 Shaft or body

1 Head





Left fibula Anterior view, lateral to right

Left fibula Posterior view, lateral to left



Left fibula Lateral view, anterior to left

Medial view, anterior to right



Foot Skeleton Like the hand, the foot is a composite structure comprised of 26 bones, not counting the small sesamoid bones that are found in certain tendons. The proximal end of the foot is the tarsus or ankle. There are seven tarsal bones 🥔

that show a greater range in size and shape than their carpal counterparts in the hand. Distal to the tarsals are the five digital rays. The four lateral digits consist of a metatarsal bone and three phalanges. The large medial digit, the hallux or great toe, has a metatarsal bone and only two phalanges. Two prominent sesamoid bones (bones that form in tendons) are present on the plantar surface at the head end of the first metatarsal.

- 1 Talus
- 2 Calcaneus
- 3 Navicular
- 4 Medial cuneiform
- 5 Intermediate cuneiform
- 6 Lateral cuneiform



Left foot Dorsal view, lateral to right

- 7 Cuboid
- 8 Metatarsal I
- 9 Metatarsal II

- 10 Metatarsal III
- 11 Metatarsal IV

- 12 Metatarsal V
- 13 Proximal phalanx 14 Middle phalanx
- 15 Distal phalanx
- 16 Sesamoid bones



Left foot Plantar view, lateral to left



Left foot Anterior view, lateral to right



Left foot Posterior view, lateral to left



Left foot Lateral view, anterior to left



Left foot Medial view, anterior to right

Tarsal Bones - Talus The next four pages depict the tarsal bones.

Like the carpals, this is a complex series of bones that form numerous articulations with

one another. All the tarsal bones were photographed at the same scale so you can see their relative sizes. The talus is the second largest and most proximal of the tarsal bones. It forms the ankle joint with the distal end of the leg skeleton. It consists of a cuboid body, a distally directed neck capped by a convex, oval head, a proximolateral facet for the fibular malleolus, and a proximal trochlea for the tibia. It articulates with four bones — the tibia, fibula, calcaneus, and navicular.



- 1 Head
- 2 Navicular articular surface
- 3 Anterior facet for calcaneus
- 4 Neck
- 5 Middle facet for calcaneus
- 6 Sulcus tali
- 7 Body
- 8 Trochlea of talus
- 9 Lateral malleolar facet
- 10 Lateral process
- 11 Medial malleolar facet
- 12 Posterior process
- 13 Groove for flexor hallucis longus
- 14 Lateral tubercle
- 15 Medial tubercle
- 16 Posterior calcaneal articular facet



Left talus Superior view, lateral to left



Left talus Inferior view, lateral to right



Left talus Anterior view, lateral to left



Left talus Posterior view, lateral to right



Left talus Medial view, anterior to right



Left talus Lateral view, anterior to left

Tarsal Bones - Calcaneus The calcaneus is the largest bone of the foot and its long axis

parallels the long axis of the foot.

Its distal end forms a series of articular surfaces with neighboring bones. Its posterior or proximal end is box-like and forms a roughened calcaneal tubercle at the posterior surface. The calcaneus articulates with two bones — the talus and the cuboid.

- 1 Calcaneal tuberosity
- 2 Calcaneal tubercle
- 3 Sustentaculum tali
- 4 Groove for flexor hallucis longus
- 5 Calcaneal sulcus
- 6 Tarsal sinus
- 7 Anterior talar articular surface
- 8 Middle talar articular surface
- 9 Posterior talar articular surface
- 10 Groove for fibularis longus
- 11 Fibular trochlea
- 12 Articular surface for cuboid

6

Left calcaneus

Superior view, lateral to left



Left calcaneus Posterior view, lateral to left



Left calcaneus Anterior view, lateral to right

11

10



Left calcaneus Inferior view, lateral to right



Left calcaneus Medial view, anterior to right

Left calcaneus Lateral view, anterior to left

Tarsal Bones - Cuboid and Navicular

The cuboid bone, like its name suggests, has a cube shape when viewed from above, but has ridges and grooves on its plantar surface. It is the lateral bone in the distal series of tarsal bones and articulates with the fourth and fifth metatarsals. With a good imagination one can visualize the hull of a ship when observing the navicular bone. This ship-shaped bone is an intermediate bone between the talus and the three cuneiforms on the medial aspect of the foot.

Cuboid

- 1 Groove for fibularis longus
- 2 Cuboid tuberosity
- 3 Calcaneal process
- 4 Articular surface for calcaneus
- 5 Articular surface for navicular6 Articular surface for lateral cuneiform
- 7 Articular surface for fourth metatarsal
- 8 Articular surface for fifth metatarsal

Navicular

- 9 Tuberosity
- 10 Articular surface for talus
- 11 Articular surface for cuboid
- 12 Articular surface for medial cuneiform
- 13 Articular surface for intermediate cuneiform
- 14 Articular surface for lateral cuneiform



Left cuboid Superior view, lateral to left



Left cuboid Inferior view, lateral to right



Left navicular Superior view, lateral to left





Left navicular Inferior view, lateral to right



Left cuboid Anterior view, lateral to right



Left cuboid Posterior view, lateral to left



Left navicular Anterior view, lateral to right



Left navicular Posterior view, lateral to left



Left cuboid Medial view, anterior to right



Left cuboid Lateral view, anterior to left



Left navicular Medial view, anterior to right



Left navicular Lateral view, anterior to left

Tarsal Bones - Cunciforms The wedge-shaped cunei-forms are the distal tarsal

bones on the medial aspect

of the ankle. They articulate with the three medial metatarsal bones. Their wedge shapes contribute to the formation of the transverse arch of the foot.



Left lateral cuneiform Superior view, lateral to left



Left lateral cuneiform Inferior view, lateral to right



Left lateral cuneiform Anterior view, lateral to right



Left lateral cuneiform Posterior view, lateral to left



Left lateral cuneiform Medial view, anterior to right



Left lateral cuneiform Lateral view, anterior to left



Left middle cuneiform Superior view, lateral to left



Left middle cuneiform Inferior view, lateral to right



Left middle cuneiform Anterior view, lateral to right



Left middle cuneiform Posterior view, lateral to left



Left middle cuneiform Medial view, anterior to right



Left middle cuneiform Lateral view, anterior to left

Lateral cuneiform

- 1 Articular surface for cuboid
- 2 Articular surface for navicular
- 3 Articular surface for middle cuneiform
- 4 Articular surface for second metatarsal
- 5 Articular surface for third metatarsal
- 6 Articular surface for fourth metatarsal
- Middle cuneiform
- 7 Articular surface for navicular
- 8 Articular surface for medial cuneiform
- 9 Articular surface for lateral cuneiform 10 Articular surface for second metatarsal Medial cuneiform
- 11 Articular surface for navicular
- 12 Articular surface for middle cuneiform
- 13 Articular surface for second metatarsal
- 14 Articular surface for first metatarsal



Left medial cuneiform Superior view, lateral to left



Left medial cuneiform Anterior view, lateral to right



Left medial cuneiform Medial view, anterior to right



Left medial cuneiform Inferior view, lateral to right



Left medial cuneiform Posterior view, lateral to left



Left medial cuneiform Lateral view, anterior to left

Metatarsal Bones The five metatarsal bones form the central portion of

the foot skeleton. The three central metatarsals most closely resemble one another, while the first and fifth

metatarsal bones are the most distinct. The first metatarsal is short and thick compared to its counterparts, while the distinguishing feature of the fifth metatarsal bone is the projecting tuberosity at its proximal end.

- 1 Base
- 2 Shaft or body
- 3 Head
- 4 Tuberosity of first metatarsal 5 Tuberosity of fifth metatarsal



Left metatarsal bones, numbered I to V from medial to lateral Dorsal view, lateral to left



Left metatarsal bones, numbered I to V from medial to lateral Plantar view, lateral to right





Phalanges Similar in number to the phalanges of the hand, the phalanges of the foot are much smaller than those of the hand, with the exception of the large first toe. The proximal phalanges have broad bases that form the widest

part of the bone. From the base a narrow shaft projects to a rounded head with a trochlear articular surface. The middle and distal phalanges are short bones that can be easily distinguished by their distal ends. The middle phalanges have a trochlear articular surface on their distal head, while the distal phalanges have a broad tuberosity at their distal ends.

- Base
- Shaft or body 2
- 3 Head
- Trochlea 4
- 5 Tuberosity of distal phalanx



Left phalanges Dorsal view, lateral to left



Left phalanges Plantar view, lateral to right



Patella The patella is the largest sesamoid bone of the body. A sesamoid bone is a bone that forms within a topday. The patella execution the pasterior half of the guadriagest topday instantariar within a tendon. The patella occupies the posterior half of the quadriceps tendon just anterior to the knee joint. It is a disc-like bone with a curved superior margin and a triangular inferior

border. The posterior surface of the bone is smooth and articulates with the femur, while the anterior surface of the bone is rough by its attachment to the quadriceps tendon.

- 1 Base 2 Apex 3 Articular surface
- 4 Anterior surface









Articular System

Joints, simply defined, are the meeting places between bones. This simple definition describes a joint as any place in the skeleton where one skeletal element contacts another skeletal element. It is important to understand that, as a part of this definition, the bones never contact each other directly. Instead, there is always some other connective tissue between the bony contact surfaces. Joints come in a wide variety of structural junctions, with an accompanying variety of functions.

Because joints have various functions and those functions do not always deal with movement, it is illogical to define joints by their movements. The best method for classifying joints is based on their structure. Because the structure of joints includes the connective tissues between the neighboring bones, a classification based on the structure of those tissues is logical. At the simplest level, there are two basic ways bones connect with one another to form joints. Either they are connected by solid masses of connective tissue, or they are bound together by a connective tissue capsule, which surrounds a lubricated cavity between the adjoining bones.

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Joints formed by a solid core of connective tissue between the neighboring bones are called synarthroses. There are two subcategories of synarthroses — fibrous joints, which have connective tissue cores of connective tissue proper, typically dense irregular connective tissue, and cartilage joints, which use some form of cartilage as the connecting tissue between the bones. The capsular joints, with their lubricated cavity, are called diarthroses or synovial joints. There are numerous subcategories of diarthroses, each based on the structure and function of their articular surfaces.

In addition to joints, this chapter will also illustrate other closely related synovial structures — bursae and synovial (tendon) sheaths.



Find more information about arthrology in REALANATOMY

Synarthrosis - Fibrous Joints Fibrous joints are synarthrotic joints that

bind bone to bone with collagenous connective tissue. The amount of connective

tissue binding the neighboring bones can vary considerably. Examples of fibrous joints are depicted on this and the facing page. Gomphoses and sutures (the four different suture types are shown on the opposite page) have a very thin membrane of collagenous connective tissue anchoring neighboring bony structures to one another. On the other hand, the syndesmoses between the tibia and fibula — both the interosseous membrane and the tibiofibular ligaments at the distal end — have considerably more binding connective tissue. There is also an example of another syndesmosis, the interspinous ligament, in the next section.

- 1 Periodontal membrane
- 2 Crown of tooth
- 3 Root of tooth
- 4 Gingiva
- 5 Mandible
- 6 Tibia
- 7 Fibula
- 8 Interosseous membrane
- 9 Anterior tibiofibular ligament of tibiofibular syndesmosis
- 10 Patellar ligament (cut)



Dento-alveolar syndesmosis or gomphosis Sagittal section of tooth in mandible



Crural skeleton - tibia and fibula Anterior view



Plane-type suture Internasal suture



Squamous-type suture Squamous or temporoparietal suture

> Serrate-type suture Coronal or frontoparietal suture

Synarthrosis - Cartilaginous Joints Like the fibrous joints, the cartilaginous joints, the cartilaginous joints, ioin

Like the fibrous joints, the cartilaginous joints join neighboring skeletal ele-

ments with a solid mass of connective tissue, but the uniting tissue is some type of cartilage instead of collagenous connective tissue proper. The three types of cartilaginous joints are: 1) synchondroses, 2) symphyses, and 3) epiphysial cartilages or primary cartilaginous joints. The photos on these facing pages depict the different categories of cartilaginous joints. A few syndesmoses from the fibrous joint category are also evident.

- 1 Intervertebral disc (symphysis)
- 2 Nucleus pulposus of intervertebral disc
- 3 Anulus fibrosus of intervertebral disc
- 4 Pubic symphysis
- 5 Manubriosternal synchondrosis
- 6 Spheno-occipital synchondrosis
- 7 Epiphysial cartilage or primary cartilaginous joint
- 8 Sternocostal (synchondrosis)
- 9 Sternocostal (typically synovial but can be symphysial)
- 10 Interchondral (synovial)
- 11 Interchondral (synchondrosis)
- 12 Costochondral (synchondrosis)
- 13 Interspinous ligament (vertebral syndesmosis)
- 14 Nuchal ligament (vertebral syndesmosis)
- 15 Anterior longitudinal ligament (vertebral syndesmosis)
- 16 Posterior longitudinal ligament (vertebral syndesmosis)
- 17 Body of vertebra
- 18 Spinous process of vertebra
- 19 Lamina of vertebra
- 20 Psoas major muscle
- 21 Aorta
- 22 Inferior vena cava



Transverse section of lumbar intervertebral disc Inferior view



Sagittal section of head and trunk Medial view



Fetal skeleton Posterior view



Epiphysial cartilage 200x



Radiograph of juvenile wrist region Anterior view



Joints of the thoracic cage Anterior view

Diarthroses or Synovial Joints Diarthroses differ from synarthroses

in one major way: instead of connecting neighboring bones by a solid mass

of connective tissue, the bony connection consists of a double-layered connective tissue capsule that surrounds a lubricated cavity between the bones. Within the capsule the ends of neighboring bony surfaces are covered by a smooth layer of hyaline cartilage. As a result of this design there is typically a much greater range of motion present in synovial joints, and they form the joints of the skeleton that are responsible for the major movements of the body. The outer layer of the capsule, the fibrous membrane, is continuous with the periosteum on the adjoining bones, while the inner layer of the capsule, the synovial membrane, attaches from the border of the articular cartilage on one bone to the border of the articular cartilage on the other bone. Additionally, the synovial membrane secretes synovial fluid, a lubricant that reduces friction between the mobile cartilage-covered articular surfaces of the bones. The section through a finger joint below and the dissections of the knee joint on the opposite page illustrate the basic features of a synovial joint. The pages that follow depict the major synovial joints of the skeleton. One other key feature among synovial joints that is responsible for their varied range of motion is the shape of the adjoining bone surfaces. It is this feature that anatomists use to describe the different types of synovial joints.

- 1 Middle phalanx of index finger
- 2 Proximal phalanx of index finger
- 3 Fibrous membrane of joint capsule
- 4 Synovial membrane of joint capsule
- 5 Articular cartilage
- 6 Joint cavity
- 7 Collateral ligament
- 8 Quadriceps tendon
- 9 Patellar ligament
- Suprapatellar bursa 10
- 11 Synovial fold
- 12 Meniscus
- 13 Periosteum
- 14 Junction of periosteum (removed) with fibrous membrane
- 15 Junction of synovial membrane (removed) with articular cartilage
- 16 Femur with periosteum removed
- 17 Tibia with periosteum removed
- 18 Fibula with periosteum removed
- 19 Patella within guadriceps tendon



Proximal interphalangeal joint showing design of synovial joint Frontal section, anterior view



Dissection of knee showing design of synovial joint Medial view



Dissection of knee showing design of synovial joint Lateral view

Types of Synovial Joints There are seven types of synovial joints in the body. Each of the different synovial joints has the basic

structural features common to all synovial joints but is

further classified based on the shape of and motion that occurs at the articular surfaces of the joint. The different types of synovial joint are depicted below and on the opposite page. Note the shapes of the reciprocal surfaces as you study these photos.



Plane joint examples Intertarsal joints



Pivot joint examples Proximal radio-ulnar joint of elbow



Hinge joint example Humero-ulnar joint of elbow



Bicondylar joint example Knee joint



Saddle joint example Metacarpal-carpal joint of thumb



Condylar joint example Wrist joint



Ball and socket joint example Shoulder joint

Temporomandibular Joint The complex temporomandibular joint differs from

other synovial joints by having an articular disc that usually separates the joint into two separate

synovial capsules, one above and one below the disc. The articular surfaces have a covering of dense fibrocartilage rather than the typical hyaline cartilage of most synovial joints. With its associated ligaments this joint structure accounts for the complex series of movements that are essential during the activities of eating and speech. Each temporomandibular joint is a condylar joint and both joints together form a bicondylar joint. The fibrous membrane of the articular capsule spans from temporal bone to mandible only on the lateral side. Anteriorly, medially, and posteriorly the fibers attach from mandible and temporal bone to the articular disc. Extrinsic ligaments that help stabilize the joint are the lateral temporomandibular ligament, sphenomandibular ligament, and stylomandibular ligament.

- 1 Mandibular condyle
- 2 Mandibular ramus
- 3 Articular tubercle of temporal bone
- 4 Mastoid process of temporal bone
- 5 Mastoid air cells

8 Articular disc

- 9 Joint (articular) capsule
- 10 Masseter muscle



Section of right temporomandibular joint Lateral view of sagittal section

Glenohumeral Joint The glenohumeral or shoulder joint is a ball and socket joint and is the most mobile joint in the body. The tremendous range of motion

6 Clavicle Humerus

14 Skin

the most mobile joint in the body. The tremendous range of motion at this joint is the result of few external ligaments that present little

limitation to movement, and shallow, ovoid articular surfaces that make movements in all planes of space possible. In fact, surrounding muscles and tendons play a more significant role in joint support than do the joint structures. The capsular ligament is extremely lax, providing limited support to the joint. Blending with the capsule are the tendons of four muscles. Together the capsule and tendons form the rotator cuff, which is the major support structure of the joint.



Section of left glenohumeral joint Anterior view of frontal section

Elbow Joint The elbow joint is a complex joint comprised of multiple articular surfaces within one articular capsule. The elbow joint can be subdivided into three distinct articular interfaces the humero-ulnar joint (hinge), the humeroradial joint (combined hinge and pivot), and

the proximal radioulnar joint (pivot). Two distinct pairs of movements occur as a result of the articulations within the elbow joint — the hinged movements of flexion and extension, and the rotational movements of pronation and supination. Unlike the shoulder joint, the joints fo the elbow have strong extrinsic ligaments that limit movemnts and stabilize the articulating bones. The fibrous capsule is thin anteriorly and posteriorly, allowing for free range of motion during flexion and extension. On either side the capsule is reinforced by strong extrinsic ligaments, the ulnar collateral and radial collateral ligaments. Wrapping from the back of the ulna at the base of the olecranon to the front of the ulna at the lateral surface of the coronoid process is the semicircular anular ligament. With the radial notch of the ulna this ligament forms a fibro-osseous ring for the pivoting action of the radial head.

- 1 Articular cartilage
- 2 Joint (articular) capsule
- 3 Articular (synovial) cavity
- 4 Capitulum of humerus
- 5 Olecranon of ulna
- 6 Head of radius
- 7 Anular ligament
- 8 Biceps brachii muscle
- 9 Brachialis muscle
- 10 Triceps brachii muscle
- 11 Brachioradialis muscle



Bones of elbow joint Anterior view



Section of pronated left elbow joint Medial view of sagittal section

Hip Joint Like the shoulder joint the hip joint, also a ball and socket joint, allows for great freedom of motion, although the range of motion is not quite as great as that of the shoulder. This comparative decrease in mobility results from the deep hip socket with its extended labrum, which almost

completely engulfs the head of the femur. In addition, thick extrinsic ligaments tightly surround the joint to form a strong, reinforced capsule. The three major ligaments of the hip joint, the iliofemoral, pubofemoral, and ischiofemoral, form a sheath around the fibrous capsule. The iliofemoral ligament is argued to be the strongest ligament in the human body. Often called the Y-shaped ligament it passes superior and anterior to the joint, running from the anterior inferior iliac spine to the intertrochanteric line. With the thinner pubofemoral and ischiofemoral ligaments it spirals around the joint to stabilize this powerful joint. In additon to these large ligaments, a triangular flat band, the ligament of the head of the femur, extends from the fovea of the femoral head to the margins of the acetabular fossa. This ligament is also important because it functions as a pathway for blood vessels that supply the bone tissue in the head of the femur.

- 1 Ligament of head of femur
- 2 Joint (articular) capsule
- 3 Articular cartilage of acetabulum
- 4 Articular cartilage of femur
- 5 Articular (synovial) cavity
- 6 Acetabular labrum
- 7 Fovea capitis of femur
- 8 Head of femur
- 9 Greater trochanter of femur
- 10 Os coxae
- 11 Psoas major muscle
- 12 Iliacus muscle
- Adductor muscles 13
- 14 Vastus lateralis muscle
- 15 Gluteus medius muscle
- 16 Gluteus minimis muscle
- 17 Obturator internus muscle
- 18 Obturator externus muscle
- 19 Skin
- 20 Subcutaneous layer
- 21 External iliac artery
- 22 Intestine



Bones of hip joint Anterior view



Section of right hip joint Anterior view of frontal section

Knee Joint The knee joint is a combined bicondylar and saddle joint. The relationships between the formula and the tibia provide no interlocking joint mechanisms or stability between the peighfemur and the tibia provide no interlocking joint mechanisms or stability between the neighboring bones, and from this perspective the knee joint is completely unstable. The strength

of the knee joint is dependent on strong ligaments and surrounding muscles. Although its primary motions are of a hinge nature, it is a complex joint with subtle rotational and sliding movements also. The major stabilizers of the joint are four strong ligaments. Two collateral ligaments support the joint on either side, while two cruciate ligaments criss-cross through the middle of the joint. The tibial or medial collateral ligament is a strong, flat band that stretches from the femoral epicondyle to the tibial condyle. Posteriorly it firmly attaches to the joint capsule and the medial meniscus, while anteriorly bursae separate it from these structures. The fibular or lateral collateral ligament is a strong cord that runs from the lateral femoral

- 1 Articular (synovial) cavity
- 2 Articular cartilage
- 3 Medial meniscus
- 4 Suprapatellar bursa
- 5 Prepatellar bursa
- 6 Infrapatellar bursa
- 7 Infrapatellar fat pad
- 8 Fibrous membrane of joint capsule
- 9 Synovial membrane of joint capsule
- 10 Lateral meniscus
- 11 Fibular collateral ligament
- 12 Tibial collateral ligament
- 13 Anterior cruciate ligament
- 14 Posterior cruciate ligament
- 15 Oblique popliteal ligament
- 16 Patellar ligament
- 17 Quadriceps tendon
- 18 Femur
- 19 Tibia
- 20 Fibula
- 21 Patella
- 22 Periosteum
- 23 Semimembranosus muscle
- 24 Gastrocnemius muscle
- 25 Soleus muscle
- 26 Popliteal fat



Bones of knee joint Anterior view



Section of right knee joint Lateral view of sagittal section

epicondyle to the head of the fibula. Unlike the tibial collateral ligament it does not attach to the lateral meniscus or joint capsule. The cruciate ligaments stabilize the knee from excessive anterior-posterior and rotational movements. The anterior cruciate ligament ascends posterolaterally from the medial aspect of the intercondylar area to the medial aspect of the lateral condyle of the femur. The shorter posterior cruciate ligament ascends from the posterior intercondylar area to the medial femoral condyle. Both cruciates have fibers that blend with the lateral meniscus. In additon to these ligamentous structures, two semilunar menisci project into the capsule between the femoral condyles and the articular plateaus of the tibia. The large, extensive articular capsule connects the femur, patella, and tibia.



Synovial Bursae and Sheaths A synovial bursa is a small sac-like struc-

ture interposed between structures that generate significant amounts of friction.

Bursae have a similar design to the articular capsule of a synovial joint. These small bags have an outer fibrous membrane of dense irregular collagenous connective tissue and an inner lining of synovial membrane. The synovial membrane produces a small amount of synovia as a lubricant inside the sac. The fibrous membrane binds to surrounding tissues, allowing the juxtaposed walls of synovial membrane to rub together in a frictionless manner. Many bursae arise as outgrowths of synovial joint cavities. In some cases these pinch off from the joint forming sacs that are independent from the joint, while other bursal sacs retain their connections with the joint cavity. A synovial sheath is a modified bursa that wraps around a tendon to protect it from friction on all sides. In the tight confines of the wrist, ankle, and digits, tendons often pass beneath fibrous bands called retinacula. The retinaculum is a connective tissue band that crosses over the tendons and keeps them from being displaced upward when the muscle shortens and bends the joints. Because the retinaculum and bone create a fibroosseous tunnel around the tendon, considerable friction can occur on all surfaces of the tendon at these locations. As the tendon moves through the tunnel, the juxtaposed synovial membranes smoothly glide over each other with minimal friction.

- 1 Suprapatellar bursa
- 2 Prepatellar bursa
- 3 Infrapatellar bursa
- 4 Synovial (tendon) sheath
- 5 Retinaculum
- 6 Flexor digitorum superficialis tendon
- 7 Flexor digitorum profundus tendon
- 8 Lumbrical muscles
- Flexor digiti minimi brevis muscle 9
- 10 Abductor digiti minimi muscle



Tendon sheath of fingers Anterior view, pin inserted into tendon sheath



Synovial bursae around the knee joint Medial view of sagittal section
Muscular System

Bodies are designed to move! We move when we walk, jog, or run, activities that transport our bodies from one location to another. In addition to moving from location to location we also move in other ways. For example, think about grasping something with your hands and placing it in your mouth, or protecting yourself by kicking at something with your lower limb. How about throwing something? All of these activities are forms of movement that occur without moving from one location to another, yet they are movements nonetheless. Like moving about, these other types of movements are not only essential for survival, but define the broad spectrum for the majority of human movement. Reflect for a moment on the wide variety of movements that you make without moving from place to place. For example, think about the variety of intricate movements required to eat a meal, movements such as grasping, manipulating, cutting, chewing, and swallowing. Another example is getting dressed for the day. From the simple movements of pulling on clothing to the intricate movements of buttoning shirts and tying shoelaces, getting dressed involves a wide variety of movements. And here is something else to ponder – how about all the movements involved in communication? Think of the wide array of movements that you produce as you communicate with others - whether the communication involves writing a note on a piece of paper, typing a letter on the keyboard of a computer, signaling pleasure and happiness with a smile, or using your voice to talk to a friend on the telephone.

We could go on and on discussing the wide variety of movement and its importance, but the bottom line is all movement results from the combined activity of individual muscles. The most detailed movements you

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make can be broken down into the simple actions of individual muscles moving the bones of the skeleton at the joints. This chapter introduces the muscular system. On the pages that follow you will see the structural design of a typical muscle and whole body views of the muscles of the body. Our approach to the skeletal muscles of the body is based on their embryonic origins. The four chapters that follow this chapter cover each of the developmental groups of muscles — muscles of the head, muscles of the trunk, muscles of the upper limb, and muscles of the lower limb. The logic of this approach will be further discussed as we introduce each chapter.



Anatomy of a Muscle ture of the skeletal muscles of the body, most muscles share

a common basic design - a tendon of origin, a muscle body

or belly, and a tendon of insertion. The tendons, projecting from the muscle belly, are a continuation of the connective tissue surrounding the muscle cells within the belly of the muscle. As the connective tissue projects beyond the muscle cells, it condenses to become the tendons, which merge and blend with the periosteum to attach the muscle to bone.

7 Biceps brachii muscle

8 Brachialis muscle

- 1 Muscle belly or body
- 2 Tendon of origin

5 Muscle cell or fiber

6 Nucleus

- 3 Tendon of insertion 4 Collagen fiber
- 9 Triceps brachii muscle 10 Epimysium
 - 11 Perimysium
 - 12 Endomysium
- 13 Blood vessels in perimysium
- 14 Nerve in perimysium 15 Fascia
- 16 Sucutaneous layer
- 17 Skin
- 18 Periosteum



Dissection of brachium highlighting biceps brachii as example of muscle anatomy Anterior view



Dense regular connective tissue of tendon 200x



Skeletal muscle tissue of muscle belly 400x



Dashed line shows level of transverse section Anterior view

Transverse section of left brachium at level of dashed line Inferior (distal) view, anterior at top



Photomicrograph of muscle fasciculus Transverse section, 100x

Skeletal Muscles

In the dissections below, the integument and fascia were removed to reveal the superficial skeletal muscles. Some of the larger muscles are identified here. More detailed muscle labeling will occur in the next four chapters.

- 1 Platysma
- 2 Pectoralis major
- 3 Deltoid
- 4 Rectus abdominis
- 5 External oblique
- 6 Biceps brachii
- 7 Triceps brachii
- 8 Trapezius
- 9 Brachioradialis
- 10 Latissimus dorsi
- 11 Gluteus maximus
- 12 Biceps femoris
- 13 Sartorius
- 14 Vastus medialis
- 15 Rectus femoris
- 16 Adductor magnus
- 17 Tibialis anterior
- 18 Gastrocnemius



Skeletal muscles of the body Anterior view Skeletal muscles of the body Lateral view Skeletal muscles of the body Posterior view

9 | Head Muscles

Head muscles, like the platysma and risorius seen in the photo on this page, arise from two sources during embryonic development. One source is the pharyngeal arches, which give rise to the majority of the head muscles. Muscles of

the pharyngeal arches include the muscles of mastication, muscles of the middle ear, muscles of facial expression, muscles of the palate, muscles of the pharynx, muscles of the larynx, and the sternocleidomastoid and trapezius. The second category of head muscles includes those muscles that arise from the pre-otic and occipital somites. The pre-otic somites give rise to the extraocular muscles, and the occipital somites give rise to the tongue muscles. Grouping muscles by their developmental origin is an effective way to understand the muscles because muscles that share a developmental origin share a common nerve supply. For example, during development all the muscles of the first pharyngeal arch are innervated by the mandibular branch of the trigeminal nerve; therefore the mandibular nerve and its branches innervate all eight muscles that arise from the first pharyngeal arch. The same is true for each of the other arches, as well as the head somites. This chapter will showcase the muscles of the head and emphasize their developmental origin and neuromuscular pairing. With a few exceptions, all of the head muscles are depicted in the photos throughout this chapter. The following page outlines the developmental groups of head musculature and their nerve associations.



Find more information about the muscles of the head in REALANATOMY

Head Muscles This chapter presents numerous dissections of the head and neck that depict the muscles of the head. We define the head muscles as all muscles that arise from the pharyngeal (branchial) arches or the head somites (pre-otic and occipital). All

of these muscles arise from the paraxial mesoderm of the embryonic head. Unlike many anatomy sources that mix these muscles into multiple groups, with no logic to their innervation, we choose to present them based on their embryonic origins. Taking this approach makes it very easy to learn the innervation patterns of the head muscles because each developmental group is associated with a distinct cranial nerve or set of cranial nerves (see groups below). Accompanying each labeled dissection photograph on the pages that follow are small reference photos that clearly depict each of the developmental muscle groups of the head. Since some of the head muscles migrate into the neck, we also depict the somitic muscles of the neck in the reference photos, to help distinguish them from the true head muscles. The somitic muscles of the neck will be the subject of the next chapter. For example, the first photo (see opposite page) labels numerous head muscles. The reference photos clearly reveal that the labeled muscles are primarily from two sources — the first pharyngeal arch and the second pharyngeal arch (accounting for the majority of the muscles). The third reference photo shows that some muscles are from neck somites.

Muscles of the First Pharyngeal Arch

(Nerve supply - mandibular branch of the trigeminal nerve CN V) Temporalis Masseter Medial pterygoid Lateral pterygoid Anterior digastricus Mylohyoid *Tensor tympani Tensor veli palatini Muscles of the Second Pharyngeal Arch (Nerve supply - facial nerve CN VII) Occipitofrontalis Temporoparietalis Transversus nuchae Procerus Nasalis *Depressor septi nasi Orbicularis oculi Corrugator supercilii Depressor supercilii Auricularis anterior Auricularis superior Auriculalris posterior Intrinsic auricular muscles Helicis major muscle Helicis minor muscle Tragicus muscle *Pyramidal muscle of auricle Antitragicus muscle *Transverse muscle of auricle *Oblique muscle of auricle Orbicularis oris Depressor anguli oris Transversus menti **Risorius** Zygomaticus major Zygomaticus minor Levator labii superioris Levator labii superioris alaeque nasi Depressor labii inferioris Levator anguli oris **Buccinator** Mentalis *Stapedius

Muscle of the Third Pharyngeal Arch (Nerve supply - glossopharyngeal nerve CN IX) Stylopharyngeus

Muscles of the Fourth Pharyngeal Arch (Nerve supply - vagus nerve CN X) Levator veli palatini Palatoglossus Palatopharyngeus Musculus uvulae Superior pharyngeal constrictor Middle pharyngeal constrictor Inferior pharyngeal constrictor Cricothyroid Salpingopharyngeus

Muscles of the Sixth Pharyngeal Arch (Nerve supply - vagus nerve CN X) Posterior crico-arytenoid Lateral crico-arytenoid Vocalis Thyro-arytenoid Oblique arytenoid Transverse arytenoid

Muscles of the Posterior Pharyngeal Arch (Nerve supply - accessory nerve CN XI) Sternocleidomastoid Trapezius

Muscles of the Pre-otic Somites (Nerve supply - oculomotor CN III, trochlear CN IV, and abducens CVI) Superior rectus Inferior rectus *Medial rectus Lateral rectus Superior oblique Inferior oblique Levator palpebrae superioris

Muscles of the Occipital Somites (Nerve supply - hypoglossal nerve CN XII) Genioglossus Hvoalossus Styloglossus Superior longitudinal muscle Inferior longitudinal muscle Transverse muscle Vertical muscle

All the muscles listed above are depicted in photos in this chapter except those marked with an asterisk.

Stylohyoid

Platysma

Posterior digastricus

- 1 Masseter
- Anterior belly of digastricus (cut) 2
- 3 Mylohyoid Frontal belly of occipitofrontalis 4
- 5 Temporoparietalis
- 6 Procerus
- 7 Nasalis
- 8 Orbicularis oculi
- 9 Corrugator supercilii

- 10 Depressor supercilii 11 Auricularis anterior
- 12 Auricularis superior
- 13 Orbicularis oris
- 14 Depressor anguli oris
- 15 Transversus menti
- 16 Zygomaticus major
- 17 Zygomaticus minor
- 18 Levator labii superioris
- Levator labii superioris alaeque nasi
 Depressor labii inferioris
- 21 Levator anguli oris
- 22 Buccinator
- 23 Mentalis
- 24 Posterior digastricus
- 25 Epicranial aponeurosis
- 26 Temporal fascia
- 27 Parotid gland (cut)



Superficial head muscles Anterolateral view



First arch muscles



Second arch muscles



Somitic muscles of neck

Head Muscles in a dissection of the head. Below is a superficial dissection with the integument

and some fascia removed. On the opposing page some superficial muscles were removed. Most of the head muscle groups are represented. Note also the somitic muscles of the neck that are visible.

- 1 Temporalis
- 2 Masseter
- 3 Mylohyoid
- 4 Anterior belly of digastricus
- 5 Frontal belly of occipitofrontalis
- 6 Temporoparietalis
- 8 Procerus
- 9 Levator labii superioris alaeque nasi 15 Buccinator
- Nasalis 10

7 Orbicularis oculi

- 11 Levator labii superioris
- 12 Zygomaticus major
- 13 Levator anguli oris 14 Orbicularis oris
- 16 Depressor anguli oris
- 17 Depressor labii inferioris
- 18 Mentalis







Second arch muscles



Fourth arch muscles



Posterior arch muscles



Somitic muscles of neck



- 19 Auricularis anterior
- 20 Auricularis superior
- 21 Auricularis posterior
- 22 Occipital belly of occipitofrontalis
- 23 Transversus nuchae
- 24 Epicranial aponeurosis
- 25 Helicis major
- 26 Helicis minor
- 27 Tragicus
- 28 Antitragicus

- 29 Posterior belly of digastricus
- 30 Stylohyoid
- 31 Middle pharyngeal constrictor
- 32 Inferior pharyngeal constrictor33 Sternocleidomastoid
- 34 Trapezius
- 35 Styloglossus 36 Temporal fascia
- 37 Parotid gland 38 Submandibular gland

- 39 Thyroid cartilage
- 40 Sternohyoid
- 41 Omohyoid
- 42 Thyrohyoid 43 Longus colli
- 44 Middle scalene
- 45 Posterior scalene
- 46 Levator scapulae
- 47 Splenius capitis
- 48 Deltoid



First arch muscles



Second arch muscles



Fourth arch muscles



Posterior arch muscles



Somitic muscles of head and neck



Head muscles, masticatory muscles exposed Lateral view

Head Muscles The lateral head dissections below and opposite are deeper

1 Temporalis

- Masseter 2
- 3 Medial pterygoid
- 4 Lateral pterygoid
- 5 Anterior belly of digastricus
- 6 Mylohyoid7 Frontal belly of occipitofrontalis8 Occipital belly of occipitofrontalis
- 9 Transversus nuchae
- 10 Procerus

11 Nasalis

dissections that expose the deep masticatory muscles (be-

low) and the extraocular muscles (opposite).

- 12 Orbicularis oculi
- 13 Auricularis anterior (cut)
- 14 Auricularis superior (cut)
- 15 Auricularis posterior



First arch muscles



Second arch muscles



Fourth arch muscles



Posterior arch muscles



Somitic muscles of head and neck



Head muscles, deep masticatory muscles exposed Lateral view, portion of mandible removed

- 16 Helicis major
- 17 Helicis minor
- 18 Tragicus
- 19 Antitragicus
- 20 Orbicularis oris
- 21 Depressor anguli oris
- 22 Transversus menti
- 23 Zygomaticus major
- 24 Zygomaticus minor
- 25 Levator labii superioris
- 26 Levator labii superioris alaeque nasi 37 Superior rectus

- 27 Depressor labii inferioris
- 28 Levator anguli oris
- 29 Buccinator
- 30 Mentalis
 - 31 Stylohyoid
 - 32 Posterior belly of digastricus
 - 33 Middle pharyngeal constrictor
 - 34 Inferior pharyngeal constrictor
 - 35 Sternocleidomastoid
 - 36 Trapezius

- 38 Inferior rectus
- 39 Lateral rectus
- 40 Supra-orbital nerve
- 41 Inferior oblique
- 42 Levator palpebrae superioris 53 Epicranial aponeurosis
- 43 Styloglossus
- 44 Hyoglossus
- 45 Sternohyoid
- 46 Omohyoid
- Thyrohyoid 47
- 48 Longus colli

- 49 Splenius capitis
- 50 Levator scapulae
- 51 Posterior scalene
- 52 Middle scalene
- 54 Temporal fascia (cut)
- 55 Parotid gland56 Submandibular gland
- 57 Skin
- 58 Subcutaneous layer
- 59 Thyroid cartilage



Head muscles, extraocular muscels exposed Lateral view, lateral wall of orbit removed



Second arch muscles



Posterior arch muscles



Somitic muscles of head and neck

Head Muscles The dissections on this and the opposing page are

deep dissections of the head and neck that expose many of the muscles of the palate, pharynx, and

tongue. The palatal and pharyngeal muscles, along with the muscles of the larynx, are the deepest of the head muscles. These groups arise from the third, fourth, and sixth arches and form the muscular walls to the upper regions of the embryonic gut tube. All of the "true" tongue muscles (the palatoglossus is included by many with the tongue muscles, but it is a muscle of the palate from fourth arch origin) arise from the occipital somites and are innervated by the cranial nerve XII, the hypoglossal nerve. The hypoglossal nerve is the lowest of the ventral motor nerves arising from the brainstem and is developmentally paired with the occipital somites.



First arch muscles



Head muscles, palatal and pharyngeal muscles exposed Lateral view, mandibular ramus removed

> Somitic muscles of head

- 1 Anterior belly of digastricus
- 2 Mylohyoid
- 3 Tensor veli palatini
- 4 Orbicularis oculi
- 5 Orbicularis oris
- 6 Buccinator
- Mentalis
- 8 Stylohyoid
- 9 Posterior belly of digastricus (cut) 19 Inferior longitudinal muscle
- 10 Stylopharyngeus

- 11 Levator veli palatini
- 12 Superior pharyngeal constrictor 22 External acoustic meatus
- 13 Middle pharyngeal constrictor
- 14 Inferior pharyngeal constrictor
- 15 Cricothyroid 16 Genioglossus 17 Hyoglossus

- 18 Styloglossus
- 20 Geniohyoid

- 21 Mucosa of tongue
- 23 Mastoid process
- 24 Thyroid cartilage
- 25 Trachea
- 26 Hyoid bone
- 27 Mandible (cut)
- 28 Zygomatic arch
- 29 Maxilla



First arch muscles



Second arch muscles



Third arch muscles



Fourth arch muscles



Somitic muscles of head



Head muscles, tongue muscles exposed Lateral view, right half of mandible removed

Head Muscles The dissections on this and the opposing page are deep dissections of the head and neck that expose the palate and muscular wall of the pharynx and larynx (muscles

that arise from the third, fourth, and sixth pharyngeal arches). These are the deepest muscles of the head and neck, and they form the muscular walls of the upper end of the embryonic gut tube. The dissection below depicts the posterior wall of the pharynx. On the opposing page the pharyngeal wall has been sectioned to reveal the inside of the palate and larynx from behind.



Head muscles, posterior wall of pharynx exposed Posterior view, cervical vertebrae and occipital bone removed



First arch muscles



Second arch muscles



Third arch muscles



Fourth arch muscles

- 1 Masseter
- 2 Medial pterygoid
- 3 Lateral pterygoid4 Stylohyoid
- 5 Posterior belly of digastricus
- 6 Stylopharyngeus
- Levator veli palatini
- 8 Palatopharyngeus
- 9 Musculus uvulae
- 10 Superior pharyngeal constrictor
- 11 Middle pharyngeal constrictor 20 Palatine tonsil
- 12 Inferior pharyngeal constrictor 21 Tongue

10

- Salpingopharyngeus
 Posterior crico-arytenoid
- 15 Oblique arytenoid
- 16 Transverse arytenoid

20

17 Styloglossus

18

13

27

16

23

25

- 18 Pharyngotympanic tube
- 19 Bony nasal septum
- 22
- Epiglottis 23 Cricoid cartilage
- 24 Esophagus
- 25 Trachea
- 26 Greater cornu of hyoid bone
- 27 Aryepiglottic fold
- 28 Pharyngobasilar fascia



First arch muscles



Second arch muscles



Third arch muscles



Fourth arch muscles



Sixth arch muscles



Somitic muscles of head 153

Head muscles, posterior wall of pharynx cut and reflected Posterior view, cervical vertebrae and occipital bone removed

Head Muscles Sectional anatomy broadens perspective and showcases anatomical relationships in ways that are not possible to achieve by dissection alone. The frontal and parasagittal sections on these pages depict and clarify the relationships of many of the head muscles and show the relationships these muscles have with other structures of the head.



Head muscles, frontal section through orbits, nasal cavity, and oral cavity Posterior view



First arch muscles



Second arch muscles



Somitic muscles of head

- 1 Temporalis
- 2 . Masseter
- Anterior digastricus 3
- Mylohyoid 4
- 5 Frontal belly of occipitofrontalis
- 6 Orbicularis oris
- Transversus menti 7
- 8 Risorius
- 9 Buccinator Mentalis
- 10 Platysma
- Palatopharyngeus 12
- 13 Musculus uvulae

14 Superior pharyngeal constrictor 27 Inferior longitudinal muscle

- 15 Middle pharyngeal constrictor
- 16 Inferior pharyngeal constrictor
- 17 Salpingopharyngeus
- 18 Superior rectus
- 19 Inferior rectus
- 20 Medial rectus
- 21 Lateral rectus
- 22 Superior oblique
- 23 Levator palpebrae superioris
- 24 Genioglossus
- 25 Hyoglossus
- 26 Superior longitudinal muscle

- 28 Transversus muscle
- 29 Vertical muscle
- 30 Geniohyoid
- 31 Longus capitis 32 Hard palate
- 33 Mandible
- 34 Occipital bone
- 35 Atlas
- 36 Axis
- 37 Intervertebral disc
- 38 Hyoid bone
- 39 Epiglottis

- 40 Frontal sinus
- 41 Frontal lobe of cerebrum
- 42 Periorbital fat
- 43 Ethmoidal air cells
- 44 Superior nasal conchae
- 45 Middle nasal conchae
- 46 Inferior nasal conchae
- 47 Bony nasal septum
- 48 Maxillary sinus
- 49 Optic nerve
- 50 Occipital condyle
- 51 Torus tubarius of
 - pharyngotympanic tube



Head muscles, parasagittal section through oral cavity and pharynx Posterior view, section is 1.2 cm lateral to the midline



First arch muscles



Second arch muscles



Fourth arch muscles



Somitic muscles of head and neck

Head Muscles The dissection on this page exposes the deepest of the head muscles, those of the sixth pharyngeal arch. This group, found within the wall of the larynx, is the small series of muscles that are responsible for sound production. Contractions of these

muscles vary the tension on the vocal folds and adjust the size of the rima glottidis. A cut anterior portion of the cricothyroid is also visible; however this muscle is actually the anterior continuation of the inferior pharyngeal constrictor and develops from the fourth pharyngeal arch.

- 1 Posterior crico-arytenoid
- 2 Lateral crico-arytenoid
- 3 Thyro-arytenoid
- 4 Thyro-epiglottic part of thyro-arytenoid 11 Thyroid cartilage (cut)
- 5 Oblique arytenoid
- 6 Ary-epiglottic part of oblique arytenoid 13 Trachea
- Transverse arytenoid
- 8 Cricothyroid (cut) 9 Hyoid bone
- 10 Epiglottis
- 12 Cricoid cartilage
- 14 Thyrohyoid membrane



Dissection of the larynx, right lamina and horns removed Posterolateral view



Fourth arch muscle



Sixth arch muscles

10 Trunk Muscles

The trunk, which is defined by the span of the vertebral column, includes the neck (span of the cervical vertebrae), the thorax (span of the thoracic vertebrae), the abdomen (span of the lumbar vertebrae), and the pelvis (span of the sacral vertebrae). The muscles of the trunk are the most primitive muscles in the vertebrate body. This series of muscles arises as epithelial migrations from the myotomes of the embryonic somites and forms a distinct muscle pattern throughout the length of the trunk. The trunk muscle pattern has two distinct subdivisions, the epaxial muscles and the hypaxial muscles, which are separated by a transverse intermuscular septum. The epaxial muscles, situated posterior to the vertebral axis, are the extensor muscles of the vertebral column that develop from the epimere of the myotomes. The dorsal rami of the spinal nerves innervate these muscles. The hypaxial muscles, positioned primarily anterior and lateral to the vertebral axis, develop from the hypomere of the myotomes and are supplied by the ventral rami of the spinal nerves.

The epaxial muscles form a number of muscle layers that anatomists typically describe as a series of groups. From superficial to deep the groups are the spinotransversales muscles, the erector spinae muscles, the transversospinales muscles, and the deepest groups (most of which are intersegmental) consisting of the interspinales, intertransversarii, and suboccipital muscles.

The hypaxial muscles form a distinct pattern throughout the trunk wall. This pattern consists of a subvertebral musculature (positioned on the anterior and lateral aspect of the vertebral bodies), a four-layered lateral wall of muscles situated on the lateral aspect of the trunk wall, and a ventral strap of musculature on the anterior trunk wall.

The photos in this chapter clearly depict the trunk muscles and the patterns outlined above.



Find more information about the muscles of the trunk in REALANATOMY

Epaxial Muscles The epaxial muscles, or vertebral extensors, develop on the

dorsal side of the vertebral column and skull. These muscles arise from the myotomal epimere of all the trunk somites and

span the entire length of the vertebral column to the posterior aspect of the occipital bone. They comprise the intrinsic muscles of the vertebral column, which are often referred to as the "true back muscles." The vertebral extensors form four distinct muscle groups. These groups are, from superficial to deep, the spinotransversales (splenius muscles), the erector spinae, the transversospinales (three layers — the semispinalis, multifidus, and rotatores layers), and the intersegmental muscles. However, each of the four groups does not extend the entire length of the vertebral column, and in some regions not all four layers are represented. All epaxial muscles receive a nerve supply from the dorsal (posterior) rami of the spinal nerves.



Epaxial Muscle Layers Spinotransversales — Splenius layer Erector spinae layer Transversospinalis — Semispinalis layer Transversospinalis — Multifidus layer Transversospinalis — Rotatores layer Deep intersegmental layer

Vertical muscle subdivisions within muscle layers **Capitis Muscles** Splenius capitis Erector spinae capitis Longissimus capitis Spinalis capitis Transversospinales capitis Semispinalis capitis Suboccipitales Rectus capitis posterior major Rectus capitis posterior minor Obliquus capitis superior Obliquus capitis inferior

Cervical Muscles Splenius cervicis Erector spinae cervicis Iliocostalis cervicis Longissimus cervicis Spinalis cervicis Transversospinales cervicis Semispinalis cervicis Multifidus cervicis Rotatores cervicis Interspinales cervicis Intertransversarii posteriores cervicis medialis

Thoracic Muscles Erector spinae thoracis Iliocostalis thoracis Longissimus thoracis Spinalis thoracis Transversospinales thoracis Semispinalis thoracis Multifidus thoracis Rotatores thoracis Interspinales thoracis Intertransversarii thoracis Levatores costarum

Lumbar Muscles Erector spinae lumborum Iliocostalis lumborum Transversospinales lumborum Multifidus lumborum **Rotatores lumborum** Interspinales lumborum Intertransversarii lumborum medialis



Dissection of epaxial musculature Posterior view

Spinotransversales Muscles The spinotransversales mus-cles are the superficial-most

cles are the superficial-most

epaxial muscles and are only present in the superior half of the vertebral column. This group is comprised of two named muscles — the splenus capitis and splenius cervicis. They span from the midthoracic region to the base of the occipital bone. As their name suggests, the fibers attach to the spinous processes of the vertebrae and course laterally to attach to the vertebral transverse processes. These flat bands of muscle are primary extensors of the upper vertebral column and head.



Splenius Musculature

- 1 Splenius capitis muscle
- 2 Splenius cervicis muscle

Other Muscles and Structures

- 3 Iliocostalis muscle
- 4 Longissimus muscle
- 5 Spinalis muscle
- 6 Semispinalis muscle
- 7 Multifidus muscle
- 8 Levatores costarum muscle
- 9 Intertransversarii muscle
- 10 Posterior scalene muscle
- 11 External intercostal muscle
- 12 Internal intercostal muscle
- 13 Quadratus lumborum muscle
- 14 External oblique muscle
- 15 Transversus abdominis muscle
- 16 Gluteus maximus muscle
- 17 Fascia of gluteus medius muscle
- 18 Supraspinous ligament
- 19 Nuchal ligament



Dissection of splenius and erector spinae muscles Posterior view

Erector Spinae Muscles The erector spinae muscles comprise the second layer of epaxial muscles.

Unlike the splenius muscles, the erector spinae muscle group spans the entire length of the vertebral column. The erector spinae is divided into three parts, which from medial to lateral are the spinalis muscle, the longissimus muscle, and the iliocostalis muscle. This strong group of epaxial muscles consists of muscle fibers that course vertically and somewhat laterally as they span multiple vertebral levels. They function as primary extensors of the vertebral column.

Erector Spinae and Semispinalis Musculature

- 1 Iliocostalis lumborum muscle lumbar part
- 2 Iliocostalis lumborum muscle thoracic part 3 Iliocostalis cervicis muscle
- 4 Longissimus thoracis muscle 5 Longissimus cervicis muscle
- 6 Longissimus capitis muscle
- 7 Spinalis thoracis muscle
- 8 Spinalis cervicis muscle
- 9 Spinalis capitis muscle
- 10 Semispinalis thoracis muscle
- 11 Semispinalis cervicis muscle
- 12 Semispinalis capitis muscle

Other Muscles and Structures

- 13 Multifidus muscle
- 14 Levatores costarum muscle
- 15 External intercostal muscle
- 16 Internal intercostal muscle
- 17 Middle scalene muscle
- 18 Nuchal ligament
- 19 Trapezius muscle
- 20 Rhomboideus major muscle 21 Latissimus dorsi muscle

18

- 22 Infraspinatus muscle
- 23 Teres major muscle
- 24 Deltoid muscle
- 25 Triceps muscle

Dissection of erector spinae muscles Posterolateral view





Transversospinales Muscles The muscles

The transversospinales <u>muscles</u> form the third

19

layer of epaxial muscles. This deeper layer of muscles has shorter muscle fibers, on average, than its two superficial counterparts, and the fibers angle from lateral (transverse processes) to medial (spinous processes) as they course from sacrum to cranium. Within this group there are three muscles — the semispinalis, multifidus, and the rotatores muscles. The more superficial semispinalis muscle is depicted on this page.



24

23

25

22

21

Dissection of semispinalis muscles

14

Dissection of semispinalis muscles Posterior view

Dissection of semispinalis muscles Lateral view

> Dissection of semispinalis layer on left and limb muscles on right Posterolateral view

Transversospinales Muscles The multifidus layer of the transversospinales mus

transversospinales musculature is highlighted on

this page, and the deeper rotatores are evident on the opposite page along with the deeper intersegmental muscles. The multifidus muscles span three to five vertebral levels in their span from the sacrum to the second cervical vertebra, while the deepest member, the rotatores, typically span only one to two vertebrae. The transversospinales muscles assist their more superficial counterparts with extension of the vertebral column and play important roles in the maintenance of posture.



Dissection of multifidus muscles Posterior view



Dissection of multifidus and intersegmental muscles Posterolateral view

Intersegmental Muscles The small intersegmental muscles —

the interspinales muscles, intertransversarii muscles, levatores costarum,

and subocciptal muscles — in general span a single intervertebral joint. The interspinales and intertransversarii muscles contribute little to any significant vertebral movements. They contain large numbers of sensory neurons within their muscultendinous fasciculi. These spindle-like sensory receptors in the muscles monitor muscle tension. These small muscles, with their poor mechanical advantage, probably function as receptors that monitor the regional movements of the vertebral column and supply feedback that influences the action of the larger surrounding muscles. Associated deep in the junction of the cranium and vertebral column are the four suboccipital muscles. The suboccipital muscles are homologous to the other deep muscles at more inferior vertebral levels, but are developmentally modified and enlarged to function with their specialized vertebral counterparts — the axis, atlas, and occipital bone.





- 2 Multifidus thoracis muscle
- 3 Multifidus cervicis muscle
- 4 Rectus capitis posterior major muscle
- 5 Rectus capitis posterior minor muscle
- 6 Obliguus capitis superior muscle
- 7 Obliquus capitis inferior muscle
- 8 Rotatores cervicis muscle
- 9 Rotatores thoracis muscle
- 10 Levatores costarum muscle

Other Muscles and Structures

- 11 Semispinalis cervicic muscle
- 12 Medial lumbar intertransversarii muscle
- 13 Nuchal ligament
- 14 External oblique muscle
- 15 Transversus abdominis muscle
- 16 Quadratus lumborum muscle
- 17 External intercostal muscle
- 18 Internal intercostal muscle
- 19 Middle scalene muscle
- 20 Trapezius muscle
- 21 Deltoid muscle
- 22 Latissimus dorsi muscle
- 23 Infraspinatus muscle
- 24 Teres major muscle
- 25 Rhomboideus major muscle
- 26 Triceps muscle
- 27 Posterior digastricus msucle
- 28 Auricularis posterior muscle
- 29 Transversus nuchae muscle



Intersegmental Muscles The intertransversarii muscles are a mixed group that

are technically misnamed. The epaxial intertransverse muscles (present at cervical, thoracic, and lumbar

levels) are the "true intertransverse" muscles. They attach to the transverse elements of the vertebral arch. The hypaxial intertransverse muscles should be named intercostal muscles. They are only present in the cervical and lumbar regions and attach to the costal processes (ribs) of the cervical and lumbar vertebrae, which are unfortunately named transverse processes even though they are not homologous with the thoracic transverse processes. These cervical and lumbar transverse processes are homologous with the thoracic ribs. There are no thoracic hypaxial intertransverse muscles because they are already present as the intercostal muscles and in this region they are properly named.



Dissection of lower deep intersegmental muscles on left Posterolateral view

Rotatores and Intersegemental Muscles

- 1 Rotatores thoracis muscle
- 2 Rotatores lumborum muscle
- 3 Levatores costarum muscle
- 4 Interspinales thoracis muscle
- 5 Interspinales lumborum muscle
- 6 Thoracic intertransversarii muscle
- 7 Medial lumbar intertransversarii muscle

Other Muscles and Structures

- 8 Intertransversarii laterales lumborum muscle - dorsal part 9 Intertransversarii laterales
- lumborum muscle ventral part
- 10 Internal intercostal muscle
- 11 Quadratus lumborum muscle
- 12 Iliocostalis muscle (cut)
- 13 Multifidus muscle (cut)
- 14 Trapezius muscle
- 15 Latissimus dorsi muscle
- 16 Rib 12
- 17 Iliac crest 18 Thoracolumbar fascia
- 19 Supraspinous ligament

Hypaxial Muscles The hypaxial muscles develop from the hypomere of each somite's

Cervical Hypaxial Muscles

myotome and form the lateral and ventral muscle wall of the trunk. As the hypomeres migrate to form the ventrolateral muscle wall of the

trunk, a repeating segmental pattern emerges. This common muscle pattern is present in the anterior and lateral muscles of the neck, the thorax, the abdomen, and in a modified form in the wall and floor of the pelvis. Each hypomere contributes six basic muscles, per side, to the trunk wall. The six muscles are a ventral muscle, a series of four superficial to deep lateral muscles, and a subvertebral muscle. This simple, eloquent design runs the entire length of the trunk. Understanding and recognizing this pattern of design not only clarifies trunk wall anatomy, but also helps simplify the task of learning the myriad of hypaxial trunk muscles. These hypaxial trunk muscles are the flexors and rotators of the vertebral column. They also support the internal viscera of the abdomen and thorax and play important roles in respiration, vocalization, urination, and defecation. The ventral (anterior) ramus of each spinal nerve supplies all of the hypaxial muscles. The hypaxial muscle pattern and the muscles that form the pattern are summarized below. On the next two pages the pattern is clearly demonstrated.

> Hypaxial Muscle Pattern Ventral musculature Four-layered lateral musculature Supracostal or outermost muscle layer External muscle layer Middle muscle laver Internal muscle laver Subvertebral musculature

Ventral musculature Geniohyoid muscle Thyrohyoid muscle Superior omohyoid muscle Inferior omohyoid muscle Sternothyroid muscle Sternohyoid muscle Four-layered lateral musculature Supracostal layer Levator scapulae muscle External layer Posterior scalene muscle Middle layer Middle scalene muscle Lateral posterior cervical intertransversarii muscle Internal layer Anterior scalene muscle Anterior cervical intertransversarii muscle Subvertebral musculature Longus capitis muscle Longus colli muscle Thoracic Hypaxial Muscles Ventral musculature Sternalis muscle (present in about 10% of people) Four-layered lateral musculature Supracostal layer Serratus posterior superior muscle Serratus posterior inferior muscle Rhomboideus major muscle (annexed by the limb) Rhomboideus minor muscle (annexed by the limb) Serratus anterior muscle (annexed by the limb) External layer External intercostal muscle Middle layer Internal intercostal muscle Internal layer Innermost intercostal muscle Subcostal muscle Transversus thoracis muscle Diaphragm Subvertebral musculature Longus capitis muscle

Lumbar Hypaxial Muscles Ventral musculature Rectus abdominis muscle Pyramidalis muscle Four-layered lateral musculature Supracostal layer External oblique muscle - superficial lamina External layer External oblique muscle - deep lamina Middle layer Internal obligue muscle Cremaster muscle Intertransversarii laterales lumborum muscle - dorsal part Internal laver Transversus abdominis muscle Quadratus lumborum muscle Intertransversarii laterales lumborum muscle - ventral part Subvertebral musculature Psoas major muscle (annexed by the limb) Psoas minor muscle Pelvis/Perineal Hypaxial Muscles Ventral musculature Not present as it terminates on the pubic crest Four-layered lateral musculature Supracostal layer Not present External layer Obturator externus muscle (annexed by the limb) Bulbospongiosus muscle Ischiocavernosus muscle Superficial transverse perinei muscle Superficial external anal sphincter Middle laver Obturator internus muscle (annexed by the limb) Deep transverse perinei - male Compressor urethrae - female Sphincter urethrovaginalis -female External urethral sphincter Deep external anal sphincter Internal layer Levator ani muscle Ischiococcygeus muscle Subvertebral musculature Not present as psoas is annexed by the limb

Hypaxial Muscle Pattern The dissection photos on this and the facing page clearly depict the pattern of design that arises from

clearly depict the pattern of design that arises from the hypomere migration in the trunk wall. Note that

both the ventral and subvertebral muscles are reduced in the thorax because the sturdy thoracic cage leads to a lack of mobility in the thoracic vertebral column. Also, note that the lateral supracostal muscles of the neck and thorax are annexed by the pectoral girdle to support the unattached upper limb. The clear relationship of the serratus anterior and its abdominal homologue - the superficial lamina of the external oblique muscle - is also evident, as well as the continuity of the deep lamina of the external oblique and its homologue, the external intercostal muscle. Finally, note how the subvertebral psoas major is annexed away from the sacrum and onto the lower limb.



Ventral hypaxial muscles Anterior view

Lateral supracostal hypaxial muscles Lateral view

Lateral external hypaxial muscles Lateral view

Ventral Musculature

- 1 Sternohyoid muscle
- 2 Sternothyroid muscle
- 3 Thyrohyoid muscle 4 Omohyoid muscle
- 5 Rectus abdominis muscle

Lateral Supracostal Musculature

- 6 Levator scapulae muscle
- Serratus anterior muscle
- 8 Serratus posterior inferior muscle

Lateral External Musculature

- 10 Posterior scalene muscle
- 11 External intercostal muscle
- 12 External oblique muscle (deep lamina)

Lateral Middle Musculature

- 13 Middle scalene muscle
- 14 Internal intercostal muscle
- 15 Internal oblique muscle

Lateral Internal Musculature

16 Anterior scalene muscle

- 17 Innermost intercostal muscle
- 18 Transversus abdominis muscle

Subvertebral Musculature

- 19 Longus capitis muscle
- 20 Longus colli muscle 21 Psoas major muscle
- 22 Psoas minor muscle





Lateral middle hypaxial muscles Lateral view

Lateral internal hypaxial muscles Lateral view

Subvertebral hypaxial muscles Lateral view

Cervical Hypaxial Muscles The muscular wall of the neck arises from the hyperperson of the convised convision convisio

hypomeres of the cervical somites and develops in accordance with the anterior and lateral

body wall muscle pattern. A close scrutiny of the cervical hypaxial muscles reveals a ventral muscle, which has split into numerous subdivisions, a four-layered lateral muscle wall where the muscles have lost their sheet-like structure, and a subvertebral muscle on the anterior surface of the neck vertebrae. The cervical trunk muscles have a variety of functions. Some of the muscles function to stabilize and move the cervical vertebral column. Some of the muscles assist in raising the upper ribs. Some are annexed by the upper limb to support the pectoral girdle. The strap-like ventral muscles, which run from sternum to larynx to hyoid bone to mandible, are active during mastication, swallowing, respiration, and sound production. These seemingly varied muscles are all innervated by the anterior rami of the cervical spinal nerves.

Cervical Hypaxial Muscles

- 1 Sternohyoid muscle
- 2 Sternothyroid muscle
- 3 Thyrohyiod muscle
- 4 Omohyoid muscle
- 5 Geniohyoid muscle
- 6 Anterior scalene muscle
- 7 Middle scalene muscle
- 8 Posterior scalene muscle
- 9 Levator scapulae muscle
- 10 Longus colli muscle

- Other Muscles and Structures
- 11 Anterior digastricus muscle
- 12 Mylohyoid muscle
- 13 Sternocleidomastoid muscle
- 14 Trapezius muscle
- 15 Deltoid muscle
- 16 Pectoralis major muscle
- 17 Serratus anterior muscle
- 18 Cricothyroid muscle
- 19 Stylohyoid muscle
- 20 Posterior digastricus muscle

- 21 Subclavian artery
- 22 Root of brachial plexus
- 23 Common carotid artery
- 24 Vagus nerve
- 25 Thyroid cartilage
- 26 Thyroid gland
- 27 Trachea
- 28 External intercostal muscle
- 29 Internal intercostal muscle





Dissection of cervical hypaxial muscles Anterolateral view



Dissection of cervical hypaxial muscles Anterior view

Thoracic and Abdominal Hypaxial Muscles

The muscles of the thorax and abdomen develop from the hypomere of the thoracic and abdominal somites of the embryo. Like the neck they clearly demonstrate the muscle pattern of the vertebrate body wall. The thoracic body wall differs from the abdomen in having well-developed ribs that dominate the wall and limit the movements of the vertebral column. Because of the well-developed segmental ribs, the muscles of the thoracic wall retain their segmental origins. The uniquely mammalian diaphragm muscle is a member of this group that plays an important role in respiration. The outermost layer of the lateral muscle wall is well developed in the thorax. Some portions of this muscle layer remain associated with the ribs, while the rhomboid muscles (depicted in the upper limb chapter that follows) and large serratus anterior muscle migrate onto the scapula to become principal stabilizers of the upper limb. The ventral ramus of each of the thoracic and upper lumbar spinal nerves innervates these muscles.

- Thoracic and Abdominal Musculature
- 1 Rectus abdominis muscle
- 2 Serratus anterior muscle
- 3 External intercostal muscle
- 4 External oblique muscle (superficial lamina)
- 5 External oblique muscle (deep lamina)
- 6 Internal intercostal muscle
- 7 Internal oblique muscle
- 8 Innermost intercostal muscle
- 9 Transversus abdominis muscle

Other Muscles and Structures

- 10 Platysma muscle
- 11 Sternohyoid muscle

- 12 Sternothyroid muscle
- 13 Omohyoid muscle
- 14 Sternocleidomastoid muscle
- 15 Trapezius muscle
- 16 Deltoid muscle
- 17 Pectoralis major muscle
- 18 Anterior scalene muscle
- 19 Middle scalene muscle
- 20 Posterior scalene muscle
- <u>21 Biceps brachii muscle</u>
- 22 Tensor fasciae latae muscle
- 23 Gluteus medius muscle
- 24 Gluteus minimis muscle
- 25 Iliopsoas muscle

- 26 Pectineus muscle
- 27 Adductor longus muscle
- 28 External lamina of rectus sheath
- 29 Linea alba
- 30 Tendinous intersections
- 31 Internal lamina of rectus sheath
- 32 Semilunar line
- 33 Arcuate line
- 34 Transversalis fascia
- 35 Inguinal ligament
- 36 Spermatic cord
- 37 Inferior epigastric vessels

30

29

38 Cutaneous nerves



Dissections of thoracic and abdominal hypaxial muscles Anterior view



Dissections of thoracic and abdominal hypaxial muscles Anteriolateral view

Thoracic and Abdominal Hypaxial Muscles

Again we would have you notice the rarely described deep lamina of the external oblique muscle. Notice its continuity with the external intercostal muscles, while the superficial lamina of the external oblique interdigitates with the serratus anterior muscle. Also note the similar fiber orientations of the intercostal muscles and their homologues in the abdominal wall. The photos of the diaphragm on the opposite page clearly reveal the continuity of this internal layer muscle with its internal homologue in the abdomen – the transversus abdominis muscle.



Dissections of lateral muscle layers of thoracic and abdominal wall Posterior view upper left, Lateral view upper center, Posterolateral view all others



Dissection of hypaxial subvertebral muscles Anterior view

Thoracic and Abdominal Musculature

- 1 Rectus abdominis muscle
- 2 Serratus anterior muscle
- 3 Serratus posterior superior muscle
- 4 Serratus posterior inferior muscle
- 5 External intercostal muscle
- 6 External oblique muscle (superficial lamina)
- 7 External oblique muscle (deep lamina)
- 8 Internal intercostal muscle
- 9 Internal obligue muscle
- 10 Innermost intercostal muscle
- 11 Subcostal muscle
- 12 Diaphragm
- 13 Transversus abdominis muscle
- 14 Quadratus lumborum muscle
- 15 Psoas major muscle
- 16 Psoas minor muscle

Other Muscles and Structures

- 17 Longus capitis muscle
- 18 Longus colli muscle
- 19 Splenius capitis muscle
- 20 Trapezius muscle
- 21 Deltoid muscle
- 22 Infraspinatus muscle
- 23 Teres major muscle
- 24 Triceps brachii muscle
- 25 Latissimus dorsi muscle
- 26 Tensor fasciae latae muscle
- 27 Gluteus maximus muscle
- 28 Gluteus medius muscle
- 29 Gluteus minimis muscle
- 30 Piriformis muscle
- 31 Superior gemellus muscle
- 32 Obturator internus muscle
- 33 Inferior gemellus muscle
- 34 Quadratus femoris muscle
- 35 Iliacus muscle

37

36 Sacrotuberous ligament

45

43

41



Dissection revealing diaphragm Lateral view



- 38 Thoracic vertebra
- 39 Spinal cord
- 40 Ribs
- 41 Costal pleura
- 42 Mediastinal pleura
- 43 Diaphragmatic pleura
- 44 Parietal pericardium
- 45 Fibrous pericardium
- 46 Inferior vena cava
- 47 Thoracic aorta
- 48 Esophagus

Dissection revealing diaphragm Superior view

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Perineal Hypaxial Muscles The ventral, subvertebral, and lateral supracostal

muscles are either annexed by the lower limb or terminate above the pelvic region of the

trunk. Therefore, the three inner layers of the lateral wall become the major contributors to the pelvic hypaxial wall. The three muscle layers from each side pass into the bottom of the pelvis where they meet in the midline to surround the urethra, vagina, and anus. This three-layered muscle floor at the bottom of the pelvis is called the pelvic diaphragm (internal layer) and the perineum (middle and external layers.) The pelvic diaphragm forms a basin-shaped floor that supports the pelvic viscera. The perineal muscles span the diamond-shaped pelvic outlet, and are divided into an anterior urogenital triangle and a posterior anal triangle. The perineal muscles support the pelvic viscera, form important sphincter muscles that surround the urethral and anal orifices, assist in erectile function, and propel the sperm from the male penis during ejaculation. Additional views of these muscles in both the male and female are depicted in the reproductive system chapter.

Perineal Musculature

- 1 Obturator externus muscle
- 2 Ischiocavernosus muscle
- 3 Bulbospongiosus muscle
- 4 Superficial transverse perinei muscle
- 5 Superficial external anal sphincter muscle
- 6 Deep external anal sphincter muscle
- 7 Deep transverse perinei muscle 8 Levator ani muscle
- 9 Ischiococcygeus muscle
- Other Muscles and Structures 10 Gluteus maximus muscle
- 11 Penis (cut)
- 12 Obturator nerve
- 13 Ischial tuberositv
- 14 Coccyx
- 15 Perineal body



External perineal muscles



Middle perineal muscles



Internal perineal muscles



Dissection of male perineal muscles Inferior view
11 Upper Limb Muscles

While the majority of the muscles of the upper limb arise as true limb muscles from the embryonic somites, some of the upper limb muscles are annexed from the body wall and head musculature to support and stabilize the scapula and suspend it from the trunk skeleton. The levator scapulae, rhomboideus major and minor, serratus anterior, pectoralis minor, and subclavius muscles are annexed lateral body wall muscles that help suspend the scapula, while the trapezius is an annexed branchial arch muscle that is also a part of the scapular group. Unlike these annexed body wall and head muscles, the true muscles of the limb arise from mesenchymal migrations of the somites into the developing limb bud. These migrations form two distinct muscle masses in the limb, an anterior muscle group and a posterior muscle group. As the limb develops, the two distinct muscle groups become separated by connective tissue septa and bones into anterior and posterior muscle compartments within the different sections of the limb. As the ventral rami of the associated spinal nerves grow into the developing upper limb bud, a nerve network, or plexus, develops. From this plexus posterior divisions of the network send branches into the posterior muscle compartments and anterior divisions of the network send branches into the anterior muscle compartments. At the proximal end of the limb, some of the true limb muscles from the anterior and posterior compartments increase in size and migrate back onto the trunk. As they spread onto the trunk, they cover the body wall muscles and attach to the axial skeleton. This muscular expansion of the proximal limb muscles increases their mechanical advantage at the shoulder joint. Because of this interesting arrangement of body wall muscles and true limb muscles at the shoulder end of the superior limb, a clear compartment organization is not evident. For this reason, we will group these muscles into groups that share some common feature, such as a common attachment or function. In the limb proper we group the muscles into their developmental anterior and posterior muscle compartments. This greatly simplifies the learning process because most of the muscles in a compartment share common attachments, actions, and nerves. Grouping things in this way can help to simplify the learning process.



Find more information about the muscles of the upper limb in REALANATOMY

Jpper Limb Muscles This chapter depicts the interesting array of muscles of the

upper limb. Because of its weak ligamentous association with the axial skeleton, the upper limb annexed muscles from the

outer layer of the trunk wall and head to help suspend it from the axial skeleton. This scapular muscle sling, which has no homologous counterpart in the lower limb, is the major difference between the muscles of the upper and lower limbs. On the pages that follow we present the muscles of the upper limb and organize them primarily by developmental groups, with the exception of the muscles of the shoulder joint (see the outline below). The opposite page and the two pages that follow show anterior and posterior views of the upper limb muscles and their relationships to the trunk musculature.

Pectoral Girdle Muscles Posterior Antebrachial Muscles (Annexed from head muscles (trapezius) and outermost layer of lateral trunk muscles to support and stabilize scapula) digits) Trapezius Levator scapulae Rhomboideus major Rhomboiedus minor Serratus anterior Pectoralis minor Subclavius Shoulder Joint Muscles Rotator cuff muscles (Muscles with a ligamentous role that function as stabilizers of the weakly ligamentous shoulder joint) Supraspinatus Infraspinatus Teres minor Subscapularis Intertubercular groove muscles (Muscles that share an insertion on the intertubercular groove and are prime movers of the shoulder joint) Pectoralis major Latissimus dorsi Teres major Deltoid Anterior Brachial Muscles (Nerve supply - musculocutaneous nerve; function as flexors of the shoulder and elbow) Coracobrachialis Brachialis Biceps brachii **Posterior Brachial Muscles** (Nerve supply - radial nerve, like all posterior compartment muscles; functions as extensor of shoulder and elbow) Triceps brachii Anterior Antebrachial Muscles (Nerve supply - median and ulnar nerves; function as flexors of wrist and digits) Superficial muscles Pronator teres Flexor carpi radialis Palmaris longus Flexor carpi ulnaris Flexor digitorum superficialis Deep muscles Flexor digitorum profundus

- Flexor pollicis longus
- Pronator quadratus

(Nerve supply - radial nerve; function as extensors of the wrist and Lateral muscles Brachioradialis Extensor carpi radialis longus Extensor carpi radialis brevis Extensor digitorum Extensor digiti minimi Extensor carpi ulnaris Anconeus Supinator Radial muscles Abductor pollicis longus Extensor pollicis longus Extensor pollicis brevis Extensor indicis Hand Muscles (All intrinsic hand muscles arise from anterior muscles of embryonic limb and are innervated by the median and ulnar nerve from the anterior divisions of the plexus) **Thenar Muscles** (All supplied by the median nerve except adductor pollicis) Abductor pollicis brevis Flexor pollicis brevis **Opponens** pollicis Adductor pollicis Hypothenar Muscles (All supplied by the ulnar nerve) Palmaris brevis Abductor digiti minimi Flexor digiti minimi Opponens digiti minimi Intermetacarpal Muscles (All supplied by the ulnar nerve except first two lumbricals) Lumbricales Palmar interossei Dorsal interossei

- Trapezius
 Deltoid
- 3 Pectoralis major
- 4 Biceps brachii5 Triceps brachii
- 6 Serratus anterior
- 7 Anterior antebrachial muscles
- 8 Posterior antebrachial muscles
- 9 Thenar muscles
- 10 Hypothenar muscles
- 11 Temporalis
- 12 Masseter
- 13 Muscles of facial expression
- . 14 Sternocleidomastoid
- 15 Cervical body wall muscles
- 16 Rectus abdominis
- 17 External oblique
- 18 Anterior thigh muscles
 19 Medial thigh muscles
- 20 Linea alba
- 21 Tendinous intersection
- 22 Spermatic cord (cut)
- 23 Penis (cut)
- 24 Inguinal ligament
- 25 Umbilicus
- 26 Palmar aponeurosis

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Muscles of the upper limb Anterior view

Upper Limb Muscles

Upper Limb Muscles

- 1 Trapezius
- 2 Deltoid
- 3 Pectoralis major
- 4 Biceps brachii
- 5 Triceps brachii
- 6 Serratus anterior
- 7 Teres major
- 8 Infraspinatus
- 9 Teres minor
- 10 Latissimus dorsi
- 11 Posterior antebrachial muscles
- 12 Anterior antebrachial muscles
- 13 Hypothenar muscles
- 14 Intermetacarpal muscle

- 15 Muscles of mastication
- 16 Muscles of facial expression
- 17 Sternocleidomastoid
- 18 Rectus abdominis
- 19 External oblique
- 20 Gluteal muscles
- 21 Posterior thigh muscles
- 22 Thoracolumbar fascia
- 23 Antebrachial fascia
- 24 Iliotibial tract











Muscles of the upper limb Posterior view

Scapular Muscles The muscles that insert on the scapula and anchor

it to the trunk form an extensive muscular sling. During development the upper limb annexes these

muscles from the head and trunk wall. They share the common functional goal of moving the scapula, stabilizing it, and anchoring it to the axial skeleton. These muscles are some of the larger muscles of the upper limb, yet produce visibly minor movements of the skeleton. Realize, however, that their major role is to stabilize and anchor the scapula to the axial skeleton. With the exception of the pectoralis minor, the nerves that supply these muscles arise from the roots of the brachial plexus.

Scapular Musles

- Trapezius 1
- Levator scapulae 2
- 3 Rhomboideus minor
- 4 Rhomboideus major
- 5 Serratus anterior
- 6 Pectoralis minor
- 7 Subclavius

- Sternocleidomastoid 8
- 9 Omohyoid
- 10 Clavicle
- 11 Deltoid
- 12 Coracobrachialis
- 13 Pectoralis major (cut)
- 14 External intercostal
- 15 Internal intercostal
- 16 Biceps brachii
- 17 Brachialis
- Triceps brachii 18
- 19 Latissimus dorsi
- 20 Supraspinatus
- 21 Infraspinatus
- 22 Teres major
- 23 External oblique
- 24 Rectus abdominis
- 25 Brachioradialis
- 26 Extensor carpi radialis longus
- 27 Serratus posteror inferior
- 28 Teres minor
- 29 External oblique aponeurosis
- 30 Trachea
- 31 Spine of scapula
- 32 Greater tubercle of humerus
- 33 Rib



Muscles of right brachium, shoulder, and chest Anterior view



Muscles of neck, shoulder, and back Posterior view

Shoulder Muscles - Rotator Cuff

The rotator cuff muscles are an important muscle group that play a critical role in stabilizing the shoulder joint. The four muscles (supraspinatus, infraspinatus, teres minor, and subscapularis) have thick, flat tendons of insertion that form a strong musculotendinous cuff around all but the inferior aspect of the glenohumeral joint. These tendons are intimately applied to the fibrous membrane of the joint capsule. Individually each muscle contributes little to the total range of motion of the humerus at the glenohumeral joint. However, they play a prominent role in stabilizing the joint and positioning and stabilizing the head of the humerus in the glenoid cavity. When the rotator cuff muscles are compromised by injury, the shoulder joint loses stability and becomes highly susceptible to dislocation.



Rotator Cuff Muscles

- 1 Supraspinatus
- 2 Infraspinatus
- 3 Teres minor
- 4 Subscapularis

Other Muscles and Structures

- 5 Biceps brachii
- 6 Coracobrachialis
- 7 Triceps brachii
- 8 Teres major
- 9 Coracoid process of scapula
- 10 Superior angle of scapula
- 11 Inferior angle of scapula
- 12 Spine of scapula
- 13 Medial border of scapula
- 14 Greater tubercle of humerus



Deep dissection of the right shoulder muscles Anterior view



Deep dissection of the right shoulder muscles Medial view

Shoulder Muscles - Prime Movers

The prime movers of the shoulder joint are the muscles that share a common attachment on the intertubercular groove (pectoralis major, teres major, and latissimus dorsi) and the deltoid muscle. These large muscles are superficial to the muscles of the rotator cuff and form extensive attachments on the pectoral girdle and axial skeleton. Inserting more distally on the humerus then the muscles of the rotator cuff, they have a better mechanical advantage and produce the major movements of the shoulder joint. The intertubercular groove muscles also form the anterior and posterior walls of the axilla. The large pectoralis major forms the anterior wall of the axilla, while the sheet-like latissimus dorsi and thick, round teres major form the posterior axillary wall.



- **Shoulder Prime Movers**
- 1 Deltoid
- 2 Pectoralis major
- 3 Teres major
- 4 Latissimus dorsi

- 5 Levator scapulae
- 6 Rhomboideus minor
- 7 Rhomboideus major
- 8 Supraspinatus
- 9 Infraspinatus
- 10 Teres minor
- 11 Triceps brachii
- 12 Trapezius
- 13 Spleneus capitis
- 14 Serratus anterior
- 15 Pectoralis minor
- 16 External intercostal17 Internal intercostal
- 18 Rectus abdominis
- <u>19 Coracobr</u>achialis
- 20 Biceps brachii
- 21 Brachialis
- 22 Posterior scalene
- 23 Middle scalene
- 24 Anterior scalene
- 25 Omohyoid
- 26 Sternohyoid
- 27 Sternothyroid
- 28 Thyrohyoid
- 29 Sternocleidomastoid
- 30 External oblique
- 31 Brachioradialis
- 32 Clavicle
- 33 Humerus
- 34 Spine of scapula
- 35 Thoracolumbar fascia
- 36 Linea alba
- 37 Common carotid artery





Muscles of neck, shoulder, brachium, and chest Anteror view

Anterior Brachial Muscles The anterior muscle

compartment of the brachium consists of

three muscles — the coracobrachialis, brachialis, and biceps brachii. The coracobrachialis and brachialis each cross a single joint, the shoulder joint and elbow joint respectively. The biceps brachii crosses three joints, the shoulder, and the humero-ulnar and radio-ulnar joints of the elbow. The muscles share in common the actions of flexion of the shoulder and elbow. All three muscles are innervated by the musculocutaneous nerve.



Anterior Brachial Muscles

- 1 Coracobrachialis
- Brachialis 2
- 3 Biceps brachii long head
- 4 Biceps brachii short head
- 5 Triceps brachii

Other Muscles and Structures

- 6 Supraspinatus
- 7 Subscapularis
- 8 Teres major
- 9 Brachioradialis
- 10 Pronator teres
- 11 Coracoid process
- 12 Superior angle
- 13 Inferior angle
- 14 Greater tubercle
- 15 Lesser tubercle

3





Muscles of the right brachium and scapula Anterior view

Deep muscles of the right brachium Anterior view

Posterior Brachial Muscles The three headed triceps brachii muscle is the sole

muscle of the posterior

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2

compartment of the brachium. This large muscle extends the shoulder and elbow joints and is innervated by the radial nerve.



Posterior Brachial Muscles

- 1 Triceps brachii medial head
- 2 Triceps brachii lateral head
- 3 Triceps brachii long head
- 4 Biceps brachii long head
- 5 Beceps brachii short head
- 6 Brachialis

Other Muscles and Structures

- 7 Supraspinatus
- 8 Infraspinatus
- 9 Teres minor
- 10 Teres major
- 11 Humerus
- 12 Greater tubercle
- 13 Spine of scapula
- 14 Brachail artery





Inferior view

Muscles of the right brachium and scapula Posterior view

Anterior Antebrachial Muscles

The muscles of the anterior antebrachium form three

distinct muscle layers. The superficial group has four superficial muscles (pronator teres, flexor carpi radialis, palmaris longus, and flexor carpi ulnaris) covering the intermediate flexor digitorum superficialis. All five of these muscles share a common attachment on the medial epicondyle of the humerus. The three deep muscles (flexor digitorum profundus, flexor pollicis longus, and pronator quadratus) do not cross the elbow joint. Other than the two pronators, all the muscles are flexors of either the wrist or digits. The median nerve innervates all but the flexor carpi ulnaris and the ulnar half of the flexor digitorum profundus, both of which are supplied by the ulnar nerve.

Anterior Antebrachial Muscles

- 1 Pronator teres
- 2 Flexor carpi radialis
- 3 Palmaris longus
- 4 Flexor carpi ulnaris
- 5 Flexor digitorum superficialis
- 6 Flexor digitorum profundus
- 7 Flexor pollicis longus
- 8 Pronator quadratus

- 9 Brachialis
- 10 Palmar aponeurosis
- 11 Brachial artery
- 12 Radial artery
- 13 Ulnar artery
- 14 Anterior interosseous artery
- 15 Interosseous membrane
- 16 Abductor pollicis brevis
- 17 Flexor pollicis brevis
- 18 Lumbricals
- 19 Adductor pollicis
- 20 Flexor digiti minimi brevis
- 21 Abductor digiti minimi
- 22 Palmaris brevis
- 23 Supinator
- 24 Superficial transverse metacarpal ligament













Deep muscles of the right antebrachium Anterior view, superficial muscles removed and hand pronated Deep muscles of the right antebrachium Anterior view, muscles removed to expose pronator quadratus

Posterior Antebrachial Muscles

There are two muscle groups in the posterior

antebrachium — the eight muscles of the lateral group that share a common attachment on or near the lateral epicondyle of the humerus and the four muscles of the radial group that course along the distal aspect of the radius to insert on the thumb and first finger. Like the triceps of the posterior brachial compartment, all the muscles of the posterior antebrachium receive innervation via the radial nerve. With a few exceptions, the muscles are extensors of either the elbow, wrist, or digits.

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Posterior Antebrachial Muscles

- 1 Brachioradialis
- 2 Anconeus
- 3 Supinator
- 4 Extensor carpi radialis longus
- 5 Extensor carpi radialis brevis
- 6 Extensor digitorum
- 7 Extensor digiti minimi
- 8 Extensor carpi ulnaris
- 9 Abductor pollicis longus
- 10 Extensor pollicis longus
- 11 Extensor pollicis brevis
- 12 Extensor indicis

- 13 Biceps brachii
- 14 Brachialis
- 15 Triceps brachii
- 16 Flexor carpi radialis
- 17 Pronator teres
- 18 Flexor pollicis longus
- 19 Abductor digiti minimi
- 20 Dorsal interossei







Deep muscles of the right antebrachium Posterior view, lateral group muscles removed and hand pronated

Deep muscles of the right antebrachium Anterolateral view, lateral group muscles removed and hand pronated

Hand Muscles There are three muscle groups in the hand — the muscles of the thenar eminence at the base of the thumb, the muscles of the hypothenar eminence at the base of the little finger, and the three layers of intermetacarpal muscles that occupy the

spaces between the metacarpal bones. All of these muscles arise from the anterior muscles of the embryonic limb bud and receive anterior division nerve supply from the median and ulnar nerves as they pass from the anterior antebrachium into the hand. While the median nerve supplies the majority of the muscles of the anterior antebrachium, the ulnar nerve supplies all but three of the muscles in the hand.



Muscles of the thenar eminence



Muscles of the hypothenar eminence



Superficial muscles of the right hand Anterior view

Hand Muscles

- Abductor pollicis brevis
 Flexor pollicis brevis
 Adductor pollicis

- 4 Abductor digiti minimi5 Flexor digiti minimi brevis
- 6 Palmaris brevis

- 7 Lumbricals
- 8 Palmar interossei
- 9 Dorsal interossei

Other Muscles and Structures 10 Flexor digitorum superficialis

- 11 Flexor digitorum profundus
- Palmaris longus
 Flexor carpi ulnaris
 Flexor pollucis longus
- 15 Flexor carpi radialis
- 16 Palmar aponeurosis
- 17 Flexor retinaculum
- 18 Ulna







Muscles of the thenar eminence



Muscles of the hypothenar eminence



Intermetacarpal muscles 193

Hand Muscles

Hand Muscles

- 1 Abductor pollicis brevis (cut)
- 2 Flexor pollicis brevis (cut)
 3 Opponens pollicis
 4 Adductor pollicis

- 5 Abductor digiti minimi
- 6 Flexor digiti minimi brevis Opponens digiti minimi
- 8 Palmaris brevis

- 9 Lumbricals (cut)
- 10 Palmar interossei
- 11 Dorsal interossei

- 12 Flexor digitorum superficialis
- 13 Flexor digitorum profundus
- 14 Carpal tunnel



Deep muscles of the right hand Anterior view



Muscles of the thenar eminence



Muscles of the hypothenar eminence



Intermetacarpal muscles

12 Lower Limb Muscles

The design of the inferior limb musculature is similar to that of the true limb muscles of the superior limb. The major difference between the two limbs is that the proximal end of the lower limb forms a direct skeletal attachment to the vertebral column via the strong sacro-iliac joint, unlike the unattached scapula of the superior limb. Because of this difference, the inferior limb does not require body wall muscles to support, stabilize, and suspend it from the axial skeleton. There are two additional features that are important to keep in mind when studying this powerful locomotor limb. First, during development of the lower limb the embryonic posterior muscles rotate and reposition themselves to the anterior aspect of the limb. For this reason the knee and ankle move directly opposite the elbow and wrist. The second notable feature is that there are three muscle compartments in the thigh and leg, as compared to just two in the brachium and antebrachium. One of the two original compartments in each lower limb segment (thigh and leg) splits to give rise to an additional compartment. The thigh has an anterior compartment and a posterior compartment, but the posterior compartment is subdivided into posterior and medial compartments. The leg has a large posterior compartment and a smaller anterior compartment and the anterior compartment is subdivided into anterior and lateral compartments. As with the upper limb, we present the muscles of the lower limb proper in their muscle compartments. Again, this greatly simplifies the learning process because most of the muscles in a compartment share similar attachments, perform common actions, and have a common nerve supply. Unlike the compartmental muscles of the lower limb proper, the proximal muscles of the lower limb that surround the hip joint are a more diverse group of muscles. Some are true limb muscles, while others are annexed muscles from the trunk wall. We organize these hip muscles into three groups — the deep hip rotator muscles, the gluteal muscles, and the hip flexors.



Find more information about the muscles of the lower limb in REALANATOMY

LOWER LIMB MUSCLES The muscles of the lower limb share similarities with their

upper limb counterparts, yet have important differences. As you will notice in the groups below there are no homologues in

the lower limb to the scapular muscles of the upper limb. Like the shoulder muscles, the muscles surrounding the hip joint are a varied group of muscles, with some annexed from the body wall of the abdominopelvic region. In the limb proper the muscles develop in muscular compartments as they do in the upper limb; however, the embryonic posterior aspect of the limb rotates to an anterior position. As a result, the nerves that arise from the posterior divisions of the lumbosacral plexus innervate the anterior muscle compartments, and the nerves from the anterior divisions of the plexus innervate the posterior muscle compartments. The developmental groups of muscles and their nerve supply are outlined below.

Hip Muscles Gluteal muscles (Nerve supply - gluteal nerves, superior to maximus and inferior to the other three; arise from lateral aspect of ilium and are prime movers and stabilizers of hip joint) Gluteus maximus Gluteus medius Gluteus minimus Tensor fasciae latae Deep hip rotator muscles (All are lateral rotators of the hip joint and insert on the medial aspect of greater trochancter) Piriformis Obturator internus Obturator externus Superior gemellus Inferior gemellus Quadratus femoris Hip flexor muscles Psoas major Iliacus Anterior Thigh Muscles (Nerve supply - femoral nerve; major extensor group of the knee) Sartorius Quadriceps femoris **Rectus femoris** Vastus lateralis Vastus intermedius Vastus medialis Articularis genu Medial Thigh Muscles (Nerve supply - obturator nerve with exception of pectineus, which is supplied by femoral nerve and condylar head of adductor magnus, which is supplied by tibial nerve) Pectineus Adductor brevis Adductor longus Adductor magnus Adductor minimis Gracilis **Posterior Thigh Muscles** (Nerve supply - Tibial nerve with exception of short head of biceps femoris, which is supplied by common fibular nerve) **Biceps femoris** Semitendinosus Semimembranosus

Anterior Leg Muscles (Nerve supply - deep fibular nerve) **Tibialis** anterior Extensor digitorum longus Extensor hallucis longus Peroneus tertius

Lateral Leg Muscles (Nerve supply - superficial fibular nerve) Peroneus longus Peroneus brevis

Posterior Leg Muscles (Nerve supply - tibial nerve) Triceps surae Gastrocnemius Soleus Plantaris Popliteus Tibialis posterior Flexor digitorum longus Flexor hallucis longus

Dorsal Foot Muscles (Nerve supply - deep fibular nerve) Extensor hallucis brevis Extensor digitorum brevis

Plantar Foot Muscles

(Nerve supply - tibial nerve via its terminal branches, medial plantar nerve supplies first lumbrical, abductor hallucis, flexor hallucis brevis, and flexor digitorum brevis; lateral plantar nerve supplies all the others)

First layer Abductor hallucis Flexor digitorum brevis Abductor digiti minimi Second layer Quadratus plantae Lumbricales Third layer Flexor halluci brevis Adductor hallucis Flexor digiti minimi brevis Fourth laver Plantar interossei Dorsal interossei



- 1 Tensor fasciae latae 2 Iliacus
- 3 Psoas major
- 4 Pectineus5 Adductor longus
- 6 Gracilis
- Sartorius 8 Rectus femoris

- 9 Vastus lateralis
- 10 Vastus medialis
- 11 Gluteus maximus
- 12 Adductor magnus
- 13 Biceps femoris14 Semitendinosus
- 15 Semimembranosus
- 16 Gastrocnemius

- 17 Soleus
- 18 Tibialis anterior
- 19 Fibularis longus
 20 Fibularis brevis
- 21 Iliotibial tract 22 Calcaneal tendon
- 23 Quadriceps tendon24 Flexor digitorum longus





Muscles of the lower limb Anterior view



Muscles of the lower limb Posterior view

Hip Muscles The muscles that surround the hip joint form three groups. The gluteal muscles arise from the posterior musculature of the embryonic limb bud and are prime movers of the hip joint. They create the characteristic profile of the human buttocks. The deep hip

rotator muscles are closely associated with the body wall of the pelvic region. Five of the six muscles sit deep to the gluteal musculature on the posterior aspect of the hip joint. The hip flexors are deep body wall muscles of the abdominal wall that have been annexed by the lower limb during development. These muscles, the psoas major and iliacus, form a pulley over the superior ramus of the pubis on their descent onto the lesser trochanter of the femur.



Gluteal muscles



Deep hip rotator muscles



Muscles of the gluteal region, gluteus maximus removed on left Posterior view

Gluteal Muscles

- 1 Gluteus maximus
- 2 Gluteus medius
- 3 Gluteus minimis
- 4 Tensor fasciae latae

Deep Hip Rotator Muscles

- 5 Piriformis
- 6 Superior gemellus

- 7 Obturator internus
- 8 Inferior gemellus
- 9 Quadratus femoris
- 10 Obturator externus
- Hip Flexor Muscles
- 11 Psoas major
- 12 Iliacus

- Other Muscles and Structures
- 13 Biceps femoris
- 14 Semitendinosus
- 15 Semimembranosus 16 Adductor magnus
- 17 Adductor minimus
- 18 Gracilis
- 19 Vastus intermedius
- 20 Pelvic diaphragm

- 21 Transversus abdominis
- 22 Quadratus lumborum
- 23 Psoas minor
- 24 Pectineus (cut)
- 25 Iliotibal tract 26 Sacrotuberous ligament
- 27 Penis (cut)
- 28 Ilium
- 29 Femur





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Gluteal muscles





Gluteal muscles

Hip flexor muscles



Muscles of gluteal region, gluteus maximus and medius removed Posterolateral view

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Deep dissection of iliopsoas muscles Anterior view

Anterior Thigh Muscles The four major muscles of the anterior

compartment form the quadriceps femoris muscle group. The four muscles of this

group converge to form the strong quadriceps tendon that surrounds all but the posterior surface of the patella. As the sole extensors of the knee, the quadriceps are essential for running, jumping, and kicking. The sartorius, which is the longest muscle in the body, is a knee flexor. The small articularis genus raises the suprapatellar bursa during extension of the knee. All of the muscles in this compartment receive their innervation via the femoral nerve from the posterior divisions of the lumbar plexus.







Muscles of the thigh, rectus femoris cut Anterior view. left thigh



Anterior Thigh Muscles 1 Rectus femoris

- 2 Vastus lateralis
- 3 Vastus intermedius
- 4 Vastus medialis
- 5 Sartorious
- 6 Articularis genus

Other Muscles and Structures

- 7 Tensor fasciae latae
- 8 Transversus abdominis 9 Rectus abdominis
- 10 Pyramidalis 11 Iliacus
- 12 Psoas major

13 Pectineus

- 14 Adductor longus
- 15 Gracilis
- 16 Gluteus minimis 17 Obturator externus
- 18 Quadratus femoris
- 19 Inguinal ligament
- 20 Spermatic cord21 Linea alba
- 22 Iliotibial tract
- 23 Femur
- 24 Inferior epigastric vessels
- 25 Penis (cut)
- 26 Rectus sheath





Medial Thigh Muscles The six muscles of the medial compartment are all capable

of adducting the hip joint. The pectineus and four adductor muscles all originate from a medial position on the pubis

and ischium and project laterally to insert on the posterior surface of the femur. The gracilis muscle differs from the others in the group by crossing the knee joint in addition to the hip. It courses with the sartorius muscle as a flexor of the knee. With the exception of the pectineus and condylar part of the adductor magnus, all the muscles are innervated by the obturator nerve, which arises from the anterior divisions of the lumbar plexus.

Medial Thigh Muscles

- 1 Pectineus
- 2 Adductor longus
- 3 Adductor brevis
- 4 Adductor magnus
- 5 Adductor minimis
- 6 Gracilis

Other Muscles and Structures

- 7 Sartorius
- 8 Iliacus
- 9 Psoas major
- 10 Tensor fasciae latae
- 11 Rectus femoris
- 12 Obturator externus
- 13 Vastus lateralis
- 14 Articularis genus
- 15 Gluteus medius
- 16 Piriformis
- 17 Superior gemellus
- 18 Obturator internus
- 19 Inferior gemellus
- 20 Quadratus femoris
- 21 Biceps femoris (short head)
- 22 Gastrocnemius
- 23 Plantaris
- 24 Soleus
- 25 Pelvic diaphragm
- 26 Transversus abdominis
- 27 Rectus abdominis
- 28 Spermatic cord
- 29 Sacrotuberous ligament
- 30 Femur
- 31 Penis (cut)



Dissection of medial thigh muscles

Anterior view, right thigh

Dissection of medial thigh muscles Posterior view, right thigh



Posterior Thigh Muscles Like the medial compartment of the thigh the bigens femarie semi-

the thigh, the biceps femoris, semimembranosus, and semitendinosus

arise from the embryonic anterior, or flexor, musculature. The muscles of this compartment, the smallest of the three thigh compartments, are long, two-joint muscles that share much in common. All three muscles arise from the ischial tuberosity, extend the hip and flex the knee, and receive their nerve supply via the tibial branch of the sciatic nerve (with the exception of the short head of the biceps femoris, which is innervated by the common fibular branch of the sciatic nerve). Often referred to as the hamstring muscles, these muscles work with the sartorius and gracilis as the strong flexors of the knee joint.



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- 19 8 11
 - 16 16 Muscles of the gluteal region and thigh Posterior view, gluteus maximus removed on left

Posterior Thigh Muscles

- 1 Biceps femoris (long head)
- 2 Biceps femoris (short head)
- 3 Semitendinosus
- 4 Semimembranosus

- 5 Gluteus maximus
- 6 Gluteus medius
- Piriformis
- 8 Superior gemellus
- 9 Obturator internus
- 10 Inferior gemellus
- 11 Quadratus femoris
- 12 Adductor minimus
- 13 Adductor magnus
- 14 Pelvic diaphragm
- 15 Gracilis
- 16 Gastrocnemius
- 17 Sacrotuberous ligament 18 Iliotibial tract
- 19 Ilium

Thigh Muscles

- 1 Rectus femoris
- 2 Vastus lateralis
- 3 Vastus intermedius Vastus medialis
- 4 5 Sartorious
- 6 Gracilis

- 7 Adductor longus
- 8 Adductor magnus
- 9 Biceps femoris
- 10 Semitendinosus 11 Semimembranosus
- 12 Femoral artery
- 13 Femoral vein
- 14 Hypodermis
- 15 Femur
- 16 Yellow bone marrow
- 17 Sciatic nerve
- 18 Saphenous nerve



Transverse section of right thigh Inferior view, level at mid thigh



Anterior compartment



Medial compartment



Posterior compartment

Anterior Leg Muscles The anterior compartment of the leg consists of four muscles all of which dered flav the anterior

four muscles, all of which dorsal flex the ankle joint and are innervated by the deep fibular nerve

from the posterior divisions of the sacral plexus. These muscles sit in a tight fascial compartment anterior to the interosseous membrane and between the tibia and fibula. As their tendons cross the ankle joint they are held firmly in place between the tibial and fibular malleoli by two strong retinacular bands. Two of the muscles, the tibialis anterior and fibularis tertius, insert on the ankle. The other two muscles, the extensor digitorum longus and extensor hallucis longus, reach the ends of the digits and also function as digital extensors.

Anterior Leg Muscles

- 1 Tibialis anterior
- 2 Extensor digitorum longus
- 3 Extensor hallucis longus
- 4 Fibularis tertius

Other Muscles and Structures

- 5 Vastus lateralis
- 6 Fibularis longus
- Fibularis brevis
- 8 Gastrocnemius
- 9 Soleus
- 10 Extensor hallucis brevis
- 11 Extensor digitorum brevis
- 12 Interosseous membrane
- 13 Anterior tibial vessels
- 14 Extensor retinaculum
- 15 Tibia
- 16 Patellar ligament



Superficial muscles of the anterior crus Anterior view

Deep muscles of the anterior crus Anterolateral view



Lateral Leg Muscles The small lateral compartment, like the anterior compartment, arises from the embryonic derival

compartment, arises from the embryonic dorsal limb muscles. The two muscles within this com-

partment, the fibularis longus and fibularis brevis, are similar. They both arise from the lateral aspect of the fibula. They both pursue a pulley-like course behind the lateral malleolus, under the cover of a retinaculum, in their passage to the bottom of the foot. They both plantar flex and evert the foot. The superficial fibular nerve, from the posterior divisions of the sacral plexus, supplies both muscles.

Lateral Leg Muscles

- 1 Fibularis longus
- 2 Fibularis brevis

Other Muscles and Structures

- 3 Gastrocnemius
- 4 Soleus
- 5 Fibularis tertius
- 6 Extensor digitorum longus
- 7 Tibialis anterior
- 8 Extensor hallucis longus
- 9 Extensor digitorum brevis
- 10 Interosseous membrane
- 11 Calcaneal tendon
- 12 Femur
- 13 Tibia
- 14 Fibula
- 15 Lateral malleolus
- 16 Patellar ligament



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Posterior Leg Muscles The posterior compartment of the leg comprises the large muscle mass on the back of the leg that is often referred to

muscle mass on the back of the leg that is often referred to as the calf. This compartment has two distinct muscle

groups - a large superficial group and a smaller deep group. The superficial group, the gastrocnemius, the soleus, and the plantaris, each insert on the calcaneus. The gastrocnemius and soleus combine to form the large tendocalcaneus, or Achilles tendon. The smaller, deep group consists of four muscles, three of which form a pulley-like arrangement around the medial malleolus. These are the flexor hallucis longus, flexor digitorum longus, and tibialis anterior. The fourth muscle in the group is the deeply situated popliteus that occupies the floor of the popliteal fossa.

Posterior Leg Muscles

- 1 Tibialis posterior
- 2 Flexor digitorum longus
- 3 Flexor hallucis longus
- 4 Popliteus
- 5 Plantaris
- 6 Soleus
- 7 Gastrocnemius

Other Muscles and Structures

- 8 Fibularis brevis
- 9 Fibularis longus (tendon)
- 10 Flexor digitorum brevis
- 11 Abductor hallucis
- 12 Flexor hallucis brevis
- 13 Abductor digiti minimi
- 14 Calcaneal tendon
- 15 Fibula



Posterior view

Posterior view



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Foot Muscles Situated on the dorsal surface of the foot are two short digital extensor muscles, the oxtansor ballucis brovis and extensor digitarum brovis. These this muscle shoets extensor hallucis brevis and extensor digitorum brevis. These thin muscle sheets help the long digital extensors of the anterior compartment extend the digits. Like the

anterior compartment muscles, they are innervated by the deep fibular nerve. The plantar muscles of the foot are much more substantial than the thin dorsal muscles of the foot. These muscles sit beneath the thick subcutaneous fat pad on the bottom of the foot. From superficial to deep, the plantar muscles form four layers.



Plantar view





Layer one



Layer two

Dissection of foot, first muscle layer removed , Plantar view

Foot Muscles

- 1 Abductor hallucis

- Flexor digitorum brevis
 Abductor digiti minimi
 Quadratus plantae
- 5 Lumbricals

- 6 Flexor hallucis brevis
- 7 Adductor hallucis
- 8 Flexor digiti minimi brevis9 Plantar interossei
- 10 Dorsal interossei
- Other Muscles and Structures
- 11 Fibularis longus (tendon)
- Flexor digitorum longus (tendon)
 Flexor hallucis longus (tendon)
- 14 Long plantar ligament



Dissection of foot, second muscle layer removed Plantar view

Dissection of foot, third muscle layer removed Plantar view

Foot Muscles

Foot Muscles

1 Extensor hallucis brevis

2 Extensor digitorum brevis

Other Muscles and Structures

- 3 Tibialis anterior (tendon)
- 4 Extensor hallucic longus (cut) 5 Extensor digitorum longus (cut)
- 6 Fibularis longus (tendon) 7 Fibularis brevis (tendon)
- 8 Deep fibular nerve
- 9 Dorsalis pedis artery





Dorsal foot muscles

Dissection of left foot Dorsal view
13 Peripheral Nervous System

Look around your city or town and notice the telephone wires that run from telephone pole to telephone pole along the city streets, eventually reaching the homes and places of business throughout the city. They might not always be visible because in some cities they run underground. Regardless of where they occur, these wires criss-cross throughout the city distributing electrical current from phone to phone in our homes and places of school, work, and entertainment. These wires are not complex structures; they are simply metal wires that can conduct an electric charge from one phone to another. These telephone wires in our cities and homes are typically insulated from one another and protectively wrapped to prevent damage. Their pathways through the city are not complex; they simply follow logical routes to different parts of the city. The wires are bundled in common groups that follow shared pathways to similar locations. As these wires course through the city they relay to telephone centers operated by the telephone companies. At these centers the wires enter control rooms where they form complex circuits. This

rooms where they form complex circuits. This complex circuitry allows the electrical messages to be processed and directed to the proper phones.

Like the telephone wires of our cities and homes, the nerves of the peripheral nervous system are really rather simple structures. They consist of long, insulated axons bundled together in protective collagenous wrappings. These axons pass in bundled groups that follow logical routes to the different regions of the body where they communicate with receptor (sensory receptors) or effector strucutres (muscles or glands). Like telephone wires, these neuronal wires conduct electrical messages to and from the central processing center (brain and spinal cord). This chapter will depict the basic design of the structures called nerves and demonstrate the pathways of the nerves throughout the body.



Find more information about the peripheral nervous system in REALANATOMY

Structure of a Nerves are bundles of axons running between the central nervous system and the peripheral tissues of the body. While all nerves have

system and the peripheral tissues of the body. While all nerves have a similar basic structure, they vary in the types and numbers of

neurons bundled within. The basic design of a nerve consists of neurons wrapped by neurolemmocytes to form the nerve fiber. The fibers are protectively wrapped and nourished by a vascular loose connective tissue, the endoneurium. Many endoneurial wrapped fibers are surrounded by a collagenous perineurium to form the fasciculus of the nerve, and all the fasciculi are wrapped in a collagenous sheath, the epineurium, to form the nerve.



Dissection of sciatic nerve Posterior view

Spinal Nerve Structure The spinal nerves arise from the

spinal cord as a series of small

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14 19 17

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neuronal bundles called rootlets — ventral (motor)rootlets and dorsal (sensory) rootlets. Each series of ventral rootlets converges to form larger ventral roots. Likewise each series of dorsal rootlets converges to form larger dorsal roots. The dorsal and ventral roots project laterally and converge to form the spinal nerve trunk. A ganglion, the dorsal root ganglion, is present on the dorsal root just prior to the spinal nerve trunk. Branching from the trunk are two large branches and a variable series of smaller branches. Each branch follows a specific course to different peripheral regions. The two largest branches, the ventral ramus and dorsal ramus, are somatic branches that run in the musculoskeletal wall of the body. Smaller visceral branches, the meningeal nerve, the white and gray communicating rami, and the parasympathetic splanchnic nerves form the autonomic pathways to smooth muscle and glandular tissue.

- Structure of a Nerve
- 1 Sciatic nerve
- 2 Epineurium
- . 3 Perineurium
- 4 Endoneurium
- 5 Myelin sheath
- 6 Axon
- 7 Cell body
- 8 Dendrite
- Spinal Nerve Structures
- 9 Ventral rootlets
- 10 Dorsal rootlets
- 11 Dorsal root
- 12 Dorsal root ganglion
- 13 Ventral root
- 14 Spinal nerve trunk
- 15 Ventral ramus
- 16 Dorsal ramus

18 Cervical vertebra 19 Vertebral artery

Other Structures

17 Spinal cord

- 20 Common carotid artery
- 21 Internal jugular vein
- 22 Laryngopharynx
- 23 Larynx
- 24 Thyroid cartilage
- 25 Cricoid cartilage
- 26 Vocalis muscle

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Dissection of cervical spinal cord Superior view

Dissection of spinal cord, thoracic vertebral bodies removed Anterior view



Spinal Nerves With slight variation, the basic pattern of the spinal nerve repeats itself thirty-one times along the entire length of the spinal cord. With the exception of the first spinal nerve, each spinal nerve level emerges from within the vertebral column to pass

peripherally between successive vertebrae. Because of the developmental differences in the growth rate of the vertebral column and associated spinal cord, the lower roots of the spinal nerves are dragged downward by the lengthening vertebral column. With each succeeding spinal nerve level the roots become longer and more oblique in their course, eventually extending beyond the end of the spinal cord as the vertically oriented cauda equina.

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Spinal Nerves

- 1 Spinal nerve
- 2 Cervical dorsal rootlets
- 3 Thoracic dorsal rootlets
- 4 Lumbosacral dorsal rootlets
- 5 Dorsal rami
- 6 Cauda equina
- 7 Filum terminale

Other Structures 8 Cerebrum 9 Cerebellum 10 Medulla oblongata

11 Spinal cord

- 12 Dura mater 13 Superior sagittal sinus
 - 14 Transverse sinus
 - 15 Opening of straight sinus
 - 16 Confluence of sinuses

Dissection exposing cauda equina Posterior view

Dissection revealing spinal cord and brain Posterior view

Dorsal Rami The dorsal rami of the spinal nerves arise at all spinal levels and pursue a posterior course into the muscles, connective tissue, and skin of the back. They innervate all

the epaxial muscles comprising the extensors of the vertebral column. The cutaneous distribution of the dorsal rami spans from the top of the head, down the posterior trunk, to the superior half of the gluteal region. With the exception of levels C1, S4, S5, and the coccygeal, the dorsal rami split into lateral and medial branches as they course posteriorly into the back.

Dorsal Rami

- 1 Greater occipital nerve
- 2 Least occipital nerve
- 3 Dorsal ramus
- 4 Medial branch
- 5 Lateral branch

Other Structures

- 6 Rectus capitis posterior major muscle
- 7 Rectus capitis posterior minor muscle
- 8 Obliquus superioris muscle
- 9 Obliquus inferioris muscle
- 10 Posterior digastricus muscle

16

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- 11 Semispinalis cervicis muscle
- 12 Intertransversarii thoracic muscle
- 13 Levatores costarum muscles
- 14 External intercostal muscle
- 15 External oblique muscle 16 Internal oblique muscle





Dissection of cervical dorsal rami Posterior view

Erector spinae muscle removed to expose dorsal rami Posterior view

Cervical Plexus This next series of pages illustrates the ventral rami of

the spinal nerves. The ventral rami innervate the majority of the skeletal muscles (all hypaxial and limb

muscles). The cervical plexus forms from the ventral rami of the first four cervical spinal nerves. As these ventral rami pass laterally between the middle and internal layers of the lateral cervical body wall, they form ascending and descending branches that communicate to form the cervical plexus. Emerging from this plexus are the nerves that innervate the muscles of the hypaxial cervical wall, as well as cutaneous branches that serve the overlying skin of the lateral head, neck and upper thorax.



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Cervical Plexus Nerves

- 1 Lesser occipital nerve
- 2 Great auricular nerve
- 3 Transverse cutaneous nerve
- 4 Supraclavicular nerve
- 5 Phrenic nerve
- 6 Ansa cervicalis
- 7 Nerve to geniohyoid muscle
- 8 Nerve to thyrohyoid muscle
- 9 Nerve to superior omohyoid muscle
- 10 Nerve to sternohyoid muscle
- 11 Nerve to sternothyroid muscle
- 12 Nerve to inferior omohyoid muscle

Other Nerves and Structures

- 13 Hypoglossal nerve
- 14 Vagus nerve
- 15 Superior trunk of brachial plexus
- 16 Common carotid artery
- 17 Carotid sinus
- 18 Internal carotid artery
- 19 External carotid artery
- 20 Parotid gland
- 21 Sternocleidomastoid muscle
- 22 Thyrohyoid muscle
- 23 Omohyoid muscle
- 24 Sternohyoid muscle
- 25 Sternothyroid muscle
- 26 Anterior scalene muscle
- 27 Middle scalene muscle
- 28 Levator scapulae muscle

Dissection of cervical plexus Anterior view

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Brachial Plexus The brachial plexus arises from the last four cer-

vical ventral rami and the first thoracic ventral ramus. The four cervical ventral rami pass later-

ally between the middle and internal layers of the lateral cervical body wall, the middle and anterior scalene muscles, respectively. As they emerge through the scalenes, they connection with with one another as well as with the ascending branch of the first thoracic ventral ramus. This is the beginning of the nerve plexus that will innervate almost all the muscles and associated skin of the upper limb.

Brachial Plexus Nerves

- 1 Dorsal scapular nerve
- 2 Suprascapular nerve
- 3 Nerve to the subclavius muscle
- 4 Lateral pectoral nerve
- 5 Upper subscapular nerve
- 6 Musculocutaneous nerve
- Axillary nerve
- 8 Radial nerve
- 9 Median nerve
- 10 Ulnar nerve
- 11 Lower subscapular nerve
- 12 Thoracodorsal nerve

- 13 Long thoracic nerve
- 14 Medial pectoral nerve
- 15 Superior trunk
- 16 Middle trunk
- 17 Inferior trunk
- 18 Lateral cord
- 19 Posterior cord
- 20 Medial cord
- Other Nerves and Strucures
- 21 Phrenic nerve
- 22 Anterior scalene muscle
- 23 Middle scalene muscle

- 24 Levator scapulae muscle
- 25 Subclavius muscle
- 26 Pectoralis minor muscle
- 27 Pectoralis major muscle
- 28 Deltoid muscle
- 29 Biceps brachii muscle 30 Subscapularis muscle
- 31 Teres major muscle
- 32 Latissimus dorsi muscle 33 Serratus anterior muscle
- 34 Clavicle



Dissection of brachial plexus Anterior view

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Lumbar Plexus The lumbar plexus arises from the ventral rami of the first four lumbar spinal nerves. The plexus emerges laterally through the intervertebral foramina to pass anterolateral between the two

heads of the psoas major muscle. The more superior branches of the plexus enter the abdominal body wall to innervate the abdominal muscles. The lower nerves of the plexus course into the lower limb as the lateral femoral cutaneous, femoral, and obturator nerves. The lumbar plexus is a transitory plexus that begins as a series of body wall nerves and eventually transitions into limb innervation. The first ventral ramus of the plexus is basically a segmental nerve that follows the basic segmental nerve pattern in the ventral body wall. The second lumbar ventral ramus forms segmental branches in the body wall and other branches that contribute to limb innervation. The third and fourth ventral rami contribute solely to innervation of the lower limb anatomy.



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- Subcostal nerve
- 2 lliohypogastric nerve
- 3 Ilioinguinal nerve
- 4 Genitofemoral nerve
- Genital branch of genitofemoral nerve 5
- 6 Femoral branch of genitofemoral nerve
- Lateral femoral cutaneous nerve 7
- 8 Femoral nerve
- 9 Obturator nerve
- 10 Lumbosacral trunk

Sacral Plexus Nerves

- 11 Superior gluteal nerve
- 12 Inferior gluteal nerve
- 13 Posterior femoral cutaneous nerve
- 14 Nerve to the obturator internus muscle
- 15 Pudendal nerve
- 16 Perforating cutaneous nerve
- 17 Inferior cluneal nerve
- 18 Sciatic nerve

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19 Upper bands of sacral plexus

- Other Structures
- 20 Diaphragm
- 21 Psoas major muscle
- 22 Psoas minor muscle
- 23 Quadratus lumborum muscle
- 24 Iliacus muscle
- 25 Obturator externus muscle
- 26 Sartorius muscle
- 27 Tensor fasciae latae muscle
- 28 Gluteus maximus muscle
- 29 Gluteus medius muscle
- 30 Gluteus minimis muscle
- 31 Piriformis muscle
- 32 Superior gemellus muscle
- 33 Obturator internus muscle
- 34 Inferior gemellus muscle
- 35 Sacrotuberous ligament
- 36 Penis

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Abdominal dissection of lumbar plexus Anteriorview

Sacral Plexus The sacral plexus forms from the ventral rami of the last two lumber and the first four energy apingl period. The fourth and lumbar and the first four sacral spinal nerves. The fourth and fifth lumbar spinal nerves form a descending communication,

the lumbosacral trunk, that joins with the upper sacral spinal nerves as they exit the anterior foramina of the sacrum. On the anterior surface of the sacrum the large roots of the plexus are noticeable before they exit through the greater sciatic notch on their course into the pelvic wall and lower limb. This plexus forms the total nerve supply to the pelvic body wall, and, along with the limb branches from the lumbar plexus, is the nerve supply for the lower limb.





Dissection of pudendal nerves and vessels Lateral view

Intercostal Nerves Unlike the ventral rami in the cervical, lumbar, and sacral regions, which

form plexuses, most of the thoracic ventral rami remain segmental like their dorsal counterparts. These thoracic ventral rami, called the inter-

costal and subcostal nerves, emerge from the spinal nerve trunk and enter the intercostal space just inferior to each of the twelve ribs. Each of these segmental nerves has a similar structural design. The main trunk of the nerve runs through the intercostal space, with the segmental arteries and veins, between the middle and internal muscle layers of the body wall. Accompanying the main branch is a smaller collateral branch, which emerges from the main branch near the angle of the rib, and runs inferior to the main branch through the intercostal space. The main branch also gives rise to lateral and anterior cutaneous branches that supply the skin, or dermatome, of each segment.

Intercostal Nerves

- 1 Main trunk
- 2 Collateral branch

Other Nerves and Structures

- 3 Subcostal nerve
- 4 Iliohypogastric nerve
- 5 Posterior intercostal vein
- 6 Posterior intercostal artery
- 7 Innermost intercostal muscle
- 8 Transversus abdominis muscle
- 9 Gluteus medius muscle
- 10 Piriformis muscle
- 11 Iliocostalis muscles
- 12 Rib 12



Dissection of intercostal nerves Lateral view

Cutaneous Nerves Many small nerves, named cutaneous nerves, branch from the spinal and cranial nerves and course through and between muscles to emerge

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Many small nerves, named cutaneous nerves, branch from the spinal and cranial nerves and course through and between muscles to emerge into the integumentary covering of the body. These detailed dissections reveal all the cutaneous nerves of the body.

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- 1 Greater occipital nerve
- 2 Transverse cervical nerves
- 3 Supraclavicular nerves

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- 4 Medial cutaneous branches (dorsal rami)
- 5 Lateral cutaneous branches (dorsal rami)
- 6 Anterior cutaneous branches (ventral rami)
 - 7 Lateral cutaneous branches (ventral rami)

- 8 Superior lateral brachial cutaneous nerves
- 9 Posterior brachial cutaneous nerves
- 10 Inferior lateral brachial cutaneous nerves
- 11 Posterior antebrachial cutaneous nerve
- 12 Lateral antebrachial cutaneous nerve
- 13 Medial antebrachial cutaneous nerve
- 14 Femoral branch of genitofemoral nerve
- 15 Lateral cutaneous branch of subcostal nerve
- 16 Anterior cutaneous branch of femoral nerve
- 17 Lateral femoral cutaneous nerve
- 18 Superior cluneal nerves
- 19 Inferior cluneal nerve
- 20 Posterior femoral cutaneous nerve
- 21 Saphenous nerve
- 22 Lateral sural cutaneous nerve

Dissections exposing cutaneous nerves Anterior view to left, Posterior view to right 18

Autonomic Nerves In contrast to the somatic branches of the spinal pervertise the visceral branches leave

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spinal nerve, the visceral branches leave the body wall to form nerve pathways that

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enter the body cavities. Within the cavities these nerves form the autonomic nerve pathways, sympathetic and parasympathetic, to the viscera. The autonomic nerves relay input signals from the wall of the tubular gut and other viscera, while carrying output signals to smooth muscle,



Autonomic Nerves

- 1 Sympathetic trunk nerve
- Sympathetic trunk ganglion 2
- 3 White communicating ramus
- 4 Gray communicating ramus
- 5 Greater splanchnic nerve
- 6 Lesser splanchnic nerve
- 7 Coeliac ganglion
- 8 Superior mesenteric ganglion
- 9 Aorticorenal ganglion
- 10 Vagus nerve
- 11 Recurrent laryngeal nerve
- 12 Anterior vagal trunk
- 13 Posterior vagal trunk
- 14 Inferior cardiac plexus
- 15 Pulmonary plexus
- 16 Esophageal plexus

Other Structures

- 17 Intercostal nerve
- 18 Posterior intercostal artery
- 19 Posterior intercostal vein
- 20 Right superior intercostal vein
- 21 Azygous vein
- 22 Superior vena cava
- 23 Aorta
- 24 Celiac trunk
- 25 Superior mesenteric artery
- 26 Renal artery
- 27 Suprarenal gland
- 28 Kidney
- 29 Ureter
- 30 Diaphragm 30 Esophageal hiatus
- 32 Subcostal muscle
- 33 Innermost intercostal muscle
- 34 Internal oblique muscle
- 35 Transversus abdominis muscle
- 36 Psoas major muscle
- 37 Psoas minor muscle

30 Deep dissection of sympathetic nerves, callout of communicating rami Anterolateral view

cardiac muscle, and glands. Some of the autonomic nerves even rejoin the somatic pathways to supply the blood vessels and glands of the body wall. The sympathetic pathways are primarily associated with vascular smooth muscle control, and the parasympathetic pathways are principally responsible for the regulation and control of gut tube smooth muscle and glands. The sympathetic nerves are depicted on the opposite page, while the vagus nerve, which carries 75% of the parasympathetic output, is shown below as it follows the derivatives of the gut tube.



Deeper thoracic dissection revealing vagus nerve Anterior view

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Cranial Nerves Cranial nerves segregate into three distinct groups based

on associations they form during development. In number there are twelve cranial nerves, which originate in pairs

from a rostral to caudal sequence from the brain. The first category, the special sensory cranial nerves, are afferent pathways established between the the brain and the special sensory structures of the nose, eye, and ear. The second category, the ventral or somitic motor cranial nerves, are homologous with the ventral roots of the spinal nerves. They originate from the brainstem as efferent pathways to somitic skeletal muscles within the head. The final category, comprising the largest of the



Special Sensory Nerves

- 1 Olfactory nerve
- 2 Optic nerve
- 3 Vestibulocochlear nerve

Somitic Motor Nerves

- 4 Occulomotor nerve
- 5 Trochlear nerve
- 6 Abducens nerve
- Hypoglossal nerve
- Pharyngeal Arch Nerves
- 8 Trigeminal nerve
- 9 Trigeminal ganglion
- 10 Opthalmic branch
- 11 Maxillary branch
- 12 Mandibular branch
- 13 Facial nerve
- 14 Glossopharyngeal nerve
- 15 Vagus nerve
- 16 Accessory nerve

Other Structures

- 17 Olfactory bulb
- 18 Optic chiasm
- 19 Optic tract
- 20 Infundibulum
- 21 Mammillary bodies
- 22 Cerebral peduncle
- 23 Pons
- 24 Cerebellum
- 25 Medulla oblongata
- 26 Spinal cord
- 27 Frontal lobe
- 28 Temporal lobe
- 29 Insular lobe
- 30 Parietal lobe
- 31 Occipital lobe
- 32 Right lateral ventricle
- 33 Choroid plexus
- 34 Falx cerebri
- 35 Falx cerebelli
- 36 Straight sinus
- 37 Superior sagittal sinus
- 38 Corpora quadrigemina
- 39 Pineal gland
- 40 Third ventricle
- 41 Fourth ventricle
- 42 Geniculate ganglion
- 43 Anterior cerebral artery
- 44 Internal carotid artery
- 45 Levator palpebrae superioris muscle
- 46 Superior rectus muscle
- 47 Lateral rectus muscle
- 48 Superior oblique muscle
- 49 Nasociliary nerve
- 50 Long ciliary nerve
- 51 Ciliary ganglion
- 52 Eye



cranial nerves, are those cranial nerves associated with the pharyngeal arches. The dorsal or pharyngeal arch cranial nerves are developmentally similar to the dorsal roots of the spinal nerves. These five dorsal cranial nerves form the general sensory afferent pathways from the peripheral tissues of the head. However, because these nerve pathways coursed through the specialized arches forming the pharyngeal wall of the foregut, they established parasympathetic efferent pathways to the glandular tissue of the gut wall, along with motor efferent pathways to the skeletal muscles derived from the pharyngeal arch tissues.





Intracranial dissection of cranial nerves Posterolateral view

Cranial Nerves Cranial nerves V and VII, the trigeminal and fa-

cial nerves respectively, have the most extensive distribution to the tissues of the head. This page

and the three pages that follow depict the peripheral distribution of many of the branches of the trigeminal and facial nerves.

Trigeminal Nerve

- 1 Auriculotemporal nerve
- 2 Supraorbital nerve
- 3 Infraorbital nerve
- 4 Mental nerve
- 5 Maxillary branch
- 6 Nerve of the pterygoid canal
- 7 Pterygopalatine ganglion
- 8 Nasopalatine nerve (cut)
- 9 Superior posterior lateral nasal branch
- 10 Inferior posterior lateral nasal branch
- 11 Pharyngeal branch
- 12 Lesser palatine nerve 13 Greater palatine nerve

Facial Nerve

- 14 Temporal branches
- 15 Zygomatic branches

- 16 Buccal branches
- 17 Mandibular branches
- 18 Cervical branch

Other Nerves and Structures

- 19 Greater occipital nerve
- 20 Lesser occipital nerve
- 21 Great auricular nerve
- 22 Auricularis posterior muscle



- 23 Occipital belly of epicranius muscle
- 24 Galia aponeurotica
 25 Frontal belly of epicranius muscle
 26 Temporal fascia
- 27 Temporalis muscle
- 28 Orbicularis oculi muscle
- 29 Zygomaticus major muscle
- 30 Risorius muscle
- 31 Buccinator muscle

- 32 Masseter muscle
- 33 Posterior digastricus muscle
- 34 Parotid duct
- 35 External carotid artery
- 36 Submandibular gland
- 37 Frontal sinus
- 38 Cerebrum
- 39 Falx cerebri
- 40 Corpus callosum

- 41 Septum pellucidum
- 42 Thalamus
- 43 Midbrain
- 44 Pons
- 45 Cerebellum 46 Fourth ventricle
- 47 Choroid plexus
- 48 Medulla oblongata 49 Spinal cord

- 50 Pituitary gland51 Torus tubarius
- 52 Maxillary sinus 53 Middle nasal concha
- 54 Inferior nasal concha
- 55 Hard palate
- 56 Soft palate
- 57 Uvula
- 58 Tongue



Parasagittal section and dissection of head exposing branches of the trigeminal and facial nerve Medial view

Cranial Nerves

- 1 Nerve to temporalis muscle
- 2 Buccal nerve
- 3 Middle superior alveolar nerve
- 4 Posterior superior alveolar nerve
- 5 Lingual nerve
- 6 Chorda tympani nerve

- 7 Inferior alveolar nerve
- 8 Nerve to mylohyoid muscle
 9 Pterygopalatine ganglion
 10 Infraorbital nerve
 11 Hypoglossal nerve
- 12 Submandibular ganglion
- 13 Superior laryngeal nerve

Other Structures

- 14 Orbicularis oculi muscle
- 15 Temporal fascia
- 16 Temporalis muscle



Dissection of head exposing branches of the trigeminal nerve Lateral view

- Lateral pterygoid muscle
 Medial pterygoid muscle
 Buccinator muscle
 Posterior digastricus muscle
- Anterior digastricus muscle
 Sternocleidomastoid muscle
- 23 Thyrohyoid muscle

- 24 Omohyoid muscle
 25 Styloglossus muscle
 26 Stylohyoid muscle
 27 Geniohyoid muscle
 28 Mylohyoid muscle
 29 Omohyoid muscle
- 29 Superior pharyngeal constrictor
- 30 Inferior pharyngeal constrictor
- 31 Internal jugular vein32 Common carotid artery
- 33 Dura mater
- 34 Cerebrum
- 35 External acoustic meatus 36 Tongue





Dissection of head with mandible removed Lateral view

Sensory Receptors Sensory receptors are the transducers of the nervous system; that is,

they convert the different types of energy we experience such as mechanical energy (touch, pressure, sound waves, etc.), thermal

energy (heat), chemical energy (taste, smell), and electromagnetic energy (light) into the electrical energy of the nervous impulse. They do this by facilitating the depolarization of the peripheral terminals of the sensory neurons. This initiates the nervous impulse along the sensory neuron, and this input is carried by the sensory neuron to the processing centers of the brain and spinal cord, which will be the topic of the next chapter.

- 1 Epidermis
- 2 Corpuscle of touch (Meissner's)
- 3 Dermis
- 4 Dermal papilla
- 5 Neuron
- 6 Lamellated corpuscle
- 7 Taste bud
- 8 Taste pore
- 9 Gustatory hair
- 10 Gustatory receptor cell
- 11 Supporting cell
- 12 Basal cell





Photomicrograph of lamellated corpuscle 100x

Photomicrograph of corpuscle of touch 200x





Photomicrographs of taste bud 200x (left), 700x (right)

14 Central Nervous System

While the neuronal circuitry of the central nervous system is awe inspiring to say the least, the basic concepts behind this complex integration and control center have a simple design. At its simplest, the fundamental design of the central nervous system involves two features: gray matter and white matter. The gray matter centers represent the synaptic integration and control circuits; that is, these centers contain numerous highly dendritic interneurons along with the cell bodies of efferent neurons and axon terminals of incoming afferent neurons, all forming a myriad of synaptic circuits. In these gray centers input is integrated, compared, sensed, and stored to give rise to coordinated, controlled output. The white matter, on the other hand, represents conduction tracts between the synaptic gray centers. These white tracts consist mainly of the myelinated axons of interneurons relaying signals from one gray center to another.

A second simple concept to keep in mind is that the complexity of the central nervous system increases from a caudal to cranial direction. There is logic to this pattern because in the spinal cord the gray centers primarily function as integration networks that regulate input and output for their specific spinal nerve levels. In other words, they are segmental control centers. Input entering a spinal nerve level initiates reflexive output back to the peripheral tissues at that same spinal level. Connecting these segmental gray centers via interneuronal tracts leads to greater association between neighboring levels, therefore improving integration and control. If one segmental gray center can relay information received from its center to neighboring centers, then there can be a greater spread of control generated in response to local segmental input. Now take this a step further by relaying information via white tracts from each of the segmental control centers to higher centers. These higher centers receive input from all the lower segmental centers, integrating the input to gain a full body perspective, while generating the necessary output signals to exert coordinated full body control. Because of this added circuitry the cranial or brain end of the central nervous system increases in size. This additive accumulation of interconnected gray centers accounts for the structure of the brain and its amazing functional properties.

Because much of the central nervous system circuitry is of a more microscopic nature and beyond the scope of this book. In this chapter we attempt to depict the basic gross anatomy of the central nervous system and its protective coverings.



Find more information about the central nervous system in REALANATOMY

Spinal Cord Extending from the brainstem is a long slender rod of nerve tissue, the spinal cord. The cord exits the foramen magnum of the skull and descends within the vertebral canal of the boney vertebral column. It is about 45 cm long (18 inches) and ends between the first

and second lumbar vertebrae. Although there are some slight regional variations, the cross-sectional anatomy of the spinal cord is generally the same throughout its length. The gray matter of the spinal cord forms a butterfly-shaped region in the center of the cord that is surrounded by the white matter. As is the theme throughout the central nervous system, gray matter consists primarily of neuronal cell bodies and their dendrites, short interneurons, and glial cells. The white matter is organized into tracts, which are bundles of myelinated nerve fibers (axons of long interneurons and sensory neurons) that communicate between the gray circuit centers at all levels of the spinal cord and brain.

Each side of the H-shaped gray matter of the spinal cord has a dorsal horn and a ventral horn sandwiching an intermediate gray region. Entering the dorsal horns from the dorsal rootlets are the axons of the afferent neurons, which synapse with small interneuron pools to form segmental integration centers for that level of the body. The dorsal horn and intermediate gray matter contain numerous small interneurons. The intermediate gray also contains, at certain levels, the preganglionic efferent neurons of the autonomic output. The ventral horns are primarily populated by the efferent neurons to the skeletal muscles of their respective spinal levels. The white matter tracts are grouped into columns of myelinated axons that extend the length of the cord. Each of these tracts begins or ends within a particular area of the cord and brain. and each is specific in the type of information that it transmits. Some are ascending tracts that carry signals derived from sensory input. For example, one tract carries information derived from pain and temperature receptors, whereas another carries information regarding touch. Other tracts are descending tracts that relay messages from the brain to motor neurons in the ventral horn.

Both the white and gray matter exhibit regional differences throughout the length of the spinal cord. There is relatively more white matter at the cranial end of the spinal cord than at the caudal end. Notice that the gray matter, especially the ventral horn, is the largest at lower cervical levels and at lower lumbar-upper sacral levels. These levels correspond to upper and lower limb anatomy respectively, where large amounts of muscle tissue require motor innervtion from the ventral horn motor neuron pools.

- 1 Dorsal horn of gray matter
- 2 Lateral horn of gray matter
- 3 Ventral horn of gray matter
- 4 Posterior funiculus of white matter
- 5 Lateral funiculus of white matter
- 6 Anterior funiculus of white matter
- 7 Central canal
- 8 Dorsolateral fasciculus
- 9 Dorsal root of spinal nerve
- 10 Dorsal root ganglion
- 11 Ventral root of spinal nerve
- 12 Spinal cord
- 13 Conus medullaris
- 14 Cauda equina
- 15 Dorsal rami of spinal nerve
- 16 Cerebrum
- 17 Cerebellum
- 18 First lumbar vertebra



Photomicrograph of spinal cord 50x



Dissection of vertebral column and skull revealing brain and spinal cord Posterior view, with call-out of terminal end of cord



Brain The brain is the large, anterior-expansion of the neural tube situated within the cranium. Rapid development of the rostral e nd of the neural tube forms three expanded regions — the prosencephalon, mesencephalon, and rhombencephalon. The prosencephalon undergoes further development to form the telencephalon

and diencephalon, and the rhombencephalon continues to develop to form a metencephalon and myelencephalon. These five embryonic regions give rise to the brain. The telencephalon becomes the cerebrum, the diencephalon becomes the thalamic regions, the mesencephalon becomes the midbrain, the metencephalon becomes the cerebellum and pons, and the myelencephalon becomes the medulla oblongata. A variety of views of the full brain are depicted on this and the facing page.

- 1 Spinal cord
- 2 Medulla oblongata
- 3 Pons 4 Cerebellum

6 Diencephalon

Frontal lobe of cerebrum

8 Parietal lobe of cerebrum

5 Midbrain

- 9 Occipital lobe of cerebrum 10 Temporal lobe of cerebrum
- 11 Longitudinal fissure
- 12 Transverse fissure
- 13 Lateral cerebral sulcus
- 14 Anterior median fissure
- 15 Gyrus
- 16 Sulcus

- 17 Central sulcus
- 18 Precentral gyrus
- 19 Postcentral gyrus
- 20 Precentral sulcus
- 21 Postcentral sulcus
- 22 Inferior frontal gyrus
- 23 Superior temporal gyrus



Brain Lateral view



Brain Anterior view



Brain Posterior view





Brain Superior view

Brain Regions As the spinal cord ascends through the foramen magnum to enter the skull, the cranial central nervous system gradually expands in size to form the large central processing circuitry we call the brain. The increasing size of the brain results from

the addition of more and more gray processing centers to the basic cord-like brain stem. The caudal part of the brain, called the brain stem, consists of the medulla oblongata, pons, and midbrain. Though all of these structural regions exhibit their own specializations, they have certain fiber tracts in common and all have nuclei for the cranial nerves. Added to the brain stem are the more rostral portions of the brain — the cerebellum, diencephalon, and cerebral hemispheres. These large processing centers greatly increase the size of the brain. The images on the facing page show the principal parts of the brain.

- 1 Spinal cord
- 2 Medulla oblongata
- 3 Pons
- 4 Cerebellum
- 5 Fourth ventricle
- 6 Midbrain
- 7 Inferior colliculus
- 8 Superior colliculus
- 9 Thalamus of diencephalon
- 10 Hypothalamus of diencephalon 17 Occipital lobe of cerebrum
- 11 Interthalamic adhesion
- 12 Pineal gland
- 13 Mammillary body
- 14 Optic tract

- 15 Frontal lobe of cerebrum
- 16 Parietal lobe of cerebrum
- 18 Temporal lobe of cerebrum
- 19 Corpus callosum
- 20 Lateral ventricle
- 21 Fornix









Midbrain





Diencephalon – epithalamus, thalamus, hypothalamus

Cerebrum



Cerebrum The cerebrum, by far the largest part of the human brain, consists of the cerebral hemispheres and the basal nuclei. The large obvious cerebrum is divided into two halves, the right and left and the basal nuclei. The large, obvious cerebrum is divided into two halves, the right and left cerebral hemispheres. Each cerebral hemisphere has an outer layer of gray matter, the cere-

bral cortex, covering deeper networks of interconnecting white tracts that connect different areas of the cortex with one another and with lower brain centers. The amount of cortex is greatly increased by a complex folding of the cerebral surface. The folds produce hills, gyri (singular gyrus), and depressions, sulci (singular sulcus). This cortical surface forms the highest level of processing circuitry in the brain. The two hemispheres are connected to each other by the corpus callosum, a thick band consisting of an estimated 300 million neuronal axons traversing between the two hemispheres. Located deep within the cerebrum is another region of gray matter, the basal nuclei, which form key integration centers between the cortex and lower brain centers.

- 1 Central sulcus
- 2 Precentral gyrus
- 3 Postcentral gyrus
- 4 Precentral sulcus
- 5 Postcentral sulcus
- 6 Parieto-occipital sulcus
- 7 Transverse occipital sulcus
- 8 Calcarine sulcus
- 9 Superior temporal gyrus
- 10 Middle temporal gyrus
- 11 Inferior temporal gyrus
- 12 Inferior frontal gyrus
- 13 Middle frontal gyrus
- 14 Superior frontal gyrus
- 15 Short gyri
- 16 Long gyrus
- 17 Limen
- 18 Pons
- 19 Cerebellum
- 20 Medulla oblongata
- 21 Spinal cord





Insular lobe



Immediately above the medulla oblongata the central nervous system expands dorsally to form the cerebellum, which means little brain. The cerebellum, like the cerebrum, has a highly folded surface that greatly increases the surface area of its outer gray matter

cortex. It is estimated that the cerebellum has in the neighborhood of 10 billion neurons, which have a variety of functional roles. The cerebellum processes input received from the cerebral cortex, various brain stem nuclei, and peripheral sensory receptors to smooth and coordinate complex, skilled movements. It plays an important role in posture and balance and functions in cognition and language processing.

10 Primary fissure

13 Central lobule

11 Flocculus

12 Lingula

17 Tuber

- 1 Folia of cerebellum
- 2 Anterior lobe of cerebellum 3
 - Posterior lobe of cerebellum
- 4 Superior vermis
- 5 Inferior vermis
- 6 Postlunate fissure 7 Posterior cerebellar notch
- 14 Culmen 15 Declive
- 16 Folium
- 8 Tonsil
- 9 Quadrangular lobe of anterior

- - 21 Midbrain
 - 22 Superior medullary velum
 - 23 Fourth ventricle
 - 24 Median aperture 25 Cerebral aqueduct
 - 26 Pons

19 Uvula

20 Nodulus

27 Medulla oblongata







Diencephalon and Brainstem The diencephalon, rostral to the midbrain and almost completely surrounded by the

and almost completely surrounded by the cerebral hemispheres, consists of four

major parts — the thalamus, subthalamus, epithalamus, and hypothalamus. Projecting from the hypothalamus is the hypophysis, or pituitary gland. The brainstem consists of the medulla oblongata, pons, and midbrain. The medulla resembles the spinal cord in many ways. Like the cord it gives rise to many nerve roots; however, these are the roots of cranial nerves rather than spinal nerves. The pons is the bridge between the two cerebellar hemispheres. The ventral portion of the pons forms a large synaptic relay station consisting of scattered gray centers called the pontine nuclei. The dorsal portion of the pons is more like the other regions of the brainstem, the medulla and midbrain. The midbrain sits just above the pons and is obscured by the large, overlapping cerebral hemispheres. It contains nuclei for cranial nerves III and IV, as well as ascending and descending fiber tracts from the cerebrum.

- 1 Infundibulum
- 2 Anterior perforated substance
- Tuber cinereum
- 4 Mammillary body
- 5 Posterior perforated substance
- 6 Pulvinar of thalamus
- 7 Pineal gland
- 8 Superior colliculus
- 9 Inferior colliculus
- 10 Medial geniculate ganglion
- 11 Pons
- 12 Superior cerebellar peduncle
- 13 Middle cerebellar peduncle
- 14 Inferior cerebellar peduncle

- 15 Medial eminence
- 16 Facial colliculus
- 17 Locus ceruleus
- 18 Trigeminal tubercle
- 19 Hypoglossal tubercle
- 20 Vestibular area
- 21 Sulcus limitans
- 22 Lateral recess
- 23 Obex
- 24 Olive
- 25 Pyramid
- Third ventricle 26
- 27 Fourth ventricle
- 28 Cerebral crus

29 Superior medullary vellum

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- 30 Flocculus of cerebellum 31 Caudate nucleus
- 32 Optic tract
- 33 Optic chiasm
- 34 Optic nerve
- 35 Oculomotor nerve
- 36 Trochlear nerve

- 37 Abducens nerve
- 38 Trigeminal nerve
- 39 Facial nerve
- 40 Vestibulocochlear nerve
- 41 Glossopharyngeal nerve

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- 42 Vagus nerve
- 43 Accessory nerve
- 44 Hypoglossal nerve



Brainstem Ventral view

Brainstem Posterior view

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Brain Sections The brain sections on this and the following page depict aspects of brain anatomy that are not evident on the external views of the brain, and the association of the brain with surrounding structures of the head. Each section is approximately 2

centimeters thick and is an anterior view of three sections in succession. The first section begins at the anterior aspect of the ear and the last section is just posterior to the ear.

- 1 Frontal lobe
- 2 Parietal lobe
- 3 Temporal lobe
- Insular lobe 4
- 5 Lateral ventricle
- 6 Third ventricle
- 7 Cerebral aqueduct
- 8 Fourth ventricle
- 9 Septum pellucidum
- 10 Falx cerebri
- 11 Tentorium cerebelli
- 12 Anterior lobe of cerebellum
- 13 Posterior lobe of cerebellum

- 14 Flocculus 15 Superior vermis
- 16 Superior cerebellar peduncle
- 17 Cerebral peduncle
- 18 Pituitary gland
- 19 Pons
- 20 Olive
- 21 Corpus callosum 22 Caudate nucleus
- 23 Internal capsule
- 24 Putamen
- 25 External capsule
- 26 Body of fornix

- 27 Globus pallidus
- 28 Medial thalamic nucleus
- 29 Lateral thalamic nucleus
- 30 Dentate gyrus
- 31 Circular gyrus
- 32 Optic chiasm
- 33 Facial nerve
- 34 Vestibulocochlear nerve 35 Vertebral artery
- 36 Middle cerebral artery
- 37 Internal carotid artery
- 38 Anterior cerebral artery
- 39 Superior sagittal sinus

- 40 Sigmoid sinus
- 41 Internal jugular vein
- 42 Tympanic cavity
- 43 Cochlea
- 44 Sphenoid sinus
- 45 Mastoid air cells
- 46 Mandibular condyle
- 47 Occipital condyle
- 48 Atlas
- 49 Axis
- 50 Lateral pterygoid muscle
- 51 Medial pterygoid muscle
- 52 Sternocleidomastoid muscle



Frontal section of head at anterior aspect of auricle Anterior view

Frontal section of head through middle of auricle Anterior view

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Frontal section of head just postrior to auricle Anterior view

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Ventricular System

Developmentally the entire central nervous system forms from the hollow neural tube. As development proceeds and the wall of the neural tube becomes increasingly thicker, the hollow lumen of the tube

undergoes changes in relative size and shape throughout different regions of the changing central nervous system. As a result of this developmental history, there remains a hollow interconnected center throughout the entire central nervous system. This hollow core forms the ventricular system. Beginning within the cerebral hemispheres are the large paired lateral ventricles. Each lateral ventricle has a C-shape like its corresponding hemisphere. The lateral ventricles communicate via the interventricular foramina with a midline cavity, the third ventricle. The third ventricle sits within the core of the diencephalon where the right and left thalamus form its lateral walls. From the third ventricle a narrow channel, the aqueduct of the midbrain or cerebral aqueduct, passes through the core of the midbrain. This narrow channel expands in the region of the pons and cerebellum to form the fourth ventricle. The fourth ventricle tapers through the medulla to enter the spinal cord as the central canal. Within the four ventricles of the brain convoluted aggregations of capillaries, called a choroid plexus, project into the cavity of the ventricle. These capillary projections are the principal site for the production of cerebrospinal fluid.



Sagittal section of braining revealing the ventricular system Medial view, arrows show path of cerebrospinal fluid

- 1 Lateral ventricle
- 2 Interventricular foramen
- 3 Third ventricle
- 4 Cerebral aqueduct
- 5 Fourth ventricle
- 6 Median aperture
- 7 Choroid plexus
- 8 Corpus callosum
- 9 Caudate nucleus
- 10 Septum pellucidum
- 11 Fornix
- Frontal lobe
 Parietal lobe
- 14 Occipital lobe
- 15 Temporal lobe 16 Cingulate gyrus
- Hypothalamus
 Thalamus
- 19 Pineal gland
- 20 Midbrain 21 Superior colliculus
- 22 Inferior colliculus
- 23 Pons
- 24 Medulla oblongata
- 25 Cerebellum
- 26 Falx cerebri
- 27 Internal carotid artery
- 28 Middle cerebellar peduncle29 Trochlear nerve
- 30 Vestibulocochlear nerve
- 31 Vagus nerve
- 32 Accessory nerve



Floor of lateral ventricles Superior view





Fourth ventricle Posterolateral view



Meninges Within the cranium and vertebral column, the meninges form a protective encasement for the transfer and animal sound. There are three meninges form a protective encasement for the tissue of the brain and spinal cord. There are three meningeal membranes, the tough outer connective tissue pachymenix, the dura mater, and the epithelial inner leptomeninges, the

arachnoid mater and pia mater. Between the leptomeningeal layers there is a fluid compartment called the subarachnoid space. Cerebrospinal fluid, secreted from the choroid plexuses of the ventricles, exits the ventricles to fill this compartment. The cerebrospinal fluid forms a hydraulic shock absorber and suspension system for the brain and spinal cord. In addition to protecting the central nervous system, the meninges support many of the blood vessels that are associated with the brain. Within the cranium the subdivisions of the dura mater split to form large venous channels, the dural venous sinuses, which drain all the tissues of the cranial vault, and these splits also form strong, fibrous septa that separate different parts of the brain.



Dissection of cranial and spinal dura mater Posterior view
- Cranial dura mater
 Spinal dura mater
- 3 Dural venous sinus
- 4 Cranial leptomeninges arachnoid is superficial to and covering pia mater
- 5 Spinal leptomeninges arachnoid is superficial to and covering pla mater
 6 Middle meningeal artery and branches in dura mater
 7 Superficial middle cerebral vein and tributaries in subarachnoid space



Dural sac (above), Leptomeninges (below) Lateral views

Meninges

- Falx cerebri
 Tentorium cerebelli (cut)
- 3 Superior sagittal sinus
- 4 Straight sinus
- 5 Transverse sinus
- 6 Lateral ventricle
 7 Septum pellucidum
 8 Third ventricle
- Fourth ventricle
- 10 Cerebrum
- 11 Cerebellum
- Corpus callosum
 Choroid plexus
 Optic chiasm
 Trigeminal nerve



Head frontal section revealing dural septa Anterior view

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3

Dissection of cranium Superoposterior view

> **Dissection of cranium** Superoposterior view

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15 Endocrine System

Like the nervous system, the endocrine system is a control system within the body. The nervous system administers its control over the body tissues via long wirelike cells that originate form complex circuits in the central nervous system. This circuitry receives sensory input, processes this input, and generates regulatory output. Endocrine control works in a much different fashion. The endocrine system consists of a number of different glands that function like radio transmitting stations. Just as different radio stations send radio signals of different wavelengths into the air, endocrine glands distribute different types of small molecules called hormones throughout the body via the circulatory system. These small molecules travel through the blood stream and are detected by effector organs in different parts of the body, much like radio waves are detected by radios in different parts of a city. Effector organs have receptor sites that are specific to specific hormones. This results in a "lock and key" function at the effector cell. When the hormone binds to the receptor site, it initiates a regulatory effect on the cell.

Because the hormones are distributed by the circulatory system, the speed of endocrine regulation is slower than that of nervous regulation, many minutes compared to milliseconds. Also, because of the distribution of the hormones via the circulatory system, endocrine effects can be experienced anywhere there are cells with the appropriate receptor site. In comparison to the nervous system, endocrine distribution is potentially very widespread. Because the hormone can lock into the receptor site and not be degraded instantly, the duration can be longer lasting than that initiated by a single nervous impulse.



Find more information about the endocrine system in REALANATOMY

Hypothalamus The hypothalamus occupies the area of the brain

between the third ventricle and the subthalamus. It is a major intersection between the thalamus, cerebral

cortex, and ascending fiber systems from the spinal cord and brainstem. It is the control center of the autonomic nervous system and regulates the function of numerous endocrine glands. The posterior pituitary gland, or neurohypophysis, is an outgrowth of the hypothalamus. Many factors influence the hypothalamus and dictate its controlling influence over tissues in the body. These factors include the nervous input that enters it, temperature, osmotic pressure, and levels of hormones in the circulating blood that pass through its capillaries.



- 1 Hypothalamus
- 2 Pineal gland
- 3 Frontal lobe of cerebrum
- 4 Parietal lobe of cerebrum
- 5 Occipital lobe of cerebrum
- 6 Temporal lobe of cerebrum
- 7 Corpus callosum
- 8 Thalamus

- 9 Midbrain
- 10 Pons
- 11 Cerebellum
- 12 Medulla oblongata
- 13 Lateral ventricle 14 Fourth ventricle
- 15 Mammilary body
- 16 Spinal cord



Pituitary Gland The pituitary gland, or hypophysis, "hangs" from the base

of the brain via a connecting stalk, the infundibulum, which connects it to the hypothalamus. The infundibulum

contains numerous nerve fibers that relay from the hypothalamus to the posterior portion of the pituitary gland. In addition to this nervous pathway between the hypothalamus and the pituitary, numerous small blood vessels pass between the two organs. The pituitary gland has two anatomically and functionally distinct lobes, the neurohypophysis (posterior lobe) and the adenohypophysis (anterior lobe). The posterior lobe arises as an outgrowth of the embryonic brain. It is composed of nervous tissue and forms a neural link with the hypothalamus through the infundibulum. The anterior lobe arises from the epithelial lining of the embryonic pharynx. It consists of glandular epithelial tissue and forms a vascular link with the hypothalamus via the small blood vessels that pass between the two regions.





Pineal Gland The pineal gland, a small reddish-gray body covered with pia mater, is a midline epithelial outgrowth of the embryonic midbrain positioned in a depression between the two superior

colliculi on the midbrain's dorsal surface. The distal end of this outgrowth becomes a small mass of secretory cells that resemble the shape of a pine cone. It is from this appearance that it derives its name. The pia mater sends septa into the pineal gland that divide it into cords of secretory cells that are intermingled with numerous blood capillaries. The secretory cells of the pineal gland, called pinealocytes, have arm-like processes that contact both neighboring capillaries and the ependymal cells that line the third ventricle. Hormonal secretions produced in the body of the cell are moved through the arm-like processes where they are released by exocytosis into the capillaries and cerebrospinal fluid. Projecting into these cords of tissue are sympathetic postganglionic neurons from the superior cervical sympathetic ganglion. The gland plays a role in integrating photoperiod and affecting circadian rhythms.



- 1 Pineal gland
- 2 Adenohypophysis
- 3 Neurohypophysis
- 4 Thalamus
- 5 Superior colliculi
- 6 Inferior colliculi
- 7 Medial geniculate nucleus
- 8 Cerebral peduncle
- 9 Medulla oblongata
- 10 Falx cerebri
- 11 Corpus callosum
- 12 Pons
- 13 Cerebellum
- 14 Sphenoid sinus
- 15 Occipital bone
- 16 Atlas
- 17 Axis
- 18 Soft palate
- 19 Nasopharynx
- 20 Tongue
- 21 Middle cerebellar peduncle
- 22 Fourth ventricle



Sagittal section of brainstem and diencephalon in situ Medial view

Dissection of brainstem and diencephalon Posterior view



The thymus is one of the primary lymphoid organs, but it also has an endocrine component. The thymus provides the specialized environment for the precursor T cells to develop, differentiate, and undergo

clonal expansion. This bilobed organ sits just posterior to the superior sternum along the midline. It spans from the top of the sternum, sometimes even projecting into the inferior cervical region, to the level of the fourth costal cartilages and sits anterior to the top of the heart and its great vessels. It has an outer fibrous capsule that sends fibrous septa, connective tissue walls, into the organ forming small lobular subregions. The thymus was once thought to diminish in size with age, but in actuality it does not. Because of its high content of lymphoid tissue and a rich blood supply, it has a reddish appearance in a living body. With age, however, fatty infiltrations replace the lymphoid tissue and it takes on more of the yellowish color of the invading fat. This gives it the false appearance of a reduction in size. The thymus produces hormones that promote the maturation of T cells and may help retard the aging process.





Photomicrograph of thymus 50x

Photomicrograph of thymus 400x

Thyroid Gland The thyroid gland is a bilobed organ positioned in the anterior

neck. This highly vascular organ consists of two lateral lobes of endocrine tissue joined in the middle by a narrow portion of the

gland called the isthmus. It is red-brown in color and is enveloped by a thin layer of connective tissue. This connective tissue capsule sends extensions into the gland that divide the vascular and epithelial core into masses of irregular shape and size. The epithelial cells within the compartments of the thyroid gland form the secretory tissues of the organ. The major thyroid secretory cells are arranged into hollow spheres, each of which forms a functional unit called a follicle. In a microscopic section the follicles appear as rings of follicular cells enclosing an inner lumen filled with colloid, a substance that serves as an extracellular storage site for thyroid hormones. Interspersed in the interstitial spaces between the follicles are other secretory cells, the C cells, so called because they secrete the peptide hormone calcitonin.



- 1 Right lobe of thyroid gland
- 2 Left lobe of thyroid gland
- 3 Isthmus of thyroid gland
- 4 Thyroid follicle
- 5 Follicular cell
- Thyroglobulin (TGB) 6
- 7 Parafollicular (C) cell
- 8 Trachea
- 9 Fibromuscular membrane of trachea
- 10 Esophagus
- 11 Thyroid cartilage
- 12 Cricoid cartilage
- 13 Cricothyroid muscle
- 14 Brachiocephalic artery
- 15 Common carotid artery
- 16 Subclavian artery
- 17 Aortic arch
- 18 Vagus nerve
- 19 Thyrohyoid muscle

Transverse section of thyroid gland Inferior view



Photomicrograph of thyroid gland 240x



Thyroid gland in situ Anterior view

Parathyroid Glands The parathyroid glands are small, oval, light brown glands situated on the parathyroid glands are small, oval, light brown glands situated

on the posterior border of the two lateral lobes of the thyroid gland. The parathyroid glands sit just beneath the connective tissue capsule

of the thyroid gland. There are four parathyroid glands, two superior and two inferior. The endocrine cells of the parathyroid glands are called chief or principal cells. The chief cells form interconnecting columns of cells separated by fenestrated capillaries. The chief cells produce the parathyroid hormone.

1 Superior parathyroid gland

4 Right lobe of thyroid gland

5 Isthmus of thyroid gland

- 2 Inferior parathyroid gland 3 Left lobe of thyroid gland
- 8 Oxyphil cell 9 Capillary
 - 10 Arteriole
 - 11 Venule

7 Chief cell



Thyroid and parathyroid glands (exposed on left) Posterior view

Suprarenal Glands There are two yellowish suprarenal or adrenal

glands that sit on the superior end of the kidneys. Each gland is surrounded by a thin connective

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tissue envelope. These highly vascular organs are not symmetrical. The right suprarenal gland is slightly smaller and forms a flat tetrahedron or four-sided polygon. The left suprarenal gland, like the left kidney, is more superior than the right gland and has a semilunar shape that resembles a flattened stocking hat placed on the upper end of the kidney. Each suprarenal gland is actually composed of two endocrine organs, one surrounding the other. The inner portion of the gland, called the suprarenal medulla, forms approximately 20% of the organ. The medulla secretes catecholamines. The more massive outer part of the gland, called the suprarenal cortex, secretes a variety of steroid hormones. The two parts of the gland each have different embryonic origins. The suprarenal medulla forms from the embryonic mesoderm, and the suprarenal cortex forms from embryonic neural crest cells.



- 1 Right suprarenal gland
- 2 Left suprarenal gland
- 3 Zona glomerulosa of cortex
- 4 Zona fasciculata of cortex
- 5 Zona reticularis of cortex
- 6 Medulla
- Capsule
- 8 Kidney
- 9 Aorta
- 10 Inferior vena cava
- 11 Crura of diaphragm
- 12 Diaphragm
- 13 Psoas major muscle
- 14 Bladder
- 15 Celiac artery
- 16 Superior mesenteric artery
- Ureter 17
- 18 Common iliac artery
- 19 Renal vein and arterv
- 20 Autonomic nerve plexus



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Left suprarenal gland Anterior view

Photomicrograph of suprarenal gland 100x



Pancies The pancreas is a retroperitoneal organ that forms as an outgrowth of the ducdared liping. Situated posterior to the stomach it is pinkish in color and duodenal lining. Situated posterior to the stomach it is pinkish in color and about 15 cm long, running from the loop of the duodenum on the right to the

spleen on the left. It has four basic regions: a head, neck, body, and tail. The pancreas has two functional parts, the exocrine pancreas and the endocrine pancreas. The endocrine portion of the pancreas forms as small clusters of cells, the pancreatic islets, distributed among the exocrine acinar cells of the pancreas. They are far less numerous (approximately 5% of the pancreas) than the cells of the exocrine pancreas. There are four distinct cell types within the pancreatic islets: alpha or A cells, beta or B cells, delta or D cells, and F cells. The alpha (20%) and beta (70%) cells constitute the greater part of the pancreatic islets and produce the hormones glucagon and insulin, respectively. The other 10% of the islet cells are delta and F cells, which secrete somatostatin and pancreatic polypeptide, respectively.





Pancreas in situ Anteror view



Ovaries The ovaries are ovoid organs about the size of an unshelled almond

and occupy the boundary zone between the abdominal and pelvic cavities. They consist of a dull white fibrous tissue embedded with

oocytes, the "egg" cells of the female. Surrounding the oocytes are numerous follicular cells that undergo changes during the female menstrual cycle. The follicular cells are the endocrine cells of the ovary that produce the female steroidal hormones.





Sagittal section of female pelvis Medial view



Testes The testes are oval-shaped organs about 2 inches (5 cm) long and 1 inch (2.5 cm) wide that accurate the scrotal sac of a male. They are covered by a tough fibrous tunic and that occupy the scrotal sac of a male. They are covered by a tough fibrous tunic and

wrapped in a serous sac that separates them from the external tissues that surround

them. Internally, the testes consist of numerous small compartments created by connective tissue bands that project inward from the outer fibrous tunic. Each testicular compartment is occupied by a thin, highly coiled seminiferous tubule. This thin tube is the site of sperm production. Situated between the tubules are the interstitial cells (of Leydig). It is these large interstitial cells that secrete the steroidal hormones in the testis.



- 1 Testis
- 2 Interstitial (Leydig) cell
- 3 Basement membrane
- 4 Sertoli cell
- 5 Spermatogonium
- 6 Primary spermatocyte
- 7 Secondary spermatocyte
- 8 Spermatid
- 9 Seminiferous tubule
- 10 Tunica albuginea
- 11 Epididymis
- 12 Spermatic cord



Sagittal section of left testis Medial view



Photomicrograph of testis 40x

Other Endocrine Structures In addition to the endocrine organs discussed on the preceding pages, there are other endo-

on the preceding pages, there are other endocrine tissues in the body. These include tis-

sues in the wall of the gastrointestinal tract that produce hormones such as gastrin and secretin, tissues in the kidney that produce renin and erythropoietin, tissues in the atrium of the heart that produce atrial natriuretic peptide, tissues of the placenta that produce human chorionic gonadotropin, estrogens, and progesterone, and adipose tissue that produces leptin. These hormones have a variety of functions, from stimulating the release of digestive enzymes, to raising blood pressure, to decreasing blood pressure, to regulating reproductive cycles, and suppressing appetite.



Other organs with endocrine tissues Stomach (upper left), kidney (upper right), heart (lower right), placenta (lower left), and adipose tissue (center)

16 Cardiovascular System

If you have ever planted a garden of significant size, you have probably experienced the importance of an irrigation system. At its simplest, an irrigation system is a network of channels or furrows that deliver needed water from one main source to the roots of all the garden's plants. Like an irrigation system, the body's blood vessels form an extensive network of "irrigation channels" to deliver needed fluid — in this case the homeostatically maintained blood — to all the body's cells. In fact, this delivery system is probably the most phenomenal irrigation network imaginable. Emanating from a muscular pump, the heart, these vessels form an extensive system of tubular roadways that carry nourishing blood away from the heart and toward the tissues. They then make a "U-turn" through small permeable, exchange vessels, the capillaries, which feed all the body's cells. Here, life-supporting molecules, such as water, oxygen, glucose, and amino acids are delivered to the cells, and the by-products of cellular metabolism are picked up from the surrounding tissue fluid. The blood then flows back to the heart through a series of return vessels, the veins, that parallel the delivery vessels. This circular pattern of flow to and from the heart constitutes the vascular (blood vessel) component of the cardiovascular (circulatory) system. This irrigation network is so impressive, that if all the blood vessels of the body were placed end-to-end they would extend 25,000 miles (96,500 km), which is approximately two times the equatorial circumference of the earth.

The irrigation network of blood vessels are of no value without a pump. The heart is the dual, self-regulating pump that generates the pressure to drive the blood through this impressive irrigation network. It pumps the blood through two cycles — a pulmonary cycle to pick up oxygen from the lungs and a systemic cycle to deliver the oxygen to all the cells of the body. Soon after conception, and up until death, the heart pumps blood. It averages approximately 70 beats per minute, or about 3 billion contractions in an average lifetime.

The final aspect of the cardiovascular system is the accessory drainage network — the lymphatics. These small vein-like vessels insure that the cardiac return equals the cardiac output. This chapter will depict the anatomy of this amazing muscular pump and the vascular and lymphatic roadways that distribute the blood throughout the body.



Find more information about the cardiovascular system in REALANATOMY



In the histology chapter we learned that the fluid material we call blood has been historically classified as a connective tissue. This classification was a result of the fact that, like other connective tissues, blood has more extracellular matrix than cells. More recently, however, blood has been placed in a tissue cat-

egory of its own — the hematolymphoid complex. The extracellular portion of the blood is a water solution that gives rise to its liquid nature. Blood is closely related to other aqueous fluids within the body, in fact most of the other body fluids, such as interstitial fluid, lymph, cerebrospinal fluid, and aqueous humor, arise from the blood. These extracellular fluids are the water environment that nourish, protect, and exchange with every cell of the body. This water environment is derived from the blood, renewed by the blood, and returned to the blood. Dispersed in the blood plasma are the three groups of blood cells — erythrocytes (red blood cells), leukocytes (white blood cells), and thrombocytes (platelets). The blood smear below depicts the three cell categories.

- 1 Erythrocyte (red blood cell)
- 2 Leukocyte neutrophil (white blood cell)
- 3 Leukocyte monocyte (white blood cell)
- 4 Thrombocyte (platelet)
- 5 Blood plasma



Blood smear 700x



Heart From its origin in the embryo as a simple pumping tube, the heart develops into a strong fibromuscular organ. During its development the original tubular pump is folded and subdivided into a four chambered organ that has a pyramidal or conical form. It is approximately the size of a closed fist and weighs

approximately 300 grams in males and a little less than this in females. For its small size, comprising only one half of one percent of the total body mass, it is an important and functionally amazing organ. The wall of the heart consists of three structural layers that each play significant roles in its function as an efficient pump. While the tissue makeup of this wall is similar at any location in the heart, the thickness can vary considerably. Internally a septum and series of valves divide the heart into four chambers through which the blood moves in a unidirectional flow. The chambers differ in structure and function, which is primarily reflected in the anatomy of their walls. Embedded within the walls of heart is a special electrical conduction system that helps regulate its coordinated pumping action.

- 1 Right atrium
- 2 Left atrium
- 3 Right ventricle
- Left ventricle
- **Right auricle**
- Left auricle 6
- 7 Aorta
- 8 Brachiocephalic artery
- 9 Left common carotid artery
- 10 Left subclavian artery
- 11 Pulmonary trunk
- Right pulmonary artery 12
- 13 Left pulmonary artery
- 14 Ligamentum arteriosum
- 15 Superior vena cava
- Inferior vena cava 16
- 17 Coronary sinus

- 18 Right coronary artery
- 19 Conus arteriosus branch
- 20 Marginal branch
- 21 Anterior interventricular artery
- 22 Lateral branches
- 23 Circumflex branch
- 24 Posterior interventricular artery
- 25 Anterior cardiac vein
- 26 Great cardiac vein
- 27 Posterior vein of left ventricle
- 28 Middle cardiac vein
- 29 Small cardiac vein
- 30 Right superior pulmonary vein
- 31 Right inferior pulmonary vein
- 32 Left superior pulmonary vein
- 33 Left inferior pulmonary vein





Heart Anterior view

Heart Posterior view

Heart

- 1 Parietal pericardium
- , Fibrous pericardium 2
- 3 Visceral pericardium
- 4 Epicardium
- 5 Myocardium 6 Endocardium
- **Right atrium**
- 8 Right auricle
- 9 Interatrial septum
- 10 Fossa ovalis
- 11 Crista terminalis
- 12 Valve of inferior vena cava
- 13 Pectinate muscle
- 14 Tricuspid valve
- 15 Chordae tendineae
- 16 Trabeculae carnae
- 17 Papillary muscle
- 18 Right ventricle
- Pulmonary valve 19
- 20 Left atrium
- Left auricle
- Bicuspid valve 22
- 23 Left ventricle
- 24 Aortic valve
- 25 Apex
- 26 Aorta
- 27 Brachiocephalic artery
- 28 Left common carotid artery
- 29 Left subclavian artery
- 30 Pulmonary trunk
- 31 Left pulmonary artery
- 32 Ligamentum arteriosum
- 33 Anterior interventricular artery
- 34 Lateral branches of interventricular artery
- 35 Superior vena cava
- 36 Right coronary artery
- 37 Left coronary artery
- 38 Right pulmonary veins
- Left pulmonary veins 39
- 40 Diaphragm
- 41 Lung



Transverse section of heart comparing ventricle thickness Inferior view, left ventricle at right



Dissection of heart and pericardial sac Anterolateral view

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32 30 19

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Dissected heart showing interior of chambers Anterior view

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Dissection of heart revealing tricuspid valve Anterior view

Heart dissection with atria and arteries removed Superior view, anterior at top

Blood Vessels Like all tubes in the body, blood vessels have a basic pattern of design that involves three structural tunics, or layers. The inner layer of the vessel is the tunica intima. This consists of the luminal endothelium and a thin network of underlying elastic

connective tissue. The middle layer of the vessel is the tunica media, which consists of varying amounts of smooth muscle and elastic connective tissue. Variations in the tunica media define the different types of blood vessels. The outer layer, the tunica externa, is a dense connective tissue outer coat. The designations — elastic arteries, muscular arteries, arterioles, venules, and veins — are based on size differences and the differences in the vessels' tunica media. Elastic arteries have a thick elastic tunica media. Muscular arteries have a tunica media dominated by smooth muscle. Arterioles are tiny arteries with a muscular tunica media. All the venous vessels have a thin, almost non-existent tunica media. The smallest blood vessels, the capillaries, loose all the layers of their wall except the inner endothelium. These microscopic, thin walled tubes become the exchange vessels of the system.

- 1 Endothelium of tunica intima
- 2 Internal elastic membrane of tunica intima
- 3 Elastic lamellae of tunica media
- 4 Smooth muscle cells of tunica media
- 5 Connective tissue of tunica externa
- 6 Red blood cells
- White blood cells
- 8 Venous valves
- 9 Nerve
- 10 Striated skeletal muscle



Section of aorta — large elastic artery 100x



Muscular artery 100x



Arteriole 500x



Capillary 1000x



Longitudinal section of vein showing valves Anterior view



Transverse section of vein showing valves Superior view



Neurovascular bundle — note thin-walled vein filled with red blood cells (6) compared to thick-walled muscular arteries (4) 100x

Pulmonary Circuit The vascular system consists of two long circular loops of continuous

branched tubing that each begin and end with the heart. Leaving the right ventricle and returning to the left atrium is the smaller pulmonary

> 26 27

circulation. This circular loop courses through the lung tissues where its smallest vessels form an extensive interface with the small air sacs of the lungs. This important interface is the site of exchange of O₂ and CO₂ between the blood and air.

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- 1 Heart
- 2 Pulmonary trunk
- 3 Right pulmonary artery
- 4 Left pulmonary artery
- 5 Right superior pulmonary vein 20 Left principal bronchus
- 6 Right inferior pulmonary vein
- 7 Left superior pulmonary vein
- 8 Left inferior pulmonary vein
- 9 Aorta
- 10 Right coronary artery
- 11 Left coronary artery
- 12 Right common carotid artery
- 13 Right subclavian artery
- 14 Left common carotid artery
- 15 Left subclavian artery

- 16 Superior vena cava 17 Inferior vena cava
- 18 Trachea
- 19 Right principal bronchus
- 21 Esophagus
- 22 Thyroid gland
- 23 Vagus nerve
- 24 Pulmonary plexus
- 25 Posterior vagal trunk
- 26 Esophageal plexus
- 27 Anterior vagal trunk
- 28 Anterior scalene muscle
- 29 Cricothyroid muscle

Dissections of pulmonary trunk, arteries, and veins Anterosuperior view below, anterior view above

Systemic Circuit The left ventricle pumps blood into the much larger

systemic circulation, which is distributed throughout all the body's tissues. Unlike the smaller pulmonary

circuit, the extensive systemic circuit serves a multitude of functions before returning to the right atrium: (1) it distributes the necessary nutrients and other supplies to all the body cells while removing their metabolic wastes; (2) it acquires metabolic fuel through the lining of the digestive system to distribute throughout the body; (3) it expels wastes and excess water and adjusts the body's electrolyte composition through its association with the tubes of the kidney; (4) it distributes generated heat throughout the body and plays an important role in adjusting heat loss to the external environment as it courses through the skin; and (5) it distributes hormones, regulatory chemical-messenger molecules secreted by endocrine glands, to various sites of action throughout the body.

- 1 Aorta
- 2 Brachiocephalic artery
- 3 Right common carotid artery
- 4 Right subclavian artery
- 5 Right internal thoracic artery
- 6 Left common carotid artery
- Left subclavian artery
- 8 Left axillary artery
- 9 Left brachial artery
- 10 Left ulnar artery
- 11 Left radial artery
- 12 Left radial recurrent artery
- 13 Coeliac trunk
- 14 Common hepatic artery
- 15 Left gastric artery
- 16 Splenic artery
- Superior mesenteric artery 17
- 18 Right renal artery
- 19 Left renal artery
- 20 Inferior mesenteric artery

- 21 Common iliac arteries
- 22 Internal iliac arteries
- 23 External iliac artery
- 24 Femoral artery
- 25 Deep femoral artery
- 26 Popliteal artery
- 27 Azygos vein
- 28 Thyroid gland
- 29 Trachea
- 30 Ligamentum arteriosum
- 31 Vagus nerve
- 32 Phrenic nerve
- 33 Anterior scalene muscle
- 34 Brachialis muscle
- 35 Brachioradialis muscle
- 36 Innermost intercostal muscles 37 Quadratus lumborum muscle
- 38 Psoas major muscle
- 39 Clavicle
- 40 First rib



Dissection of aortic arch and its branches Anterior view

> Dissection of major arterial pathways Anterior view

Heart Vessels The coronary arteries are the first branches of the aorta. These important vessels provide the constantly needed blood supply to the heart. The left coronary artery is, on average, larger than the right coronary artery and supplies a greater percentage

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of the heart tissue. Accompanying the branches of the coronary arteries, a series of cardiac veins emerge from the capillaries of the heart to return blood to the right atrial chamber, either by entering directly or by joining the large coronary sinus, which enters the right atrium from the posterior side.

15 Pulmonary trunk 1 Coronary sinus 2 Right coronary artery 16 Superior vena cava 27 3 Conus arteriosus branch 17 Left atrium 4 Marginal branch 18 Right atrium 5 Anterior interventricular artery 19 Right ventricle 6 Lateral branches 20 Left ventricle 7 Circumflex branch of left coronary 21 Pulmonary veins 8 Posterior interventricular artery 22 Pulmonary artery 23 Inferior vena cava 9 Anterior cardiac vein 10 Great cardiac vein 24 Ligamentum arteriosum 16 11 Posterior vein of left ventricle 25 Brachiocephalic artery 24 12 Middle cardiac vein 26 Left common carotid artery 13 Oblique vein 27 Left subclavian artery 14 Aorta 15 14 10 18 24 22 19 21 21 18 Dissection of coronary arteries and cardiac veins Anterior view 23 11 11 20 12

Dissection of coronary arteries, coronary sinus, and cardiac veins Posterior view

Head Vessels Like the heart, which needs a constant, uninterrupted blood supply, the brain tissue also must be guaranteed of a continu-

ous perfusion in order to maintain its crucial functions. The

common carotid arteries, arising from the aortic arch, bifurcate into external and internal carotids. The external carotid supplies all tissues of the head except the brain, while the function of the internal carotid is to supply the brain. Because of the brain's critical vascular needs the internal carotid artery has a partner, the vertebral artery, which courses cranially from the subclavian artery to assist with the essential blood supply to the brain.

- 1 Internal carotid artery
- 2 Basilar artery
- 3 Vertebral artery
- 4 Posterior cerebral artery
- 5 Posterior communicating artery
- 6 Middle cerebral artery
- 7 Posterior inferior cerebellar artery
- 8 Posterior superior cerebellar artery
- 9 Common carotid artery
- 10 External carotid artery
- 11 Superior thyroid artery
- 12 Ascending pharyngeal artery
- 13 Lingual artery
- 14 Facial artery
- 15 Occipital artery
- 16 Posterior auricular artery
- 17 Superficial temporal artery
- Transverse facial artery 18
- 19 Maxillary artery
- 20 Optic chiasm
- 21 Thyroid gland
- Trigeminal nerve 22
- 23 Lateral pterygoid muscle
- 24 Temporal lobe of cerebrum
- 25 Zygomatic arch



Dissection of basilar artery Inferior view



Dissection of branches of external carotid artery Lateral view

Head Vessels

- 1 Internal carotid artery
- 2 Vertebral artery
- 3 Basilar artery
- 4 Middle cerebral artery
- 5 Anterior cerebral artery
- 6 Anterior communicating artery
- 7 Posterior communicating artery
- 8 Cerebral veins
- 9 Cerebellar veins
- 10 Superior sagittal sinus
- 11 Transverse sinus
- 12 Inferior sagittal sinus
- 13 Sigmoid sinus
- 14 Opening of straight sinus
- 15 Confluence of the sinuses
- 16 Dura mater
- 17 Pia-arachnoid mater
- 18 Spinal cord
- 19 Vertebral body
- 20 Cervical transverse process
- 21 Temporal lobe of cerebrum
- 22 Pituitary gland
- 23 External acoustic meatus
- 24 Pons
- 25 Frontal lobe of cerebrum
- 26 Vagus nerve
- 27 Cervical sympathetic trunk
- 28 Superior cervical ganglion



Unlike the internal and external carotid arteries, the internal and external jugular veins form a wide array of collateral circuitry. The major structural difference of the venous pathways in the head is the existence of dural venous sinuses within the skull. The dural venous sinuses are non-collapsible, endothelial lined spaces within the tough meningeal dura mater. All the smaller veins draining capillaries within the brain tissue enter into the dural venous sinuses. These dural sinuses converge with one another throughout the skull to exit the cranial vault via the internal jugular vein.



Dissections of dural venous sinuses and cerebral veins Posterior view (top), lateral view (bottom)

Superior Limb Vessels The arterial pathway into the upper limb consists of a single major arterial

limb consists of a single, major arterial roadway that gradually tapers as

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it gives rise to the various branches that supply the tissues of the limb. This large arterial roadway begins as the subclavian artery, takes on regional names - the axillary artery and brachial artery as it tapers distally, then branches into the radial and ulnar arteries, which course through the antebrachium, paralleling the bones of the same names. The radial and ulnar arteries terminate as the collateral arches in the hand. This central pathway through the limb is the sole blood supply to this region, supplying the integument, muscles, bones, joints, and connective tissues of the upper limb. The deep venous pathways follow the arteries and have similar names. However, superficial veins that have no arterial counterparts aid the deep veins in returning blood to the heart.

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- 1 Brachiocephalic artery
- 2 Common carotid artery
- 3 Vertebral artery
- 4 Subclavian artery5 Thyrocervical trunk
- 6 Inferior thyroid artery
- 7 Ascending cervical artery
- 8 Suprascapular artery
- 9 Dorsal scapular artery
- 10 Axillary artery

- 11 Superior thoracic artery
- 12 Thoracoacromial trunk
- 13 Pectoral artery
- 14 Acromial artery
- 15 Clavicular artery
- 16 Deltoid artery
- 17 Lateral thoracic artery
- 18 Subscapular artery19 Circumflex scapular artery
 - 20 Thoracodorsal artery
- 21 Posterior circumflex humeral artery22 Anterior circumflex humeral artery
- 22 Anterior circumitex numeral a 23 Brachial artery
- 24 Deep artery of arm
- 25 Internal thoracic artery
- 26 Internal thoracic vein
- 27 Anterior scalene muscle
- 28 Middle scalene muscle
- 29 Deltoid muscle
- 30 Pectoralis minor muscle

- 31 Pectoralis major muscle
- 32 Subscapularis muscle33 Teres major muscle
- 34 Latissimus dorsi muscle
- 35 Serratus anterior muscle
- 36 Phrenic nerve
- 37 Brachial plexus
- 38 Clavicle
- 39 First rib
- 40 Suprascapular nerve



Dissection of subclavian and axillary arteries Anterosuperior view

Superior Limb Vessels

- 1 Brachial artery
- 2 Ulnar artery
- 3 Radial artery
- 4 Anterior interosseous artery
- 5 Superficial palmar arch
- 6 Common digital artery7 Proper digital artery
- 8 Deep palmar arch9 Cephalic vein
- 10 Median cubital vein
- 11 Basilic vein
- 12 Median antebrachial vein
- 13 Accessory cephalic vein
- 14 Brachial vein
- 15 Interosseous membrane
- 16 Transverse carpal ligament
- 17 Supinator muscle
- 18 Pronator quadratus muscle
- 19 Flexor digitorum superficialis tendons
- 20 Flexor digitorum profundus tendons
- 21 Biceps brachii muscle

- 22 Triceps brachii muscle
- 23 Pectoralis major muscle
- 24 Deltoid muscle
- 25 Deltopectoral groove
- 26 Serratus anterior muscle
- 27 Brachioradialis muscle
- 28 Coracobrachialis muscle





Dissection of palmar arterial arch and branches to digits Anterior view

Dissection of antebrachial arteries Anterior view Within the upper limb there are two sets of veins: deep veins that accompany the arteries, and superficial veins that course through the hypodermis without arterial counterparts. The deep veins, running with the arteries of the upper limb, have the same names as their arterial counterparts. These veins are significantly smaller than the arteries they accompany and form vena comitans with anastomotic channels around the arteries. The superficial veins of the upper limb are large and numerous. There are three major superficial veins into which all the other superficial veins flow; they are the basilic vein, cephalic vein, and median cubital vein. The median cubital vein is a connecting vein between the cephalic vein and the basilic vein. The cephalic and basilic veins eventually pass deep to join the axillary vein at the proximal end of the limb. Most of the venous return from the upper limb passes through the superficial veins.



Dissection of superficial vein of upper limb Medial view of left upper limb

The branches of the aorta that supply the thoracic

region can be divided into two principal groups those that supply the thoracic body wall and those

that supply thoracic viscera. Two arterial supply routes carry blood into the thoracic body wall. Posteriorly the aorta courses vertically down the vertebral column, while anteriorly the internal thoracic arteries arise from the subclavian arteries and course vertically down the inside of the sternum. Between these anterior and posterior supply arteries are interconnecting collateral arteries. These collateral vessels are the anterior intercostal arteries and the posterior intercostal arteries, which supply the tissues of the intercostal spaces and form collateral circuits between the anterior and posterior arterial pathways. All thoracic viscera receive their blood supply from branches of the aorta. The thoracic viscera include the heart, lungs with their associated bronchial tubes, and the esophagus.

- 1 Aorta
- 2 Posterior intercostal artery
- 3 Posterior intercostal vein
- 4 Azygos vein
- 5 Hemi-azygos vein
- 6 Accessory hemi-azygos vein
- 7 Superior vena cava
- 8 Brachiocephalic vein
- 9 Subclavian vein
- 10 Internal jugular vein
- 11 Inferior vena cava
- 12 Right atrium (cut)
- 13 Left subclavian artery
- 14 Left common carotid artery
- 15 Right common carotid artery
- 16 Hepatic vein
- 17 Trachea
- 18 Diaphragm
- 19 Esophageal hiatus
- 20 Subcostal muscle
- 21 Innermost intercostal muscle
- 22 Esophagus
- 23 Sympathetic trunk nerve
- 24 Thoracic lymphatic duct



Dissection of vessels of posterior thoracic wall Anterior view

Like the arterial supply to the thoracic wall, the venous drainage returns via both anterior-wall and posterior-wall drainage veins. The veins of the anterior wall have the same names as their arterial counterparts, while the veins of the posterior wall differ in name and structure. Unlike the aorta, which is the posterior-wall supply artery, the superior vena cava and inferior vena cava diverge from the posterior thoracic wall to enter the thoracic cavity and return their contents to the heart. In the absence of vena cavae in the posterior thoracic wall, an azygos system of veins is formed to drain the body wall and the thoracic viscera. These azygos veins communicate with the superior vena cava to return their contents to the heart. With the exception of the azygos veins, the veins are similar to the arteries in name and distribution.



Dissection of vena cavae and tributaries Anterior view



Dissection of azygos veins Anterior view

Abdominal Vessels Like the thorax, the abdomen has somatic ar-

teries that supply the abdominal muscle wall

and visceral arteries that supply the viscera of the abdominal cavity. These vessels follow the same pattern observed in the thoracic region; that is, the abdominal body wall has both anterior (epigastric arteries) and posterior (aorta) supply pathways that form interconnecting collateral arteries, while the viscera receive branches from the aorta - celiac artery to the foregut, superior mesenteric artery to the midgut, inferior mesenteric artery to the hindgut, and renal arteries to the kidneys.



Deep dissection of abdomen showing renal vessels Anterior view







Dissection of abdomen showing celiac branches and supply of foregut viscera Anterior view, stomach reflected upward

- 1 Aorta
- 2 Celiac artery
- 3 Splenic artery
- 4 Common hepatic artery
- 5 Left gastric artery
- 6 Right gastric artery
- 7 Left gastro-omental artery
- 8 Right gastro-omental artery
- 9 Proper hepatic artery
- 10 Gastroduodenal artery
- 11 Superior pancreaticoduodenal artery
- 12 Superior mesenteric artery

- 13 Middle colic artery
- 14 Marginal artery
- 15 Right colic artery
- 16 Ileocolic artery
- 17 Jejunal arteries
- 18 Ileal arteries
- 19 Inferior mesenteric artery
- 20 Left colic artery
- 21 Sigmoid artery
- 22 Superior rectal artery
- 23 Renal artery
- 24 Segmental arteries

- 25 Common iliac artery
- 26 Inferior vena cava
- 27 Hepatic vein
- 28 Renal vein
- 29 Hepatic portal vein
- 30 Superior mesenteric vein31 Inferior mesenteric vein
- 32 Splenic vein
- 33 Suprarenal vein
- 34 Testicular vein
- 35 Kidney
- 36 Liver

- 37 Stomach
- 38 Transverse colon
- 39 Suprarenal gland
- 40 Pancreas
- 41 Spleen
- 42 Duodenum
- 43 Ascending colon
- 44 Descending colon
- 45 lleum
- 46 Diaphragm47 Ureter
- 48 Psoas major muscle



Dissection of abdomen showing arterial supply of midgut and hindgut viscera Anterior view

Abdominal Vessels The major difference between the arteries and veins of the abdomen

is the fact that all the visceral venous return from the capillaries of the digestive system and spleen pass via the hepatic portal system to the

capillaries of the liver before returning to the heart. Within the liver, both the hepatic artery and hepatic portal vein branch to form a complex network of specialized capillaries called the hepatic sinusoids. The hepatic sinusoids then drain into the hepatic veins to return the blood to the inferior vena cava.

- 1 Inferior vena cava
- 2 Hepatic portal vein
- 3 Superior mesenteric vein
- 4 Right colic vein
- 5 Inferior mesenteric vein
- 6 Renal vein
- Superior mesenteric artery
- 8 Inferior mesenteric artery
- 9 Middle colic artery
- 10 Marginal artery
- 11 Left colic artery
- 12 Common iliac artery
- 13 External iliac artery
- 14 Internal iliac artery
- 15 Superior gluteal artery 16 Inferior gluteal artery
- 17 Obturator artery
- 18 Internal pudendal artery
- 19 Lateral sacral artery
- 20 Superior vesical artery
- 21 Vaginal artery
- 22 Obliterated umbilical artery
- 23 Uterus
- 24 Bladder 25 Prostate
- 26 Rectum
- 27 Stomach
- 28 Kidney
- 29 Upper bands of sacral plexus
- 30 Sympathetic trunk
- 31 Inferior vesical artery 32 Middle rectal artery
- 33 Obturator nerve
- 34 Uterine artery



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Dissection of abdomen showing arteries and veins of the intestines Anterior view

Abdominal veins
Pelvic Vessels

The common iliac arteries, the terminal branches of the aorta, carry all of the blood supply to the lower limbs and pelvis. All pelvic viscera, along with the body wall anatomy

of the pelvis and perineal regions, receive their blood supply from the internal iliac artery. Numerous branches arise from the internal iliac artery to supply the pelvic wall, the perineum, and the gluteal region. Other branches course into the pelvic cavity to supply the viscera. The veins are similar in name and course with the corresponding arteries.

> Dissection of pelvic arteries of female Medial view, anterior at left

29 19

Inferior Limb Vessels As in the upper limb, the main arterial pathway into the lower limb consists of

pathway into the lower limb consists of a single, major arterial roadway that

gradually tapers as it gives rise to numerous branches on its pathway through the limb. This large arterial roadway begins as the external iliac artery in the pelvis, passes beneath the inguinal ligament to enter the thigh as the femoral artery, passes to the back of the knee to become the popliteal artery, and in the proximal aspect of the leg bifurcates into the anterior tibial and posterior tibial arteries, which course through the leg and into the foot.

- 1 Superior gluteal artery
- 2 Inferior gluteal artery
- 3 Internal pudendal artery
- 4 Femoral artery
- 5 Deep artery of thigh
- 6 Muscular branches of femoral
- 7 Femoral vein
- 8 Great saphenous vein
- 9 External iliac artery

- 10 Internal iliac artery
- 11 External iliac vein 12 Common iliac artery
- 13 Aorta
- 14 Gluteus maximus muscle 15 Sacrotuberous ligament
- 16 Piriformis muscle
- 17 Spermatic cord (cut)
- 18 Penis (cut)

- 19 Adductor longus muscle
- 20 Rectus femoris muscle 21 Vastus intermedius muscle
- 22 Gracilis muscle
- 23 Vastus lateralis muscle
- 24 Vastus medialis muscle
- 25 Fascia lata
- 26 Sartorius muscle
- 27 Iliacus muscle



Dissection of gluteal region showing gluteal arteries and nerves Posterior view



Dissection of vessels of inferior limb Anterior view

Inferior Limb Vessels



Dissection of popliteal and crural arteries Posterior view



- Anterior tibial artery 2
- 3 Posterior tibial artery
- Fibular artery 4
- 5 Superior lateral genicular artery
- Inferior lateral genicular artery 6
- 7 Inferior medial genicular artery Femoral vein
- 8 9 Great saphenous vein
- 10 Femoral artery
- 11 Superficial epigastric artery
- 12 Superficial epigastric vein
- 13 External pudendal vein
- 14 Superficial circumflex iliac vein
- Superficial circumflex iliac artery 15
- 16 Femoral nerve
- 17 Soleus muscle
- 18 Popliteus muscle
- 19 Subcutaneous layer
- 20 Fascia lata

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Posterior view

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- 21 Sartorius muscle
- 22 Adductor longus muscle
- 23 Biceps femoris muscle
- 24 Semitendinosus muscle
- 25 Scrotum



Dissection of proximal crus revealing arteries Posterior view

Similar to the veins of the upper limb, the venous pathways in the lower limb consist of both deep veins that accompany the arteries, and superficial veins that course through the hypodermis. In the foot and leg, the deep veins form vena comitans with their arterial counterparts; however, the more proximal popliteal and femoral veins are large single vessels accompanying their associated arteries. Two major superficial venous channels receive numerous tributaries from smaller superficial veins throughout the lower limb. These major superficial veins are the small saphenous vein and the great saphenous vein. Unlike the upper limb, the majority of venous blood flow through the lower limb passes via the deep veins. Anastomosing veins between the saphenous veins and the deep veins have one-way valves. The valves direct blood flow to the deep veins where contractions of surrounding skeletal muscles facilitate movement of the blood toward the heart.



Dissection of femoral vein and tributaries in femoral triangle Anterior view



Dissection of great saphenous vein Anteromedial view



Lymphatics Even under normal circumstances, slightly more fluid is filtered out of the capillaries into the interstitial fluid than is reabsorbed from the interstitial fluid back into the plasma. On average, the net filtration pressure starts at 11 mm Hg at the beginning of the capillary,

whereas the net reabsorption pressure only reaches 9 mm Hg by the vessel's end. Because of this pressure differential more fluid is filtered out of the first half of the capillary than is reabsorbed in its last half. If this extra filtered fluid were not drained away, the consequence of this unbalanced exchange would be accumulation of excess interstitial fluid, or edema. To circumvent this potentially disastrous problem, a system of accessory drainage vessels, the lymphatic vessels, evolved in vertebrate animals. This lymphatic system of vessels consists of an extensive network of one-way tubes that provide an accessory route through which fluid is returned from the interstitial fluid to the blood to keep the cardiac output and return equal.

- 1 Superficial inguinal lymph node
- 2 Afferent lymphatic vessels
- 3 Efferent lymphatic vessels
- 4 Great saphenous vein
- 5 Femoral vein
- 6 Femoral artery
- Spermatic cord
- 8 Penis
- 9 Sartorius muscle
- 10 Rectus femoris muscle
- 11 Femoral nerve



Dissection of lymphatic vessels and nodes in the thigh Anterior view

17 Respiratory System

I The respiratory system consists of a network of passageways that begin at the openings into the nose and mouth and terminate in about 600 million microscopic air spaces within the substance of the lungs. The passageways are typically divided into upper respiratory passageways and lower respiratory passageways. The upper respiratory tract consists of the nose, the nasal cavity and associatied sinuses, and the pharynx. While the mouth is typically included in the digestive system, it can also serve as a passageway for air entering the respiratory system. The lower respiratory tract consists of the larynx, trachea, and the bronchial and alveolar tubes that form a large, branching network of passageways within the lungs. This branching bronchial tree within each lung begins as a large, finger-sized tube called the main or principal bronchus and terminates in the lungs as the microscopic air sacs called alveoli.

Like other systems that form an environmental exchange surface with the cardiovascular system, the respiratory system forms an extensive surface area in contact with the capillaries. It is estimated that the surface area of the small dead-end air sacs in the lungs is about the size of a tennis court. This extensive interface is essential for the exchange of oxygen and carbon dioxide between the inhaled air and the blood. If body cells are deprived of oxygen, they cannot function and they die as a result. So the acquisition of oxygen through the respiratory passageways and its subsequent exchange with the capillary blood is an important function of the respiratory system.

In addition to gas exchange, the portion of the respiratory passageways referred to as the larynx is responsible for generating the sound waves that we manipulate into voice. Internal folds in the lining of the larynx, the vocal folds, vibrate as air passes upward from the lungs to produce the vibrations. For this reason the larynx is often referred to as the voice box.



Find more information about the respiratory system in REALANATOMY

Upper Respiratory Tract The upper respiratory tract consists of the ini-

tract consists of the initial series of passage-

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ways that carry the inspired air through the head. The various sections of the head seen on this and the facing page show the passageways of the upper respiratory tract, which include the nose and nasal vestibule, the nasal cavity, the paranasal sinuses, nasopharynx, oropharynx, laryngopharynx, and even the oral cavity. The nasal cavity functions in filtering, warming, and humidifying the inspired air, while also detecting chemical odorants.

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- 1 Nasal cavity
- 2 Superior nasal concha
- 3 Middle nasal concha
- 4 Inferior nasal concha

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- Torus tuberius
- 6 Frontal sinus
- Ethmoid air cell
- 8 Sphenoidal sinus
- 9 Hard palate 10 Oral cavity
- 11 Soft palate

- 12 Nasopharynx
- 13 Oropharynx
- 14 Laryngopharynx15 Epiglottis16 Tongue

- Frontal lobe
- 18 Parietal lobe
- 19 Occipital lobe
- 20 Corpus callosum 21 Lateral ventricle
- 22 Pons

- 23 Cerebellum
- 24 Fourth ventricle
- 25 Medulla oblongata
- 26 Nasal septum27 Maxillary sinus28 Temporalis
- 29 Masseter
- 30 Mandible
- 31 Orbit
- 32 Intervertebral disc
- 33 Vertebral body





Frontal section of head Anterior view

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Lower Respiratory Tract The lower respiratory tract arises as an outgrowth of

the tubular gut during embryonic development. This anterior outgrowth of the gut tube begins at the larynx (voice box), which is the upper expanded portion of the lower respiratory tract. It continues from the neck into the thorax as the trachea (windpipe), and forms a large branching network of tubes that enter the lungs, the bronchial tree. The pages that follow show the tubular organs and histology of the lower respiratory tract.





Lower respiratory tract and lungs in situ Anterior view

- Thyroid cartilage of larynx
 Cricoid cartilage of larynx
- 3 Trachea
- 4 Main (primary) bronchus5 Right lung

- 6 Left lung
 7 Bronchial tree
 8 Thyroid gland
 9 Common carotid artery
- 10 Subclavian artery
- 11 Vagus nerve 12 Esophagus

- 12 Esophagus
 13 Aorta
 14 Pulmonary artery
 15 Pulmonary vein
 16 Inferior vena cava
 17 Diaphragm

- 18 Stomach
- 19 Phrenic nerve
- 20 Rib
- 21 Intercostal muscle
- 22 Anterior scalene muscle
- 23 Thyrohyoid muscle24 Cricothyroid muscle25 Spleen





Dissection of lower respiratory tract and lungs in situ Anterior view



ATYINX The entrance to the trachea is an expanded region called the larynx, or voice box. A series of large cartilages form the walls of this region. The soft tissue lining of the laryngeal cartilages folds into the larynx to form the vocal folds, flaps of tissue that lie across the opening of the larynx. Within the edges of the vocal folds are the vocal cords, two bands of elastic tissue that can be stretched and positioned in different shapes by laryngeal cartilages and muscles. As air is moved past the taut vocal cords, they vibrate to produce the many different sounds of speech. During swallowing, the vocal cords assume a function not related to speech; they are brought into tight apposition to each other to close off the rima glottidis, the entrance to the lower larynx and trachea.



- 1 Epiglottis
- 2 Thyroid cartilage
- 3 Thyroid tubercle (Adam's apple)
- 4 Superior cornu
- 5 Inferior cornu
- 6 Cricothyroid membrane
- 7 Cricoid cartilage
- 8 Arytenoid cartilage
- 9 Corniculate cartilage
- 10 Trachea
- 11 Vocal fold
- 12 Vocal ligament
- 13 Rima glottidis



Laryngeal cartilages Anterior view



Laryngeal cartilages Posterior view



Laryngeal cartilages Superior view

Trachea and Bronchial Tree The trachea, "wind-

pipe," is the conduction tube that

transports the air to and from the lungs. It is reinforced by U-shaped cartilages. The trachea branches into two tubes called bronchi that enter the lungs. Each bronchus serves as the trunk of a highly branched, tree-like network of bronchial tubes that become progressively narrower, shorter, and more numerous as they spread throughout the tissues of the lung. These small tubes eventually terminate as the small, dead-end air sacs called alveoli, the principal site of gas exchange between air and blood.

- 1 Epiglottis
- 2 Thyroid cartilage
- 3 Cricoid cartilage
- 4 Trachea
- 6 Left main (primary) bronchus
- Lobar (secondary) bronchus 7
- 8 Segmental (tertiary) bronchus
- Bronchiole 9 10 Fibromuscular membrane
- 11 Tracheal ring

- 14 Tela submucosa (areolar ct) 15 Tunica adventitia (dense ct)
- 16 Bronchiole cartilage (hyaline)
- 17 Alveolar spaces
- 5 Right main (primary) bronchus 12 Hyaline cartilage of tracheal ring 18 Vein with red blood cells (rbc)
 - 13 Tunica mucosa (pseudostratified) 19 Pulmonary vein with rbcs





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> Section of trachea Anterolateral view

Dissection of lower respiratory tract Anterior view

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Photomicrograph of alveoli and small bronchial tube 100x



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The lungs are the spongy, pyramidal-shaped organs that house the bronchial tree and the extensive pulmonary vascular network. Each lung is surrounded tree and the extensive pulmonary vascular network. Each lung is surrounded by a thin mesothelial covering, the visceral pleura, and sits on either side of

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Right lung Medial view, anterior to the left

the heart within the thoracic cavity. The vascular and respiratory passageways enter each lung on its medial aspect at the hilum. The wide base of the lung sits on the diaphragm inferiorly and tapers to a narrow apex superiorly. The right lung has three lobes and the left lung two lobes.



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Photomicrograph of lung tissue 100x

- Apex
 Superior lobe
 Middle lobe
- 4 Inferior lobe
- 5 Oblique fissure
- 6 Transverse fissure
- Segmental (tertiary) bronchus

- 8 Pulmonary artery
 9 Pulmonary vein
 10 Costal impression
 11 Diaphragmatic surface
 12 Apric impression
- 13 Cardiac notch
- 15 Bronchiole16 Small artery17 Alveolar spaces
 - 18 Blood vessels with rbcs
 - 19 Lingula

14 Hilum





Left lung Lateral view, anterior to the left



Photomicrograph of lung tissue



Left lung Medial view, anterior to the right

Cast of Trachea and Bronchial Tree

The cast below is from a large dog's lungs and is approximately the same size as human lungs. The casts were created by forcing liquid latex into the respiratory passageways of the lungs and then letting the latex harden. The lungs were then placed in a weak acid until the organic tissue of the lungs was digested away. These views of the cast allow you to visualize the extensive nature of the bronchial tree as it branches out to the larger alveolar passageways within the lungs. The smaller alveolar spaces did not get incorported into the casts.

- 1 Trachea
- 2 Right main (primary) bronchus
- 3 Left main (primary) bronchus
- 4 Lobar (secondary) bronchus
- 5 Segmental (tertiary) bronchus
- 6 Branching bronchiole network



Latex cast of respiratory passageways of trachea and lungs of a dog Anterior view at left, posterior view at right

18 Digestive System

The digestive sys-

tem is the extensive environmental interface that makes it possible to transfer nutrients, water, and electrolytes from the food we eat into the body's internal environment. This is made possible by a complex lining, which through a series of folds and a variety of small to microscopic projections greatly increases the surface interface between the digested contents within the gastrointestinal organs and the numerous small capillaries beneath this lining. To better appreciate the degree of this surface increase, realize that the average total surface area of the skin of an adult human is about 20 square feet, while the surface area of the digestive system is approximately 2,500 square feet, or about the size of a tennis court. To make the transfer across this extensive surface area possible, the food we eat must be broken down into small molecules that can be absorbed from the digestive tract into the circulatory system, which then distributes the molecular metabolites to the cells. Therefore, the digestive organs also function in the mechanical and chemical breakdown of the food.

Developmentally the digestive system begins as a simple tube called the gut tube or gut. As this simple tube develops into the highly convoluted organs of the adult anatomy, it undergoes structural changes that account for its various functions. Though these structural changes lead to differences in the tube from one region to the next, there is a basic pattern of design throughout the length of the tube. This structural pattern is responsible for the general function of the digestive system. Modifications of this pattern allow for the variation in structure and function along its length. This chapter will highlight the structural variation and underlying design of the digestive system.



Find more information about the digestive system in REALANATOMY

Digestive System Organs The digestive system begins at the mouth, where food and drink enter this tubular organ system to be

processed by the teeth and tongue. From the mouth

the broken-down food moves through the transport tube called the esophagus to the storage and mixing organ called the stomach. The stomach thoroughly mixes digestive juices and mucous with the food as it tosses it around to produce a softened substance called chyme. The chyme is slowly moved into the small intestine where powerful digestive chemicals are added from the pancreas. As the chyme slowly moves through the long small intestine, the digestive enzymes break it into small metabolic fuel molecules that the intestine absorbs. The material that cannot be digested and absorbed is passed into the large intestine where the nondigested remains are held until they can be removed through the anus as feces. The photos on this and the facing page depict the digestive organs and their related mesenteries.



Superficial dissection of abdominal viscera Anterior view

Intermediate dissection of abdominal viscera Anterior view

- 1 Esophagus
- 2 Stomach
- 3 Liver
- 4 Gallbladder
- 5 Pancreas 6 Duodenum
- 7 Jejunum 8 Ileum
- 9 Cecum

- Ascending colon
 Transverse colon
- 12 Descending colon
- 13 Rectum
- 14 Greater omentum
- 15 Lesser omentum
- Mesentery
 Transverse mesocolon
- 18 Lungs

- 19 Heart
- 20 Diaphragm . 21 Aorta
- 22 Spleen
- 23 Trachea
- 24 Inferior vena cava
- 25 Kidney 26 Bladder



Intermediate dissection of abdominal viscera Anterior view

Deep dissection of abdominal viscera Anterior view

Design of the Gut Wall The wall of the digestive tract has a basic pattern of

design that is found throughout its length. This pattern consists of three tunics or layers of anatomy. The tunica

mucosa and its subdivisions, including the tela submucosa, form the inner layer of the wall and consist of an extensive epithelial lining with an underlying vascullar connective tissue. The middle layer, or tunica muscularis, consists of smooth muscle that provides for the varied types of movements that occur within the digestive organs. The majority of the organs have an outer layer, the tunica serosa, comprised of a lubricated meosthelial membrane that reduces friction as the organs move against one another. The image below, from the small intestine, illustrates the basic layers of the digestive tract wall.

- 1 Simple columnar epithelium
- 2 Lamina propria
- 3 Muscularis mucosae
- 4 Submucosal (Brunner's) glands
- 5 Villi



Photomicrograph of small intestine wall 40x

Mouth and Pharynx The mouth, or oral cavity, is the entryway into the digestive system. In addition to serving as the portal to the tubular gut, the mouth

In addition to serving as the portal to the tubular gut, the mouth contains structures, such as the tongue, teeth, and salivary glands,

that help initiate the digestive process. The boundaries of this region are defined by the lips and cheeks, which form the anterior and lateral walls, the palate, which forms the roof, and numerous muscles, the most conspicuous being the muscles of the tongue, which form the floor of the mouth. The pharynx is the first portion of the gut tube and is divided into three regions. Each region communicates with a different cavity — the nasopharynx with the nasal cavity, the oropharynx with the oral cavity, and the laryngopharynx with the cavity of the larynx.

- 1 Lips
- 2 Teeth
- 3 Tongue
- 4 Hard palate
- 5 Soft palate
- 6 Nasopharynx
- Oropharynx
- 8 Laryngopharynx
- 9 Parotid gland
- 10 Submandibular gland
- 11 Parotid duct
- 12 Serous acini
- 13 Mucous acini
- 14 Vein
- 15 Trabecula
- 16 Masseter
- 17 Sternocleidomastoid
- 18 Sphenoid sinus
- 19 Epiglottis
- 20 Vertebral column
- 21 Cerebrum
- 22 Spinal cord



Photomicrograph of parotid gland 100x



Sagittal section of head and neck Medial view

Dissection of head showing salivary glands Lateral view



Photomicrograph of submandibular gland 240x



Esophagus Below the laryngopharynx the gut tube branches into an anterior respiratory tube, the larynx and a posterior digestive tube, the esophagus. The esophagus is a narrow, collapsed muscular tube coursing from the

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laryngopharynx to the stomach. It is approximately 25 cm in length and begins near the level of the sixth cervical vertebra, where it runs inferiorly against the anterior surface of the thoracic vertebral column. At the level of the tenth thoracic vertebra it deviates slightly to the left passing through the esophageal hiatus of the diaphragm to enter the stomach. It functions as a muscular tube of transmission.

- 1 Esophagus
- 2 Tunica mucosa
- 3 Tela submucosa
- 4 Tunica muscularis circular layer
- 5 Tunica muscularis longitudinal layer
- 6 Stratified squamous epithelium
- 7 Lamina propria
- 8 Muscularis mucosae
- 9 Tunica adventitia
- 10 Stomach
- 11 Pharynx dorsal wall
- 12 Vagus nerve



Step dissection of esophagus Anterior view

3 5

Photomicrograph of esophageal wall 40x





The stomach is a J-shaped organ of variable size and shape and has the greatest diameter of any part of the gut tube. It occupies the upper left quadrant of the abdominal cavity, where it is anchored to the posterior abdominal wall by a

mesentery. The stomach performs several functions, the most important of which is to store ingested food until it can be emptied into the small intestine at a rate that allows for optimal digestion and absorption.

- 1 Stomach
- 2 Cardia of stomach
- 3 Fundus of stomach
- 4 Body of stomach
- 5 Pyloric antrum
- 6 Pyloric canal

- 7 Pylorus
- 8 Pyloric sphincter9 Gastric rugae
- 10 Greater curvature
- 11 Lesser curvature
- 12 Gastric pit
- 13 Surface mucous cell
- 14 Lamina propria
- 15 Mucous neck cell16 Gastric glands
- 16 Gastric 17 Liver
- 18 Gallbladder
- 19 Spleen
- 20 Greater omentum





Abdominal dissection revealing stomach Anterior view



Frontal section of stomach Anterior view

Photomicrograph of stomach mucosa with callout above 40x and 100x 20

Small Intestine The small intestine is a highly coiled tube with a fairly con-

sistent diameter from beginning to end. It is approximately 6 to 7 meters long in the cadaver but, because of its muscle

tone only around 4 to 5 meters in the living. The small intestine occupies the greater part of the mid- to lower abdominal cavity and consists of three regions. The retroperitoneal first part is called the duodenum and is about 30 cm in length. This C-shaped region receives the secretions from the pancreas and liver. The remaining parts of the small intestine are the jejunum and ileum, which make up the bulk of the organ and are attached to the posterior wall of the abdomen by the mesentery. The small intestine is the principal site of digestion and absorption.





Small intestine in situ Anterior view

> Entire small intestine sectioned to show changes in internal surface from the duodenal end to the ileal end Internal view

1 Duodenal end

- 2 Ileal end
- 3 Jejunum
- 4 Ileum
- 5 Circular folds
- 6 Simple columnar epithelium
- 7 Goblet cell 8 Lamina propria
- 9 Liver
- 10 Stomach

- 11 Cecum
- 12 Transverse colon 13 Descending colon
- 14 Mesentery
- 15 Microvillus brush border



Loop of small intestine from unembalmed cadaver, opened to show circular folds Anterior view

Pancine The pancreas is a pinkish glandular structure situated posterior to the stomach in the retroperitoneal space of the abdominal cavity. It arises as an outgrowth

of the duodenum during development and retains this connection via the pancreatic duct. It is a dual glandular organ consisting of both exocrine and endocrine glandular tissue. It has four basic regions: a head, neck, body, and tail. The exocrine glands and ducts produce and deliver the powerful digestive enzymes to the small intestine.





1 Tail of pancreas 2 Body of pancreas

- 3 Head of pancreas
- 4 Uncinate process of pancreas
- 5 Pancreatic duct (of Wirsung)
- 6 Major duodenal papilla
- 7 Exocrine acinus
- 8 Pancreatic ductule
- 9 Pancreatic islet (endocrine cells)
- 10 Trabecula
- 11 Duodenum
- 12 Liver
- 13 Gallbladder
- 14 Common bile duct
- 15 Spleen 16 Diaphragm

Abdominal dissection with part of liver and peritoneal organs removed Anterior view



Photomicrograph of pancreas 100x

Liver and Gallbladder Besides pancreatic juice, the other se-

cretory product emptied into the duodenum is bile. The biliary system, which

also develops as an embryonic outgrowth of the duodenum, includes the liver, the gallbladder, and associated ducts. The rounded, wedge-shaped liver, the largest organ of the abdomen, occupies a major portion of the upper right peritoneal cavity. The gallbladder is a pear-shaped, saccular organ situated in a depression on the inferior surface of the right lobe of the liver where it is a storage organ of the bile that is produced in the liver. Connecting the gallbladder to the common hepatic bile duct is the cystic bile duct. The junction of these ducts forms the main bile duct that drains into the duodenum. The liver is the largest and most important metabolic organ in the body, which in addition to producing the important bile salts associated with digestion, performs a myriad of metabolic functions.

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50x



- 1 Right lobe of liver
- 2 Left lobe of liver
- 3 Caudate lobe of liver
- 4 Quadrate lobe of liver
- 5 Gallbladder
- 6 Cystic bile duct
- 7 Hepatic artery
- 8 Hepatic portal vein
- 9 Round ligament
- 10 Inferior vena cava
- 11 Hepatocytes
- 12 Central vein
- 13 Hepatic sinusoid
- 14 Branch of hepatic artery
- 15 Bile duct
- 16 Branch of hepatic portal vein



Photomicrograph of portal triad 150x



Photomicrograph of central vein 100x

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Liver and gall bladder Inferior view, posterior at top

Large Intestine The large intestine is much shorter than the small intestine,

averaging about 1.5 meters in length, but typically has a greater diameter, therefore the name. The large intestine consists of

the cecum, appendix, colon, and rectum. The cecum receives indigestible material from the small intestine and then moves it through the subdivisions of the colon — the ascending colon, transverse colon, descending colon, and sigmoid colon — before it enters the terminal portion of the gut tube, the rectum. The large intestine is primarily a drying and storage organ of indigestible plant fibers. Minimal absorption of fluids occurs in the large intestine as the fecal contents are stored prior to evacuation.

- 1 Cecum
- 2 Vermiform appendix
- 3 Ascending colon
- 4 Right colic (hepatic) flexure
- 5 Transverse colon
- 6 Left colic (splenic) flexure
- 7 Descending colon
- 8 Sigmoid colon

- 9 Rectum
- 10 Omental or fatty appendices
- 11 Haustra
- 12 Taeniae coli
- 13 Absorptive cells
 - 14 Goblet cells
 - 15 Intestinal glands
 - 16 Muscularis mucosae

Photomicrograph of of large intestine mucosa 100x

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Dissection of abdominal cavity with jejunum and ileum removed Anterior view

- 17 Lamina propria
- 18 Tela submucosa
- 19 Ileum (cut)
- 20 Duodenal-jejunal junction (cut)
- 21 Stomach
- 22 Root of the mesentery (cut)



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Mesenteries are reflections of the serous peritoneal membrane from the parietal layer lining the posterior abdominal wall to the visceral layer covering the peritoneal abdominal lining the posterior abdominal wall to the visceral layer covering the peritoneal abdominal organs. The mesenteries not only support the digestive organs and help anchor them in

the abdominal cavity, but also are the pathways for the vessels and nerves that supply the peritoneal organs.

- 1 Transverse mesocolon
- 2 The mesentery partially dissected to reveal vessels
- 3 Greater omentum
- 4 Superior mesenteric vein and tributaries
- 5 Branches of superior mesenteric artery
- 6 Cecum
- Ascending colon
- 8 Transverse colon
- 9 Gallbladder
- 10 Cystic bile duct
- 11 Common hepatic bile duct
- 12 Common bile duct
- 13 Omental or fatty appendices
- 14 Stomach
- 15 Small intestine
- 16 Aorta

- 17 Heart 18 Vertebral column
- 19 Trachea
- 20 Aortic arch 21 Pulmonary trunk
- 22 Brain
- 23 Tongue
- 24 Sternum
- 25 Rectum
- 26 Bladder
- 27 Prostate
- 28 Testis
- 29 Penis
- 30 Pubic symphysis
- 31 Diaphragm
- 32 Esophagus



Dissection of the mesentery with jejunum and ileum removed Anterior view



Sagittal section of head and trunk Medial view

Omenta omenta are mesenteric structures that unite two digestive organs. These reflections of the peritoneal membrane course from one abdominal digestive organ to another abdominal digestive organ, rather than from organ to body wall. There are two omenta in the abdominal cavity. The greater

omentum is a peritoneal reflection between the greater curvature of the stomach and the transverse colon. The lesser omentum is a peritoneal reflection between the lesser curvature of the stomach and the liver.



Anterior body wall removed exposing body cavity Anterior view

- 1 Greater omentum
- 2 Lesser omentum
- 3 Hepatogastric ligament of lesser omentum
- 4 Hepatoduodenal ligament of lesser omentum 15 Common bile duct
- 5 Hepatorenal part of coronary ligament
- 6 Falciform ligament
- Transverse mesocolon
- 8 Liver
- Stomach 9
- 10 Duodenum
- 11 Transverse colon

- 12 Fossa for removed gallbladder
- 13 Gallbladder
- 14 Common hepatic bile duct
- 16 Caudate lobe of liver
- 17 Lung
- 18 Heart
- 19 Breast
- 20 Diaphragm
- 21 Epiploic foramen
- 22 Spleen



Dissection of abdominal cavity with anterior aspect of liver removed Antero-inferior view



Superficial dissection of abdominal cavity with liver elevated Antero-inferior view

19 Urinary System

Like the respiratory and digestive systems, the urinary system is an environmental exchange system. Like all the exchange systems of the body, the urinary system forms an immense interface with the cardio-vascular system for the single purpose of regulating the homeostatic balance of the water environment (extracellular matrix) that surrounds every cell in the body. To make this exchange possible a

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large network of microscopic urinary tubes form an intimate interface with an equally large network of cardiovascular capillaries. The urinary system consists of two blood processing centers called the kidneys, two transport tubes called the ureters, a storage organ called the bladder, and a drain called the urethra. The kidneys continually produce urine, which is then moved via the ureters to the storage organ, the bladder. When it is convenient to remove the urine from the body, contractions in the wall of the bladder expell the urine through the urethra.

In order to survive, every body cell requires a water environment that is similar to the composition of the oceans in which cellular life first arose. The kidneys help maintain this intercellular water environment by filtering the blood and regulating its contents so the blood can help maintain the correct composition of the extracellular fluid that bathes every cell. By adjusting the amount of water in the plasma and the various plasma constituents, which are either conserved for the body or eliminated in the urine, the kidneys are able to maintain water and electrolyte balance within the very narrow range compatible with life, despite wide variations in intake and losses of these constituents through other avenues.



Find more infomation about the urinary system in REALANATOMY

Urinary Organs The organs of the urinary system include the paired kidneys, paired ureters, bladder,

the paired kidneys, paired ureters, bladder, and urethra. The urinary organs occupy the

retroperitoneal and subperitoneal spaces in the abdominopelvic cavity, where they are surrounded by a large amount of adipose tissue and some areolar connective tissue. The dissection images on this and the facing page depict the organs of the urinary system and their relations to other organs in the abdominopelvic cavity.

- 1 Kidney
- 2 Renal pelvis
- 3 Ureter
- 4 Bladder
- 5 Renal vein 6 Renal artery
- 10 Diaphragm

8 Aorta

- 11 Common iliac artery

9 Inferior vena cava

12 Psoas major muscle

7 Adrenal gland

- 13 Liver
- 14 Lumbar vertebra 15 Hilum
- 16 Perirenal fat
- 17 Intestines
- 18 Mesenteric fat







Dissection of abdomen showing perirenal fat Anterior view



Transverse section of abdomen at level of first lumbar vertebra Inferior view

Kidneys and Ureters The paired kidneys are the processing organs of the unit

processing organs of the urinary system that filter the blood

for the purpose of regulating the water and electrolyte balance of the tissue fluid, while removing unwanted waste products from the body. They occupy the retroperitoneal space of the abdominal cavity immediately anterior to the 12th ribs. The ureters descend from the kidneys lateral to the lumbar vertebrae, cross anterior to the psoas musculature and the common iliac vessels, and enter the pelvis to join the bladder.

- 1 Hilum
- 2 Renal pelvis
- 3 Ureter
- 4 Renal capsule
- 5 Renal vein
- 6 Renal artery
- 7 Segmental artery 8 Segmental vein
- 9 Major calyx 10 Minor calyx





Dissection into medulla of left kidney Posterior view



Transverse section of ureter 200X

Bladder and Urethra The bladder is the

convenience organ of the urinary system that

stores the urine, which is continually being produced by the kidneys, until it is convenient to remove it from the body. Arising from the inferior surface of the bladder is the drain for the bladder called the urethra. It is a short tube in females and a much longer tube in males. The male urethra not only transports urine, but also is the passageway for sperm as it exits during ejaculation.

> Female 1 Bladder 2 Urethra 3 Clitoris 4 Vagina 5 Uterus

- 6 Rectum 7 Pubis
- 8 Anus
- 9 Labia majora

Male (opposite page) 1 Bladder 2 Prostatic urethra

- 3 Spongy urethra
- 4 Prostate
- 5 Penis
- 6 Testis
- 7 Scrotum
- 8 Rectum
 - 9 Anus
 - 10 Pubis
 - 11 Transitional epithelium of tunica mucosa





Sagittal section of female pelvis Medial view




Section of relaxed mucosal lining of bladder 400X





Section of distended mucosal lining of bladder 640X

Sagittal section of male pelvis and penis Medial view

- 1 Kidney
- 2 Ureter
- 3 Bladder
- 4 Renal artery
- 5 Renal vein 6 Aorta
- 7 Inferior vena cava
- 8 Diaphragm
- 9 Esophageal hiatus
- 10 Celiac artery 11 Left gastric artery
- 12 Splenic artery
- 13Common hepatic artery20Ductus deferens14Superior mesenteric artery21Femoral nerve
- 15 Inferior mesenteric artery
- 16 Common iliac artery 17 Common iliac vein
- 18 Posas major muscle
- 19 Iliacus muscle





Dissection of urinary system Anterior view

20 Reproductive Systems

The organs of the

male and female reproductive (genital) systems have, as their primary role, the responsibility of producing the specialized cells called gametes and making it possible for these cells to unite to form a new individual. The male gametes, the sperm, arise in the testes from meiotic divisions in the walls of the numerous seminiferous tubules. From here hundreds of millions of sperm make their way during ejaculation through a series of tubes — rete testis, efferent ductules, epididymis, ductus deferens, ejaculatory duct, prostatic urethra, intermediate urethra, spongy urethra that move the sperm out of the male genital system and introduce them into the female genital system. During this passage secretions are added to the sperm by the prostate, seminal, and bulbourethral glands to help protect and nurture the sperm in their journey to unite with the female gamete.

The sperm are introduced by the male intromittent organ, the penis, into the female vagina, which serves the dual function of being a penile receptacle and the birth canal. Sperm deposited in the fornices of the vagina then enter the os of the uterine cervix and propel themselves to the top of the uterine cavity. Here the sperm enter the openings into the uterine tubes where they continue their journey toward the ovulated female gamete.

After rupturing the surface of the ovary in an event called ovulation, the female gamete, the primary oocyte, is swept into the ostium of the uterine tube by the fingerlike fimbriae. Ciliary action of the uterine tube mucosa carry the the oocyte down the uterine tube where the sperm and oocyte make contact. If a sperm penetrates the oocyte's surrounding cells and membranes, then fertilization occurs and the DNA of the two cells unite to form a new individual called a zygote. Cell divisions give rise to the embryo, and ciliary actions and muscular contractions in the wall of the tube move the embryo into the uterus, the mammalian equivalent of a nest, where the remainder of development will occur.



Find more information about the reproductive system in REALANATOMY

Female Reproductive Organs

The female genital organs consist of the internal genitalia and the external genitalia. The ovary, uterine tube, uterus, and vagina form the internal genitalia. These organs are responsible for production of the female gamete, the oocyte, and for nourishing, protecting, and delivering the new life that results from fertilization of the oocyte by the sperm. The external genitalia consist of the erectile tissues, glands, and folds of skin that proctect the entry into the female internal genitalia. These organs are the clitoris, vestibular glands, and labia majora and minora.





Sagittal section of female pelvis Medial view

- Ovary
 Uterine tube
- 3 Fimbriae
- 4 Fundus of uterus
- 5 Body of uterus
 6 Cervix of uterus
 7 Vagina
 8 Clitoris

- 9 Labia minora
 - 10 Labia majora 11 Mons pubis

 - 12 Broad ligament
- 13 Round ligament of uterus
 14 Ovarian ligament
 15 Vesicouterine pouch
 16 Rectouterine pouch
- 17 Rectum
- 18 Bladder 19 Urethra
- 20 Pubic symphysis
- 21 Cecum
- 22 Sigmoid colon
- 23 lleum
- 24 Mesentery





Dissection of female abdominoplevic cavity Superoanterior view



Vary The ovaries are the site of oocyte, "egg," production in the female. These solid organs are approximately the size of an unshelled almond and project

into the lower abdominal cavity at the boundary of the pelvis where they are covered and supported by folds of the peritoneum. During embryonic life, millions of oogonia, potential oocytes, surrounded by nursing follicular cells begin their development. Of these millions of cells only about 500 are ever ovulated during the female's reproductive life. The follicular cells not only nurse the ooytes, but also are the endocrine cells of the ovary that produce the estrogens and progesterone.





Photomicrograph of ovary 50x

- 1 Ovary
- 2 Tunica albuginea
- 3 Primordial follicle
- 4 Granulosa cells
- 5 Theca folliculi
- 6 Zona pellucida
- Primary oocyte 7
- 8 Seconary follicle 9 Follicular antrum
- 10 Corona radiata
- 11 Corpus luteum
- 12 Infundibulum of uterine tube
- 13 Ampulla of uterine tube
- 14 Isthmus of uterine tube
- 15 Fimbriae of uterine tube
- 16 Round ligament of uterus

14

16

- 17 Ovarian ligament
- 18 Uterus

Ovary in situ Anterior view

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Uterus and Uterine Tubes The uterine tubes, also called

the oviducts or fallopian tubes, are suspended in the perito-

neal fold, the broad ligament, along with the ovaries. In addition to transporting the oocyte toward the uterus, they are the site of fertilization of the oocyte by the sperm. The uterus is the thick smooth muscle organ that functions as the internal nest of mammalian animals. Note the vascular and glandular changes exhibited by the uterine endometrium as it progresses through the menstrual cycle.





Female internal genitalia Anterior view

Photomicrograph of uterine wall, 2nd week of menstrual cycle left, 3rd week of menstrual cycle right 16x (left), 20x (right)



Agina The vagina, from the Latin word meaning sheath, is the receptacle for the penis during sexual intercourse, the birth canal, and the outlet for the menstrual flow.

This muscular tube has a protective mucosal lining of stratified squamous epithelium. Approximately 10 cm (4 inches) in length, it expands at its superior end to form a cufflike wrapping

around the cervix of the uterus. The caverns of the cufflike superior end are called the fonices, and it is in this region that the sperm are deposited during intercourse.



- 1 Vagina
- 2 Nonkeratinized stratified squamous epithelium of the mucosa
- 3 Lamina propria of the mucosa
- 4 Inner circular layer of tunica muscularis
- 5 Outer longitudinal layer of tunica muscularis
- 6 Adventitia
- 7 Fundus of uterus
- 8 Body of uterus
- 9 Cervix of uterus
- 10 Bladder
- 11 Urethra
- 12 Rectum
- 13 Rectouterine pouch
- 14 Vesicouterine pouch
- 15 Pubic symphysis
- 16 Clitoris



Sagittal section showing vagina in situ Medial view



Photomicrograph of vaginal wall 25x

Female External Genitalia Surrounding

Surrounding the openings of the vagina and ure-

thra in the perineum of the female are the external genital structures. Bounding the openings on either side are the folds of skin called the labia majora and labia minora. Between these folds is the common entry way to both urethra and vagina, the vestibule. Deep to the labial skin are the erectile tissues of the female, the clitoris and bulb of the vestibule. The greater vestibular glands empty their lubricating secretions into the vestibule and opening of the vagina.



- 1 Body of clitoris
- 2 Crura of clitoris
- 3 Bulb of vestibule
- 4 Greater vestibular gland
- 5 Vestibule
- 6 Transverse perenei superficialis
- 7 Ischiocavernosus muscle
- 8 Bulbospongiosus muscle
- 9 Ischioanal fossa
- 10 Perineal membrane
- 11 Deep perineal fascia
- 12 Head of femur
- 13 Gluteus maximus muscle
- 14 Gluteus medius muscle
- 15 Ischium
- 16 Gracilis muscle17 Adductor muscles
- 18 Femoral artery



Perineal dissection revealing details of external genitalia Inferior view

Male Reproductive Organs Like the female, there are both internal and automal

both internal and external genital organs in the male.

The major difference between the sexes is the enlargement of the erectile tissue organs of the male and the descent of the gonads, the testes, from an internal position to a suspended position outside the body cavity. The male genital organs include the testes suspended in the scrotum. The testes consist of an extensive tubular system that gives rise to the sperm, which then pass through the tubular ducts of egress the rete testis, epididymis, ductus deferens, ejaculatory duct, and urethra - to exit from the male body. Accessory glands of the male join the ducts of egress and add secretions to the sperm, and the erectile intromittant organ, the penis, introduces the sperm into the female system.



- 1 Scrotum
- 2 Testis
- 3 Glans penis
- 4 Corpus cavernosum penis
- 5 Corpus spongiosum penis
- 6 Bulb of penis
- 7 Spongy urethra
- 8 Crus of penis
- 9 Bulbourethral gland
- 10 Prostate gland
- 11 Seminal vesicle
- 12 Bladder
- 13 Pubic symphysis
- 14 Rectus abdominis
- 15 Rectum
- 16 Sigmoid colon
- 17 Small intestine
- 18 Sacrum



Parasagittal section of male pelvis Medial view

Testis and Epididymis The testes are the site of sperm pro-duction in the male Unlike the solid

duction in the male. Unlike the solid, cellular ovaries, the testes are collec-

tions of small, highly coiled tubes, the seminiferous tubules. Beginning at puberty the spermatogonia, sperm stem cells, in the walls of the seminiferous tubules begin meiosis and produce hundreds of millions of sperm cells daily. From the testis the sperm are moved into the epididymis where they are stored and reach maturity prior to passing into the ductus deferens.

- 1 Coelom of testis
- 2 External spermatic fascia
- 3 Cremaster muscle
- 4 Tunica albuginea of testis
- 5 Epididymis
- 6 Seminiferous tubules
- 7 Rete testis
- 8 Spermatic cord
- 9 Spermatogonium
- 10 Primary spermatocyte 11 Secondary spermatocyte
- 12 Spermatid

- 13 Sertoli cell
- 14 Basement membrane
- 15 Interstitial cells (of Leydig)
- 16 Sperm in lumen of epididymis
- 17 Mucosa of epididymis







Photomicrograph of epididymis 200x



Testis and spermatic cord with fascial coverings Medial view

Testis and spermatic cord with fascia removed Medial view

Sagittal section of testis and spermatic cord Medial view

Photomicrograph of seminiferous tubules 40x, callout 160x

Ductus Deferens and Spermatic Cord

The ductus (vas) deferens is the muscular tube that transports sperm from the epididymis to the ejaculatory duct within the prostate gland. Peristaltic muscle contractions in the tube move the sperm. The ductus deferens accompanies the testicular vessels and nerves within a wrapping of fascia and muscle, called the spermatic cord. The cord extends from the testis to the superficial inguinal ring in the abdominal wall.

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Dissection of spermatic cord exiting superficial inguinal ring Anterior view



Dissection of inguinal canal and spermatic cord Anterior view

- 1 Ductus deferens
- 2 Pseudostratified columnar epithelium
- 3 Lamina propria
- 4 Inner longitudinal muscle layer
- 5 Middle circular muscle layer

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- 6 Outer longitudinal muscle layer7 Testicular blood vessels
- 8 External spermatic fascia
- 9 Cremaster fascia

- 10 Internal spermatic fascia
- 11 Superficial inguinal ring
- 12 Inguinal canal
 - 13 Deep inguinal ring
 - 14 Penis
 - 15 Bladder
 - 16 Prostate gland
 - 17 Seminal vesicle
 - 18 Pubic symphysis

19 Ureter

- 20 Rectus abdominis
- 21 Superior ramus of pubis (cut)
- 22 Inferior ramus of pubis (cut)
- 23 Body of pubis (cut)24 Pudendal nerve and vessels25 Rectum (enlarged)
- 26 Internal iliac artery
- 27 External iliac artery (cut)
- 28 Psoas major muscle
- 29 Iliacus muscle
- 30 Sacrum
- 31 Levator ani muscle
- 32 Sciatic nerve
- 33 Testis
- 34 Obturator internus muscle
- 35 Tendinous arch of levator ani
- 36 Ampulla of ductus deferens





Lateral dissection of male pelvis Lateral view



Dissection of male pelvic cavity Superior view, bladder removed

Male Accessory Glands Associated with the male ducts of

egress are three glands, often referred to as the accessory sex glands

of the male. The three named glands are the paired seminal glands (vesicles), the unpaired prostate gland, and the paired bulbourethral glands. They arise as epithelial outgrowths of terminal end of the male ducts of egress at the base of the bladder. They produce secretions that protect and nourish the sperm.

- 1 Seminal vesicle
- 2 Prostate gland
- 3 Bulbourethral gland
- 4 Secretory epithelium
- Trabecula 5
- 6 Blood vessel

- 7 Bladder
- 8 Ductus deferens
- 9 Ampulla of ductus deferens
- 10 Rectum 11 Pubic symphysis
- 12 Bulb of penis
- 13 Crus of penis
- 14 Ilium
- 15 Ischial tuberosity 16 Obturator internus muscle
- 17 Levator ani muscle
- 18 Deep transverse perineal muscle



Photomicrograph of seminal vesicle 50x



Parasagittal section revealing prostate and bulbourethral glands Medial view



Dissection of pelvic region Posterior view



Photomicrograph of prostate gland 200x



Penis The penis is the intromittent organ of the male external genitalia through which the long urethra, in comparison to the female, courses as it transports both urine and semen from the male body. Along with the urethra, the penis consists of three masses of erectile tis-

sue. On the dorsal aspect of the body of the penis are the paired corpora cavernosae. These erectile tissue bodies are the principal tissues of penile erection. At the base of the penis each corpus cavernosum extends laterally to form the crura of the penis. Each crus attaches to the inferior pubic ramus. On the ventral aspect of the penis is the slender unpaired corpus spongiosum, which surrounds the spongy urethra. The corpus spongiosum expands distally as the glans penis, which forms the expanded tip of the penis. It expands proximally to form the bulb of the penis in the perineum beneath the prostate gland. The glans is covered by a hood of skin, the prepuce, which can be removed via circumcision.



- 1 Glans penis
- 2 Corpus cavernosum penis
- 3 Corpus spongiosum penis
- 4 Crus of penis
- 5 Bulb of penis
- 6 Spongy urethra
- 7 Deep dorsal vein
- 8 Tunica albuginea of corpus spongiosum
- 9 Tunica albuginea of corpus cavernosum
- 10 Deep (cavernous) artery of penis
- 11 Intermediate (membranous) urethra
- 12 Prostatic urethra

- 13 Ampula of ductus deferens
- 14 Pubic symphysis
- 15 Testis
- 16 Ejaculatory duct
- 17 Bladder
- 18 Suspensory ligament of penis



Sagittal section of penis in situ Medial view

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